

LESSON 10 LUNG DAMNA THU NUNTAKPIH

Aug. 31 - Sept. 6

SABBATH NITAKLAM

Aug 31

TUKAALSUNG SIM DING : Rome 8:20-23; John 3:16,17; Mate 9:36; Ephet 2:8-10; 1 John 3:16, 17; Mang 14:6, 7.

KAMNGAH: “Note upna hangin, Pasion hehpihna tawh hotkhiatna angah na hi uhhi. Pasion hong piakkhong hi. Zeisu Khazih tawh i kipawl ciangin, i nuntak na ah gamtat hoih a nei dingin, ahong bawl ahi hi.” Ephet 2:8-10.

Pasion hongthupiak te, hong lamlahna te gimpipi a zuihna tawh Pasion' mai- pha ngah in hotkhiatna zong ngah ding i kisa kha hi. Lai Siangtho in bel Zeisu' sihna bekmah in hong gum cih hong gengen hi. Eite behlaptheih bang om peuhmah ding hiam? EGWhite in, “Ahoih, asiangtho, a ithuai kici khempeuh kaikhawm inla, mi te gupkhiatna ding kipiakkhiatna ci in Pasion' vantung mite mai ah lui lecin, **langdona** ci in hong ki nial lel ding hi” (Faith and Works, laimai. 24).

Eite' hehpihna leh itna te zong lampi khat a pai dendan hilo in, Pasion hotkhiat na thu i telsiang semsem ciangin, Pasion in mi-zawngte leh nenniamte a ding a ngiim na te zong i tel semsemzaw lai dinghi. I ngah mahbangin i piakhia kik ding hi. Pasion in eite hong itzah leh, midangte a itzah telzo leng, eite'n zong tuazah mah itding in hong sawl hi.

“PASIAN IN IT HI . . .”

John 3:16 in “Pasian in leitung it hi . . .” cih. Abulpi Greek-pau in **kosmos** hi a, “a piansaksa leitung, a tuamkoih sitset” cihna hi (SDA Bible Commentary vol. 5 lai. 929). Hih Lai Siangtho munin leitung hong gupkhiatna’ng bek hi a, a ngiimna bulpi pen, vannuai khempeuh gupkhiat na’ng ahi hi.

Romans 8 : 20-23 sim in. Hih Lai Siangtho mun in, gupkhiat na’ng ngiimna a zaizaw in hong koici hilh nasa hiam?

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Thu khat panin, gupkhiatna cih limlimpen, Topa leh eite ai-tuam kizopna hi zaw hi. Tua banah, **dik kisakna** cihzong pen, mawhmaina lel bek hilo hi. Zeisu leh Khasiangtho tawh, Topa in, Pasian’ innkuan piangsak a, mawhmaina tungtawn in, **gamtat hoih** te tawh leitungah teci pang ding cih.

John 3:16, 17 na sim khit teh, aneu 17 na in 16 na i tel-semsem na dingin hong bangci huh hiam?

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Pasianin mi hong it cih i sangthei hi. Ei itte zong amah’n it a, tua hangin i lung zong nuam hi. I phakzawh khempeuh amah’n hong itsak a, eite’n hih thuman i kipsakna pen, amaute i vaphakna ahi hi. Dik i saklohte leh i kihtak te nangawn Pasian in itlai hi. Mun khempeuh a om mi khempeuh, i deihlohte nangawn amah’n it lailai hi.

Piansakna zong hihteng mah hong lahkhiatna ahi hi.Lai Siangtho in Pasian’ hoihna vive hong laksuk diudeu hi: “Amah in mi-hoihte leh misia te tungah a kibang in Ni tangsak khawm a, a gamtatpha te leh a gamtatsia te tungah a kibangin guah zu sak khawm hi” (Mate 5:45). I nuntakna mahmah zong Pasian hong piakkhong hi a, thuhkikna khat beekzong hong ngetloh sasa in, a thupha sangte i hihi.

Midang khempeuh zong, Pasian bawlsa hi a, amah’n it hi cih na theih ciangin, midangte tungah na lungsim puak koici in hong kikheel hiam?

MONDAY
HEHPIHNA LEH KISIKKIKNA

September 2

Gupkhiatna leh Kidona Lian a kihelzau tangthu in, i leitung leh eimahmah a ki bulphuh nuntakna thumaan thutak i teltheihna dingin hong lak a, tua thumaan in : leitung puukkkin, kisiakhin, mawhkhin cihthu a hihi. I leitungpen a kibawlding leitungbang hilo a, eite'n zong Pasian' meel lim i puakteei hangin, a kisiasa leitung meel lim tawh kihel in i pua hi. I nuntakna sung a om mawhna in natna, nenniamna leh suksiatna a piangsak siatna mah ahi hi.

Natna, lung noplohna, dahna leh kamsiatna te i thuakding mah ahi hi. Tua nat na te thuakzawh i ciam kul hi. Late sungah kahlagui te, Jeremiah leh kamsang dangte' kahla te, Zeisu'n hong itna tawh a luansak khitui te in, leitung leh a siatna te tua siatna hang a thuakgimte a dingin a kilawm mahmah thu te ahi hi.

Mate 9:36, Luka 19:41,42; leh John 11:35 simkhawm in. Itna tawh Zeisu a gamtang sak bang a hiam? I kimkot a nat leh sat te hangin, i lungsim bangci ki nemsak thei ding i hi hiam?

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I phawkden ding thu khatahsiatna leh mawhnate pen “hualai ah om” cih hi mawkmawk lo a: “Mawhna ka neikei hi i cihleh, eite a kineihkhem i hi a, a thutaklo i hihi” (1John 1 : 8). Lai Siangtho kamsangte in, mawhna pen kamsiatna hang hilo zaw a, thukham palsat manin, Pasian leh mi kikal kizopna kitat bek thamlo, i mawh nate in midang zong sukha hi cihhi. Nasia in nasia kei taleh siatna in siatna mah hi.

Angsungkhualna, huaihamna, tualniamna, golguk piakna leh ginatlohna te in leitung' siatna, thumaanlohna, zawinna leh nenniamna te' bulpi ahi hi. I mawhna i pulaakna in siatna pulaak khiatna hi a, Pasian' itna in ama' ommun taktakah omsak kikna ahi hi: “Ahi zongin Pasian kiangah i mawhna te va pulaak le hang, amah thumaan in citak ahih manin, i mawhna te hong maisak in, i hoihlohna te khempeuh hong siangtho sak ding hi” (1John 1 : 9).

Nang leh nang ki enki in, sawtsak ke'n. Bangteng kisiatna nanei hiam? Thubuai lian bang nanei hiam? Dawinna khatbek om, bang ahi tam, etding munkhat bek om, bang ahi tam?

TUESDAY**September 3****HEHPIHNA LEH GAMTAT HOIHTE**

Ephet 2: 8-10 sungteng nangma kammal in tomlaak inla, hehpihna leh gamtat hoihna bangci kizop sak nasa hiam?

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Lai Siangtho in eite pen Pasion bia ding leh midang te huhding a piang hong ci hi. Ngaihsun lecin, mawhna omlohna ah hihte i hih thei diam? Tu'n bel mawhna hang in i puuk a, Pasion hehpihna tawh, Zeisu in leitungbup ading a kipiakkhiat na in mawh maisakna leh damsakna lampi hong honsak hi. Tua hangin apuksa hih leitungah, Pasion naseppihte i suak thei a, damsakna, puahphatna nate i sem ding hi (Ephet 2:10). "Asangte limlim in hawmsawn taken. Mi tungah lawptak in piakkhiat dingpen Pasion' deihna hi" (EGWhite, The Ministry of Healing laimai 103).

Khatvei kik, eite in, gupna ngahna dingin, mizawng te don,enniam te lamto, gilkiat te anvak i hi hetkei hi. Upna tungtawn in Khazih sungah, i kisap tawntung Pasion tawh i tonkhawm hi. Mawhnei i hih hang Pasion in itna tawh hong honkhia cih zong phawk tawntung ni. Mawhzolna in angkhualna lamah hong kaih laitakin, ki niamkhiatna leh ki piakkhiatna a neipa hehpihna tawh nuntakna thakah hong galkah sak hi.

Singlamteh i etciangin, eite a ding a lianmahmah ki piakkhiatna i muthei a, tua Khazih hong piakte tawh kizom ding bangmah i behlap theikei hi. Tuabang cih teh bangmah sep kullo cihna zong hilo hi. Thukkikna pen i sep dingmah hi a, eite it na hong lakpa hangin midangte itna i lak ding ahi hi.

1John 3:16,17 sim in. Hih Lai Siangtho mun in, singlamteh hoihna i thuk kik ding ahiham bangci bangin hong lak hiam?

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WEDNESDAY**September 4****MIHING I HIHNA**

Zeisu in a nasepna leh a thuhilhnaate tawh, i bul i bal khempeuh hong huamgai hi. Lungsimsim takpi tawh amah a zong - nu-me i ginalo te, siahdongte, phakte, Siamazih te, Roman galkapmangte, biakna makai te leh naupangte, Amah'n hoihtak in sanghi. Pawlpi masa in, ki puahphat lampi a tot mahbangan, gupkhiatna zong mu pah uhhi.

Thu um masa te in lungdamna thupha pen a huamzo thu a hih lam a phawkuh ciangin, gamtatpha gamta mawkmawk bek hi nawnlo in, upna tungtawnin a "Hoih" a hi uhhi. Lungdamna thu amau nuntakna, nasepna leh Zeisu sihna ah mu lua uh ahih manun, amau adingin thu laigil pi ahi hi. Dotna khat peuhpeuh hong om ciangin, genteh na in, makaite phadiak pan Paul leh Peter (Sawltak 10:9-20), pawlpi leh Jerusalem council (Sawltak 15), lungdamna thuhangan amau nakpi takin kikheelzo cih phawk in, Pasian' itna in a huamzo itna cih tel in, ama nungzui dingte koici gamtat ding cih zong thei uh hi.

A nuaiah Lai Siangtho munte in mihing i hihkimna hong koici hih hiam? Khat sim in, mitungah i lungsimsim puakzia dingte koibangan hong huzaap hiam?

Malachi 2 : 10

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Sawltak 17 : 26

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Rom. 3 : 23

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Galati 3 : 28

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Galati 3:28 na pen Zeisu gen, Siamazih mihoihpa thu tomcing ahi hi. Mawhpuk neite om hilo hiam cihcih sangin, ei pai vingveng in semlel leng, i lamet hetloh te'n zong ei ading hong sephak dingzong kigingsa in ompah un. Leitung innkuan khat in i omkhopna uh panin, lungdamthu innkuan khatin i om khawm ding hi: "Jew mi i hi a, Gentile mi ihi zongin, sila ihi a, silalo ihi zongin, eite minam tuamtuan i hih hangin, Khasiangtho khat bekma in, Zeisu' pumpi a suak dingin, Ama sungah hong phum a" (1 Corinth 12 : 13).

THURSDAY**September 5****TAWNTUNG LUNG DAMNA THU**

Kipuahphat ding hong sapna leh lungdamna thu “nam khempeuh, pau khem peuh, mi khempeuh” tungah tangko ding sapna (Mang 14 : 6) pen Christian tangthu tawntungah om hi. Ahihang, Mangmuhna in, Zeisu leh hun nunung thupiang ding te honglak hi.

Mangmuhna 14:6,7 simin. Lungdamna thu pen koici bangin kitel kimtek hiam? Theihkim tek khatpen in, John 3:16; hi a, vantungmi’ thupuak Mang 14:7 na a kihel hi.

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Mangmuhna 14 : 7 na in, tusung i sinna sungpan, thu thumahi siatna, zawna leh nenniamna cihte Lai Siangtho tangthu sung a omden teng hong gawmkhop sakhi.

Thukhenna: Thumaan thukhenna pen khang tangthu sungah nenniamna bawlsiatna te tungah khen ding hi. Pasion in tuabang haksatna thuakte kahna aw za hi cih.

Biakpiakna: Hebrew kamsangte’ laigelhte in biakpiakna leh gamtatpha zom zel a, Pasion maan bia ung a cite mah in a biakkhialhna te uh hong lak hi. Isaiah 58 sungah, Pasion in a deihipenpen biakpiakna in, mizawng te tungah diktatna ci hi.

Piansakna: Innkuan khat i hihna sungah Pasion in, thumaanna a deiha bulpi in, Ama’ meel lim suun a hongbawl, hongit a hihmanin, kuamah ki simmawh loding, kibawlsia loding, ki haza loding hi. Hun nunung lungdamthu tangkona ah, apuksa leimite tatna, gupna, pua-phatna cih bangin zai mahmah hi. Amaan leh a maanlo biakpiakna leh bawlsiatna lak ah (Mang 14:8-12), Pasion in, thumaan in a dingtang, Pasion’ thukham leh Zeisu upna a nei, siatna sangpen hun nangawn in kiptak in a ding mi nei hi cih.

Vantungmi thumte tangkona te sungah lam-etna leh lau-huai nate, mite tungah i hih kawmkawm in, a kisapna te uh i panpih theih na’ng lampi i muzo diam?

FRIDAY**September 6**

NGAIHSUT BEH DING : EGWhite laiThe Desire of Ages, laimai 19–26 sung a om “Eitawh Omkhawm Pasion” leh, The Ministry of Healing laimai 95-107 sung “Nasem dingin Kigumkhia” cihte simin.

“Leitung buppi pen lenggahhuan hi Pasion in ci hi. Tulaitak galpa khutsungah a om hang, Pasion aa hi. Tatkhatna leh a neuzaw tuanlo Piansakna hangin Pasion aa hi. Leitung adingin Khazih hong kipia hi. “Pasion in leitung a it manin a Tapa neihsun hong pia hi” John 3:16. Hong piakkhong nakhat tungtawnin adang teng zong mite’n sangthei uhi. Nisim in leitungbup in Pasion’ thupha sang tawntunguh hi. Guahmal sim, nitang malsim leh singteh singgah te in, Pasion lungduaina leh itna te hong lak hi” EGWhite, Christ’s Object Lessons laimai 301, 302.

“Khazih sungah Jew mi leh Greekmi omlo a, sila mi leh silalo mi omlo, a sisan tawh hong tat manin a kibangkim na hi uhi” (Galati 3:28; Ephet 2:13). “Biakna upna bangzah in ki lamdang mahleh, thuaksiatna hang a kikona te kidawng hamtang ding hi. . . Eite i zawngkim a, hehpihna kammal, panpihna te i kisamkim hi. Huhna kisam meigong te zong a om hi. Kepecing ding a Pasion hong piak **tagah** te zong om hi. Tuate i paisan zelzel hi. Puan neilo, a hampi, deih huailo mahleh, Pasion aa hi. Man tawh a kileisa hi. Eimah bangin Pasion mai ah manpha hi. Pasion innkuanpih te hi. Christiante kemcingte in mawhpuak i nei hi. EGWhite, Christ’s Object Lessons 387.

Kikup Ding Dotna Te

1. Huh piakna tawh gamtatpha zong a, Pasion in sang hi, eite zong hong hoihzaw sak, hong meetsak hi cih khemna te koici leng i dozo ding hiam?
2. Na omna pawlpi in “ki deidanna omlo” Khazih sungah pumkhat a hi hiam? Koibang in tuabang suak thei hiam? Mi bangzah huamzo hiam?

TOMLAAK NA :Gupkhatna ngiimna sung a om Pasion’ itna in, Zeisu ki piakkhatna hangin, mawhmaisakna, nuntakna leh lam-etna hong guan hi. Tua hehpihna a sangkha eite in, gupna thalawhna a hi hetlo, Pasion in hibang ding mah a hong bawlngiat a hi, hawmsawn piakkhatna i nei ding hi. Tua bangin lungdamthu in, i kizopna te khangtosak a, a zawngte hong donsak hi.