

Khangham Sabbath Sang Laisiangtho Sinna

PILSINNA

Agelh: Seventh-day Adventist College President-te

**October, November, December
2020**

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Christian Pilsinna

“Topa zahtakna pen pilna kipatna hi a, Siangthopa theihna pen thumuhna ahi hi.” (*Paunak 9:10*)

Atunga Laisiangtho mun ngaihsun in. Akinai mahmah thu nih: “kihta” Pasion’ vang leh minthanna zahtak mahmah; “thei” Pasion’ omzia theitel mahmah cihte ahi hi. Pilna, theihna leh thumuhnate in Pasion sungmah ah zungkha uhhi. Pasion in na khempeuh’ bul hi a, na khempeuh Ama’n bawl in kisak hi (*John 1:1-3; Col. 1:16, 17*). I theih bangbang aneu mahmahte, lungnote, vanmite, dawite “vantung a-uk vangliatnate” (*Eph. 3:10*) in Pasion hang bekin kip uhhi. Pilna, theihna khempeuh in zong Pasion sung mahmah ah zungkha uhhi.

Laisiangtho kician mahmah hi: “Pasion in itna hi” (*1 John 4:8*) a, EG White in zong: “Itna in, piansakna, hotkhatna leh pilna diktakte’ bulpi ahi hi. Eite lam hong lakpa ahi thukham sungah zong kician takin omhi. Alian leh amasa thukham in, ‘Na Pasion, na lungsim khempeuh, na kha khempeuh, na thahatna khempeuh leh na ngaihsutna khempeuh tawh it in’ (*Luka 10:27*) ci hi. ‘Ciangtan omlo Pa, atheikim Pa pen lungsim khempeuh, kha khempeuh, thahatna khempeuh leh ngaihsutna khempeuh tawh itna in vangliatna sangpen ahi hi. Pumpi, lungsim leh kha avekpi mahin Pasion suunkik dingin puahphatna ahi hi. ” - *Education*, p. 16.

Topa in na khempeuh’ bulpi hi a, pilna diktak, Christian pilna khempeuh in Zeisu leh agenkhoh thute khempeuh lamah ih lungsim hong makaih hi. Piansaksate leh akammalte, Khazih genkhohhte tungtawnin, kisap khempeuh hong kipia a, Topa tawh kizoptheihna hong neisak, lungsim khempeuh, kha

khempeuh tawh hong itsak hi. Piansaksate zong kum tampi sung mawhna in susia gawpkhin hi napi, Laisiangtho tungtawn a Pasion' Thu Laisiangtho sungah ih simte mah bangin vanglian veve hi. Ahih hang Laisiangtho pen thuman taktak hi a, Pasion in bang hi a, bang hong sepsak hiam cih ciaptehna lianpen ahi hi. Laisiangtho sungah piansakna leh hotkhiatna tangthute in Christiante ading thubulphuhi ahi ding hi. Sawltak John in "Mi khempeuh ataan khuavak" (*John 1:9*) ci hi. Zeisu tungtawnin mikhempeuh in nuntakna neithei ahih mah bangin, Zeisu tungpan mahin Pasion' khuavak ngahthei ding uhi.

Tuabang laitak mahin, kidona lianpi peuh i thua-kzel a, tua pilnate ingah theihlohna dingin galte in hongdal thei hi. Christian pilna sungah bangpeuh omtaleh, Pasion hongpiak vantungpan khuavak mah sangnau-pangte' i teelsak ding hi. Zeisu in "Mi khatpeuhin leitung khempeuh angah hangin a nuntakna bulpi suplawh leh bang phattuamna omhiam?" (*Mark 8:36*) ci hi. Leitung pilna, laisiamna, sumbawl siamna leh engineer khawng siam mahmah napi nihveina sihna meikhuk sung atun leh bang phatuam ding hiam?

*Tu quarter sinna thulu ahi "Christian pilsinna" in bang phattuamna hong pia a, pawlpi bup ahi a, mimal ihi zongin, tua pilna koibangin ngahthei ding i hi hiam?

Tu quarter Khangham Sabbath Sang Laisiangtho Sinna pen, America saklam gam a om Seventh-day Adventist college leh university-te pan Siapipate pawlkhat in hong gelh uhi.

Lesson 1

*September

26–October 2

EDEN HUANSUNG A PILNA

Sabbath Nitaklam

Sept. 26

Tukalsung Simding: *Pian. 2:7–23; Pian. 3:1–6; 2 Peter 1:3–11; 2 Peter 2:1–17; Hebrew 13:7, 17, 24.*

Kamngah: **“Pasian avanglian mahmahna phawktel in. Pasian pen sia khempeuh lakah Sialianpen ahi hi.”** (*Job 36:22*).

Laisiangtho sinte in Piansil 1 pan 3 sung a, Pasian nasepzia telpha mahmah uh: Pasian, Adam, Eve, vanmite leh gulpi cihbang tangthute hi. Amun bel “Eden” a kici gamnuam khatah ahi hi. A tangthu bel kizom dimdiam mah ei. Pasian in Adam leh Eve piangsak hi. Adam leh Eve mawh hi. Adam leh Eve pen Eden huan pan kihawlkhia hi. Piansil laibu a kipatna lam pan pilna tawh limsim leng, a tangthu paizia ih tel phasem ding hi.

“Hotkhatna pilna pen khang tawntung adingin leitung kipat panin kihilpah hi. Eden huan sung i nu leh pa masapen tegel’ innkuan panin, sanghoihpen hong kihonsak pah hi. Eden huan pen amau sang khandei hi a, piansaksate khempeuhin amau laisimbu, Piangsakpa in amau siapa leh nu leh pa masapen tegel in sangnau-pang masa tegel ahi uhhi” —Ellen G. White, *Education*, p. 20.

Topa in tua sang masapen a phuancil Siapipa ahi hi. Tua kawmkalah, Adam leh Eve nupate in, thumanlo ahilhthei ding sia dangkhat vateel tawm uhhi. Tua manin bangteng piang a, banghang hi a, tuni tuhun a ding bang pilna peuh i sintheih ding a omdiam?

SUNDAY

September 27

Sang Masapen

Huan khatpeuh khawng sangkhaan in kingaihsun zolo mahleh, siatna a omvetlo Pasion bawlsa Eden huan pen hoihmahmah lel hi. Tuhun muhdan tawh bel ngaihsut hak himah leh, apuuklo leitung dang a, leimite pen, a Piangsakpa tektek in, tua sanginn sung mahah pantah ngiatngiat hi.

***Piancil 2:7-23* simin. Pasion in Adam piangsakin, a koihna mun leh a nasep piak lai in, a ngiimna bulpi bang hi in na um hiam?**

Pasion in tua mipa leh minu Ama' meel suunin bawl a, inn khat leh nasep kician apia hi. Sia leh Sangnaupang kikalah kizopna thupi mahmah omhi. Pasion in Adam pen ama bawlsa ahih manin Adam' siamna telpha mahmah hi. Adam hilhthei a, Adam in apilna kicing takin zangthei cih zong thei hi.

Pasion in mite nasep guan a, lungnopna aneih ding uhzong deihsak hi. Nasep kician a piakna zong lungnopna a piaknop hang hizaw hi. Anasep picing takin semzo a, lungnopna a ngah zolo kua omding hiam? Pasion in Adam lungsim telpha ahih manin, gualzawhna a ngahna dingin, Eden huan kemcing ding nasep pia hi. "Topa Pasion in mipa la in, Eden huan kho in akem dingin akoih hi" (*Pian. 2:15*). Leitungah mawhna leh sihna bek athei eite in, Adam in, Eden huanpuah nasepna tungtawn bekin pilna sintoto ding cihpen ngaihsut haksa tham hi.

Piancil 2:19-23 sungah, Adam kikhohpih dingin ganhingte bawl a, a zi dingin Eve zong bawlsaklai hi. Adam ading kikhohpih kisam a, ahuhding zi kisam cih thei-in numei abawl hi. Mihing in Pasion tawh kinai mahmah ding kisam cih thei a, a kikhohkhop theihna dingin Eden huan zong abawl hi. Hiteng khempeuhen Pasion in mihing a itmahmahna pulakna ahi hi. Eden huan tawh kigamla mahmah ihih manin, tua huan koibang hi cihzong i ngaihsun zokei hi.

Eden huan tawh kigamla luata himah leng, piansak sate tung pan pilna sinthei veve hihang. Bang pilna peuh hi a, Laisiangtho tungtawnin imuhna pan bang phattuumna peuh ingahthei hiam?

Buluhna

Sangsiate ading anuam penpen in asangkhaante kaikhawm, laisuanna bawl, a kizam-nate kaikhawm, sangkhaante zong adeih bangun puahpha cihte ahi hi. Pasion in sangkhaan dingin Eden abawllai in, Adam leh Eve pilna sin na'ng in akimkotah kicingtakin koih hi. A kimkot zeempha mahmah hi. Pak, vasa ganhing leh singkungte khempeuhan a Piangsakpa Pasion' Thu asinthei uh hi.

Piancil 2 pan 3 sungah thute kikhel vat hi. Pasion in mihingte ading hong bawlsaksa khempeuh ih theikhin zo hi. Ahihhang *Piancil 3:1* sungah, Pasion in deih teeltheihna hong pia hi. Gul in “ganhingte khempeuh sangin pilzaw” cih pen amasa kammalte ahi, “hoih mahmah, maizum lo, nuamsa mahmah” cihbang Pasion' nasepna ahoihzia pulaknate pan lampialna ahi hi. Gul tawh kisai in, “pil” cih pen “ngiansiam” ci-in akhia zong om hi. A hoihkim mahmahna pan thu kilehbulh hong piangsak hi. Piancil laibu in Pasion pen “ngiansiam” cih tawh kilehbulh in pulak hi. Pasionin, huan sunga nupa tegel ading alam-etna kician mahmah hi. *Piancil 2:16, 17* sungah Pasion thupiakna in huanlaizang akungpan singgah nelo ding cihthu ahi hi.

Hih tangthu tungpan theihding a thupi khat in: Adam leh Eve tegelpen, lungsim asuakta, thumanna leh thumanlohna deihteelthei in kipiang sak hi. A kipatcil lai, leitungmi apukma pekin mihing'deihteel theihna omcih i muhtang ahi hi.

***Piancil 3:1-6* sungpan, gulpi kammal zatte leh, Eve dawnkiknate encian in. Gulpi in Eve kiangah bangthu peuh pulak hiam? Eve in zong sia leh pha khentelna singkung koici muh naci hiam?**

Piancil 2:17 sungah, Topa in Adam kiangah, tua singgah na neekleh “si taktak ding” ci hi. *Piancil 3:3* sungah Eve in Pasion' thupiak agenkhiat ciangin “taktak” cih kammal nusia in, peeng gen hi. *Piancil 3:4* sungah, gulpi in tua kammal suutkik napi, Pasion' thupiak tawh kilehbulh sak hi. Pasionin, huan sungah Eve thuhilh mahleh, tel meello cihpen, ama' kammal zatte mah tawh kimuthei pahleh hi.

TUESDAY

September 29

Thupiak Mansuah

Zanni i muhsa ahi, Eve tungah Pasian' thupiakte, ama' kammal mahtawh pulak kik hi. A khiakhial bel hisamlo a, a telzolo hizaw hi. Ama' thuakding mawhna sulzuite ki gentel theilo hi. Gulpi tawh a kitalsik ciangin, Eve in suutkik himahleh, Pasian' kammal banglian hi nawnlo pah hi (*Piancil* 3:2, 3). Tua thupuak zong gulpi ading thuthak hikhoh tuanlo hi. Tua thupiak gulpi in thei khinlua zaw ahih manin, mawhna aba'ang nailo Eve akhemzawh nadingin kigingpha mahmah hi.

Piancil 3:4–6 **entel in. Pasian' thupiak thalnial hetlo in, gulpi in bangtengpeuh gen a, Eve tungah bangci in gualzo hiam? Bang thukhun zangsiam naci hiam?**

Gulpi in thupiakna hoihlo acihpeuhteh, Eve in zong, Pasi-an dongnuam leh dongthei lel hi. Eden ahoihna hizaw hi: sang-naupang peuhmah in, tehpih omlo Siapi Lianpenpa tuate khempeuh khengval atheipa ahi hi. Zia-etna nusia in Pasi-an huhna ngetding sangsik in, Eve in gulpi' thupiak sang zawsop hi. Gulpi thupiak asaan manin, Pasi-an' thupiakte tungah lunghiang cih honglak hi.

Tua laitak in Adam zong mundangah tuamvak sese hi. "Pasi-an in acihtak na'ngun athupiak khatbek a omsun penmah palsat-uh a hihlam, Adam in telpha mahmah hi. A lungsim buai mahmah hi. Eve, amahguak avaksak bang kisik mahmah hi. Himahleh mawhkhin zo uh: a lungnop mahmahna uh tawh kikhenkhia ding hita hi. Hizo peuhmah ding hiam"— Ellen G. White, *Patriarchs and Prophets*, laimai. 56. Thuman leh thukhial telsitset pipi mah, thukhial teelta mai hi.

A kikhemdaan ngaihsun in: Gulpi in tua singgah aneekvua leh "Pasi-an tawh kibang ding" cih (Pian. 3:5). Pian. 1:7 sungah Pasi-an suunkhin cizaw hi lo maw? Hih thu in, Adam leh Eve tegel bangin, pilna sangmahmah neikhin i hihhang, eite zong khemnop mahmahlel a, upna leh thuman-na bekin eite hong humzo cihthu hong koici hilh naci hiam?

Mansuahsa Ngahkik

Adam leh Eve te nupa in gulpi' thu man ding ateel manun, mawhna sulzui tampitak leh, Pasion sanginn sungpan hawlkhiat in om uhhi. Mawhna hangin Adam leh Eve te' na mansuahte ngaihsun in. Amau' puukna i telphat manin, tulai pilna hongpiak adeihna bulpi itelpha zaw hi. Amau kihawlkhia in, a cingtaklo leitungah thuthak a ding pilna a sinuh kulpah hi. Mihingte a puk ma in, Pasionin, vantung pilna, hoihna, itna tawh akizoppih mah bangin; amau pukkhit ciangin, Ama' meel suunkik thei dingin tua vantung pilna hoihna, itna mah tawh kizoppih kik hi. A mimal in Pasion tawh ikigamlat hang, ama' hoihna itna theihna tawh amah i naihthei veve hi. Thuungetna tawh ama' nasemin, athu simin, Adam leh Eve te'n, Pasion a naihmah bangun; e'nzong i naihthei veve hi.

Lungdamthu in, Zeisu leh hotkhiatna hangin i mangthang nawnkei hi. Hotkhiatna leh thak suahna'ng lam-etna i neihlawh hi. Christian pilna in, sangnaupangte mai ah Zeisu leh ama hong sepsak thaksuahna kaw k tentan ding hi.

2 Peter 1:3-11 simin. Mi in huan a nutsiatlai in a mansuahsa khempeuh pen, hih Laisiangtho mun in ngahkik ding tha hongpia hi. Pasion meel isutkik theihna dingin, Peter in bang hihding hongci hiam?

Zeisu tungtawnin, "Pasion' deih bangin biakna mantak in-untak theihna" hong pia hi. Peter in gualsuk diudeu hi: Upna, gamtat hoihna, thu theihna, pumpi ki-ukzawhna, thuakzawhna cihte leh azom omsuk diudeu hi. Thu theihna pen Peter in thupi gen phadeuh hi. Pilna a cihnopna ahi hi. Pilna diktakin thutheihna dik ahi Khazih theihna hongtun a, Amah tawh kibang bekhilo in, Amah i theihna midangte ahawmsawn theite hong suaksak hi.

Thukham singkung ahi "sia leh pha theihna" thute ngaihsun in. Thu theihna khempeuh hoihkimlo ahihna bang hong gen hiam? Thutheihna hoih leh hoihlo koici khentel thei ding ihi hiam?

THURSDAY

October 1

Thunial Mite

Sangnaupang pawlkhat pen “hilhnop” hi. Mat hoih ngah na’ngin lai zong nak et selo lel uh hi. Tel baih mahmah lel uhhi. Apilna uh muibun lel hi. 2 Peter 1 leh 2 sungah, Khazih sungah ih ngah pilna pen, Ama’ sungah a ki-aap mahmahte tawh ki zakim hi. 2Peter alian 1 sung a hanthotna in 2Peter alian 2 sung a hilhkolna tawh kibang hetlo hi.

2 Peter 2:1–17 simin. Bang vanglian leh taaina kammal pau hiam? Tua hilhna taaina kammalte kawmkal ah bang lametna hong neisak hiam?

Ukna aana asimawh mite tawh kisai in Peter in taang 10 na ah agen simin. Eite tulai mite ading nangawn nakpi takin taaina hipah hi. Pawlpi in zong (*Heb. 13:7, 17, 24*) sungah hong uk kumpite’ thu mang ding acihna bangin, Pasion’ deihna tawh a kituak laiteng i manlel ding ahi hi.

Bawlsiatna anasiat mahmah laitakin, Peter in thudangkhat tawh hong kuppah hi. Pasion in tua khemnate a paaikhia zo dingin vanglian mahmah hi tase leh, “a mite zia-etna pan a suahtak theihna ding lampi, Pasion in thei lua hi” ci hi. Christian pilna ih cih teh, zia-etna pel ding cih ciang bek hilo a, suahtak theih na’ng Pasion’ lampi tampitakte zongkhia ding, ei leh ei mah kikem ding, “siatna a piang-sakthei thuhilhna manlo hong lutpihsim” (*2 Pet. 2:1*) hi ci hi. Ukna aana simmawhna pen kimawhsak mahmah ahih ciangin, ei Christian’ siamsinte in, hong ukte telsiamna, ki-apna leh thumanna i kisin a kul diam (*Heb. 13:7*)?

Adam leh Eve in ukna aana simmawh i cihlian theihloh hang, atawpna ah, thumanloh ding mah teelzaw uhhi. A thu palsatna uh asuukzaw saksem dingin, Pasion in amau’ phattuam nading mahin athupiakte, tang nial uhhi.

Hih dotna nakpi takin ngaihsun in, pawlpi sungbek hilo, innkuan sung leh nisim nuntakna sungah zong e. Ukna aana neite ahi zongin, ukthuak mipite ahi uh zongin, thuman takin omding, banghangin thupi naci hiam? Na ngaihsutna Sabbath ni ciangin biakinn ah hong hawmkhia in.

FRIDAY

October 2

Simbeh Ding: “Nupa siangtho tegel pen Pa Pasion in kem bek hi lo in, siamkim Piangsakpa in pantah ngiat hi. Vantung mite hong hawhsuk zel uh a, Piangsakpa tawh zong akhak ahal omlo in kikhawlthei uh hi. Nuntakna singgah panin thahatna a dimin ngah uh a, apilna uh zong vanmite’ nuai deuh bekmah ahi uhhi. Muhphak vanpi’ thu thukte, a siamkimpa’ banzal sepnate (*Job 37:16*) in a bei theilo nopsakna leh siamsin lamhilhna ahi hi. Piansak sate omzia thukhunte pen kum 6000 sungbang ih sinsinsa hi a, a Piangsakpa akoihpa in eite lungsim sungah hong guan hi. Singkungte in tehte, paakte nei uh a, ganhing nungta a lian mahmah tui-ganhing levia-than pan kipan nitaang sunga gamtang lungnote khempeuhte Adam in theigai hi. Tuate minvawh a, amaute gamtatziate telsitset hi. Vantungah Pasion’ vangliatna, sim zawhloh leitungte, meeite akaaisakna, khuavakleh awgingte, sun leh zante khempeuh i Nu leh Pa masate’n tellua uh hi. Singteh khempeuh leh mualtung asuangte khempeuh, aksitang tekhempeuh, leitung vantung leh huihte tungah Pasion’ min kigelh hi. Piansak sate thuman na leh ki pumkhatna in, tehpih omlo pilna leh vangliatna hong lak hi. Lungsim hong lazo mahmah, itna hong neisak, lungdam hong kosaksak zo thute ahi hi.” Ellen G. White, *Patriarchs and Prophets*, laimai. 50, 51.

Kikupding Dotnate:

1. **Pasion in sang leh nasep peuhmah amah langdo nadingin a piansak hizen leh, eite’n Pasion dei h bangin nasemsem lai ihi diam? I nasepna tungtawnin Pasion tawh a hoihzaw kizopna bangci neihtheih ding i hi hiam? (Khasum, siamsinna, kipumpiakna, Pasion nasepna, etc.)?**

2. **Eden huan sungah Satan’ khempilna ngaihsut ciangin, leimi’ thanemna tawh hileh lauhuai mahmah lel hi. Adam leh Eve in amau kiang naimahah Pasion omcih thei gige sa in, gulpi’ thu langmaan hong sang uhhi. Tua bang kinaihnapan gamlapi a kilawn khiasa eite in, tua zia-etna tetung i gualzawh theihna’ngin, Pasion’huhna koici ngah theih ding hiam?**

3. **Ukna aana-thu ngaihsun inla, tua aana manding banghingin thupi naci hiam? Ukna aana a kiciat kholloh ciangin bangpeuh piang thei hiam? Ukna aana koibangin kizangkhal thei a, ei’n i koici dawn ding hiam?**

Lesson 2

*October 3–9

INN KUAN

SABBATH NITAKLAM

Oct 3

Tukalsung Simding: *Pian. 3:1–15; 2 Cor. 4:6; Luka 1:26–38; Mate 1:18–24; Eph. 4:15; 1 John 3:18; Thuhilhikna 6.*

Kamngah: **“Ka ta aw, na Pa hong thuhilhna ngai in, na Nu thukhamte nusia ke’n.”** (*Paunak 1:8*).

Mihing in nisimin pilna ih sin behbeh hi. Nungtak i cih ciangin sangkah i hilel hi.

“Israelte hunlai pek panin thu-ummite in khangnote pilna sinsak ngiatngiat uhhi. Naupang suaktung pan kipanin, Pasion’ hoihna liatnate a thupiaksung a ombang in hilhdinding cih Pasion in lamlak hi cih amau tangthu sungah omhi. Laisiangtho sunga om late leh thungetnate tawh amau’ lungsim honsak ding ci hi. Thukham pen Pasion omzia hi a, lungsim sungah a sangte in Pasion lim leh meel suun-uh cih thu, nu leh pate in, naupangte hilh uh-hi. Kihilhna pen atamzaw kam tawh hi a; khangnote in Hebia lai-gelhte; laizial tunga kigelh Laisiangtho lui kisin uhhi.”—Ellen G. White, *The Desire of Ages*, laimai. 69.

Mihing’ tangthu sungah, hun masalai phadiakin pilna peuhmah innkuan sungpan kipan hi. Laisiangtho in innkuan sung pilnathu bangci gen a, i innkuan koibang dinmun hi taleng, bang ngaihsutna thak hongpia nasa hiam?

SUNDAY**Innkuan Masapen**

Hun masalai mihing' tangthu sungah innkuan pilsinna tawh kisai, Laisiangtho in a kician kicing in bangmah hong piak om mello mahleh, pilna sin-uh cihthu bel kician mahmah lelhi.

"Pilsinna pen Eden huan pan innkuan sungah kipan hi. Adam in 'Pasian' tapa (*Luka 3:38*) hi a, Pa kiang panin asangpen kihilhna tate'n ngahsuk uhhi. Aman takin cileng innkuan sang ahi hi."—Ellen G. White, *Education*, laimai. 33.

Bangteng hilh-uh cih i theih seloh hang, piansakna, mawhna omkhit teh hotkhiat na'ng ngiimna cihte kihilh ding cih kician lel hi.

Anuai a Laisiangtho munte'n bangpeuh hong hilh a, Adam leh Eve in, a tate uh a thuhilhna hi teitei dingcih koibangin i umthei diam? *Piancil 1-2; Piancil 3:1-15; 2 Cor. 4:6; Luka 10:27; Galati 3:11; Mangmuhna. 22:12.*

"Lei piancil lai a, kihilh pilna mahpen khang tawntungin etteh ding lim hipah hi. Eite ading lim ahi dingin, i nu/pa masate innkuan ading Eden' sang hong phut hi."—EGWhite, *Education*, laimai. 20.

Christian pilna cihpen upna, biakpiakna, kihilhna, kipawlkhopna Pasian' na sepna leh huh piakna cihte innkuanpihte kihilhna ahi hi. Innkuan cihpen innkuanpihte Pasian' itna leh kamciamte kihilhna mun ahi hi. Zeisu in, naupangte' lawm, Topa leh Gumpa a hihna thu leh, Laisiangtho in Pasian' kammal ahihna nau-pangte tungah hilhna mun ahi hi. Vantung i Pa' omzia musak a, kizopna hoih kihilhna mun ahi hi.

Piancil 4:1-4 sungah, Cain leh Abel te unau in Topa kiangah biakpiakna hong puak uhhi. Hotkhiatna ngiimna sungah biakpiakna thupitzia, innkuan sungpan kihilh hi ngelngel ding uhhi. Pilna hoih in, ei lam-etna zah apiang dingin hong makaih tawntung zolo cih, tua tangthu tungtawnin i telthei hi.

Na innkuan bang dinmun tung taleh, na kimkot adingin thuman kihilh in ki nuntakpihna mun ahiththeih nadingin, bang teelsiamna kisan na kisa hiam?

MONDAY

October 5

Zeisu' Naupang Hun

Laisiangtho sungah Zeisu' naupanghun kitawmgelh mahmah hi. Tua hunte thuthukpi ahi hi. A leitung nu leh pa ahi Mary leh Joseph tawh a nuntakzia tungpan a naupanlai pilna sinzia, ei muh khopkhat khawng bel omlel hi.

A nuai a Laisiangtho munte pan, Mary leh Joseph in naupang Zeisu, koi cibangin pilna pia cih hong theisak hiam?

*Luka*1:26-38 _____

Luka 1:46-55 _____

Mate 1:18-24 _____

Hihmunte in Mary leh Joseph pen mi thumante a hihna, Pasion' thukham bangin nuntak ding a ut mite ahihna hong musak hi. Topa hongpai a, thupiangan ding teng a gen ciangin, thuman takin sawlmang uhhi.

“Naupang Zeisu in Synagogue sangte ah pilna sinkhalo hi. Anu in a siama masapen ahi hi. Anu' muk leh kamsangte kiangan vantungthute kisin hi. Amah ngiatin Moses kiangan agenkhiat thute mah, anu' khut tungpan kisinkik hi. Naupang pan khangno asuahtoh kawmin, rabbi sangah vakah lohi. Pasion in ama pilna bulpi ahih manin, tua sangte ah vakah kul selo hi.” —EG. White, *The Desire of Ages*, p. 70.

Tua siate in thuman cihtaktuak lel uh himah leh, *Luka* 2:41-50 sungah, Pasion bekin a piak pilnate, mite'n telsak zolo uhhi.

Atung a EGWhite kammalte lungngai kik in. Ama' paukhi-atsa kammalte mah anu' khut tungpan aki sinkikthi na bangci ngaihsut hiam? A lamdang Pasion hong itna koici pulaak naci hiam? A puuksa mawhnei eite in Pasion'itna i koici dawnkik tuak hiam?

Kizopna

Amantakin cileng pilna pen kizopna namkhat ahi hi. A Siapa pen pilna, theihna, thukip leh a dangdangte a neipa ahi hi. Theihna tampi aneikhat in mitawh kizomthei a; tua ama theihthe hih ding bek ahiehle ahoihna bang hituan hiam?

“Thu dangkhat leuleu ah, hihhsiamna in kizop siamna zong hipahlo hi. Tuat khempeuh tungah kizopna lamh kul hi. Sia hoihpa in, a sangnaupangte pen lawmhoih in nei a thumanpha guan hi. Nute Pate in, khangno leh naupang bangzah tungah itna leh telsiamna tawh kizom a; a muibun penpen ding lampi zongh theih kul hi.” Ellen G. White, *Education*, p. 212.

Thukhatah, hihhsiamna in mimal noptuamna piazo bilbel hi. Innkuankhat icih zong saang khatmah hi a, thupi veve hi. Sangnaupang leh Siate kikal kizopna hoih lamhsak kul hi. Kimeeltheihna zong kizopna tungtawnin khangto hi. Christiante in Laisiangtho sim, thunget cih khawng tawh Pasion tawh kizopna aneihloh ciangin, a kimeeltheihna nungtalo hi. Innkuante in Khazih’ hehpihna leh theihna sungah a khantoh na’ngun Pasion’makaihna kisam uhhi.

Anuai a munte simin. Innkuankhat in Pasion tawh kimeeltheihna hoih neihtheih na’ngin bang kisam hongci hiam? *Late. 37:7-9; Paunak 10:31, 32; Paunak 27:17; Ephet 4:15; 1 John 3:18; Titu 3:1, 2; James 4:11.*

Kizopna khaici-hoih tuhna in innkuante Khazih tawh kimeeltheihna khangsak bekthamlo in, innkuanpih khatleh khat kimeeltheihna zong khangtosak hi. Natate neulai in navaihawmsakthupha in, hong khankhin ciangin kizopna hoihkhat hongnei in lungnopna hongguan ding hi. Ta na neikei phial zongin, hih thukhunte in mun tuamtuamah na sem thei hi.

I thugen khatpen thupipah a hihloh hang, i gendaan thupi ahiehna ngaihsun dih in. Na genkhiat thukhat dik napi in; nagen-thu in a suulzuite a kisiatsak theihna koibang hiam?

WEDNESDAY

October 7

Nu leh Pa Dinmun

“Pate aw natate uh a hehtheihna dingun bawlkei unla: Christian’ ngeina tawh kituakin taii in hilhin pantah un.” *Ephet 6:4*. “Zi hoih pen suangmanpha hoih sang manpha zawpek a, zihoih ngah ding haksa mahmah hi.” *Paunak 31:10*.

Nu leh pa in a lipkhaphuai mahmah vaipuak nei uhhi. Pa in innkuan lutang hi a, innkuan pen pawlpi, sangpi leh kipawlnate ading naupangsang ahi hi. Pa in thanem in, vaipuak nei selo, hanciam selo lel leh; innkuan, pawlpi, sang leh kipawlina in thuaklawh ngeingei ding hi. Khasiang tho’ gahte ahi itna, lungnopna, kilemna, thuakzawkna, dikna, hoihna, upna, lungnemna leh kideek zawhnate neihtheihna dingin Pate in hilhden ding hi. *Gal. 5:22, 23*.

Nute’n zong kipawlina khempeuh ah vaipuak thupi mahmah nei uhhi. Tate gamtatna ih lamh laitak leh innkuan sung omzia tungah huzaap lianpi nei uhhi. Tate hilhpilna ah nute tawh kibangin pate’n zong maa panpih ding hi.

Anuai a munte panin Nu leh Pa in bang pilna i ngah thei diam? *Ephet 5:22, 23, 25, 26; 1 Kor. 11:3; 2 Kor. 6:14; Rome 13:13, 14; 2 Peter 1:5–7; Fil. 4:8*.

Christian Nu leh Pa in, amau gamtatzia tawh Khazih leh pawlpi kizopna limhoih lak ding uhhi. Kitenna in Khazih leh pawlpi kizopna limhoih ahi hi. Pa leh Nu in makaih keileh, ahih keileh ngongtatna tawh makaih leh, atate pen mite’ muhna ah Khazih limkhial alak ahi uhhi. Pasion in tate pen limtak a makaih ding hong sawl hi (*Thuhilhkikna 6:7*). Tate’n a lungsim khempeuh uh tawh Topa a it theihna dingun Nu leh Pa in hilhding hi. Pasion kihta, it in ki pum-aapna neithei dingin hilh ding hi.

Thuhilhkikna 6:7 sungah, Pasion in a mite adingin a bawlsak nalian khempeuh, Israelte in naupangte tungah tuam hilhpha mahmah dingin vaikhak hi. Tangthu lian mahmah gen ding nei uh himah leh, eite, singlamteh khit anungtate in, tua sang hoihzaw tangthu inei hi. Tua mah bangin cina bawlina thukisinna cihte peuhmah, Pasion’thuman tangkona leh Khazih tawh kimeeltheihna dingin naupangte lampi sialsakna ahi hi. A tawpna ah phaltakin i piakkhiatna ahi hi. Amau hong khankhin uh ciangin, amau mahun Pasion’ maiah dawngkik ding uhhi.

Mangngilh loh Na'ng

Israelte kamciam gam a lutma un, Moses in kam a vaikhakna ah, alamdang mahmah Topa' makaihate, amau adingin Topa'n a sepsaknate mangngilh lohding in vaikhak phapha hi. Thuhilhkikna limlim pen Moses in a nunungpen teci panna vive ahi hi. Kum tul tampi lai akigelh hi a, nuntakzia leh ngeinate tulai huntawh kibanglo mahleh, i zatttheih veve ding vive ahi hi.

Thuhilhkikna 6 simin. Christian pilna bangciang bangpeuh hong musak hiam? I tatebek hilo a, Pasion leh alian hong gupna atheilo tetungah thuhilh ciangin bang bulphuh theih ding namu hiam? Kidop ding e bangthu omhiam?

Amou lakah abulphuh mahmah dingun alamdang Pasion' nasepsakte naupangte tungah hilh ding uhhi. A kidop dingun, Pasion' sepsaksa khempeuh mangngilh loh ding cihthu ahi hi. Nu leh Pa in naupangte tungah Laisiangtho hilh ding mawhpauk nei masa pen a; amau mahmah zong tua thute nuntakpih pah ding leh, naupangte tawh zong hun zangkhawm ding uhhi.

“Naupang' Sia masapen a Nu ahi hi. A moilai leh a khandoh manlang laitakin a Nu' khut sungah mawhpauk lianpi omhi.”—Ellen G. White, *Education*, p. 275. Tua hun laitakin Pasion' itna leh kamciamte hilh ding hun hoihpen ahi hi. Naupangte tungah Pasion theihna leh akamciamte hilh na'ng hun tuamseh lecin, namailam innkuan bangkua omzia ding avaihawm nahi hi.

Hih simin: “Na tate tungah limtakin nahilh dinguh a, innsunguh ah natut ciang, lampi ah napai uh ciang, nalup uh ciangleh nathawhuh ciangun tua thute nagengen ding uh-hi.” (*Thkna. 6:7*). **A thubulpi bang hi a, Topa omtakpi ahihna naupangte bek hi lo, cimamah in phawk ding bangzah thupi ci hiam?**

FRIDAY

October 9

Ngaihsutbeh Ding: Ellen G. White laigelh, *Education* laimai 275-282, “Kiginkholhna”; “Sepkhopna,” laimai. 283-286 leh “*Temperance*,” laimai 287-297 cihte simin.

“Naupangte a neulaipan a goldong hoihtak hilhpil sitset dingin nu leh pa kiging sitset ding hi. Nu le pa mawhpunkte puakma in, pumpi ci leh sa khantohna thukhunte atheih mahbangun, lungsimlam khantoh theihna thukhamte zong theihphot kul hi.”—Ellen G. White, *Education*, p. 276.

“Pankhop sepkhopnapen innkuan sungpan Nu leh Pa mahin panpah ding hi. Naupangte hilkhawm in hanciam khawm tawntung ding uhhi. Pasion kiangah ki aap uh henla, Ama’ huhna tawh kipkhawm tawntung ta uh hen. Hih thusinna apia ding Nu leh Pa in, Siapa a mawhsak theite hi lo ding hi. A naupangte lunglutnate leh sang ki-ukna thukhamte telsa in, amau mawhpuk a huh Siate nangawn zahtakna a piatheite hi ding uhhi.”—Ellen G. White, *Education*, p. 283.

Kikup Ding Dotnate:

1. Ta i nei a neikei zongin, munkhatah hunbit in teengin, mite tawh i kizom hi. Nang teenna mun peuhah, mitawh ki-zopzia ding, teci panzia ding cihte tukaal sinna sungpan bangpeuh namu hiam?

2. Pilna bel hoihsa tek lel hang. (Pilna kua’n langdo zo ding?) Tuabang ahi tawntung diam? Pilna in thusia a suakna bang limcing omhiam? A lehpai limcingte tungtawnin pilna ahoihsa gen-theih ding bang omhiam?

3. Wednesday sinnapan phaltakin piakna isin hi. Khangnote hong khangtak ciang leh khangham sate mahmah in, a khangnolai vua ihilh tawntung Pasion’ thu phawkding a khentatuh kul ta hi. Nu te Pa te leh a dang khatpeuh in, midang tungah teci a panding uh ciangin phaltakin piakkhiatna a neihtheih dinguh bangzahin thupi hiam?

THUKHAM IN SIAPA

SABBATH NITAKLAM

Oct. 16

Tukalsung Simding: *Thuhilhkikna* 6:5; *Thuhilhkikna* 31:9–27; *Rom* 3:19–23; *Mang* 12:17; 14:12; *Maku* 6:25–27; *Hebia* 5:8.

Kamngah: **“Topa note Pasion, nalungsim khempeuhuh, leh nathahatna khempeuhuh tawh na it dinguh hi.”** (*Thuhilhkikna* 6:5).

Paul in ukna thukham vai in Galati mite kiangah: “Mihingte tungah hong kipia thukham in nuntakna taktak hong piatheh hileh, tua thukham zuihna hangin mi khempeuhin Pasion tawh kipawl na ngah ding uhhi” (*Gal.* 3:21). Thukham in nuntakna hong pia theileh, Pasion’ thukham mah hi veve ding hi. Paul cihnopna ah, ei mawhneite, Pasion’ thukham nangawnin nuntakna hong pia thei tuanlo hi. Banghang? “Ahi zongin Zeisu Khazih a um mite tungah a upna hangun, Pasion’ thuciam akipiak theihna dingin, Laisiangtho in mawhna khutnuai ah leitungmi khempeuh a omhi naci hi” *Gal.* 3:22.

Thukhamin nuntakna hong piatheihlo mahleh, a ngiimna bulpi in, hehpihna i kisapzia hong theisak hi. Thukham in eite langkhatpan i mawhna honglakkhia hilel hilo hiam?

Hi lo hi. Thukham in, Zeisu’ sung bekah a om nuntakna lampi hong lak hi. Pilna mantaktak icihcih zong pen hihmah hi a, hehpihna, upna leh Khazih’ thu manna ding hong theisak ahi hi. Tua ahiah manin tukalsung tengin, Christian’ Pilna tawh kisai Pasion’ thukham koibang kihel cihthu isin ding uhhi. Thukhamin hong gumtheilo mah taleh, upna, hehpihna leh apuuxsa ei leimite Pasion in hong itnathu hong hilh thei veve lai hi.

SUNDAY

October 11

Pasian Itding Kihtading

Thuhilhikna laibu in, Israelte kamciamgam a lutding khangthakte a pianma, Moses in akam vaikhakte vive ahi hi. Kam-mal ahi a, thuhilhna ahi zong in kician mahmah in vaikhak hi.

***Thuhilhikna 31:9–13* simin. Topa kihta cihin bang a cih-na hiam?**

Pasian in Israelte tungah athukham piaklai in deihsakna lianpi tawh piahi. Thukham aki mangngilhloh na'ngin lampi honsak hi. Pasian pen a lungduai Siapa ahi hi. Ama'n ahilh banah, a kam-sangte hongawl a, a sawltakte in zong athupuak puaksak hi. Tuabangin zomtoto hi. Laisiangtho lui sungah, amite'n nuntakna lampi a zuihna dingun a hatthotna vive hi lo a hiam?

Anuai amunte en lecin, Moses in thukham thu, akhang akhangin kisin ding a thupitna vive ahilhna ahi hi. Moses in cialnih in khen hi. Amasa in naupang te'n thukhamna za phot limlim ding, tua khitteh "Pasian kihtak kisin ding" (*Thkna. 31:13*) ci hi.

Za masa ding uh a, tua khit teh, kihta ding uhi. Thukham theih khitteh kihtakna piang pan cihbang a hihlohna'ngin, thukham kisin photphot ding hi. Pasian kihtak zong kisin zek kul hi. Moses in theihtelna leh kihtakna limlim, kizopnapan a piangpan hi lo hi cih.

"Pasian kihta" cih pen "Na Pasian, nalungsim khempeuh, nakhah khempeuh leh nathahatna khempeuh tawh it in" (*Thkna. 6:5*) cih kawmkal a bang acihnopna ahia? Pa hoihkhat pen a tano in it leh kihtak a thuah dan, Pa khat in itna leh deihsakna lak a, a genbangingin sepsak hi. Tuabang Pa khat in hihkhial peuhmah leh tua ahikhialh mawhna in akhan tawn thuak ngeingei ding hi. Pasian itthei kihta theilel hihang. Thu kitukalh hi-hetlo hi. Pasian' thu sinsemsem leng ama' hoihna hangin it sem-sem ding; tuahun mahin, amah theisemsem in kihta thei veve ding hihang. Ama' sianthona mu a, eite' kihhuaaina tawh tehkaak ciang, hong hehpihna hangbek tawh hong susialo hibek hi.

Pasian tungah it leh kihtak i thuahkhop theihdan nakoici theihtel hiam?

Note Langkhatah Tecipang

Moses in asihding atheih ciangin, amah kinusia ding a, Israel mipite kamciamsa Canaan gamah lut dinguh cih thei hi. Tualai ah kum a sawt ciangin langdo miname hong suak dinguh cihzong thei khinkhian hi.

***Thuhilhikna 31:14–27* simin. Moses in a sihma in bangpeuh kiginghol hiam? A ngaihsutna bulpi bang hi a, koi-bang in minvawh hiam?**

Hih santakah Moses' aw in, Sia khatin a ma zaa laih ding midang ateel bang hi. A sangnaupangte in ama' mitmuh mahin gamtatsia malam ahih manin; ama'omloh ciangin langdo loding ci peuhmah ngamlo hi. Levi mi thukham singkuang puate kiangah, "teci" dingin, thukhamna laibu pen, thukham singkuang gei-ah koih dingin sawl hi. Ama' zaalah ding khat teelziau hetlo in, teci khat koihngiat hi. Thukham laibu pen, mihingte lungsim ahilhpil thei ding vangliatna neikhat bangin gen hi.

Tua thukham in amau "langkhatah teci" acih ngaihsun in. Laisiangtho thak sungah tuatawh kisai koibang omhiam? Rom 3:19–23 simin. **Hehpihna i kisapzia, thukhamin koibang in hong phawksak hiam?**

Thuhilhikna 31 sungah, Pasion in a lahilhpen gelhsuk dingin sawl hi. Tua la mah Moses in Israelte kiangah hilhkik ding a, aneu 19 ah, "Hih la kei adingin Israelte langkhatah teci asuah theihna dingin" naci hi. Pasion in mi bangin zang hi. La a kisak ciangin kizeel baih mahmah hi. La in teci ahih ciangin, mite amau leh amau ki entel tek in a cihnopna telzaw tek uhhi.

Pasion hongpiak thatang neihzah tawh a thukham mangding icih ciangin, tua thukhamin "eite langkhat ah teci" koibangin pang hiam? Tua teci in eite nuntakna ah lungdamthu i kisapna bang hong hilh hiam?

TUESDAY

October 13

Na Lamzan Theih Nadingin

Laisiangtho sungah, Pasion thukham thumanna hangin hongpiang thutampi omhi.

Joshua 1:7, 8 simin. Topa in Joshua tungah bangthu pia a, tua thukhun mahin tu hun eite zong bang hong hilh lailai naci hiam?

Topa in, Canaan alutkawmun Joshua kiangah: “Thahatin hang inla, ka nasem Moses in nang hong piak thukhamte khempeuh tawh kizui in na gamtat ding limtakin ngaihsun in. Na paina peuhah hoihtakin na lamzan nading in tuate khat zong pelhkei in” *Joshua 1:7* cih.

Thumanna hangin lamzang ding cihpen tuhun leitung paizia tawh kilehbulh zawsop hi. Tulai mite in lamzanna pen puahphatna, van thak bawlana, ei leh ei kimuanna peuh cizaw uhhi. Vanthak bawlana phualpите ah midang sangin nakpil zawk ding peuh kisam sakzaw uhhi. Bangpeuh hi taleh Pasion’ maiah a kisampen thutuam hizaw hi.

Mangmuhna 12:17; 14:12; Rom 1:5; Rom 16:26; James 2:10–12 cihte simin. Hih munte in Pasion’ thukham zuihna tawh kisai bangpeuh hong gen hiam? Thukham zuihna tawh gupkhiat i hihloh teihang, i kepcin ding banghangin thupi hiam?

Laisiangtho lui, Laisiangtho thak, thuciamlui, thuciamthak cihte phamawhlo: Laisiangtho um Christiante Pasion in thukham zui dingin hongsam hi. Thukham palsat leh mawhna hi a, natna thuakna leh tawntung sihna hong tunthei hi. Mawhna leh thukham palsatna daan athuak ngeilo peuh i omkha hiam? Israelte in Pasion thukham zuihna tawh akhantoh mahbangun (hehpihna kisam veve) tuhunin zong tuamah bang hiveve lai hi. Christiante pilna ah,

Pasion’ thukham zuihna in, upna sungah Pasion’ hehpihna muanna tawh nuntakna i thulaigilpi ahi hi.

Mawhna in akhaptawn tawh kisai bangciang naphukha ngei hiam? Midangte in tuabang mawhna khatpeuh a bawlkha-kloh na’ngin bang khawng hawmsawn thei ding nahi hiam?

Thukham Kemcingte Sepna leh Hahkatnate

Pasian' thukham zuite Pasian mahin thupha pia a hamphatna lianpi aneihlawh om uhhi. Joshua in Pasian' thupiak zui a, Israelte hoihtakin makaih thei hi. Israelte mahmah zong thukhamna a man vualeh lamzang ding cih kamciam pia hi.

2 Khangtangthu 31:20, 21 simin. Hezekiah lamzanna khantohna banghang ci hiam?

Bang pilna peuh isin zongin, thumanna i thupitsak mahmah kul hi. I sangnaupangte hai hetlo hi. Mi pawlkhat thuman, itna nei leh thumang cih hong theikhia veve uhhi. Hi napi tuahsiatna a omteh bang cihsak ding? Cihtheih na'ng omtuanlo hi. Mawhna leitungah ki omlai, kidona lianpi sungah ki omlai, kis-uakta nailo hi.

Hihmunte in dotna haksa hong koici dawnsak hiam? Maku 6:25-27; Job 1, 2; 2 Kor. 11:23-29.

Mihoih thumante, thukham zuite lamzang khin khollo cih leitung in theihkhitsa ahi hi. Hih dotna pen haksa a, a langphial bang hong dawnsak thei khamah ding a, thukham thupi ahihna mah i bulphuh tentan kuldung hi. "Lamzang" cihteh bang a cihna? Laphuakpa in"gitlohna innsungah kateen sangin, ka Pasian'kongcingpa kahi nuamzaw hi" Late 84:10. Leitung mite ciaptehna ah bel Pasian'thukham zuite lamzang khangto ngeilo cih hi limlim hi.

Hebrew 11:13-16 simin. Thu um, thumangte thuaksiatna banghang ci hiam?

THURSDAY

October 15

Zeisu, Etteh Ding Lim

Pasian' Tapa Zeisu Khazih in mihing dinmun mahtawh Pa' thukhamte apicing in hong zui in thumang hi. Eite aiawh bek hi lo in, etteh ding lim in hong omhi.

Anuai a teng simasuk in: Luka 2:51, 52; Fil. 2:8; Heb. 5:8; John 8:28, 29. Khazih' thumanna bangteng hong phawksak hiam?

John cihna mah hoihpen hi; "Pasian tawh kakipawl hi a ci mi khempeuh, Zeisu Khazih a gamtat bangin agamtat ding ahi hi" (1 John 2:6) cihhi. Khazih' nuntakzia leh nasepzia a ente in, a thumanna tawh Pa a lungdamsakna mullel ding uhhi. Genkholhnate tangtut in, anuntak tawntung Pa' thukham pahtawi den hi. Israelte langah teci dingin thukhamna, Pasian in Moses gelhding asawl mahbangin, Khazih pumpi in nungzuite, mawhneite leh misiangthote a ding teci ahi hi. Tu in zuihding thukham kigual detdatte sangin, Zeisu en peuh lecin, ci leh samah tawh hong nungta a, i zuihding limte honglak hi.

Siate aw, Zeisu in Pa' thu a manzia sangin a hoihzaw limdang sangnaupangte tungah hilh ding bang omtuan hiam?

"Pasian' thu manding panin suahtakna hongpia Khazih sungah upna cihpen, upna hi lozaw a, upmawhthu hibek hi."

'Upna hangin hehpihna tawh hotkhiat' cihhi (*Ephes 2:8*). 'Gamtatna in a zuilo upna in a si hi' (*James 2:17*). Zeisu in leitungah hong paisukma thute a genna ah, 'Nangma deihbang hihna ah nuam kasa hi, ka Pasian aw. Nangma thukham ka lung sungah omhi' (*Late 40:8*). Vantung a kahtoh kik madeuh in zong, 'Ka Pa' hong thupiakte zui in Ama' itna sungah ka ommah bangin (*John 15:10*). John in zong, 'Eite in, Ama' thupiaknate izuihle . . . Pasian tawh kakipawl hi aci mi khem peuh, Zeisu Khazih a gamtat bangin a gamtat dinguh ahihi' (*1 John 2:3, 6*)."—Ellen G. White, *Steps to Christ*, p. 61.

Na nuntakzia tawh, Khazih' lim ahoihzaw in na zuihtheih na'ng leh, midangte hoih takin na hilhkik theih nadingin, bangpeuh na hih thei diam? Khanglui kam ciapteh hiphiallel mahtaleh ikampau sangin i gamtatna in banghangin awngaihza thei hiam?

Ngaihsutbeh Ding: “Piansakna leh hotkhiatna ie thubulpi in itna hi a, pilna mantak ie bulpi ahi hi. Pasion’ thukham sungah nuntakna hong makaih dingin hong hilhisa ahi hi. Amasa leh alian thukham in ‘Na Topa Pasion na lungsim khempeuh, na kha khempeuh, na thahatna khempeuh tawh it in’ (*Luka 10:27*). Tehpih beipa, pilna kimpa thahatna khempeuh, lungsim khem peuh tawh it cihteh, ei hihtheihzah tawp cihna ahi hi. Avekpi cihciangin – pumpi, lungsim leh kha cihtengin Pasion’ limleh meel suunkik ding hi.”

“Amasa mahbangin anihna hi a, ‘Nangmah na ki-it mah bangin na vengte it in (*Mate 22:39*). Itna thukham in pumpi, lungsim leh kha cihte Pasion aading leh midangte adingin ki aap ding ci hi. Tua bangin midangte’ ading thupha hihna in eima tungah thupha lianpen sanna ahi hi. Angsung khuallohna in khantohna maan tak-tak ahi hi. Tua bang angsung khuallohna panin a sangpen ngeinate ih ngahthei hi. Vantung ngeinate i ngah semsem hi. I lungsim sungah vantung ngah i hihmanin, vantungtawh i kiphuta hi.”—Ellen G. White, *Education*, p. 16.

Kikupding Dotnate:

1. **Tanglai Israelte mahbangin, Pasion it leh kihtak i thua-hkhawm ding uhhi (*Mate 22:37, Mang. 14:7*). Khansungah, thua-hkhop theihna’ng kikumun. Hih dotna zong dawngun: Hih thukhamte banghangin kitukalh lo uh hiam?**
2. **Dinmun khat ciangtanhna leh thukham khat bawlina koici kilamdang hiam? Nangma muhna ah, Adventist-te omzia pen milakah dinmun sang maw aihke’h amau pawlsung teng ading thukham khauh bawlmaw? Dinhmunsang bawlina tawh kisai in Laisiangtho in koici gen hiam? Mimal ading, innkuan ading, pawlpi ading?**
3. **Pasion’thukham zuihding a thupitnakoiciang i lakkhia theizo a, ahih hang, tua thumanna in hotkhiatna bulpi hi lo cih zong i lakkhia thei hiam?**
4. **Late 119 simsuksuk lecin, thumanhna, suahtakna thukham, thukhunh leh thupiak bangzahvei bang namu hiam? Late 119 lai atpa in bangthu thupi saknuam hiding hiam?**

Lesson 4

*October 17–23

TOPA' MIT: LAISIANGTHO IN LEITUNG A MUHNA

SABBATH NITAKLAM

Oct. 17

Tukalsungteng Simding: *Paunak 15:3; Job 12:7–10; Ephes 6:12; Mang. 20:5, 6; John 1:1–14; Maku 12:29–31.*

Kamngah: **“Topa’mit in munkhempeuh mu a, misia mipha hong encik kim hi.”** (*Paunak 15:3*).

Polish laphuakpa Czeslaw Milosz in la khat gelh a, a kipatna ah ganhingte pausak hi. Bilpi, zulei cihte pausak hi. Leitungah ei upmawh thute leh ataktak thute akibang a ommah bangin, ganhing taktakte in kibatna tampi nei uhhi cih. A lakhupna ah “Hih thu ngaihsun inla, patau in” cih.

“Patau” cih pen khauhliang himah leh, leitung mite’n leitung’ thu a upmawhte uh khialgawp thei hi. Gentehna in, kum 2000 sungbang leitung mipil pente in, leitung pen vanuai laizang ah tanglo in tu hi ci in um uhhi. Tuhun mipilpen te’n zong, nathemno khat kikhelkhel in mihing hong piangkha hi ci in um uhhi.

Mihing ihih manin, leitungpen i laai-et (koppih neilo) ngeikei hi. I kikal hong dal “kaaldal” khat i omsak den a, tua dalna in ei khiatdan leh ei teldan hong huzaapgawp hi. Tua kikal daalna pen leitung muhia i ci a, tua leitung muhiapien khangnote pan kipan khanghamte nangawn tungah Laisiangtho in leitung aemuhzia hilhcian ding kisampha mahmah hi.

SUNDAY**Topa' Mit**

Oxford University mipilpa khatin, leitung leh asung omte khempeuh thutak omvet kei ci hi. Eite mahmah pen leitung dangdangte in a thahat mahmah computer-te tawh hong bawltawm uh ihihi ci hi. A lungluthuai mahmah thukhat hipah a, dotna khat hong piangsak pah hi: A taktak pen koibang dan hiding hiam cihthu ahi hi.

A zai a dawn theihna'ng thunih omthei a, khatbek mah thukip hilailai hi. Amasapen bel i vankumpi leh asung a om khempeuh, eite nangawn e, bangmahin piangsaklo, bawlo hi. Hici a omlel. Tuabel haivai phadeuh e. Pasion omlo, pasian neute zong omlo, vanglian siangtho omlo. Na khempeuh in ama' thu in omlel. Mikhatin abeisa kum 2,500 lai in "atom kici mal neucik leh guakhawm" bek omhi cih.

A nihna pen bel vanglianpa (te) in vankumpi piangsak cih ahi hi. Vankumpi in ama' thuthu in omlel cih liangsanjin, a nihnabel thukip zawdeuh, ngaihsuthuai zawdeuh hi. Ommawklel cihbel gentel na'ng zong omlo hi. Hih muhdan in "atom kici malneucik leh guakhawm" cihpen huam thei zawdeuh mahleh ciangtanh bel omthei keimawk. A taktakte pen a zai zawdeuh, a thukzawdeuh leh pasian umlote muhdan sangin kicing zawtham pekin hong musak hi.

Anuai a munte in, tuni sinna panin hongpiang ngaihsut-nate' vai bang genuh hiam? *Late 53:1; Paunak 15:3; John 3:16; Isaiah 45:21; Luka 1:26-35.*

Christian pilna ah Pasion om takpi cihbek hi lo a, koibang Pasion hi a, hong itna hong donna bangciang cih hilai hi. A lamdang Pasion hi a, ngeina thukhamte zang hinapi tua ngeinate in amah ukhetlo bekthamlo a deihbangin lumlet theilai hi (Zeisu nungak siangtho sung pan hong suah dan). Hih pen a pil mahmah tuhun leitung mite'n science lam pilna tawh kituak ci mawkmawkuh a, Pasion umlote leh leitungnate amau thu a omlel cih amuhdan bang tawh hong kizawitawn kik bilbel hi.

Pasion umlote' muhdan toizia deihtak ngaishsut-sak lecin, Laisiangtho muhdanah lei-tung ngeinate zangthei napi tuate'n ukcip sakvetlo hi. A tawpna ah, Pasion umlote muhdan sangin, Laisiangtho muhdanmah, banghangin thukip hizaw veve thei ding hiam?

MONDAY

October 19

Leibniz' Dotna

Kum tampipek lai in German thungaihsun siampa Gottfried Wilhelm Leibniz in, akibulpat mahmah dotna khat dong hi: "Banghangin bangmahlo munah bangkhat om thei hiam?"

Anuai a munte'n Leibniz' dotna koici dawnuh hiam? *Pi-ancil 1:1; John 1:1-4; Paikhiatna 20:8-11; Mangmuhna 14:6, 7; Job 12:7-10.*

Laisiangtho in Pasion omna a pulakna lunglut huai mahmah hi. *Pi-ancil 1:1* ah nialna tampi tak tawh panpah miaimuai lo hi. Om ahihna pulaksuk ziau (etbeh ding *Paikhiat 3:13, 14*) a, tua pan Pasion in Piangsakpa ahihna laimai tampi takah pulak suksuk hi. Piansakna tangthu in Christiante ading pilna bulpi mah hipah hi. Christiante' uphute khempeuh piansak hun niguk sung tengin piang ahi hi.

Laisiangtho in mawhphelna peuh, thukhampeuh, singlamtehpeuh, thawhkikna peuh leh nih veina hong kumkikna peuh tawh pan themthum hetlo hi.

Pasion in Piangsakpa cihtawh kipan a, den a thudangdangte in, Pasion pen Piangsakpa ahih nathu a kicianin pulakkhia lo hi.

Tua hi a, Laisiangtho muhdan inbel, piansakna mah hong pibawl pen hi. Hih pulakna in tulai science pilna talsik in dopah hi. Evolution – kum-awn tampi sung hunla in nuntakna damdamin kikkel in upmawhlohpi in piangkha ci uh a, ahihhangin Laisiangtho in kum awntampi' thu genlo hi. Laisiangtho leh Christian' upna a tangdo pen hih evolution lo adang zong omtuak khollo lel hi. Evolution upna pen Laisiangtho bangin piansakna upna tawh kituaksak ding cih peuhmah thubaih hi hetlo hi. Laisiangtho leh Christian' upna thukhunte zahpihna suakding ahih manin hithei vetlo hi.

Pasion in i hunneih lakpan khen sagih khen khenkhat, kaalkhat khatveita, thudang hang hilo, niguksung piansakna phawkna'ngin hongngen hi. Hih upna in Christiante muhdan i thubulpi leh a thupipen a hihna koibangin pulak hiam?

Laisiangtho in Leitung a Muhna

Thupatna sungah om bangin Leitung peuhmah i lai-et(neutral) ngei hetkei hi. Gentehna in, Pasion umlopa in sakhituihup a etciangin, a pianngei ciang lobuang muhbeh tuanlo hi. Mihingte muhna tungsiah bangmah khiatna neisak tuanlo uhhi. Alangkhat Laisiangtho lam pan et ciangin, a pianngeibangin tui leh khuavak hang hibeklo in, Pasion in tuiciin tawh Leitung susia nawnlo ding cih hong kamciam (*Pian. 9:13-16*) zong mu lai uhhi.

“Amawh akhial amite adingin Pasion hong kiniamkhiatna leh hong lainatna in lianmahmah a, kamciamna sakhituihup hongpia hi. Tuiciinkhit khangthak tate in, tua vanlai a kikhung diadua sakhituihup pen bang himawk hiam ci in adot uhciangin, Nu/Pate in, tuiciin tangthu suutding a, Sangpenpa in, cikmah ciangin tuiciin tawh Leitung susia nawnlo ding cih kamciam bawlin, tua a kamciam kip-sakna in, sakhituihup kuaikawi in meisungah hong koihsak hi ci in gending hi”—Ellen G. White, *Patriarchs and Prophets*, p. 106.

Seventh-day Adventists te ading, upmuan dingin Laisiangtho dingkip hi. Leitung muhdan hong hilh a, a lauhuai leh a buai-mahmah Leitung iteltheih semsem nadingin a “kaaldalna” zong hong musak hi. Khatvevei ciang i lungkham mahmah ahi, eima’ dinmun leh kihelna mun i telphat theihna dingin, Laisiangtho in hong hilhcian hi.

Anuai a munte ah eite omna muntaktak i telphat theihna dingin bang thuman hong lak hiam? *Ephes 6:12; Maku 13:7; Rome 5:8; Rome 8:28; Thuhilhna 9:5; Mang. 20:5, 6.*

Seventh-day Adventist i hih manin, Pasion in amite tungah thuman thutak leh eite telzawh loh Leitung’ thu tampitak hong lahkhiatna ahi, **Laisiangtho** kiptakin i zui ding hi. Christiante pilna khempeuhin Pasion kammal sungah zungkip kha uh ahih manin, akitukalh khat peuhmah nialpah sensan ding hihang.

Laisiangtho upna, mi pawlkhate’let upna tawh aki tukalh bangpeuh omhiam? Tua kilamdangnate in, Pasion’kammal thumantakin zuih ding a phatmawhna hong bangci hilh naci hiam?

WEDNESDAY

October 21

Tankhiapa Bia

Piansakna upna in eite' upna ah thupi mahmah a, tua upna in amahbek hi lo in, a diakin, Laisiangtho thak sungah tatkhiatna tawh kizui ngiatngiat hi. Apuk leh sihna leitungah piansakna bek kicing zolo hi. Nuntaksung kisaan, thuaksia; tuakhit ciang si, lampigei khawng a gan siluang kisial phengphangte khawngtawh kilamdan luatna i nei tuankei hi.

Eite'n tatkhiatna upna i nei a, Zeisu in singlamteh tungah kikhai in thokik cihpen i upna thu laigilpi ahi hi.

John 1:1-14 simin. Hihmunin Zeisu pen kua hi a bang hong sepsak hi ci hiam?

Vantungmi khatna thupuak enin: “Tuaciangin leitungah ateng minamkim, pau namkim azang mite tungah atawntungin lungdamna dingthu gending anei vantungmi khat vankimlai ah leng kamu hi. Amah nakpitakin kiko a, Amah in mihingte-thu akhending hun hong tungta ahih manin, Pasion kihta unla Amah phatun. Van leh lei, tuinak leh tuipte abawlpa hongbia ta un, a ci hi (*Mang. 14:6, 7*). Tawntung lungdamthu cihpen lungngai lecin, Piangsak Pa Pasion tawh kizom sakpah hi. Eimah hong piangsak tektekpa Pasion mah in, mihing ci leh sa puasa in, eite thuak ding mawhna daanteng hong thuaksakpa Pasion mah hi a, Amah biadingin hongsap pen thulam-danglua zong hituanlo lel hi. Tuabang Pasion i neih manin bangdang hihtheih neituan i hi hiam?

Tua ahih manin, singlamteh thuak Khazih mah amasapen leh a laigilpen in i kihilh ding a, hong pai masakna in hong paikik na'ng thu omsak ahih manin tua thute mah i kihilh pah ding ahi hi. Mi khatpeuhin, hong pai masak leh hong paikik pen tatkhiatna ading khennih kikhen ahi hi ci uhhi.

John 1 sungah “na khempeuh a bawlpa” (*John 1:3*) a cihpen, singlamteh tungah ah eite ading a sipa mah ahi hi. Biakpiakna cih limlim pen pianzia ngeina in huzaap ding hi.

Pasian' Thukham

Khatvei lai in France gamah, sihdaan piakvai kinialna hongpiang a: phiatsiang ding hiam cih ahi hi. Phiatsiang theihna'ng Palai lianpa in thungaihsunsiam(philosopher) Michel Foucault thudong in, lai endikpu laikungpan cih thulu tawh laikhat ngen hi. Tua pa'n, palai ahihna dungzui in, sihdaan bek hi lo in, thonglimlim phiatsiang ding leh thongkia khempeuh suahtak ding dong gelkhkia hi.

Bang hang hiam? Michel Foucault in tuate khempeuh mihingte' bawltawm hilel a, mipite kepcin leh ukzawh nadingin ukna aanna neite in akaihkhoptawm uh hilel hi cih. Tua ahihmanin hih thukhun tengin bulkip neilo uhhi cih.

Ama' dinmun lianpen khengval deuh mahleh, thusia piang ngeisa tungtawn in lepdindingan a musuksuk a nahi hi. Moses in zong kumtul tampilaipek in Israelte tawh kisukha khinzo hi. "Tua hun ciangin mi khempeuh in ama hoihsak bangin agamtat ngeiciat bangin nagamta nawn kei ding uhhi" (*Thuhilhikna 12:8; Thukhente 17:6; Paunak 12:15*).

Eima hoihsak bangbeekin i gamtat keibuang leh, eipen thumanlo, siangtholo, a hoihzong a theizo mello i hi ding a, gamtat danding i koici theih ding hiam? A dawwna ah, hong Piangsakpa Topa in i lungsim sungah thukham hong guansak khinzo hi. Mit tawh i muhtheihloh hang, Topa'n hongpia tawntung hi.

Anuai a munte in lungsim thugeelzia koici gen hiam? *Thuhilhikna 6:5; Maku 12:29-31; Mang. 14:12.*

Christiante in leitung imuhdan a thulaigilpi, tatkhiatna hisak leng, Pasian thukham sawm teng pen a thu laigil ding ahi hi. Thukham palsatna mawhnapan hong tankhiakik hilo hiam (*Rome 3:20*)? Lungdamthu in Pasian' thukham tawh kizopna neilo a, thukham in eite hong len honghen hibekin hong gumtheilo hi. (Tua hangmah in lungdamthu i kisam hi.)

Tua ahihmanin, Adventists pilna in EGWhite kammal "a kip tawntung thukham" (*Kidona Lianpi*, laimai 63) sungah Sabbath a kihel pen bulphuh dending cih. Pilna in mihing' nuntakna ah Pasian' limleh meel kilanghsak ding ahihleh; a niampenpen Pasian' thukham a bul panin lamsang ding a, Khazih hong lahsa limhoihte pen Pasian' maiah thumaan honglak lungsim thukham hisak ni.

FRIDAY

October 23

Ngaihsutbeh Ding: “Pilna in angiimna taktakpen khasungah Pasion’ meel kilangsak ding cih ahi hi. ”—Ellen G. White, *Patriarchs and Prophets*, p. 595. Hih lungsim a puasa Adventist pilna in, Christian kipkhat in leitung a muhna kisampha mahmah hi. I sinna sa ah pilna peuhmah a munmun ah hoihna neizo tuanlo hi. Mihingte kihilpil theilel a, pilna sang pipi Laisiangtho tawh kitukalh gawp khawngzong omthei hi. Tua ahih manin, ei SDA te pilsinna ah Christian te in leitung amuhna bulphuh kul hi. Pilsinna azai in science, tangthu, lungsim, ngeina leh adangte a kitukalh leh a awlmawhlohte dongtakin huamgai hi. Gensasa suutkik taakmahmah thukhat: Laaiet cih peuhmah om theilo; nuntakna, a omtaktakte khempeuh pen, limtak leh hoihtak a kingaihsun ahi mello, mikhatpeuh in leitung a muhna peuh tawh kikaal dalna peuh hisak zel hihang. Tua ahihmanin Laisiangtho in leitung a muhdan pen, Seventh-day Adventist pilna pianna hipahleh hi.

Kikupding Dotnate:

1. **Tangthu sungpan namuhkhiat, pilnate lakpan siatna hong tunthei bangkhawng peuh ahi diam? Koimun khawngpeuh hi a, kua sangnaupangte kah a, amau tungpan bang pilna peuh i ngahthei tammaw? Eima pilsinna ngeinate, tuate galpanin koibang in kemcing theih ding i hihiam?**

2. **Tukal sinna pan Christian te’n leitung amuhna tawm i sin a: Pasion omna, Piansakna, Laisiangtho, tatkhiat ding ngiimna, Pasion’ thukham cihte ahi hi. Christiante’n leitung amuhna a picinna ding bangthu peuh na behlap nuam hiam?**

3. **Kum zalom 18 thungaihsun siamkhat in: “O lungpilna! Lungpilna! Asangpen pilna, mimawlte a makaih a puahpha, pilna leh suahtakna a neipa—sia leh pha khialhetlo in khenteltheipa, mihing Pasion a bangsakpa,” Bangin dik a, Bang in diklo hiam?**

4. **Ellen G. White kammal enni: “Pilna diktak ii ngiimna pen kha sungah Pasion meel kilangsak ding” cih. Bang a cihnopna aitam? Hih thu in Adventist pilna leh leitung in pilna a muhdan koibangin kilamdang cih hong lak hiam?**

ZEISU EITE' SIAPIPA

SABBATH NITAKLAM

Oct. 24

Tukalsung Simding: *Heb. 1:1–4; 2 Cor. 4:1–6; John 1:14, 18; 14:1–14; Fil. 2:1–11; 2 Korin. 5:16–21.*

Kamngah: **“Khuamial sungpan khuavak tanghen aci Pasion mahin Zeisu’ maitang atangsak Pasion vangliatnathu theihnading khuavak kangah theihna dingun kote lungsim sungah khuavak hong tangsak hi.”** (*2 Korinth 4:6*).

Billy Graham in galkap zato khatah avahawhna tangthu agenna ah: Khangno galkap khat liampha melhem gawpin, sik-lupna tungah puanzaapi leh a setvan tuamtuamte tawh omin, khuplup in kikoih a mu hi. Doctor khat in Graham huausimin “hihpa lam apai-kik zolai mawktam ci ing” ci hi. Galkap nopa in a Mangpa kiangah: “Nang adingin gal ka na simkhinzo a, aihhang nang kong mu ngeikei hi. Na maitang hong musak in” aci hi. Mangpa zong kuunsuk in galkapnopa hopih hi. Graham in zong en gige in galkapmangpa biangah khitui luangsuk a mu hi.

Zeisu’ suah hunlai in mihingte in Pasion thei mello in sisan naisan kisuahin om uh hi. Tua lai in mihingte in, “Topa aw, Na maitang hong musak in” ci-in taau uhhi. Hih leitungah Atapa hong sawl manin, Pa neite’ ih suaka, Siapipa hongpuak nahi gige hi. Amaitang hong lak na hi gige hi. “Zeisu maitang ataangsak Pasion’ vangliatna thu theihna ding khuavak ka ngahtheih nadingun kote lungsim sungah khuavak hongtaang” (*2 Kor. 4:6*) acih pen eite’n a ngah i hihi.

Siapipa hong paisuk imuh ciangin bang pilna ngahtuam na kisa hiam?

SUNDAY

October 25

PA HONG PULAAK

Sawltakpa in Hebrewte a laikhak kipatna ah, Zeisu' tungtang bangteng thupi sakpen hiam? *Heb. 1:1-4.*

Laisiangtho thak laikungpute in a suutkik phapha uh thu pen: Zeisu in Pa pulaak dingin leitung hong paisuk cih ahi hi. Abeisa hunlai in Pasian in kamsangte tungtawnin a khenhkhenh in hong ki pulaak zel a; Zeisu hong pai ciangin a kicingtaakin hong kipulaak ahi hi. Zeisu in ama'pumpi mah tawh "Pasian'minthanna vang hong taangkhiasak" (*Heb. 1:3*) hi. Mawhneimi in Pasian' vanglian i thuakzo kei ding hi. Sunglutin mihing hongsuak Zeisu in tua vanglian taangkhiasak hi. Khazihin mihing a hihna sungah gamdaitakin omkhinkhian ahihmanin eite'n Pasian'omzia i telsiang thei hi.

Zeisu in "Pasian' limtaktak mah hong pua" (*Heb. 1:3*) hi. Hih munah Greek lai character cih pen, gip tawh kibawl seal ahihkeileh dangkatang tungah *lim* cihna peuh hizel hi. Tua hi a, Zeisu in "Pasian' limtaktak mah hong pua" (*Heb. 1:3*) ahi hi. Pa i theihno-pleh, Siapipa hong genthu hoih takin ngaiding hihang. Tua Siapipa engge ciatni. Pa pen Ta sungah kimu hi.

***Hebrews 1:1-4* napen *2 Korinth 4:1-6* tawh simkaak in. *2 Korinth 4:1-6* sung a, Zeisu kua hi a, Ama' tungpan bang sin-nathak i neithei diam?**

Midangte Pasian'thu ahilhna vuah, Paul leh a naseppihte in, Zeisu in a Pa' nasem ahilhna pulaaksak uhi. Zeisu in a Pa "Pasian' limtaktak" (*2 Kor. 4:4*) hong puasuk hi. Paul in mite khembawl hetlo in, Pasian' thu amaanbangin pulaakkhia hi (*2 Kor. 4:2*).

Pasianin, piansaklai in khuavak tawh khuamial a niilkhiat mahbangin, eite'n thumaanlote i nilkhiat theih nadingin A Tapa Zeisu hongpia hi. Pasian' thu kician takin imuhtheihna pen "Zeisu' maitang" mah hipah hi (*2 Kor. 4:6*).

Zeisu in a Pa' lim linlian pua a, eite zong Pasian in a it atate hiding leh "Amahtawh akibang"i hihciat nadingin hongsam hi (*Eph. 5:1*). "Amah tawh akibang" cihpen bang cinuam hi a, bang thuthak omhi naci hiam?

Pa Hong Pulaak (azom)

John in a lungdamnathu apatna (*John 1:1-18*) ah, Zeisu pen tawntung “Thu” naci hi. Zeisu’ thu a genna munte ah neugen hetlo hi; hangsan takin vannuaibup huamsak hi. Leitung a piankhiatma in Zeisu omkhinzo a, omtawntung hi. Amah Piangsakpa hipah hi (*John 1:2, 3*). Amah in “mikhempeuh ading khuavak” (*John 1:4*) leh leitungah hong paisuk Thu hi a, akhuavakin “mi khempeuh a taan hi” (*John 1:9*) cih.

John muhna ah, Khazih mihing suak ahong-pai liang pen bang phattumna om hiam? Thu in bang khuavak hong puak hiam? Tuata a hihzawh na’ng bang hihzawhna nei hiam? *John 1:14, 18.*

“Leitung khuamial a thukpen laitakin Khuavak hong piang a . . . mihing tading lam-etna khat in, leitungah Pasion’ thu theihna thaksuaksak ding hi.”

“Tua pilna thaksuaksak dingin Khazih hong pai hi. Pasion thei a kineite’ hihkhialhna teng niilkhiat sakingin hong pai hi. Ama’ thukham omzia pulak ding leh ama’ omzia a sianthonate pulak dingin hongpai hi.”—Ellen G. White, *Education*, pp. 74-76.

“Zeisu in leitungah aseph khempeuh, adeihna kipumkhat gai hi: mihing laptohna dingin Pasion hong pulaak ahi hi. ”—*Education*, p. 82.

Zeisu in, “kei hong mukhinte in Pa mukhinzo uhhi” cih. (*John 14:9*). Bang a cihnopna hiam? Banghangin ci hiam? *John 14:1-14.*

Philip pau buatbuat kammalte mawhsak nophuailua hi (*John 14:8*). Kum hih tanvei kinaikhoh khitbangteh – Zeisu in Pa’ omzia pulak ding ahongpai a, mihing ahongpiang ahihthu bang mansuah laizen hi. Himah taleh tulai Siahoih te’n, Siapipa sangnaupangte lakpan khatbekmah in siamzolo cihtawh kikhantuan zawsop ding uhhi. Philip’ kammalte, amah mawhsak na’ng hizawlo, eileh ei i kisittel theih na’ngin, kinak ciapteh mahmah hi. Zeisu tawh bangtanvei natonkhawm khinzo hiam? Philip sangin na telzaw khintham hiam? “Kei hong mukhinte in Pa mukhinzo uh hi.”

TUESDAY

October 27

Siapipa' Lungsim Theihna

Philippi pawlpite tungah laikhat agelhkawmin Paul lungsim sungah, bang lunggulh sakna nei hiam? *Fil. 2:1-4; Fil. 4:2, 3.*

Filippi 2:1-11 sungtengpen Laisiangtho buppi lakah a thuthukpen pawl ahi hi. Khazih in, omkhinzo ahihna, a vangliatna, a sunglutna, mihing ahihna, singlamteh ah a sihna cihte kigelh hi. Zeisu in vantungpan Calvary dong hong paisukna lamsau, haksatna cihte kiciansak hi (*Fil. 2:5-8*). Pa in Zeisu a pahtawizia leh Zeisu in vannuai buppi biaktacking ahihna cihte ahi hi (*Fil. 2:9-11*). Thu manpha mahmah tampi kigualsuk hi.

Paul in a kamhonna koibang hiam? *Filippi 2:5-11*. Zeisu' nuntak sung thupiang lakpan, thu-ummite in, koipentawh limciing kiking cih Zeisu in lam-en dingin na um hiam? *Fil. 2:6-11*.

Thunial ahah mahmah Philippi mite'n Zeisu' suahna thu theihding adeihsakna ahi hi. Zeisu in mihing hongsuak ciang "nasem-lim hongpua in, mihing bangin hong kibawl" (*Fil. 2:7*) a, singlamteh tung dongah kiging in hongpai bangin, amaute ki-itna tawh bangciang kipiakhia zo ding uhhiam?

Siapipa Zeisu kiangpan ikisinphat mahmah ding tampi omlai hi. Leitung a naseplai a thupuakte panin i kisin hi. A nalamdang bawlte leh mi a dondaante panin i kisin uhhi. Amah hong kiniamkhiat tawmin vantung vangliatnate pen bawng ankuang tawh khekin, eite lakah hong teen mahbangin, eite zong mite tawh i kizopna dehtakin kipuahphat kul hi.

Leitung inbel eimah kilamsangto ding, i hihzawhna peuhmah kipahtawi dingin hong zolden hi. Bethlehem bawng ankuang leh i Siapipa kiangpan sinna tuamtuam i kisinkha uhhi. Alian mah mah Pasian' hong hotkhiatna leh pilna in eimah kipawhtawi tawmna hang hilo a, Pasian' maiah ki niamkhiat in, mi sawltak hihna hang hizaw hi.

Na maiah bangpeuh naphuut hang, nangmah kiniamkhiat tawmna in mite tungah Khazih' lim lakthei dingin hunhoih hong ngahsak thei diam?

Siapipa leh Palaina

Mihingte i kizopna kitat theizelzel hi. Khatleh khat akgulmu kibang gualgual thei hi. I ki ngaihiphen lawmkhat zong muanlahpen khat suakthei hi. Tua a kitatsa kizopna zong phopkik theih hilai hi. Tuabang hunciangin kipalai sakna in nuammahmah hi. Tuabang a tuakkha mi tawm mahmah hi.

Tua kipalai sakna in Zeisu' sunglutna leh Siapipa a hihna hangthu laigil koibangin hithei hiam? 2 Kor. 5:16-21.

Mi khatleh khat kilemkik ciangin anopmahmah mahbangin, Pasion tawh kilemkik zong nuammahmah hi lo hiam? *2 Korinth 5:16-21* ah, Paulin hong kilemsak kuacih gen a, Pa Pasion tekin Amah tawh kizopna hong puahphatsak kik hi. Hih kilemsakna zong Khazih tungtawn in hong sepsak hi (*2 Kor. 5:18*). “Pasion in leitung leh Amah kileptuahna ah Khazih sungah hong omhi” (*2 Kor. 5:19*).

Eite pen kilemsakna ngahte ciangbek ihikei ding a, Siapipa kiangpan in pilna ikisinthuah lai ding hi. Zeisu in a sunglutna tawh kilemna hong neisak hi. Eite zong tuatakah kihel dingin hongdeih hi. Khazih tungtawnin eite hong kilemsakzo hi. Tu in Paul tawh akibangin eite “kilemna nasep hongpia hi” (*2 Cor. 5:18*).

Kolose 1:15-20 zong pen Khazih sunglutthu Laisiangtho thak in agencianna mun ahi hi. La tawh kinaih mahmah napi, Khazih in piansakna sungah a kihelna mun masapen hi a (*Kol. 1:15-17*), a laizangpan a tawpna dongteng Khazih'tatkhiatnathu ahi hi (*Kol. 1:18-20*). Khazih in Piangsak-tankhiapa hi in, Pasion in Amah tungtawnin hong kilemsak hi. Khazih hangin kilemna in leitungbup huam a, “A Tapa sihna hangin Amah tawh kilemkik theih nading hongomsak a hihman in” (*Kol. 1:20*).

Leitungbup a huam Siapipa'palai nasepna ah sepzawh i neihloh hang in eima sepzawhzah tawh mapang dingin hong zawn hi (*2 Kor. 5:18*). Zeisu in, “leitungah kei nahong sawl mahbangin kei zong leitung mahah amaute kasawl hi” (*John 17:18*) acihpen a hithei diam?

Pasion in kilemna Pu ahihna koibangin ama aiawh i hi thei diam? Tulaitak bangbang hi talecin mite a kilem na'ng nahuhthei ding hiam?

THURSDAY

October 29

Siapipa' Sangnaupang Masate

Hunkhatlai in tuate in khuanokhat khuapualamah tuucing maimaite ahi uhhi. Tua khitciang in alamdang mahmah, leitung a linglawng sakzo vanmite mu uhhi. Tua vanmite hatthotna hangin amau hong pulakkhiat tua naupangno vazong uhhi.

Tuucingte tawh dingkhawm in bawng ankuangsung ensuk dingin kingaihsun in. Bang namu hiam? *Luka 2:8-20.*

Siapipa' sangnaupangte ahi Joseph, Mary leh tuucingte pahtakhuai mahmah uhhi. Zeisu kiniamkhiat takin hong suahna hangin hong sunglutna, Pasion leh mihing pumkhat hong suaksak in naungekno zong lamdang kisa mello hi. Mangmuhnate, mangte, van-tungmite leh den a sangnau-pang masate in asuahlai omzia tawh theipah uhhi. Tuucingte in tua naupangno pen "Gumpa Messiah Topa" (*Luka 2:11* leh *Luka 2:17* simkakin) naci uhhi.

Mipilte in Zeisu suahna koibangin hih uh a, Herod in zong koibangin hih hiam? *Matt. 2:1-12.*

Siapipa in agentehna masa leh nalamdang masa cihte abawlmapek in, Ama' dinmun mah tawh biaktakcingpa hikhinzo hi. Zeisu thuhilhna nunungte i pahtaktheih nadingin asangnaupang masate' biakpiakzia theihkul hi. Amah i pahtak napipenin sia mawkmawk a hihloh man ahi hi. Mite tawh tengkhawm dingin hong tuaksuk Pasion ahi hi. Christiante pilna in Khazih biakpiakna sungah zungkha hi. Mipilte, tuucingte leh vanmite tawh a kibangin hongsuak Kumpipa Khazih, naungek a hongpiang Pasion mahmah biadingin hong kisas hi.

Zeisu sunglutna in Pasion' nasepna ahihlam phawkin. Vannuai Piangsakpa, mihing batzawhloh in lian napi, Amah kiniamkhiat tawmin, mihingin hongpai, Zeisu in hongom, singlamteh tungah hong si, eite mawhna thaman teng hong thuak dikdek. Tuateng banghang in lungdamthu hithei hiam?

FRIDAY

Ngaihsutbeh Ding: Ellen G. White, *Education* laibu laimai 73-83 "Pasian Hongsawl Siapa" cih simin.

"Pasian hongsawl Siapa tungah pilna taktak tengin zungkha uhi. Tanglai kum tul leh zagiatalai pekin apatsa mahbangan tuni dongin kiplai a, Gumpa in "Keimah in amasa pen leh anunungpen a nungtadenpa kahi hi. Alpha leh Omega kahi a, a kipatna leh ataw-pna ka hihi" (*Mang. 1:17, 18; 21:6*) cih.

"Tuabang Siapa om gige napi, tuabang pilna ngahtheihna om gige napi, Ama' kihel lohna pilna dang zongding cikhawng; thuman thutak nialnapi thuman thutak zong ding, Khuavak pelh in khuavak dang zong, nuntaknatui nusia in tuikuang kitamh sungah tuikhoh cikhawng haivailua mahmah lel hi."

"Ama'n hongsam gige hi: A dangtak mite Kei kiangah hongpai in tuidawn hen. Kei hong ummite sungpanin nuntaknatui luangkha ding hi.' Tua kapiaktui adawnte sung nuntakna tuinak piang ding hi" (*John 7:37, 38; 4:14*).—Ellen G. White, *Education*, p. 83.

"Siate aw, kiginna sangpen naneihtheih na'ngun, siate' Siapi-pa kammal, nuntakzia leh sepdante konglak khinzo hi. Amah ngaihsunun. Etteh taakcing hi. En unla, zui unla, Khasiangtho Siapi-pa in nanuntakna leh nalungtang luahsak un." Limlang bangin Topa vangtaang lengkik inla, Amah tawh kibang dingin kipuahpha un." (*2 Korinth 3:18*). "Hih in na sangnaupangte tungah a kimutheilo vangliatna ahi hi. Lengkihsak in." EGWhite, *Education*, p. 282.

Kikupding Dotnate:

1. **Christian Siate leh sangnaupangte, hong sunglut Siapi-pa' thu akisinte adingin bang thumanpha leh gamtatzia na ngah thei ding hiam?**
2. **Pasian omzia leh Zeisu sunglutna thu lengkik dingin, Christian Nu/Pate leh Siate' dinmun sangmahmah hi. Hih dinmunsang i pelhkhak ciang bang icih diam?**
3. **Khan sungah, Thursday sinna pan dotna nunungpen kikun kikun. Zeisu suahna nuntakzia, sihnate in Pasian omzia hong koici hilh naci hiam? Hih thu in hamsat hun phadiak in hong koici huhthei ding hiam?**

Lesson 6

*October 31–November 6

SIAPIPA KIANGPAN PILNA TUAMTUAM

SABBATH NITAKLAM

Oct 31

Tukalsung Simding: *Pian. 3:1–11, Rome 5:11–19, Pian. 28:10–17, John 1:1–14, Mate 15:21–28, Maku 10:46–52.*

Kamngah: **“Tua ciangin Zeisu in, ‘Na ciah thei tading hi; Na upna in nang hong damsakzo hi’ a cihkhit phetin amahin khua mu thei pah a, tua apaina lampi ah Zeisu’ nung azui hi.”** (*Maku 10:52*).

Eite lakah amah leh amah akizumpih ngeilo aom hiam? Ei leh ei kinatsakna’ng a bawl’ngei lo, mitheih ding lau a omkhuankhuan ngeilo kua omhiam? I vekpi mahin tua cingei veni aw.

Adam leh Eve a kikham singgah anekkhithaitak a omdan ding ngaihsutsak in. Jacob in a Pa khemin a sanggampa azawhthawh bawlkhit, asanggampa kihta in a tailaitak ngaihsutsak in. Zanin koici ihmuthiam? Numei zualzangnu “amawh litaik” (*John 8:4*) in kiman ngaihsutsak in. David zong tuabang dinmun tunggei a, Late 32 napan a lungsimnat leh a kisikkikna pulakna la ahi hi.

Lungdamthu in vannuaibuppi huam a, Khazih’ sihna in zong mikhempueh huamgai hi. Kibat lohna tampitakte kawmkal ah: mawhneihna in hong kipumkhat sak hi. Tua a hihmanin, Christian pilna maantaktak in, a lungkiathuai mahmah eite’ dinmun adingin noptuamna’ng lampi hong musak hi. Tukul sungteng eite noptuamna ahi i Siapi a i ending hi.

Buk Sangin***Piancil 3:1–11* simin. Banghangin Pasion in Adam kiangah “koiah om na hiam”ci in dong hiam?**

Tangthu in pukna singgahpen apple bangin ciamteh hi. Laisi-angtho in cilo hi. “Singkung’ gah” (Pian. 3:3) cizaw hi. A singgah namin bangmah sailo hi. Tua singkung in dinmunkhat nei a, tua gah neekding kikham hibek hi. “Keima’ nuntakna kemzo ing. Keimah Pasion hilel ing. Pasion’thu tungsiah ah thuneilel ing” ci a, Pasion’thu nawlkhinte akizia-etna ahi hi.

“Gulpi” in Adam leh Eve singgah aneeksak zawhphetin anun-takzia uh paikhial pahlian hi. Pasion hong paina ging azakuh ciangin “huan sung singte lakah” (*Pian. 3:8*) abu uhhi. Pasion in Adam kiangah “Koiah om na hiam?” ci in a dotliang pen lamdanglua hi. Theikhialua ding hi. Amau gamtatnasa dungzui in hibangin bukkul ahihna phawksaknuam hihtuak hi. Amau’ gamtatna in a dahhuaithu tungsak ahihna theisaknuam hi.

***Rome 5:11–19* sim lecin, Paul in, Eden huansung Adam hihdan leh, singlamteh tungah Zeisu’ hihdan a saikakna tamveipi omhi. Adam hihbang in hihlo dingin Zeisu hongpai ahihna hihmunin bang hong gen hiam?**

Hotkhiatna ngimna pen Adam leh Eve in Pasion’ kam adawna pan hong piang aci omhi. Amau’ mawhna hangun maizumin Pasion taisan in abukna uh pan Pasion in honkhia uhhi. Eite zong tuabang vivemah i hi a, Zeisu hongpai in hong honkhia hi. “Koiah om nahiam?” cih dotna zong ei hong dong hipahlel hi. I mawhna khialhnate tawh koikoi ah i omzongin Zeisu hongpai in hong honkhia hi.

Eite’ pianzia pen Pasion kiangpan bu i hihmanin, hong honkhia dingin Zeisu kiang hong tunh ding Christian pilna in bang kizam a, banghang kizam hiam?

MONDAY

November 2

Taai

***Piancil 28:10–17* simin. Hih tangthu in bangtawh kizom a, amau' mawhna hangin a taaité tungah Pasion' hehpihna a omzia koibangin hong lak hiam?**

Innkuan sung vaikhat ah Jacob in a Nu' panpihna tawh, khemna lianpi khat bawlkha in, tua hangin thuakngiat kul hi. A sanggampa ama tungah hehmahmah ahih manin a taaikul a, Haran gam a Pu kiang zuanin hong taai hi. Na khempeuh buai in lauhuai mahmah hi. Nitumkuan khat lungsim gikpipi in khuamial sungah hong kalsuankhia hi. Manawh ding bangmah omlo, vandumpi nuai ah pum paikhiat hiau hi. Suangtum khat lukham in hong ihmu hi. A ihmud nuammahmah pen a khanglosak khat hong omhi. A minthang mang, kahlei khatin lei ah kiphut in, vantung baanto hi. Vantung mite kahto tuaksuk uhhi. Aw khat za a, “Keimah in Topa, Abraham' Pasion Ka hihi” cihi. Tuabangin ama' innkuan min tawh kamciam piasuksuk hi. Na suan nakhakte tam ding hi. Lei mite tungah thupha ahi ding uhhi. “Keimahin nang hong ompih in, napaina peuhah kongkem ding a ... kong gensa thute kahihkhit matengin nang kongnusia kei ding hi” (*Pian. 28:15*) a cihi.

EGWhite in Paul cihna a genna ah “Jacob' mang sung a kahlei in, Zeisu limcing hi a, vantung leh leitung, athanem mihing leh apicing Pasion hong kizomsak hi. Tua tangpupate leh kamsangte in panpihna a ngah uhciangin thangah in anuntakna apiakngamna pa hangin a upna thakhauh hi.”—*The Acts of the Apostles*, p. 512.

Jacob a khanlawh ciangin: “Hihlai munah Topa omtaktak hi; keimah in tua thu ka theikei hi” (*Pian. 28:16*) a cihi. Tua thupiang lipkhaphuai lua hi. Mangngilh ngeihetlo ahihmanin min khat pia liang hi. Pasion tungah khantawn thuman dingin kamciampia hi.

Hih tangthu panin, Pasion in Khazih tungtawnin i mawhnate enhetlo in hong zon manin bang pilna peuh i ngahthei diam? Christian pilna in zong hih thukhunte banghangin masothuai naci hiam?

Rabbi Zeisu

Laisiangtho thak sungah akhawkpi khempeuh lakpanin: “A kipatcil in Thu om a, tua Thu Pasion tawh omkhawm a, tua Thu Pasion ahi hi” (*John 1:1*) cihsangin a minthangzaw adang omlo hi. John 1 na in mangngilh huailothu: “Tuathu mihing hongsuakin kote lakah hong om a, itna nei in citakmahmah ahihmanin, Pasion pianzia aneihna kamucian uhhi. Hih pianzia pen Pasion’ tapa khatbek hihna tawh aneih pianzia ahihi” (*John 1:14*) cihthu honglak hi.

***John 1:1–14* simin. Hihmunte in Zeisu pen kua hi ci a, bang honghihsuk ci hiam? Zeisu in etteh thamcing Siapa ahihna bangkhawng hong gen hiam?**

Eden huanah Adam leh Eve a hopih Pasion, bangmahlo sungah Jacob ahopih Pasion in mikhat bangin hong kilak hi. Zeisu sungah Pasion hong kilak hi ci in Laisiangtho thak in gen hi. Zeisu in Pasion ahih manin, Pasion’ deihna leh ama’ lampi Amah tungtawnin i thei ding hi. Tuiphum John in nasia takmahin nasem ahih manin Jerusalem a biakna makaite nangawnin tuam ngaihsut mahmah uhhi. Ahihhang amah sangin lianzawpa’ maiah lam a sialsak hilel bek hi. Milakah a tuam pianmahmah khat hongpiang ding a, Tuiphum John zong tuapa “khedapkhou sutsak dingin kilawm lo” (*John 1:27*) ciliang hi.

A zingciangin Zeisu a muhphet leh “Pasion’ Tapa” ci in tangko pah hi. Tuakhit a zingciang in “Pasion’ Tuuno” ci in tangko kik hi. John’ nungzuite nihin Zeisu’ nungzuih ding khentatuh hi. Zeisu in bang zong nahi uhham ci in a dotleh “Rabbi aw” (*John 1:38*) (Sia a cihna) aci uhhi. Zeisu pen Rabbi, Sia khat hi a, a hihhangin, Pasion himawk a, mihing Sia mawkmawk khatbang hithei lo hi. Pasion in mihingin hongpiangsuk in Rabbi, Sia khat hong semsuk hi. EGWhite in “Leitung in a muhngei Sia a lianpen” naci hi—*Signs of the Times*, June 10, 1886. Tua Siapa in Pasion ahi hi.

Zeisu in kua cih thei in, Khalam thumaante ama kiangpan sinding banghangin hoihpen hiam? Kam a genkhiat bek hi lo in, i gamtatna mahmah thupi ahihna Zeisu kiang pan i theih bangteng omhiam?

WEDNESDAY

November 4

Nupi Khatin Hopih kik

Zeisu in Siapipa hi. Pasion' omzia taktak kamtawh hong hilh banah zong nuntakpih hi. Mi khatpeuh in, a kam a dawncingin, amah'n zong ngaihsak ahihna lungdamna tangthu khat sungah kician takin omhi.

Zeisu in Tyre leh Sidon huampan hongpai Gentile numei khat (Canaan mi) a kihona simin (Mate 15:21-28, Maku 7:24-30). Zeisu' kholhpihte bangin tuanu ngaiphalo uh a, Zeisu in zong a lungsim sungah koihtuak khollo hi. Tuanu' hansanna bang nacihi diam? Zeisu in midangte a thuhilhzia hih tangthu in bang hong theisak hiam?

Zeisu Tyre leh Sidon nai hongpai a, minamdang tampitak teengin kizopna kikangkeeina mun ahi hi. Khuapi ateeng Greek mite in gamlak lokho Jewte simmawh mahmah uh a, Jewte'n zong amau simmawh mahmah uhhi.

Galilee gam ukpipa Herod in Tuiphum John a thahlup madiak ahi hi. John pen muhna zai mahmah khat hi a, ama' sihna pen mailam ading thuhoihlopi ahi hi. Zeisu zong a lauhuai mahmah anasepna kipanding hita hi.

Nakpitak kigingsa in Zeisu innkhatah honglut hi. Maku in, tualai ah a omlam kuamah'n theilo hi (Mark 7:24) ci in ciamteh hi. Ahihhang tua nupinu in thei veve hi.

Tuahunlai ngeina ombang hileh, numeikhatin mite saan dingin amah kipulak tawm theilo hi. Tua banah, tua nupinu in Jew mite' ngaihloh minamneute hilailai a hihmanin, amah Zeisu tawh kigamla mahmah hi.

Nupinu' tanu damlo ahihmanin huhna ngentantan hi. Zeisu in zong awlmawh vetlo hi. "Tate' annek ding laksak in uikhawite piakding kilawmlo hi" (Mate 15:26) ci hi. Tua kammalte in amau' lungsim sukha mahmah kha ding hi.

Tua leh thulamdam khat hongpiang hi. Tua nu'n dawngkik hi. Amah Jew mite bang hilo in, uite tawh kikhohtheih tuaklel hi. Tua ahihmanin, "Himah hi, Topa aw, a topa' sabuai tung panin a-kia annengte, uikhawite in zong nebuang hi lo ahi hiam?" (Mate 15:27) aci hi. Tua nu' dawnkikna in lamdangsak hi. Sawingawh tawh

kibang hi. Zeisu in zong ata damsak hi.

“Nadeihna bangin hong piang ding hi” (Mate 15:28). Tua kammalte bangcidanin tel na hiam? Ei deihna bangin thupi-ang denlo himah taleh, koici dawnkik ding i hi hiam?

THURSDAY

November 5

Sangnaupang Khatin Ngah

Zeisu leh nungzuite Jerusalem lam hong zuanta uhhi. Herod in zong Tuiphum John alunglut mahbangin, ukpitem leh Herod in Zeisu zong lunglut mahmah uhhi. A nungzuite leh mizawngte in lungsim thanem mahmah in kikhelna zong lam-en zolo uhhi.

Zeisu leuleu in leitungah lam-etna lianpen hong deihsak hi. Ahihhang ukpitem lampanin a nasepna khempueh suksiat ding vive manawh uhhi. Zeisu gualzosak nuamlo uhhi.

Zeisu' mimuan sangnaupang 12 tengbel Zeisu lamah pantuak lel uhhi. Ahihhang amaute lungsim buai uh in khua mulo uhhi. Etpak dingin, *Maku 8:31-33* sungah, Siapipa in a sangnaupangte muhzawhloh thute mudingin to hi. Aphamawh mahmah munte ah khalam mittaw peuh ki omthei hi (*Maku 8:37*). Khuamu a kisate Zeisu in a cihzel napen hibanghang ahi hi.

Khutdawnghenpa mittaw Bartimaeus, Zeisu in a damsak-thu simkik in (Maku 10:46-52). Zeisu' hehpihna lianpi phawkin. Mittawpa' khuamuhnopna in Jerusalem dong Zeisu' nung zuihdang khentatna piangsak hi. Maku in Bartimaeus leh nungzui dangte kibatlohna pulak ahihlam naphawkkha hiam? Siapipa deih-nate dawngpaphah ding ihihna hih tangthu in bang hong phawksak hiam?

Bartimaeus in naungek'sam kawingjungeu leh losung mangbuh minte mel munuam hi. Khuamuhna cihzong cilehsa bek zong hi lolai hi. Hih tangthu sungah khalam hiphadiak hi. Siapipa dinmun taktak theihna leh ngahna ahi hi. Khalam muhna zong thukhat hi a, thupi mahmah ahihna, Zeisu in zong thei hi. Mihingte' kisaptaktak pen ahoihzaw leh nuntakna thak ahihlam zong Zeisu in thei hi.

Hebrew 5:12-14 simin. Hihmunin pilna man-taktak' thu bang hong hilh hiam?

FRIDAY

November 6

Ngaihsutbeh Ding: EGWhite lai Steps to Christ laimai 57-65 ah “The Test of Discipleship” simin.

Ellen White gen thudang tampite lakah, Siapipa deihbang zuih lianlianna tawh kisai in “Ama’ lim i puaknop manin, a Khasiangtho di’ik-in, A deihbangin gamtatna tawh amah lungdamsak leng” (*Steps to Christ*, p. 58). Zeisu tawh kholhkhopna ah vaipuak peuhmah “lawpna suak hi” cih (*Steps to Christ*, p. 59). Laisiangtho in zong, Matthew 5–7 sungah omhi. Siapipa in a sangnaupangte theihding a deihsak, vantunggam luttheihna’ng thusim teng kigualsuk demdam hi.

Kikupding Dotnate:

1. **Pasian in Adam, Eve Jacob a minsap mahbangin eite zong hong minsap hi. Eite (Bartimaeus tungah ahihbangin) lunggulhna, eite in kuate hi a, koiah paiding cihte hong phawksak hi. Hih munsanah i tate ahi a midang a hizongin Laisiangtho i hilhdan ngaihsunkik in. Tavuan manna lelin Laisiangtho hilhna leh, deihsakna lianpi tawh hilh koici kilamdang naci hiam?**
2. **Na nuntak khualzinna ah koiah omcih dotna pen mimal ai hipeuh maw, midang kikuppih ding namuan omlai maw? Pawlpi in “Khazih Pumpi” (1 Cor. 12:27) cihbang ngaihsutna in, Khazih hong theihsaknop thute midang tawh kikupkhopna panin ki-theithe i cih ahi diam?**
3. **Thursday ni in, Bartimaeus pen cilehsa leh kha mittawtnapan a kisuahatak phetin khuamu a, Jerusalem dong Zeisu’nung zuipah cihthu sinzo uhi. Hih lampi tungah Siapipa’pilkammalte nisimin zaden hi. Tu’n Zeisu lim puanuam, a Kha diiknuam in ana semnuamta hi. *Christ kiang Zuatna* in “lawpna” acih mahbangin, Mualtung Thuhilhna sunga Zeisu kam-mal bangin a lawp ding banghangin kisam hiam?**
4. **Thursday dotna lungngai phakik dih in. Sia leh Pha koici khentel thei ding i hi hiam? Tua pilna i neihlel sangin, tua pilna tawh gamtatna in banghangin thupizaw thei hiam?**

Lesson 7

*November 7–13

PILNA TAWH BIAKPIAKNA

SABBATH NITAKLAM

November 7

Tukalsung Simding: *Daniel 3; Mang. 14:6–12; Late 78:1–17; John 4:7–26; 1 Khangtangthu 16:1–36; Maku 7:1–13.*

Kamngah: **“Amah in angahding a kilawm minthanna Topa tungah pia un. Biakpiakna puak unla, ama’ maiah pai un! Biakna puan silhin Topa bia un.”** (1 *Khang tangthu 16:29*).

Biakpiakna i cihin mihing pianzia phellang hi a, a pukmite nangawn pianzia ahi hi. Pasion in a suakta mahmahin hong bawl himahleh, biaktakcingpa ahihna leh amah itna tawh ibiakding ahi hi. Leitung apukma in, mawhna in hong suksiatna bangmah omlo, a puksa mi’ lungsim in zong a ngaihsut zawhloh hoihna tawh kidim ahihmanin, mihingin Pasion tawh maitang kimu in biakpiakna pi-athei in etlawm mahmah hi.

Tuni in, eitepen biakna piakding ipianpih hilel hinapi, mawhna in na khempeuh hong suksiat sak a, a biadingte in biaktakcinglo peuh kibia kha in, Topa abiate nangawnin zong Topa’ deihna tawh kizui in biakna piatheilo uhhi (*Maku 7:1–13, Jer. 7:4* simbeh in).

Christiante nuntakna in biakpiakna bulphuh a hih nungsang, Christian pilna zong pen, biak piakna mahtawh kizopsak ding ahi hi.

SUNDAY

November 8

Nakhatpeuh I Bia hi

I sungah Pasion in hong koihsak Nakhat omin, tua in biakpiak nopna hi a, mawhna in hong sukpoisak hi. A kipatcil in bel hong Piangsakpa biaktaakcing i Topa bekmah biakding ahi hi. Ahih hang puknapan kipanin tuathu kikhelgawp hi.

Himahtaleh Nakhat peuhpeuh i biapongpong hi. Tua thu hangin tanglai pan kipan tuni ciang dongmah biakna kipia tangtang hi. Tanglai Egypt mite pawlkhatin a kumpi pharaoh peuh bia-uh a; mundang khawngah ngasa lim peuh, lutampi nei pasian peuh, upmawh pasian peuh biamawkmawk uhhi. Pawlkhat leuleu in Ni, kha leh aksite peuhzong bia-uhhi.

Tuni, mipil misiam tampitakin uiphuklim (Mary' milimbeek hilo) peuh bia-uh a, tua zong nadangte bialo kineih uhhi: sum, vaang, cilehsa, amau mah, suangtum, kineihciamte, gamthusiam mite cikhawng bialo uhhi. I itpen, i lunggulhpen, i nuntakpihpen cihte i biakpiak hipahpah hi.

Lai-atsiam David Foster Wallace in, "biaktaaklo khat na biak khakleh, hong hingneektum ding hi" ci hi.

Daniel 3 sung athu in biaknamaan a thupitna bang gen hiam?

Jew tangval thumte in (*Paikhiat. 20:4-6*) sung a Pasion'thukham nihna citaktakin zui uhhi. Tua in Thukhamsawm lakah kihel hi a, thatlo ding gulo ding cihte tawh kigualkhawm hi. Biakna maantaktak thupi mahmah a, hunnunung Zeisu' kumkik naiciang adingin thulaigil hong hiding hi. Tua a hihmanin Christian pilna sungah biakpiaknapicing kihel kulding hi: bang hi a, bangcih ding a, banghangin thupi, kuabia ding hiam?

Mang. 14:6-12 simin. Hih munte in Khazih hongpaikikma in biakpiakna thupi mahmah ding cihthu bangteng hong hilh hiam?

MONDAY

November 9

Tate Tungah Pulak

Laisiangtho lui sung a Late in Israel mite biakpiakzia teng ahi hi. Mihon biakpiakna sungah tumgingte tumin lasa in mipi in biakna apiak uhpen Laisiangtho lui hun ngeina dan ahi hi. Israelte in kipawl khawmin biakna piakhawm zeluh hi.

Late pen lagui dan vive hi a, la adingin la kammal vive ahi uhhi. Late pen Hebrew pau in Tehillim hi in “phatnala” cihna ahi hi. Tuata sakawmin Pasian aphant uh ciangin, Amah abiabia ahi uhhi.

Late 78:1–17 simin. Bang thupuak thupipen namu a, pilna leh biakpiakna tawh koibang in kizawitawn naci hiam?

Late 78, tang 2na ah Asaph in “tanglai a thuthukte” kong gending hi cihhi. Thuthukte a cih ciangin, tangthu peuhmahin, tangtawng peklai a thupiangte cihna ahi hi. Pawlkhate in “thusim” cikhawng “thumaanlui” cikhawng in let uhhi. A cihnop bulpibel, Israel mite’pilna sinna sungah naupangte thuhilhna ah a minam adingin Topa’ nasepnate kihel cihthu ahi hi.

Late 78:6–17 simkik in. Atate uh ahilhdingun bang sinna kician nei uhhiam? Hih pilna in bang ngiimna lianpi nei hiam?

Naupangte’ laisimbu mungtuppi sungah, naupangte in Pasian muangin, a thukhamna kemcing ding cih omhi.

TUESDAY

November 10

Kha Sung leh Thumaan Sungah

Laisiangtho thak sungah Zeisu in lungsim tamkhamte adonate lak panin a kicianpen khatin, tuikhukgei a numeinu tawh a kihona ahi hi.

John 4:7-26 simin. Tuanu kiangah Zeisu in biak-piakna tawh kisai bang gen hiam? Biaknavai kikaptheih nadingin koibangin kipan uhham?

Tuanu in biaknavai tawh genkizomlo thulaih nuam taleh, Zeisu in bel tuanu hihdan pen biakna sungah thuman thutak pholak khatna in zatsak zaw hi. Tu leh tu in zatpahtheih ding khatin *John 4:24*: “Pasian pen Kha ahihi; amah a biate in tua Kha’ lamlahna leh thuman thutaktawh abia ding uhhi” acihi.

Topa biakpiakna mantaktak pen Pasian’ itna pan hong mengkhia, amah theih tel taktakna ahi “Kha” tawh piakding ahi hi. “Pasian’ kiangpan hongpai biakpiakna bekma in Pasian’ kiangah hong tunkik thei hi. Ama’ na hoihtak iseptheih nadingin Kha tawh isuakthak ding hi. Tua in Pasian athei ding leh it dingin, lungtang sawpsiang thei a, lungsim thaksuaksak thei hi. Pasian’ hong nget bangbang thumang nuamsak hi. Tua in biakna maan ahi hi. Khasiangtho’ nasepna gah ahi hi. ”—Ellen G. White, *the Desire of Ages*, p. 189.

Biakpiakna pen “thumaan” tawh piakding ahi hi. Pasian tawh kisai, amah kua hi a bang hong ngen hiam cihte, thumaan tawmbang zong theikha mahni. Thukhat ah upna thukhunte ahi hi. (Theihding a thupikhat ah, eite biakpa Pasian pen Hell sungah mite tawphun neilo in a halhalpa khawng hihetlo hi).

Biakpiakna ah thunih omhi: Pasian thei in a thumang a, Pasian’ thuman thutakte hong kilak. Thumaan neilo kha in upmawh thute tungah kiphut puatham thute lamah hong makaih thei hi. Kha neilo thumaan inlah nuntakna neilo ngeina bawlana hong tunthei hi. Tua a hihmanin a nihmahin i kisamkhawm hi.

“Kha leh thumaan” tawh biakpiak theih nading koici zonding na hiam? Koibang munte ah khat sangin a dangkhat bulphuzaw kulthei ding hiam?

Sianthona' Hoihna (Biakna Puan)

1 Khang. 16:1-36 simin. Na mitkha in mudih in. Thupi, lauhuai, lawphuai ahihkeh lungnophuai naci hiam? A kikop a hihna koibang hiam? Biakpiakna tawh kisai bang pilna khang a, mite koici hilhsawn thei ding a, koibangin theitel thei ding hiam?

Biakpiakna munin biakbuk akici, tanglai Israelte sungah Pasion teng a, hotkhiatna ngiimna a lahkhiatna mun ahi hi. Biakpiakna leh biakna vai pilna in Zeisu leh hotkhiatna ngiimna' thulaigil hi a, biakbukung nasepzia khempeuh in ahilhkholna limlak ahi hi. Eite a ding Pasion in hongsep saksa khempeuhin phat leh biaktak acinna hi a, singlamteh tungah kipia in eite'aiawh hong sihna leh tawntung nuntakna omlo hileh bangmah manneilo hi. I nasep ding thupiakkhat phawkdgingin: leitung buppi in Israelte Pasion'thu thei ta uhhen.

1 Khang. 16:29 etbeh in: "Amahin angahding a kilawm minthanna Topa tungah pia un; biakna puak unla ama'maiah pai un! Biakna puansilhin Topa bia un."Biakna puan? Bang a cihnopna hiam?

Mawhna in bangzahin melsia, kisia leh hong nengniam cih ngaihsun in. Israelte kiim leh pam mite in naungek biakpiakna a kipan ngeinate bangzah hoihlo, lipkhaphuai cih i ngaihsun banzo kei hi. Tuabang a gamta mite in bangteng limlak cih dotdot zong kullo lel hi.

Tuate langkhatah tanglai Israelte pen minam siangtho hiding a, amau kiimah ngeina hoihlo tetawh kihelzauh loh ding ahi hi. Lungtang lungsim siangtho ding uh a; tua in Pasion'mai ah amau biaknapuan hiding hi. Laisiangtho lui kamsangte in a gengenthu khatpen, Topa abiabia mite in a lungsimuh Topa tawh kigamla cihi.

THURSDAY

November 12

Pilna Milim

Tangalai Israelte pen biakna ummahmah, a tate nangawn a pasian biakpiakna in a hallum ngam mite in a kiimkot vuah om uh hi. Tuapen kipiakkhiatna himaw/ hi lo? Pasion maan taktak biakna in Hebrew mite amau kiimkot a milim biakpiakna in amatciploh nad-ingin kemcing hi. Hilhkhohlna tampitak tawh tuazah ta a kikhaam lakmahah, milim biakpiakna sungmahah puk veve lai uh hi. Tuni eite e leh? Pasion maan biakpiakna leh, ama hong sepsaksa khempeuh phawk kikna bangzahta in thupi poimawh a, a diakin tuhun milimthakte e leh?

Maku 7:1–13 simin. Aneu 7–9 sungah Christian pilna leh thumaanlo kihilhate, eite upna hong lehkaihthei leitungpilna langkhatah, bang thukhun peuh i muthei hiam?

Leitung mipil misiam tampitakte ngaihsutna pen leitung muhdan vive in paimang gaita hi. Sangte ah a kisin thukhunte pen leitung ngaihsutdan vive hi a, Laisiangtho tawh kilehbulh zawsop hi. Mite kikuptawm ngaihsutna khawngpeuh thukhun suaksakin biakding peuh hongzol ding uhhi. Thungaihsun siamte, mipilte leh math siamte pilna khawngpeuh hong biaksak sawm mikmek ding uhhi. Hihbangte pen tulai mihingte'n amaan dingbangin Christian pilna lamah kihelthei zah dongin ki ngaihsun hinapi, Laisiangtho tawh kitukalh thei hi. Hih theih ding lampi khatbek omlai a, upna lampan khiam dingin, Laisiangtho thute pen tulai ngaihsutdante tawh a kituakthei dingin vaihawm ding hilel bek hi.

Laisiangtho tawh a kitukalh tulai upnalaang bangteng peuh hi a, pawlpi khat i hihna dungzui in tuate tawh koibangini kipelhthei ding hiam?

FRIDAY

November 13

Ngaihsutbeh Ding: “Lungtang limlim khemna leh siatna tawh kidim hi. Biaknalām mipilte in upna leh, mi tampite in lam-etna manlo a neihuh lauhuainate a neihleh neihloh ki sittel nuamlo uhhi. Pawlkhat te’n kum tampilai a phutkhakte peuh muangmawkmawkw uh a; ahiihang lungsim taktak kidawkna hihbang hunciangin, mi-khempeuh in nisim phutkhakthu nei khin uh ahiihmanin, amau a bangmah hinawnlo pah hi. A thumaan theihna in amau honkhiazo dingin uptuak uhhi. Pasion in a muhdah tuabang mawhnate tungah nagualzawh ciangbek in, Zeisu honglutin amahtawh nekhawm dawnkhawmin na omthei ding hi.

Zeisu kiangpan vantung thahatna nangah ding a, ama’ sungah khangto in, a siangtho gualzawhna ngahin, Topa Zeisu sungah zawhna hongpia Pasion in thupha ngah taken naci thei ding hi. A lumbek biaknalām mipilte in Topa’ min lo ngeikei leh Topa hoh nuamzawsop ding hi. Zeisu’ nung thumantak a zuidingte kai-awkw tawntung uhhi. Thu umlo mite a ding paltukna hi tawntung uh a, vanmigilote lungdamsak mahmah uhhi. Pasion’ vanmite in tua bang gamtatna lipkhap in munuamlo uhhi. Tuabangte in innsung innpua ah samsiatna vive ahi uhhi. “Amaute’ lungsim Pasion kiangpan gamla mahmah napi, a kampi uhtawh Pasion’ kiang hong naih uhhi.”—Ellen G. White, *Spiritual Gifts*, vol. 2, p. 227.

Kikupding Dotnate:

1. **Maku 7:1–13** sungah, biakna maanlo pen lungsim sung-tawngpanmahin hong piang cihi. I biakpiakna pen lungsimtawngpan hi lo a, kampibek tawh ahiihle Pasion in donlo hi. Zeisu in eite a ding hong sihna tangthu in, banghangin Pasion ittakpi theihna ding lungsim kongkhak honna hithei hiam?
2. “Kha leh thumaan” tawh Pasion biakna lam lungngai in. Khat hih in a dangkhat hih dah leng ahithei diam, ahiih keileh biakpiakna maantaktakin a nihmahin hong ngen hiam?
3. Biakpiakna mantaktak tawh biakpiak kultakpi a, tua in bang a cihnopna hiam? Biakna piakma in nanuntakna picing tak-in Pasion tawh kizopphot kul hiam? Thukhat panin biakpiakna mantaktak in, lungsim Pasion tawh kizopna mantaktak hong neisak thei hiam?

LESSON 8

*November 14–20

PILNA LEH HOTKHIATNA

SABBATH NITAKLAM

Nov 14

Tukalsung Simding: *Pian. 1:26, 27; Isaiah 11:1–9; 2 Tim. 3:14–17; 1 Kumpi 4:29–34; John 14:17; 1 Kor. 2:1–16.*

Kamngah: **“Laisiangtho pen Pasion’ lamlahna tawh a hong kipia hi a, thuman thutak hilh nading, akhialte taiina ding, a manlote amanin puahna ding, aman nuntaktheih nading hilh nading in amanpha mahmah ahi hi.”** (2 Timothy 3:16, 17).

Laisiangtho in Pasion leh amite’ tangthu saupi tak genhi. Khatveivei ciang zawlthu bangin kimu phial hi. Pa leh a langdothei atate in a Pa uh kiim um ngeingai bangpeuh ahi hi.

Himah taleh tukul sinna sungpan, thudangpi khatin isin ding a, Siapa leh a sangnaupangte hiding hi. Sangnau-pangte’n lai kiaden uh himah taleh, a Siapa in a hilhkikik a hihmanin, pawlkhat in zoveve cihthu hiding hi.

Laisiangtho tangthu penbel, thukhat lobuangah, ei mihingte’ tangthu bang hi lo hi. Pasion leh amite’ tangthu in a hoihin tawpin amungtup tangtun hi. Vantung hehpihna in tuadingin kam hongci-am ngiat hi. Tua kizopna ah mihingte sepdinglam panin, nasia takin pansan la in hanciam kul cihdan in lipkhaphuai sak uhhi. A tak-takin bel, Laisiangtho tangthu in Pasion leh ama’ deihna theih nadingin sapna hizaw hi. Pasion theih ding kisinna in hong hehpihna i zoptheihna lianpen ahi hi. Tua hehpihna i thalawh theikei a, i kisinthei bek hi. Christian pilna in, a laigilpi in hehpihna hong hilh keileh bang himawkw ding hiam?

Pasian' Lim leh Meel Sun

Piancil 1:26, 27 leh Piancil 5:1, 3 simkak in. Hih munte in, Pasian in mi a piansaklai in koici piansak a, mawhna lutkhit ciangin bangsuak ci hiam?

“Pasian' lim” cih kammal in Laisiangtho letkhiate' lungsim akhang akhangin la mahmah hi. Mi abawlcillai in tua lim in bang hiam? Gentehna in, Pasian in limlangh enkawmin amah sundingin mi bawl hiam? Ahih keileh nuntakna nei dangte sangin, mi in Pasian sunzaw cihna hiam? Ahih keileh zong, khalam leh pilna lamah Pi-angsakpa leh piansak mite bangzah kinai cihthu hiam?

Laisiangtho siamte in tuavai ah khiatdan tampitak-mah omsak detdat pongmawk uh hi. Ahih hangin, Laisiangtho in a kicianin khiatdan hongpia tuanlo hi. Bangbang hitaleh, mawhna honglut khitciang tua lim kikhel cihpen, EGWhite in Christian pilna' mungtuppi in Piangsakpa lim sutkik dongin puahphatna hi cih (*Education*, pp. 14–16).

Pilna tawh tuabang mungtup koici phakzawh ding?

Amasa, Pasian in amahtawh kizopna nei dingin hongpiansak ahih phawkin; Nu leh Pate in zong atate tungah tuamah bang ahi hi. Ama' limleh meel sun in hong bawl a, tua mahbangin Tate in zong Nuleh Pa'lim sun uhhi (*Pian. 5:1*). Tuabangin eite hong pantah in ama innkuanpih hong suaksak ahih manin, eite tawh kizopna leh kitheihna hong neithehi hi. Tua ahih manin Pasian'limleh meel cihpen “lungsim' lim meel” hihtuakzaw a, Pasian leh mihing kigawmkhawm in lungsim ki bang cihlam hihtuakzaw hi.

Tua in pilna lamah a omngeina hi a, innkuansung NuPa leh Tate tungpan kipanin, sangah Siate in pilna lam mawhpuaq a lak-dong ahi hi. Tuapen Pasian ngiim pilna pen hipah a, midangte tawh hong kilamdangsak amah sunin nuntakzia ahi hi. Amah'n lah zangpah a, eite lah hong hilh theipah in, ama' lungsim bang i neihna ding ahi hi.

Hotkhiatna tangthu cihpen, piansakpan in sunglutciang dong leh, sunglutpan kipan puahphatkik dong thute ahi hi. Pasi-an in Siapa hi a, vantungin sanginn ahi hi (Ellen G. White, *Edu-*

cation, p. 301). Innkuansung, pawlpisung leh sangpite ah Christian pilna lamah ki aapna neihtheih na'ngin bangteng in hong huhthei hiam?

MONDAY

November 16

Zeisu Siapa Khat

Laisiangtho in Zeisu tungtengah mintampi zang hi. Pasion “Tapa, Messiah, Mihing’ Tapa, Honpa, Tanpa, Topa, Pasion’ Tuuno khawng ci pakni. Kumthum sung Judea leh Galilee ah hong ompihlai atheitelte adingin Siapa hi. Amaute’n “Topa” aihke’h “Rabbi” ci uhhi. Anih in khatna kibang “Siapa” cihna hikhawm uhhi.

Tua ahihmanin, amah in Pasion’ nasepna ah, Siahoihpa leh Sia nasempa a hihna pen anasepzia hong hipah hi. Tua hangin hotkhiatna nasepna in Sia naseptawh kizom tawntung hi. Lung damthu kamsangpa in zong tuathu genkhol hi.

Isaiah 11:1–9 simin. Zeisu thuhilhzia koibangin pulaksak hiam?

Messiah kipatna ding thukhat kamsangpa in Isaiah 11 sungah genkhol khin hi. Tang 1 – 3 dongin, Messiah pen pilna lampanin pilna, thutheihna leh siamna neiding hi cihi. Kamciam vive gualsuk deudau a, “Tuite in tuipei omna a tuamcip mahbangin, leitungah Topa’ thu theihna kidim ding hi” cihi (*Isa. 11:9*). Tua Laisiangtho kammalte in EGWhite humuap hiding hiven, “pilna lam nasep leh tatkhiat nasep kipumkhat hi” (*Education*, p. 30) naci hi.

John 3:1–3 simin. Nicodemus in Zeisu pen rabbi naci a, Zeisu’ thuhilhinate pen vantungpan hongpai ci in umhi. A nalamdang bawlte hiphadiak hi. Zeisu in zong sangsiam lel hi. Zeisu thuhilh abulpi in, a pianthak keileh vantunggam mulo (lutlo) ding cihi. Tuabangin mite ukzawhna tawh thuhilhna pen Pasion kianganpan bekin hongpai thei hi.

Sia nasep limlim Pasion silpiak hi. Pasion in sawl a, Zeisu in zang a hihmanin, laihilh siate peuhmahin Pasion’ vangpiakna a ngah uhhi.

Hih “Topa’thu theihna” genkholhna tangtung takpi hi cih koici bangin i muthei hiam?

Moses leh Kamsangte

2 Timothy 3:14–17 **simin. Hihmunte in Christian pilna sungah Laisiangtho in koibangin mapang ci hiam?**

Laisiangtho bu amasa lamah, **Torah** cih pen thukham tampi omna ahah manin **“Thukham”** zong kici hi. Torah’ khatna taktakpen “thuhilhna, lamlahna” hizaw hi. Laisiangtho in “thukham” a cihteh zuihdingthu tampitak kigelh ahah manin thutuampi khatin kingaihsun hi. Tuabang hi lo a, thukham cihteh, Pasion hong bawlcillai amahtawh kizopna a kineihlai mahbangin, nuamtakin nuntaktheih na’ng honghilih hi.

Hebrew Laisiangtho, azom khawknih tepen, Pasion’ mite in amau pilna sinsate bangzah theitel a, nuntakpih cihte kamsang mäsate in a ciaptehna tangthubute hi a; tuate tungtawnin bangzah pilnanei cih ciapteh nazong kamsang nunungte laibute hi leuleu hi. A omlai khawkkhat pen Hebrewlai mahtawh kigelh a, etteh ding gualzawhna leh guallehna pilna tangthute tampitak omhi. Gualzawhna tangthu lampan Esther, Ruth, Daniel leh Job cihte ahi hi. Guallehna lampanin Job’ lawmliite ahi uhhi. Late lah labu mah hipah a, pilna lamah *Late 1, Late 37, Late 73* cihte ahi uhhi.

Lungdamthu sungah, a diakin Zeisu’ thugentehna lakah pilna tawh kisai tampitakmah kihel hi. Paul’ laikhak tampitakte zong lungdamthu tangkona mahtawh kipan a, Christiante nuntaksung zatpah ding thuhilhna, nisim nuntak zia tawh thukhup zel hi. Mangmuhna laibu zong pilna tawh kidim hi. Etpak dingin Khazih pawlpi’ tangthu a pulakna laibu pen Pasion’ Tuuno – Zeisu, Siapipa bekin hongthei ci hi (*Mangmuhna 5:1–5*).

Mipawlkhath in, Moses laigelhte pawlkhath tuhun tawh kituak nawnlo hi cikha ding uh hi. Thuhilhkikna 17:14-20 sungah, kumpite tawh kisai in, kumpi tokhom tungah tuding peuhmah khauhtakin teelngiat ding cih. Tuni in, pawlpi sungah kumpi i koihkei hi. Hih thuhilhnhate khempeuh eihun a zatttheih dingin koici ngaihsut ding i hi hiam?

WEDNESDAY

November 18

Mipil Pasalte leh Numeite

Tuhun teh sang, laisin leh pilsinna cikhawng i telmahmah hang, Laisiangtho hunlai in bel omkhollo lel hi. Kammal kizang khat bel mipil cih laangmahmah hi. Laisiangtho lui in mipil pasal leh mipil numei cikhkhat bel gen hi (2 *Samuel* 14:2, *Paunak* 16:23).

1 Kumpite 4:29–34 simin. Pilna a thupitna bang hong gen hiam?

Kumpi Solomom in ganhing' thu singkung' thu leh paunak tampi paukhia a mipil tampi lakah mipil deuh khat in i ciaptehpah ahi hi (1 *Kumpite* 4:29–34). Mipil tampitak thuhilhna a ommah bangin, Paunak laibu leh Thuhilhna laibu sungah thuhilhna pilna tampitak mah omhi (*Paunak* 1:1; 25:1; 30:1; 31:1).

Laisiangtho sungah pilna pen tulai pilsinna mahtawh kibang hi. Naupang khatin NuPa leh Siate tungpan pilna ngah uh (*Thuhilhna* 12:1) himahleh, mihing in a khantawnin pilna kisinsin lel hi. Azomin, pilnapen zontawm ding omsak a; gentehna, miksi in phalbi sung a neekding an, khaal sungin khol hi cih (*Paunak* 6:6–8).

Pilna cihbel sintawm zong hikhin khollo a, thukhun in zong omlai hi. Tuapen Pasian upna sungbek ah pilna bulkip zungkha ahihmanhi (*Pau.* 1:7). Pilna in tavuan hong phawksak in, midang ading hong ngaihsunsak hi. Tuhun pilna mahbangin, tanglai pilna in dotna khempueh vengsak zolo mahleh, theihkhakloh khatpeuh hong musakthei a, Pasian theitel in muantheih nadingin lampi hoihkhat hi bilbelhi. *Jeremiah* 18:18 ah, laihih Sia naseppen siampi leh kamsang tawh kizakim sak hi. Athum mahun Pasian' kiangpan thupuak a mite kiangah, thukhamin ahi a, sanglam lai ahi zongin, thupuak tuamvilvel in ahi zongin puakthei uhhi.

Koici bangin pilna i sinthei ding a, i nung hongzuite tungah hilhsawn thei ding i hi hiam? Mi i hihna dungzui in tuacih ding banghangin thupi nasathei hiam?

Pawlpi Masate Sungah Pilna

Laisiangtho sungah pilnatawh kisai thukhunpi khatin hong piangkha ahi, Zeisu, Siapipa in a sangnaupangte nutsiat ding kithawita hi. Amaute in Topa tawh kumthum leh alang bang omkha-wmkhinuh a, highscool ahih keileh college kahzah bang hikhinta uhhi. Ahun a cinh ciang in, a mizui in, sangnaupang peuhmah amau mailam kkuat ding uh hita uh hi.

Zeisu in telphazaw a, Khasiangtho makaihna nuaiah a nungzuite'n pilna sinzom theidingin vaihawmsak hi. Siapa aihke'h makaipa pen Huhpa aihke'h Palaipa (Greekpau in, *paracletos*), tua pen nungzuite adingin a kipia (*John 14:16, 17*) ahi hi. Amah in Thuman Khasiangtho ahi hi. Tua Khasiangtho pen siakhat in i ngaihsut kholloh hang, Kha'nasepna pen pilna lamsangpan thuman thutak zonna hi gige hi.

1 Korinth 2:1–16 simin. Paul genna ah pilna tawh kisai in bang thupi ci hiam?

Paul in Korinth pawlpi ah hong hawh masaklai in Zeisu leh singlamteh lobuang thudang bangmah genlo a, (*1 Kor. 2:2*)—pilna dang omlo, lungdamthu bekma tangko hi. Tuazong a tawp hipahlo in, (*1 Kor. 2:6*), Christian khangcing thakte a hihmanun, nungzuite in, leitung pianmapek panin Pasian seelkhinkhian pilnathu a hilh dinguh kulta (*1 Kor. 2:7*), Pasian' thuthukpите (*1 Kor. 2:10*) ahi uhhi. Avekpi in Khasiangtho makaihna tawh sin ding uh a, Kha in zong a kisinte' kha mahtawh hong kipawl ding hi.

Tua sinna in thuthuk mahmah hi a, Kha in a panpih mite tungah kician kitel mahmah ding hi. Isaiah kammalte zangin, “Kua in Topa' sepding tenggen a, thulamlakpa bangin kua in amah hilh ahi hiam?” (*Isa. 40:13*) cih. Tuahunlai mipi tetungah thugen kam-sangpa in, kuamah'n hih zolo ding hi cih. Tuapen Paul in pua-phakik a, “Khazih' lungsim i nei hi” cih. Kha tawh a kidim tulai Christiante in, Pasian' lungsim eima batzawh zahzah, eima telzah leh theihzawhzah tawh nasemthei (*1 Kor. 2:10–13*) a, thuman thutak lampi i theih ding kizam bek hi.

FRIDAY

November 20

Ngaihsutbeh Ding: Lungdamthu sawlna lianpi (*Mate 28:18-20*) in leitung buppi ah biaknalam khanlawhna lianpi piangsak hi. Sawltakte leh Sangmangte i cih kammalnih in “a kisawl mite” cihna hi a, leitung khempeuh vapha uh in, sangnaupangte kaikhawm uh, a nungzui uh suaksak, Zeisu umsak, kituiphumsak khitteh Zeisu hong thupiak khempeuh zui dingin hilh uhhi. Leitung khempeuh ngeina namcin, pau namcin tepan Christian hong kisuak ngeingai in, kituiphumna tuisungpan hong pusuakkhit uhteh pilsinna sangkah hong kipanta uhhi. Hihin thulamdanglua zong hituanlo hi.

Christiante in nisimin pil a sin tawntungpen lungsimpil ding kisinbek hi lo a, nisim nuntakna sungah upna akidim Christian nuntakna zong a kisin ahi hi. Sinding tamluazaw a, Laisiangtho thak in zong Zeisu’ tungtengah, kerygma (keh-rig-ma) a cihleh, Christiante kisinding pilna bukim tungtengah didache (did-ah-kay) naci hi. Muthleih dingin *1 Kor. 2:2* ah leh, pilna kipatna *1 Kor. 4* sungah tua laimalte kizom toto hi. Christiante kisinding bang ahi tam?

Nasep, tawlngak, mi kizopna, vengsung, pawlsung biakpiakna, sumbawlna, piak khatna, tungsiah nuaisiah kizopna, ngaihsut piakna, innkuanvai, kitenna, naukepna, an- huandan, silhlehten, khangham ciang ading giginna, mimal nuntakziate khempeuh ahi hi. Christian khat hihnakleh atung a teng kiginkholh ding ahi hi. Tu- atepen kimawk theih hetlo a kisinngiat kul hi.

Kikupding Dotnate:

1. **Pawlpi’ nasepna ah pilsinna bangzah thupi hiam?**
2. **EG.White in “Vantung pen sang hi” acihteh bang cinuam aitam? (*Education*, p. 301)?**
3. ***1 Korinth 2:1-16* simkik in. Pasion in humuapna tawh honglah thute Paul in koici gen hiam? Tulai hun a aana neite’pilna khawng bangmah hilo ding cih Paul gente lungngai in. Amah’n thugenkik theilai hileh tuhun a “pilna” a koici gen tam maw?**

PAWLPI LEH PILNA

SABBATH NITAKLAM

November

21

Tukalsung Simding: *Luka 10:30–37; Mate 5:14–16; Luka 4:18–23; Jeremiah 29:13; Mate 7:7; 1 Thess. 2:6–8.*

Kamngah: **“Khazih sawltakte ka hihna uh hangin phatna ka ngah dinguh kilawm hinapi-in note leh midangte, a kuamapeuh’ hong phatding azong ka hikei uhhi. Note kiang ka hong omlai un, nupite in atate uh itna tawh abawl bangin note kahong bawl uh-hi. Note hong it mahmah kahih manun Pasion’ kiangpan ahongpai Lungdamnathu bek hong genlo in, kote’ nuntakna mahmah zong note a dingin a pia-ngam in ka-om uhhi. Tua ahihmanin kote’ hon gmuhna-ah note amanpha mahmah n ahi uh hi.”** (*1 Thessalonika 2:6–8*).

Thuman mite in Pasion biading in tang-biakinn, innah leh tulai biakinnte ah akikhopcil lai in, mite in Laisiangtho simna tawh Pasion zongin, ama’ deihna zong uhhi. Pawlpi mite in biakinn ah Laisiangtho nasiatakin kikum dinguh a, tua bang bekma tawh Pasion thei in ama’ deihna telzo pan ding uhhi.

Khatveivei dotna dotding khawng lau uhhi. Laisiangtho sungah bel dotnate in Pasion theih telna hong khangsak zaw cihi. Tuamah bangin tangthu khawng zong, mite’n Pasion kiang akamciam piakte uh lungngai phakik thei uhhi. Zeisu in anungzuite tungah hibangdan pilna piaknate zang hi.

Pawlpi in pilsinna mun ahihle, kikupkhopna a omtheih na’ng mun kicing vaihawmkul hi. Sanginn ah sangnaupangte ihilh ciangin “dotna manneilo omlo hi” i cihmah bangin, pawlpi mite khempeuh lungnuam takin omsak ding a, Pasion theihna khangtosak ding hi.

SUNDAY

November 22

Christian Pilna Taktak

Rabbi khat in asangnaupangte lakah a lususu khat engige in: “Naupangte aw, zanhun bei in sunhun kipatlam koici kitheih ding hiam” ci in dong hi. Sangnaupang tapi takte’n dawngnuam in khutlam ngeingai uhhi. Khat in, “Rabbi aw, theikung leh nisuh kung khenteltheih hun hi lo hiam?” cih. Adangkhat zong khutlamsa in “Hi lo, tuu leh keel nakhentheih ciang hi lo hiam?” ci leuleu hi.

Tuateng a ngaihkhith the Rabbipa in, “Sangnaupangte aw, zanhun bei in sunhun a kipatna pen, muhngeloh maitangkhat mu in ciapteh khith teh, tua mithakpen sanggam bangin saanna ahi hi. Tuabangin saantheih masiah, Ni bangzahin tangmahleh, zan hilai veve hi” ci in tangkokhia hi.

***Luka 10:30–37* simin. Zeisu in hih tangthu bang adeihna hiding hiam? Christiante pilsinna ah bangtengpeuh kihel ding cinuam ahi diam?**

Ei SDA tepen, thuman khuavak tapi angahte (misithu, Sabbath, 1844 leh thukhenna, Kidona Lianpi cihbang) i hi a, tuate pen i Christianpihte nangawnin zong telzolo uhhi. Hihthute a thupi mahmah hang, eimah in midangte tungah dikna neilo hazatna tawh kidim leng, minam deidan lungsim khawng tawh simmawh tuamkhawng neileng bang phattuumna peuhmah omding hiam?

Christian pilna taktak icih in, mihing’ thanemna siatnate’ tungah hong gualzo sak a, midang zong Khazih’ muhbangin hong musak, amau’ mawhnate zong puaksak dingin sihna thuaksak, gen zawhloh mantawh leikhin ci in muding uhhi. Singlamteh lamto leng, mikhempeuh’ manphatna i muhsak ding a, a kiphu a kilawmin hopihin, Pasian piaksa amau manphatna theihpih ding hihang. Christian pilna sungah hihthu a kihel keingal leh “Christian” min puadingin i kilawm kei hi.

Christian khat nahihna tawh nazawhgawp dingin, naminam ngeina in a langtang ahi a, a simthamin a hizongin bang hazatna peuh hong neisak hiam?

Khuavak bang Nungta dingin Hong Kisam

Ei muhdan hileh, i leitung in ama' zawl tungah kipepei lelin, khuavak leh khuamial khekzel lelpeuh hi. Ahihhang haksatna kidim hih leitungah khuamial tawh i kitalsik tawntung hi. Lauhuaina tam-pitakte mutel sitsetsa in, natna satna i phu a, itleh ngaihte nutsiatna thuakin, innkuansung buai, kikhen kimakna leh vengsung behsung gitlohna tampitak mah i thuak hi.

Lungsimte hoihnawnlo, khalam khuamial, sunglam pualam pan gamlumna cihte kawmkal ah mimalsim a ding Zeisu' kammal:

“Note pen leitung mite adingin khuavak tawh nakibang uhhi. Mualdawn a om khua kiselcip theilo hi. Mei a vakkhit ciangin kuamahin lawh khuhlo hi. Meivakna munsangah koihzaw a, Innsung khempeuh a tangsak hi. Midangte in nagamtatna hoihte a muhuh ciangin, vantungah om na Pa uh min a phat theihna'ngun, mite' maiah nangamtat hoihna uh khuavak bangin nakilang sakun” (Mate 5:14–16). Hih munte in, Christian i hihna dungzui in koici nuntak ding a, ei'nuntakzia in midangte'n Pasi-an a muhdan dinguh bangzahin huzapzo hiam?

Galilee bualtui gei, nisa nuai ah a tu mipite in Zeisu' kammal koibangin telthei uhhiam? A thugen a za mi khempeuhin khuavak khuamial telpha mahmah uhhi. Rome khutnuaiah omuh a, tulai telephone, computer, leitung kizopna leh media vantuanmtuan cihte, a lauhuai mahmah phialte khawng omhetlo in galkap kumpi ukcip in omuh hi. Rome tebel munkhempeuhah omkawikawi uh a, tua mualpang a tengte'n, langdona khawng a bawlvua leh – a tangguakun singlamgteh tungah khailum uhhi.

Tualaitak mahin Zeisu in Khuavak dingin samzel hi. Itna dim ding, lungsim siangtho ding, kilemna bawlte hiding cihi. Christian pilna sungah, leitung a dingin khuavak bang hih ding, Pasi-an' hoihna lamah teelsiam theihna ding khentatna neihting kihilh ngiat kul hi.

Pasi-an' hoihna nakilatsak theihna ding bang lampi peuh natheikha hiam?

TUESDAY

November 24

Nungzuite Bangin Omna

Pawlpi in Christian pilna thupitakin a sepsawmleh, Zeisu tawh i kipatngiat kul hi. Zeisu in nungzuite sam masa hi. Amah'n kholhpihin mission' na semsak phot hi. Amau itding don ding mite zongsak musak in hunhoih hunnuam bawlsak hi. Leitungah khatleh khat unau sanggam bangin kizopna neihkim ding tona nisim in pia hi.

Luka 4:18–23 simin. Khazih in a nungzuite mah ahi eite bang thupuak hongpia hiam?

Nungzuite'n kumthum sitset Zeisu, a Siapa uh limlakna mu uh a, Nazareth khua biakinnah a sermon masapen zong za uhhi. Mawhmaisakna, hehpihna leh itna cihte in kalsuankhawm uh a, nungzui hihna sungah a neuseh hetloh thute ahi hi. Nungzuihnapien nikhatpeuh hi lo a, khantawn ahi hi. “Gumpa'n nungzuite a thupiakpen hunbei dong thu-um mite huamgai a, vantungin a humuapsa khempeuhin lungdamthu puakding uhhi. Khazih kiangpan nuntakna angah mite in, amau vengsungah hotkhiat nasem dingin mawhpuak kisuansa ahi uhhi. Tua a sem dingin pawlpi hong kiphut hi a, a sem dingin siangtho kamciam a pia mite in Khazih tawh nasemkhawm ahi uhhi.” —Ellen G. White, *the Desire of Ages*, p. 822.

Zeisu' nungzui i hi a, lawmleh gual kizopna leh biakpiakna cihte khempeuhah Zeisu in thu-laigil ding ahi hi. Nungzui suahna a piangsak zong Zeisu mah ahi hi. Ama' hunlai a rabbi-te in nungzui ding mi khawng zolkeei uh ahihang, numei pasal a samziauziau pen Zeisu mah hibek hi. Tua sapna i a bulpi in Zeisu hizaw a, amau'te thukham bawltawmte thupi zawlo ahihna rabbi-te in phawkkhalo uhhi.

Zeisu' nungzui i hihnakleh, mite mikhempeuh huamzo dingbek hi lo, mikhempeuh a ding khantoh theihna'ng vaihawm sakding hilai hi.

Tua ahihmanin, Christian pilna limlim pen mission nasep, mungtup, nuntakpih ciangbek hi lo in, Zeisu hongsapna bang a eima munsan a semding: cimawh gentheite a panpih mahbangin ama' khekhap zui in, lungdamthu hawmsawn kawikawi ding i hihi.

Thumaan Zong

Tuhun physics i Pa a kici Albert Einsteinin: “Thudotna khawllloh ding thupi hi. Pilzonna pen a omsa thute hang hi. Tawntung thuthukte ngaihsut ciangin, hihtheih dang omlo, dipkuat ding bek hipeuh hi. Hih thuthukpi nisimin tawmtawmta lungngaizo peuh leng kicingel hi. Siangtho pilzonna mansuah ngeikei in” cih.

Leitung in thuthuk tawh a kidim hi. Khangthak science pilna inmunkhempeuhah buaina lianmahmah vive kidim ahihna hong musak hi. Cilehsa thute ah tuazah kibuaileh kha lamah bang zah buai-zaw kanlai ding hiam?

Anuai a munte in dawna ding thumaan zonzai bang hong gen hiam? *Jeremiah 29:13; Mate 7:7; Sawltak 17:26, 27; Late 25:5; John 16:13; John 17:17.*

Laisiangtho sungah eite mahbang mi kuhkal pilna zong tampi omhi – pasal numei, dotna, launa, lam-etna, lungnopna, amau tum-takin thuman a zongmi, nuntak haksatna kiamsak na’ng a zongte cihbang omziazua uhhi.

“Amahin na khempeuh ama’hunciat tawh akituak dingin abawl hi. Amahin mailamthu theihnopna lungsim eite tungah hong guan a, ahi zongin ama’ sepnate a cing a theihzawhna ding hong guanlo hi” (*Thuhilhna 3:11*). Solomon in bang acinuam ahi diam? Pawlkhatin Hebrew pau ‘*olam*’ pen “abeisahun leh mailamhun huam ngaihdan” ci uhhi. Mite’ lungsim sungah abeisa hun leh mailam hun a thupiangte ngaihsut theihna Pasian in hongpia ahihlam, hihmun panin kithei hi. Cihnopna ah Leitung nuntak nading “dotna lianpi” pen a ngaihsunthei mihingte i hihna hong pawk sak hi.

Hih Santakah, Laisiangtho in thubulpi ahi hi. Nang kua hi a, banghangin hiah omthei a, koici nuntak ding a, i sihteh bang piang ding, siatna leh thuakna banghang omthei hiam? Hihtengpen lei pi-ancilpan kipan tangthu sungah thumaanzong mite dotna lianpi teng ahi hi. Tuabang thumaan a zong mite tungah thuhoih puak dingin bangzah hunhoih hunnuam leh mawhpuaklian hiding hiam? Tua dotna a neimite kiangah hih dawnnate piathei keileng, Christian pilna in bang himawk ding hiam?

Tua dotna lianpi dawng dingin banghangin Laisiangtho in thubulpi hithei hiam?

THURSDAY

November 26

Eima Nuntakzia Hawmsawn

1 Thessaloni 2:6-8 **simin. Paul in i sangte leh pawlpite ah banglim kidawksak hamtang ding ci hiam?**

Kipawlkhop theihna a omnawnloh manin, pawlpi nangawn zong khatna neimello bangin ngaihsutna a kineihhun laitakin i omhi. *Mate 18:20* in: “Note nih leh thumbek nangawn a kikhopna peuhpeuhah Kei ka omhi” cihi. Laisiangtho thak in innkuan nuntakzia in, pawlpi leh veng omzia piangsak hi ci in mu hi. Kipawlkhawm in thungen, lasa, Topa’ nitak-an ne, Zeisu’ thu sinkhawm in kihawm cihte pan ahi hi.

Hihbang a biakna piakhawm teng pawlpi sang masabel hong hipah a, Zeisu’ sungah nunna thak a kitheihcilna mun hipah hi. *Rome 12:2* ah Paul in, “Leitung mihingte gamtat bangin gamta kei unla, nalungsim uh kikhelin Pasion kipuahpha sakun” acihpen, pawlpi in pilsinna lampanin pansan lamahmah hi. Hih thu-um masatein kipawlkhopna sungah lungdamthu kinungtathei ahihna mukhia uhhi. Kipawlkhop ciangin la zong a gingzawdeuh in kisathei a, thunget zong deihna lianpi tawh kingenthei, khatleh khat zong kivei zawdeuh theilai hi. Midangte in, Pasion’ hoihna a pulak uhciangin, eitungah zong Pasion hong hoihna i phawksem hi. Mikhat’ thuaksiatna i zakciangin, Pasion in ei hong damsakna, Ama’ hehpihna leh damsakna tungtawnin ngaihsutna thak i neithehi hi.

Tuni sinna sungah, Paul in Pasion’ lungdamthu in bucing hi ci a: singlamteh’ vaang, Topa’ thawhkikna, kumkik ding hong kamci- amte ahi hi. Leitungah hih sang thuhoihzaw dang omlo ahih manin, Paul in, Zeisu’ tangthu mah amasapen leh a lianpen ki-aapna, hawmsawn ding leh nuntak pih in nanei tawntung hi. Hi napi Paul in, lungdamthu mah kitelpha pen, kihopsawwna tungtawnin kinuntakpih pen hi cihi. Mite in Laisiangtho sung a thupuak ombangin nungta maw nungtalo cihipen naitakin hong encik mahmah uhhi.

Na nuntak haksatzia ngaihsun inla, nangleh nangmah kidong kik in: Ka vengte kiangah koibang teci kahi hiam?

Ngaihsutbeh Ding: “Khazih in leitung liatnate thapia hetlo hi. Mualtung thuhilhna ah, pilna mantaklo tawh nasepna peuhmah siansuah nuam a, thungai mipite in Amagamleh deihna a teltaktak ding dehsak hi. Ahihhang mipite mawhna tangkawkw tuanlo hi. Leitungin mawhna sungah kidiahcip hinapi, mite’siatna mawhnate amalmal in kawkselo hi. Amau theihstate sang a hoihzaw thampekte hilh hi. Pasi-an’gam tawh kisai amau upnasate langdo hetlo in, a luttheihna dinguh lampi hilhin, amau upnate amau mahin khentatsak uhhi. Amau sinsa thumaante in nungzui mipite tungah a kihilh thumaante mahbanging thupi hi. Eite in zong amau mahbanging Pasi-an’gamthu i sin ding kisampha mahmah hihang”—Ellen G. White, *The Desire of Ages*, p. 299.

Kikupding Dotnate:

1. **Robert Louis Stevenson in Edinburgh, Scotland ah 1850 kumin pianghi. Nitak khat ciangin naukemnu in, Stevenson ihmusak khin hinapi, amah damtakin thokhia simin tawlet pan khuadak hi. Lammeivakpa in lammei khatkhit khat vak a mu hi. Naupang vaimah hivencin, amah akemnu samin, “Hiapa endihve, khuamial vutvang kawikawi aive” cihi. Na vengsung ah khuavak leh itna puak dingin Pasi-an in bang dinmun hong pia hiam? Na tel melkei khakleh pawlpi mite pawlkhat sam inla kimtakin kikum un.**
2. **Leitungbup apha dingin pawlpi in Pasi-an tawh semkhawm ahihleh, Zeisu’kammalte i pom cinten ding hi. Pasi-an hong sun-glutin a pianna, leitungah hong nuntakna, eimah baging nuamna dahna hong thuakna in i kimkot a tuabang a thuak mite hong phawksak hi. Bangcih ding a, khangnote tuasungah nasem dingin koici cial ding hiam?**
3. **SDate in midangte kiangah lungdamthu hilhsawn dingte i hihi. Khuatual pawlpi in hih thumaante hilhsawanna ah apangpipen i hizo thei diam? Tua kawmin, haksatna neite a dingin pawlpi in koibangin khamuanna mun hithei ding hiam? Tua haksatnate nahuhtheih nading bangkhawng nabawltawm kulthei ding hiam?**
4. **Na omna mun ngeina kibanglo tehang hongpiang thute kikum dihun. Laisiangtho sungpan hituanlo in, Napawlpi in bang lampithak sialtawmin midangte gualzawhna ngahsakthei diam?**

Lesson 10

*November 28–December 4

ARTS LEH SCINCENCES LAM PILSINNA

SABBATH NITAKLAM

November

28

Tukalsung Simding: *Rome 1:18–21; Late 19:1–6; 96:9; Pian. 3:6; 1 Timothy 6; Paunak 1; Job 38.*

Kamngah: **“Vantungin Pasion’ minthanna gen a, vanpi in ama nasepna tangko hi.”** *Late 19:1.*

Pilsinna ah “arts leh sciences” kihel hi. Laisiangtho muhdan takin arts leh science sin ciang hilhciangin koici zat ding hiam? Tulai zatui leh tangthute tawh a kinai Laisiangtho munte peuh teel ziaulel ding hiam? Tuabangin hihleng i sinnate leh a lamdang a bukim Pasion bawlsate a kizomsak i hihi. Laisimbu khatsungah Laisiangtho munkhatbek helzen lengbel, pilna maantaktak i phelneucik bek hi a, hotkhiatna tawh akizom pilna ahi hi.

Tuabang pilna zang takpi ding i hihleh, thukhun khempeuh pulak nadingin, mihingte a pian theihna Pasion’ kammal kisam hi. Tualo peuhmah tawh Piangsakpa Pasion’ vangliatna kimansuah ding hi. Pasion in ama bawlsate bangci muhcih i theih ciangin, tua thukhunte koici kihilh thei ding cihzong i telzawsem ding hi.

*Tukalsung tengin Christiante leitung muhdan tawh kizui in arts leh sciences hilhzia ding i sin ding uhhi.

Topa Bekmah

Piansaknate sungah Pasion nungta ahihna kiptak omhi. Hih kammalpen kipaumun lualiang a, pazangsehna suakliang hi. Pasion in hih leitung a bawllai a lungsimpuak, mihingten a suksiak dikedek pen ngaihsun lecin, arts leh sciences hoihtak kisinthei zawkan ding hi.

Mihing hong kipaai hun ngaihsun in. Mihingpen, a tuipan akipan a khantoh hun ahi hong kipaai hun, khakua sung cihthu Biologytawh kitheithei hi. Piangsakpa hong itna pen hih hun sung tengin omkhin hi. Pasion'hoihna leh itna pen naunokhatin a nu' lungtang kisaai nuaipan, a khantoh hun sungah zong kimuthei hi. Nauno a khantoh kawmin, a nu' gilzong a mailamah khangzel hi. Vantung Pasion in a tate a don mahbangin Nu a suak ding numei in a nauno nisimin donmahmah hi.

Rome 1:18-21: Late 19:1-6, leh Nehemiah 9:6 **simkak in. Hong Piangsakpa Pasion in bangteng semsem cih bang hong genhiam?**

Lei piankhith kum 6000 leh tuiliimkhith kum 4000 khith bangciangin, Pasion'vangliatna pen hong Piangsakpa ciangbek hi nawnlo in itna leh hoihna Pasion ci in kitheipha pen hi. Paul in zong *Rome 1:18-21* ah, Pasion a nialmite in thukhenni ciangin "paulam omtheilo" dingin, Pasion theitel mahmah khin uhhi ci hi. Theike'ng citheilo ding uhhi.

Mihingte in Piangsakpa'munah piansakte a biakhun sungah i omlaitak hi a, Christian pil sinna sungah, hong piangsak leh hong kemcingpa in Pasion bekmah a hihna a kisim ding bangzah in thupi cih theihkul hi. Eima ngaisutdan khawngtawh upmawhthu zui in Pasion nialna in a tawpna ah khialhna hong tunding hi. Leitung'pilna in, Pasion omlo cih hong hiding a, Christian' pilna sinte in tua thaangsungah puklo ding thupi hi. Pasion uplohna tungtawnin a phuhsa thukhunte in zong pilvangtakin nasemsak ding uhhi. Mi khempeuh khialna sung hong tunding uhhi.

Mawhna lutkhith nangawnnin leitungah a hoih a lamdangte ngaihsun in. Mimal in haksatna leh zia-etna thuak laitakin, tuate tungtawnin bang lam-etna peuh i neitheih ding hiam?

MONDAY

November 30

Sianthona' Hoihna

Late 96:9 in, “Puan siangtho silhin Topa bia un. Leitung mikhempeuh aw, Ama'maiah ling un” cih. A hoih siangthona cih koibangin i tel hiam? Christian khat a dingin bang cihna hi a, pilsinna sungah hoihna i hilh ciangin bangteng hong huzaap thei ding hiam?

Mittang bawlpa in hoihna muhtheih nadingin mit hongpia a hihna “Topa in khua muhna ding mithong guan hi” (*Paunak 20:12*) cihpen mangngilh hetlo ding hihang. Zanni sinna sungah piansakte biakloh ding i ci tateu zongin, piansakte' hoihna panin, Pasion'itna leh hoihna i sinthei veve ding hi. A puksa hih Leitung nangawn hoihmahmah lai cileng, a pukmaa in bangzah a hoih zentam? Pasion in hoihna piangsak hi cih hong hilh hi.

Arts leh science sinna in, eite' lungsim Pasion lamah hong huuptaktak ding kisam hi. Eite mahmah Pasion' khutsuakte i hihmanin, i bulpi zong Khazih sungah zongpha ding hihang. “Pasion' deihna ah, atate in ama' bawlsa a hoihmahmah hih Leitungah lungnop ngah ding hi. Amahin hoihna it a, putham hoihna sangin gamtat hoihna itzaw thampek hi. A siangtho, a hoihlel pakte lakah lung nuam dingin hong deih hi”—Ellen G. White, *Steps to Christ*, p. 85.

Piancil 3:6 simin. Meelhoihna bekin hoihna leh siangthona picing hi lo cih koici gen hiam? *Paunak 6:25, 31:30* simbeh in.

Pasion in na khempeuh a bawlsam hang, a susia galpakhat omgige hi. Meelhoihna pen eite langpang in kizangthei cih lamdang sakluat ding zong hi tuanlo hi. Tua ahihmanin, Christian pilna sungah, Laisiangtho makaihna tawh meelhoih khempeuh hoihkhin siangtho khin lohi cih telphat kul hi.

“Meelhoih” napi, hoihna leh siangthona neilo bangteng omhiam? Meelhoih napi, a hun zui in siatna hongtun thei bangteng omhiam? Koici khentel theih ding hiam?

TUESDAY

December 1

KHIALHNA (Bawl) SIAMLUA

Leitungin arts leh philosophy lamah Pasion a pahtawilo thute vive nei hi. Mitampi in hihte sungah Christiante lutlo ding peuhzong cikha ding uhhi. SDAte phadiak bangin, tuabang a zang kipawlina lianpite, kizopna lianpite tawh kizopna ah kidopphat mahmah kul ding hi.

1 Timothy 6 sungah, pelhding zuihding thupiak tampitak leh, hilhcianna zong hong kipia hi. Aneu 9 leh 10 ah, nasep silbawlina ah kidopding bangteng Paul in gen hiam?

1 Timothy 6 atawpdong simsuakin. Paul in bangteng kipsak hiam?

1 Timothy 6:20 sung enpha in. Paul in “thu kihaiselna” kidawmun naci hi. Thudang tuam tuam tawh a zopkeei hang a deihna bulpi khat omhi. Apulak, a hilh, a upna khempeuh ngaihutsak lecin, tuhunbek hi lo a khangkhang in khialhnate ngaihsun in. Mihingte in khialhna lamah siamlua uhhi.

Kum 2000 sungbang, leitung mipilpente in, i leitungpen vanuai buppi laizangah tanghetlo in omkhinkhian a, Ni, kha, aksite khempeuhin amah kimkot in pai ngeingei hi ci in um uhhi. Math leh science siamte inz ong hih upna kipsak nuam mahtaleh, a khialhna uh hong kidawk zawsop uh hi. Tua ahih manin hih mipilte pen khialhna lamah siamlua cihding hi a, amau’ thuhilhate zong “thu kihaiselna” ahi hi.

Tuhun Biology siamte in, mihing tepen abeisa kum billion tampi laipanin, Pasion kul hetlo in, amau’ thuthu in hong piang hi ci uhhi. Tua laidak mahin science lam mipilte’n zong, tuathu thuman ahihna ding laikung laidal tampitakmah bawl uhhi. Mihingte in khialhna lam a siamna bangteng namuhsak thei hiam? Tua thute in Christian pilsinna koiciang hong huzaapthei dingin i um hiam?

WEDNESDAY

December 2

Haina leh Pilna

Paunak 1 **simin. Christian pilna diktak in bang ciang hiding ci hiam?**

Laisiangtho inbel haina leh pilna tehkknakipkhat nei hi. Paunak Laisiangtho in a haigamtat theite tawh kipawllloh ding hong hanthawn hi. Tua khentelna kician mahmah hi: Pasion in ama'mite peuhmah pilna zongin tuapilna bulphuh ding deih hi. Arts leh sciences sangnaupangte in a theihna khangsemsem nadingin a si- amtawpun hanciam uhhi. A siate unzong tua mahbangin hanciam uhhi. Hihbangtheihna siamna hanginmipil misiam taktakte i hithei ding hi.

Christiante muhdankhat ah, a dik a khial, asia apha, thumaan leh thukhial khentel theihna a kihelhetlo tuabang theihnate in bang phattuamna hongpia hiam? Mikhat hihtheih dingthu panin, leitung misiam minthang vangvange nuntakzia leh Pasion'thutawh a nungta mite munzia kibatloh zia simin theihel ding kiasm hi. Adangkhat in zong nialkikna ah, a pilmahmah scientistte in, mi sihtheihna'ng hiam lamdang mahmah khawng bawltheite pen kipimuh mahmah napi, amau sepsate in bang gah gah hiam cihzong i etzek kul hi. I gensasa mahbangin, theihna cihpen hoihna hipah tuanlo hi.

Paunak 1:7 **simin. Christian pilna mantakin bang hiding ci hiam?**

Pasion a umlo, vannuai leh a thahatnate a encik Nobel Prize ngahpa khatin: "Vannuai omzia telsemsem ciangin, khatna neilo semsem hi" cih. Theihna peuhmahpen bangmah hi lo bekthamlo, khialhna lamah hong makaihthei a hihna koici na mu thei hiam?

Topa'n Job Dawng

Job 38 simin. Pasion pen hong Piangsakpa hibeklo in, hong kemcingpa zong a hihlaina bang gen hiam? Hih thuman in arts leh sciences i telnading koibangin hong panpih thei hiam?

“Mitampi takte'n, neihleh lam in vangliatna hi a, tua a dingin hong kiguan, luahsuk vang liatna hi; pianngeina bangin a piang hihthute in thukhun kiptakin nei uh a, Pasion in zong sawk theilo hi ci uhhi. Hihpen thukhial hi a, Pasion'thu in kipsak vetlo hi. Piansaknate in Piangsakpa khutsungah omhi. Tua piansaknate in amau sungah theihna, omna, vangneihna a omlam honglak gige hi. Piansakte sungah Pa leh Tapa in nasem tawntung uhhi. Khazih in zong, 'Ka Pa in tuni dongin nasem tawntung a hihmanin, kei zong kasepding mah ahi hi' (*John 5:17*) cihhi.”—Ellen G. White, *Patriarchs and Prophets*, p. 114.

I gensasa bangin, Pasion umlo in pilna lianpipi, neihlamh tampipi takte omhi. Tua mipilte (scientist) in, a hoihpenpente, tua thuthuk pente, tua a hoihpen a thukpente a kikopin, amau'thuthu in hong piangkhia hi a, ngaihsut tawm khat zong omlo hi ciding uhhi.

Science lamte peuhmah in tuabangin ciden uhhi. Leitung nuntak a hoihna leh a thuthuk – pingpaleep pan mihing dongin – bangmah thulamdam omhetlo a, kum billion tampi laipek panin damdamin amau'thuthu in hong kipat tohtohpen, tuhun ciangin a nungta a gamtang ganhing leh mihing hong suak uhhi ci uhhi.

Mipilte in, mi'omzia a khengval Piangsakpa pen, science tawh ki entel theilo ahil manin “science” pilna tawh kituak nawnlo hi ci uhhi. Mipilte in hihbangin a ngaihsut ding uh hi lo a, a langkhat lamah Piangsakpa a pulak dinguh hizaw hi. Tua sangsikin Pasion' thukhun tungah, Leitung mi'ngaihsutna pibawl zaw uhhi.

Laisiangtho inbel, Pasion in piangsak a, kemcing tawntung hi cih hong hilh hi. Christian pil sinna diktak limlim in, Leitung mipilte cihmawkmawkte tawh kibanglo limlim ding hi. A bulpi a kizon nakleh kikeelkii pahlian ding hi.

Ngaihsutbeh Ding: Science in mun tapi mannapi, a bulpi khial ahihna ahang thunih omhi: Amasa in, leitung'thu a sin science in thutheihna ding bekin leitung entel ding hi. Anihna, piansaksate thukhunte in kippaisuak hi ci in sang uhhi. Ahihhang a bulpi a zon uhciangin hih thunihte nangawn zong khial uhhi. Amasazaw ngaihsun in, pianngeina thupiang dingte in pianngeinahangthu khat a omding kisam hi. Bul-et mahmah ding cileng, "A kipat cilin Pasion in van leh lei a piangsak hi" (*Pian. 1:1*) cih. Pianngeina khengval bulpi a nial vanvan leitung pilna in, koici bangun, pianngeina khengval taktakpen sangthei mawk ding hiam?

Pianngeina in kip mahmah hi. Tua pen ngaihsut huai himah leh, Rome 5:12 sungah, "Mikhat hangin leitungah mawhna hong om a, tua mawhna hangin sihna hong piang hi. Mi khempeuh mawhuh ahih manin, mi khempeuh tungah sihna hongtung hi" a cihpen in, pian ngeina khawng a telmello science mipilte thunialna tawh kilandang mahmah hi. Sihna omlo a kikhelkhellel cih upnapen, tulai i thusindingte tawh kilehbulhlua a, tuate in khialhna lamah hong makaih thei hi.

Science in piansakthu namnih nial a hihmanin a bul zongkhial pah hi: a nung a ommihing khengval vangliatna, piansakna bulpi leh tulai a thulaang mawkmawkte ahi uhhi.

Kikupding Dotnate:

1. **Khansungah, hoihna cihthu kikumun. Hoihna cihin bang a hiam? Christian khat in Christianlo khat tawh kibanglo in koci telkkeh thei ding hiam?**
2. **Khazih in scientist pilmahmah khat in hong paithei lel a, tungingsiam lasiam mahmah khatin zong hongpaithei lel hi. Hi napi khuttawh nasemmi khatin hong kiniamkhiat lel hi. Piansaklai in amah zong om himahleh, thumang lelin hong paisuk hi. Pilsinna leh khualzinna lampi ah bang thahatna hongpiathei naci hiam?**
3. **Christian khempeuh sangsia suak kimkhollo mahleh, gamtat kampau tawh midang thuhilhna pen, hanciamna zong hithei, zong kiphawk khalo thei hi. Khazih' sangnaupang khat nahih kawmin, leitungte'sia nahih theihna dingin, Christiante in bang gamtatzia neihtuak naci hiam?**

CHRISTIAN LEH NASEP

Sabbath Nitaklam

December 5

Tuakalsung Simding: *Pian. 3:19; Thuhilhikik. 16:15; Paikhiat. 25:10–30:38; Gal. 5:22–26; Thuhilhna 9:10; 1 Kor. 10:31.*

Kamngah: **“Tua ahih ciangin, kong-it sanggamte aw, Topa hangin nanasepnate uh a mawkna hingei hetlo hi ci in natheih uh mahbangin, Topa adingin a tawntungin nasem unla, ling hetlo in lungsim kiptakin na-omta un”** (*1 Korin 5:58.*)

Naseppen Pasion’ geelsa hi. Mawhna lutma in, Adam leh Eve adingin huankep ding nasep apia hi (*Piancil 2:15*). A Piangsakpa, a meelsutpa mahbangin, itna tawh nathak semdingin akiseh ahi hi. Apuklo leitungah zong, mawhna sihna omlo mahleh, mihing kici limlim nasem ding ahi hi.

Leitung masa leh a thak kikal sungah, nasep peuhmah Pasion’ thupha a muhding ahi hi. Jew mite in naupangte nangawn sumbawl hilh uhhi. A tapa sumbawl a hilhlopa pen mawhnaliam nei kici hi. Tua hunlai in Pasion’ Tapa Zeisu in, a Pa’ deihna zui in khutsiam nasep semin, Nazareth khuamite’ innsung vanzat dingleh lolam nasepna hiam khawngte bawlsak hi (*Maku 6:3*). Tuateng zongpen mailamah a nasepna dingin kiginkholhna ahi hi. Sawltak Paul in Aq-ula leh Priscilla-te kiangah kumkhat leh alangsung taamin, puanbuk khuikawmin, biakbuk sungah Sabbath’ thu khawng akikup uh hunsung Pasion’ nasem ahi hi (*Sawl. 18:1–4, 2 Thess. 3:8–12*).

**Tukalsung buppi in, Christian pilsinna lam nasepna ah dotna lianpen i sinkha ding hi.*

SUNDAY

December 6

Nasep a Tuamtuanmte

“Tua a hihciangin mihingte in a nuntak laiteng a siamtawpun gamta in lungdamin a omding a thupipen ahihna kaphawk hi. Eite khempeuhin an-ne tuidawnin i sepna thaman tawh lungdamin i omding kilawm a, tuapen Pasion hongpiak letsong ahihi” *Thuhilhna 3:12, 13.*

“Nasep”—kizoppih aneihetlo Anglo-Saxon kammal ahi hi. Manglai malkhat bek hi napi, khatna tampi neithehi hi. Kisap tampi lakpan, i sabuai tungah annek ding i koih a, a manzazong i piakkhit ciangin, haksathun a dingin tawm i kemtuam lai hi. Nasep hoihphalo sangin naseptaan suksia zaw hi. Nasepna in mikhat manphatna hongpia hi. Nasepna in, “Bang naci hia; Nang bang nahia?” cih dotnate hong dawnsak pah hi. Pensen nesa nasemluite in, a hihtheih laiteng a hun kenh nasem uhhi. Nasep in zingsang hong thobaihsak hi. Kum 13 leh 19 kikal khangnokhat nasep kipia leh migilokhat a kiamtuam hipah hi.

Pian. 3:19 **simin. Bangthu peuh om hiam; mi pawlkhat a ding nasepna in bang ahi ci hiam?**

Mi’ pukmaa a naseppen a pukciangin kikhel pahvat hi. Naseppen mi pawlkhat a dingin, a cimtakuai mahmah nisim nasep peuh hithei a, sihdong sepding hilelpeuh theihi. Amau’nasep a hihman in cimtakupipi leh pensen ngakkawmkhawngin sem uhhi. Pawlkhat leuleu a nuntak buppi kipiak kul a, tualo peuhmah tawh a nungta theilo, a nuntakna bulpi ahi zong omhi. Tua a nasep tawh a ki gamlat ciangin lungsimneu, mite’n donlo leh maingat na’ng zong neilo liang uhhi. A pensen uh ciangin lungsim pumpi thakiam lua in sihhunlo pipi sithei uhhi.

Christiante in Pasion deihsa bangin sepding kisin taken. Nasep in sum zonna bek hi lo hi. Mi zong nasempa cih ciangbek hi lo hi. Teltaktak leng, khantawn naseppen, Pasion’ nasem hi a, Topa tawh i kizopna ahi hi. Siapa’ tavuan khatah, sangnaupangte in, Pasion piak leh leitungin a kisap amau talentte teltak muhkhatsak ding ahi hi.

Bang nacici hiam? Tuapen na nuntaksung buppi nasep ding hi a, na tuacihna tawh Topa’ koibangin pahtawi thei ding nahi hiam?

Nasep leh Pattahna

Nasep cihpeuhmah “khantawn nasep” ahi hi. Khuakbek tawh nasemte, computer peuh meek kiaukiaute nangawnin a tawpna ah thatang diankhiatna mah neinuam veve uhhi.

Anuaia munte in naseptawh kisai in “khut” bangci zat hiam?

Thuhilhkikna 16:15 _____

Thuhilhna 9:10 _____

Puanak 21:25 _____

Jeremiah 1:16 _____

“Khuttawh sepsa khempeuh” Pasion in hong pia a, eite i lungdamkhop theih na’ng ahi hi (*Pau. 10:4, 12:14*). Psychology siamte in “eima’ thahatna” a cih uh pen misim in hihzawhna nei hi ci in um uh hi. Tua eima’ thahatna pen “hihthei mah ning” cihcih lel tawh khandohna om zolo a, hih takpina bektawh tangtun ding hi ci in um uh hi.

“Khut tawh sepsa khempeuh” Pasion’ thupha (*Late 90:17*) hi a, khiatna nei nuntakna ahi “khuttawh sepsa khempeuh” in midang tungah thupha hikik ding Pasion’ deihna ahi hi. Paul in nasem ding ci a, i khuttawh nahoih semkhia in, mite tawh kihawmsawn ding ci hi. Paul mahmah zongin:

“Keileh kakithuahpihte kispna khempeuh kangahtheih nadingin, keima khut mahmah tawh nakasepna thute note in nathei uhhi. Topa Zeisu mahmah in ‘ngahna sangin piakkhiatna ah lungdamna lianzaw hi’ a cihna phawkkawmin nakpi takin nasepna tawh, na khempeuh ah a zawngkhalte huh ding hihang” (*Sawltak 20:34, 35*) cihhi.

Nehemiah’thungetna pen ei a hitheileh maw: “Pasion aw kakhut thahat sakin” (*Neh. 6:9*).

Nangma nasep koibangin nangaihsun hiam? Na nasepnate in midang tungah thupha ahitheih dingin bang lampipeuh a omkha hiam?

TUESDAY

December 8

Nasep leh Ahoihpen

Paikhiatna 25:10–30:38 **simin. Pasion in Moses kiangah biakpiak na'ng biakbuk lamding asawl laitakin Pasion bangzahin amah kithupisak naci hiam? Pasion omzia bangpeuh hong lak hiam?**

Pasion in Moses buklam ding a sawlai in, Moses in “Phamawh kei Topa! Egypt pan ka taikhiat khit kum 40 sung tawntung buk lamlam mai ing. Minute khatbekbek hun hongpia in” cikha sop ding hi. Tua hunlai in buklamh pen Midian mite’ ngeina hilel peuh hi. A lungsim sungah a thupizaw dang zong tampitak omkha ding a, loptop bawllel leh zong hithei hi. Ahihhang tuabang in bawlo in, a kisamzah ding a bawldan ding cihte gualsuk sitset a, a sung vanzat dingleh Siampi’ puan ding nangawn zong tuat sitset in, nam 150 bang phasak hi. Sabuai khat bekbek bawl nadingin bawldan ding cial 7 bang zui diudeu hi (*Paikhiatna 25:23–30*).

Biakbuk bawlding dan limlim pen Pasion in a hoihpen dingmah in sawl a, a hoihzaw dang om nawnlo ding cihi. Vanzat zong a hoihpen mah zangsak a, design zong gen baanglo, nasep dan zong tehpihbei, thupiak kician: “Pasion in loptop nasep sanglo” hi.

A dinmun sangmahmah napi, vanzat peuhmah Pasion in piakhin tuanlo in, mihingte mahin zongsak ngiat hi. *Paikhiatna 31:1-6; 35:30-36* sungah Pasionin, amaute kisap siamna pia hi cihi. Tua mite “Kha tawh Kidim” sakin, khutsiamna atuamtuam pia in, “Topa’ sawlna bang” in Biakbuk lamsak cihi (*Paikhiatna 36:1*). Tua banah design siamtuam mi nih koihin, Israelte lakah tua pilna abeiloh nadingin tuate gelin hilhsak hi (*Paikhiat 35:34*). Hihte nihgel bek a kiminlawh dingin Pasion teel hi a, tua bangin pilna anei midang zong omlai hi (*Paikhiatna 36:2*).

Mimawhnei i hihna pen tavuan neihna kipengsak dingin paulamh hilozaaw hi. Eima hihtheihzah a hoihpenin i talentte i siamnate, i hunte leh i pilna khempeuh a hoihlam leh na lianpipite sepna in zang ding hihang.

Nasep leh Khalamthu

“Khasiangtho in eite hong nungtasak khinta ahih manin, ama hong sawlna bangin eite a nungta ding i hihi” (*Gal. 5:25*). Nasep leh Khalampen khentheih hi lo hi. Christian cihpen a hunhun in utbang-bang a khekziauziau theih puansilhnikten hilo hi. Christian hihna hangin nasepna a kihel nuntakzia thak hong neisak hi.

Galati 5:22–26 **simin. Nangleh nanasep in bang silpial hong ngahsakthei ci hiam?**

The Expository Dictionary akici Laisiangtho thak kammal let-na in, “Khalam” pen “Ama’ tumtakin Kha siangtho’ gah a neite” cih. Khazih tawh i kizop manin, ei mihingte in thu-ummite i suakthei hi.

Mi cina sidekdek khat a lawm itpen in donin Florida Zatopi ah lum hi. Siamahate zong sungtum pusuak in cinakem buai ngeingai uhhi. Siamata tetawh kihokawmin siamate sangkahna mun dong uhhi. Tampitak mahin Florida Zato College ah kah ung ci uhhi.

Tuathu in cinapa lawmpa lungsim zomahmah a, Florida Zato College pen koibang hiam cih theih nadingin va hawh nuam mahmah hi. Banghang? Sang dangdangah a kahte sangin tua sang a kahte in cina sidekpa itnataw donzaw cih a muhman ahi hi. A lawm cina sidekpa tungah, siama dangte hihdan leh tua siamate hihdan pen kilamdanglua mahmah hi. Tua ahih manin tua college leh a nasepzia tawh kisai dotna tampitak mah a dot dikdek khit ciangin, siama tampitak a pian khiat theihna dingin, \$ 100,000 letsongin pia hi. Khalamthu pen ki nuntakpih thei gige hi.

Na nisim nuntak sungah nakhalam vai koibangin pulakthei ding nahiam? Koici bang ngaihsutna khawng neitheih zel nahiam?

THURSDAY

December 10

Nasep leh Neihsa-Kem

“Na mai ah sepding a om khempeuh na tha neihzah tawh semin” (*Thuhilhna 9:10*). Mi pilpente in, neihsa kepna ah hih kammalte nuntakpih uhhi. Christiante neihsa kepzia vai kikapna munah mi tampite in Christian phiangsiah piakvai hong hel uhhi. Neihsa kep nadingin sum in thupi mah napi, sum bekbek i cih lehlah kawciklua zaw hi. Kipawlna thukhun sungah neihsa kepzia pen, na khempeuh kihelsak hi.

Pawlpi sungah, Pasion hong thuphapiakte bulpi bangteng hiam? Piangsakpa in mihing khempeuh tungah silpiak hongpia cihpen Peter in; Christian khempeuh pen “siangtho siampite” (*1Peter 2:5*) cihi. Pasion’ silpiakte tawh amau neihsa ahi sum, hun, thatang, siamna leh adangte kemcing ding uh cihi.

Thuhilhna 9:10 **leh 1 Korinth 10:31** **simin. I nasepding dan leh midang nasep i hilh dingdan bang thupuak omhiam?**

Tulai mikim khialhtheihna khatpen nuntakdan tawh kikhentuamna ahi hi. Mikhat’ khantawn nasep, mikhat’ innkuan nuntak, mikhat’ khanuntak leh mikhat’ aituam hun cih bangin omhi. Nuntak dankhawng kikhentuamna hangin amaute kikalah kizopna omnawnloh ding zong deihhuai theiphial hi. Gentehna in, mikhatin ama nasep, innah hong ciahpih ciangin, innkuan sungtavuante hong buaisak zelzul hi. Pasion tawh i kizop nading huntekhawng khiam themthum cikhkawng hihlo ding hi.

Cihteisam hang, tua thugakte in, i kha nuntakna khawng-tawh i helkhak lohding kisam hi. Ei Christiante naseppen Pasion tawh kikhohlhna leh nasepna tawh khangtotheihi. Nasepna in Pasion omlam hong ciamsak hi. Upna biakna tawh kikhentuam ding, Pasion a ding nikhatbek, naikhatbek, i nuntakhun themkhatbek cikhkawng piakbekna in, Pasion hong ompihna nialna ahi hi.

Dotna nih om hi: Amasa; Na Kha nuntak hun khentuam na neih leh neihloh nang leh nang kidong masa in. Anihna; na hihkhakleh, nasep nabawl khempeuh sungah Kha’ thu koici bangin kidimsak thei ding na hi hiam?

FRIDAY

December 11

Ngaihsutbeh Ding: *Piancilna 3, Thuhilhna 2:18–23, Ephet 6:5–8; EG-White lai, Tuan Pupate leh Kamsangte, laimai 52-62* sungah “Zia-etna leh Pukna,” simin.

Nasep- samsiatna maw thupha? Samsiatna namkhat tawh hong kibang hi (*Pian. 3:17*). Deihtakin simphakik lecin, samsiat thuakpen leitang hizaw a, nasep hilozaaw hi. EG White in, Pasion in thupha sanna dingin nasemsak hi cizaw hi: “Nasep silbawl tawh nuntak ding pen Pasion in itna tawh hongpiak hizaw hi. Mawhna hangin thukhun tuamtuam kul a, mi in a pumpi leh a gawl ukzomaw zolo cih theihna ding ahi hi. Mawhna in a suksiat saksate a pua-hphat kikna ding ahihi”—*Tuan Pupate leh Kamsangte, laimai 60*.

Cimtakhuai takin, nasem khengval leh nasep thupisak luatna tawh samsiatna peuh i suaksak khazaw ding hi. Bangbang hitaleh a khomkhat bekin nasemding hihang. Christian pilna tawh nasep a manphatna mite'n i theisak ding a, tua nasep khawng milim i suaksak hetkei ding hi.

Kikupding Dotnate:

1. *Thuhilhna 2:18–24* **simin. Solomon in, hihmun bekbekah zong, naseppen thupha leh samsiatna koibangin hisakthei hiam? Eima natek i sepna ah bang kilamdanna omthei ci hiam?**

2. **Nasepna tawh innkuan i kikhoi hi. Innkuan a ding nasepna ah a hoihlampan koici ettheih ding hiam?**

3. **Nahoih mahmah sepna leh nasep zongsatna a kilamdanna omhi. Tua gamgi kantanin i koici pai ding hiam? *Thuhilhna 2:23* simin.**

4. **Paul in: “Note tawh ka hong omkhawm lai-un, Na a semnuamlo peuhmah annesak kei-un,” *2 Thess. 3:10*. Hih thukhun ngaihsuthuai mahmah hi. Bangmah mui a butlohna munah bang ettehhuai hithei ding hiam? Hihpen kheltheihloh thukham kipkhat khawngin i bawlkhakloh ding banghang in kisam hiam?**

Lesson 12

*December 12–18

SABBATH: PASIAN OMZIA NUNTAKPIH

SABBATH NITAKLAM

December

12

Tukalsung Simding: *Piancil 1, 2; Paikhiatna 16:14–29; Isaiah 58:1–14; Mate 12:1–13; Luka 13:10–17.*

Kamngah: **“Sabbath ni pen mihingte phattuum nadingin kibawl hi a, mihing pen Sabbath phattuum nadingin kibawl hi lo hi. Tua ahih manin mihing tapa pen Sabbath nangawn a ukpa ahi hi.”**
Maku 2:27, 28.

Jodie pen sangman dingte lakah Seventh-day Adventist amah bek hi a, ama’ upna kidawkna dingin Sabbath ni in thudang tuamtu-ante ah kihel nuamlo hi. Nikhat, a lawm Gayle in amah sam hi. Gayle’ pasal in, kalguksung khualzin ding a hih manin, Jodie hong hawhnop nakleh, mai Friday nitak bangmah semtuanlo a hih manin, amaugel hun zangkhawm ding ci hi.

Friday nitak liivei annekhawm, lasakhawm, Christian upna kihawmsawnin, a kikhoh uh nuamsa mahmah uhhi. Friday ngavei nitak ciangin, Gayle in khuasung zaypai hi’ng ci’n genkawm in a nai a etleh, Sabbath naimahmah tahi. Jodie zong Friday zan livei bang Christian thupuak zakhin a hihmanin, Pasion’tthu tampitak mah theikhinin, a upna zong kipmahmah khin hi. Sabbath in mimal pilna leh khantohna piangsak limlim hi.

Sabbath ni pen tawlngakni bek cilo in, pilna khantohna a hihlam theihna in lawphuai mahmah hi.

Lamdang Sakna Hun

Piancil 1 leh 2 sungah Pasion'piansak thunih tegel nalungngai khangei hiam? Piancil 1 in piansak hunlai kalkhat sungin nuntakna kipiangsak in, niguk ni in a sangpen piansakna ahi mihing pasal leh numeibawl cihthu ciang ciamteh hi. Piancil 2 sungah, tuathumah hinapi muhdantuam in nigukni kipulak hi. Adam kibulphuh in, nakhempeuhte in amah leh numei aading: Eden huan, gunte ganhingte leh adangte khempeuh leh numei mahmah zong ama'aading ahi hi.

Piansakna pen thuthuklua mahmah ahi hi. Amasa in a Pi-angsakpa' vangliatna, siamna leh hoihna bukim a muthei a picing mahmah mit a neipa Pasion' thu i theimasa hi. Tua banah, piansaksa na khempeuh it in a kemcingpa ahihna hong theisak leuleu hi.

Piancil 1 leh 2 sim inla, Sabbath masapen ngaihsun (*Pian. 2:1-3*) in, piansak masak tengtawh piansak nihnateng khuikhawm in. Na thukhupna in Sabbath pen Pasion thupha a hihna leh siangtho a hihna koibangin hong telzaw saktei ding hiam?

Sabbath masa ni a Adam leh Eve bangin nangmah hongn kibawl in ngaihsun in. Na nuntak masak ni, it lawm tawh omkhop masak ni, Pasion tawh kikhoh masakni ahi hi. Pilna khan ni ahi hi. Hibang na hoihte a bawl Pasion' thu sin kipatni ahi hi. Saipi enin lamdangsa, uiphuk enin lamdangsa, a dangdangte zong e. Sangawngsau leh lawi na muhteh nui hiauuhau ding e. Mel tuamtuum, piandan tuamtuum, awging nam tuamtuum; limna leh namtuina tuamtuumte leh, anel aham tuamtuumte sungah na lungnuam mahmah hi. Adiakin kikhohkhop kisin ding a: ki tavuan neihna, kidon kikhoina kisin ding hi. Na pianna Pa nathei ding a; piansaksate nazangthei ding hi.

Sabbath masapen zong Adam leh Eve puamngeungau in omlo uhhi. Piangsakpa Pasion leh a piansaksate khempeuh tawh kikhawl uhhi. Amau adingin lamdang sakna hun ahi hi.

Tua Sabbath masa pen ni-in Adam leh Eve pilna a khangte gualsuk dih in. Tumdang khin taleh, tuni eite'n i ngahtheihlai ding bang pilna a omlai diam? Tuata in Sabbathte koibang in hong nuamsaktei ding hiam?

MONDAY

December 14

Muhkhiat-kikna Hun

Israelte Egypt pan paikhiatpih dingin Moses a kisaplai in, mipte'n bel Pasian'tate a hihlam uhzong theinawn beeklo uhhi. Amailam a ding thupha tampi ciamkhol a, biakpiak ding a ngenpa Pasian in kua hiding hiam cih a muhkhiatuh kul hi. A khualzinna lampi tawntungah a kisin ding a thupipen in Sabbath ahi hi. Minamdangte maiah Pasian leh hih minamte adingin a kician mahmah kizopna nei ahi hi. Manna anlum a piakna in zong Israelte pilna piakna ah a picing mahmah Pasian nasepna ahi hi.

Paikhiatna 16:14–29 **sim inla, Israelte kisin ding bang pilna peuh a omhiam?**

Pasian in Israelte ading manna moh pen a tumdang diakin pia a, nisim khamkhop ding bek pia hi. Tua sang a tamzaw pia venvan lehbel a vaihawm pipa phawknawnlo kha ding uhhi. Tua a hihmanin nisimin a deihsakna, Pasian in lak tawntung hi. Sabbath ni ciangin, omzia kikhel sak a, tuani in tuampian ding hi. Na lamdang nih piangsak hi: Friday ni in moh a zah nih pia in, zan thapai muat vetlo lel hi. Tuathu hangin Sabbath in Israelte aading hilai a, amaute a gumkhiapa a hihna phawkkiksak in amaute zong Pasian' mite ahihna phawksak hi.

Israel mite in tua moh kum 40 sung tawntung neding uhhi (*Pai. 16:35*). Pasian in Israel mite vak ahihna phawkna'ngin maanamoh omer khat kemdingin Moses thupia hi (*Pai. 16:32, 33*). Sabbath in a kituamkoih ahihlam theihna khangtohna phawkna zong ahi hi. Thudang tuamtuam tawh zongin Sabbath in ki tuamkoih ahihna kician takin Pasian in laklai hi.

Amaute Pasian ahihna leh Ama' mite ahihna zong Sabbath mah tawh lahtel sitset hi. Tua ni siangtho sakding in Pasian in sawl hi mahleh, amau a Piangsakpa omzia leh tatzia leh ama' hong kepcinna a thukzaw in a teltheih nading uh ahi hi.

Sabbath a cimtak mahmah khangno khat tawh kiho hile cin e. Laisiangtho leh nulehpa te'n a cihman peuh a tang hilel cini. Sabbath'thu hoihtak a telphat nadingin nakoici huhtheih ding hiam?

A Phamawh Masate sinna Hun

Israel mite Pasion tawh a kizopna uh khangto kiamsuk cihte in, a Sabbath tandan tawh kisai mahmah citciat hi. Sabbath a tan-noplohna uhpen Amahtawh kizopna a omlohna hi cih Pasion' muhna a hihi (*Jer. 17:19-27*). Sabbath sungah a aapthakna in kipuahphatna hipah a – a deihuai a phamawh ahi hi. Isa. 58 in zong kician takin hong lak hi.

Isaiah 58:1-14 **simin. Tuhun eite nangawn a dingin thuphamawh khat Pasion in amite bangthu pia hiam?**

Israel mite in Pasion' thuzuite hiphot uh a – biakpiakna, antanna khawng nei napi uh a, a nuntakzia uhpen biaknavai khin photphot in gamtat hoihna neibang hi uh ahihhang, a lungsim takpi tawh Pasion' thukham zuitakpilo uhhi. Pasion in Ama'mite kiangpan a lam-et thute Isaiah 58 sung ah hong pulakkhia hi.

Tua zong a vekpi hi nailo hi. *Isaiah 58:13, 14* simlai in. Ataw-pna lamah Pasion in Sabbath mah a bulphuh citciat banghang hiding hiam? Kamsangpa kammal zatte: “note deihna bang zuilo in, note' utbang hilo in, motpau loin na omuhleh” ci in hong vau hi. Sabbath ni peuhmahpen ngeina ombangin biakpiak maimai ding hi zawlo a, eima'deihna bangbek ngaihsun loin, biak taackingpa deihna bang ahilote hihlo ding cilai hi. Sabbath ni pen “nuamsak ni” hisak in “zaktakpiak ding” ahi hi. A nuai simsuk ciangin, Sabbath ni in Pasion'omzia leh a ngiimna kisin ding a, mite tungah tuate i nuntakpih ding ahi hi. Sabbath tandan leh biakpiakna ciang i theihbek leh kicing zolo hi. I nuntak laiteng khempeuh, a sangzaw a thupizawte Sabbath ni in i sinbeh lai ding hi.

Sabbath nuam nasa hiam? Nuam nasakkei leh bangin hong kikhelsak thei ding hiam? Sabbath zahtak ding nakisin nai hiam? Sabbath School khansungah kikum dih vo.

WEDNESDAY

December 16

Khaikim Ding Zonna Hun

Zeisu in Pasion' thukham zahtakin lamsang hi (*Mate 5:17, 18*). Biakna makaipite in Pasion' thukham a letkhiatzia khawng zong Zeisu in taiigawp hi. Sabbath kepcin theihding ciang lobuang lauthawn gawpna khawng pau tuanlo hi. Biakbuk makaite in zong, Sabbath ni in Torah laibute simsak ngiatngiat uhhi. Laitheite leh Phariseete in thukhamte a laimal in theitel mahmah uhhi. A hihhang Zeisu in tuate tungsia ah a nungzuite pilna piazaw hi.

Mate 12:1-13 leh Luka 13:10-17 simin. Hih thute tungtaw-nin Zeisu in Ama' hun mite bangteng hilh a, tulai eite zong e?

Zeisu in Sabbath ni in cina a damsak a kilangdo manin, Khalamthu leh mawhna omzia tawh kisai ngaihsuthuai thutampi hong piang hi. Sabbath hongpianna a hangthu, Zeisu leh a Pa kikal a kizopna, Zeisu pianzia leh Ama' ukzawhna cihte ahi hi.

Sabbath tungtang Zeisu ngaihdan pen tukal i kamngah sungah ompah hi: "Sabbath ni mihingte phattuam nadingin kibawl hi a, mihing pen Sabbath phattuamna dingin kibawl hi lo hi. Tua ahihmanin mihing tapapen Sabbath nangawn a ukpa ahi hi." *Maku 2:27, 28*. Sabbath ni peuhmah pen vangikpi hisak hetlo hi. Mihingte in Sabbath a bawlpna Pasion omzia tatzia atheihna ding, leh adiakin Apiansakna thute kisin theihna dingin a "bawl" ahi hi.

Ama' tatzia leh thudotna tawh Zeisu in a nungzuite, Jew makaipite leh mihonpite in, amau upna uhleh a Pasion uh a thukzawlai in telmuh theihna dingin makaih hi. Hih ding hihloh ding cih khawng a siakhollo thukham tuamtuamte sungah awkding baihmahmah lel hi. Ahihang a tawpna ah, Pasion' omzia leh deihna theitel takpi a, Khazih' siangthona muangin, Ama' thu manglel in omding sangsik in, eima hanciamna ciangbek khawngtawh hong khawlsak thei hi.

Nang Sabbath tandan e leh? Topa theitel takpi a, Ama' sungah tawnga takpi maw, aike'h hihding hihloh ding cih ciang bek maw? Nang ading Pasion' ngiimna lamah koibangin kikhel thei ding nahi hiam?

Veng Ading Hun

Zeisu in kalsim in biakbuk paizia ding nungzuite limlak ngiatzo hi. A thawhkik khit in zong nungzuite in zomsuak uhhi. Sawltakte in thawhkikna tawh kisai in dotna dawnnate a bawlina dingin biakbuk in mun hoihpen hong suak hi. Zeisu pen, Hebrew Laisiangtho in a genkholhsa, Sabbath sial a kisimden Messiah acih pen hipah hi. Thu ummite in Jewte leh “Pasian kihta” (*Sawl. 13:16, 26*) mite tungah, Zeisu a lapsang theih nadingin, tua biakbuk sangin a hoihzaw mundang koiah omnawn hiam?

Anuai a munte simin. Nungzuite in mipi lakah Zeisu’ thu teci a panna koibangin gen hiam? Koitakah gen a, kuate tungah gencih nasim kawmin ngaihsun inla bang hamphatna ngah uh-hiam? *Sawltak 13:14–45; Sawltak 16:13, 14; Sawltak 17:1–5; Sawltak 18:4.*

Nungzuite’n teci panna in mimal mitmuh leh Laisiangtho kammalte zang uhhi. Paul bangin Israel tangthu tawh “i pate” (*Sawl. 13:17*) in Egypt ah ci in, thukhente, kumpite, kumpi David pan kipan Zeisu piandong khangbang sutsuk hi. Paul leh a dangte in amau phutkhak ngiat leh a mitmuh thute pen Laisiangtho genkholh thute-tawh khuikhawm uhhi. Thu tangko in, kikum kinial uhhi. A mau aituum teci panna leh Laisiangtho thugenna, thuhilhna leh kikapna cihte in muibun mahmah uhhi. Biakna makaipi pawlkhat bangin, tua nungzuite in Jew leh Gentile tetungah tuazah bangin a huzaap zawhna dingin bang vangliatna nei hiam ci in haza mahmah uhhi.

Seventh-day Adventist pawlpi in Laisiangtho tangkona, gena, hihlha leh hopsawna i neih zia tangthukip mahmah omhi. Sabbath School laisinna leh sun hunpi thuhilhna, AY kikaihkhopna cih-te pen, Seventh-day Adventist pawlpi a dingin pilna kipiakna ngeinakip ahi hi.

Friday

December 18

Ngaihsutbeh Ding: EGWhite, *The Desire of Ages*, laimai 281-289, “The Sabbath,” simin.

“Jew mite leh a kiim gamte kikal ah, Sabbath lobuang a kitel-zaw khentelna a dang omnawnlo hi. Sabbath a tangte pen Pasion in Amah abia mite ci in ciamteh hi. Milim biate tawh kikhentel theihna leh, Pasion taktak tawh kizopna ahi hi. Sabbath sianthosak theihna dingin, amaumah kisiansuah kul hi. Upna tungtawnin Khazih’ dikna keete hong suak uhhi. ‘Sabbath ni siangthosak ding phawkin’ a cihlai in ‘Kei adingin note nasiangtho ding uhhi’ (*Pai. 20:8; 22:31*) cihi. Israel mite in Pasion abia mite a hihna Sabbath bekma in khentel hi”—Ellen G. White, *the Desire of Ages*, p. 283.

“Khazih in eite hong siansuah theihnading in Sabbath in lim ahi hi. A’sianthosakna vang a hihmanin, Sabbath zong, Khazih tungtawnin Pasion’ Israel mite ahi khempeuh tungah kipia hi.”—*The Desire of Ages*, pp. 288, 289.

Kikupding Dotnate:

1. **Seventh-day Adventists pawlpi in Sabbath ni in hihtuaklo thute ngaihsun zel uhhi. Tukul i sinna sungpan, Sabbath in pilna hong khangsak ahihna hong phawksak thute dotna in gualsuk dih in. Gentehna: “Pasion omzia hong theitel sakzaw dingin Sabbath ni in bang ka hih ding hiam?”**
2. **A tungah EGWhite kammalte ngaihsun in. I veng-sungah Sabbath tangte i hihna pen ngeina bang a tanlelna in pulak zolo hi. “Khazih’ sianthona a ngahte” a ki “siansuahsa” mite i hihtheihna dingin mimal koici omding i hi hiam? Sabbath tawh koici kizop hiam?**
3. **Sabbath koibangin telzaw semding nahi hiam? Hong pai ding kha 12 sungteng ah Sabbath tanna hangin kisin ding mung-tup 3 khawng gendih in.**

VANTUNG, PILNA, LEH TAWNTUNG SINNA

SABBATH NITAKLAM

December 19

Tuaklsung Simding: *John 3:16; 1 John 5:13; 1 Tim. 1:16; 1 Kor. 13:12; Zech. 13:6.*

Kamngah: **“Kuamah in a muhngeloh, a zakngeloh, piangthei dingin zong a ngaihsutloh uh thupen, Pasian in amah a it mite adingin, a bawlkholhsaksa ahi hi.”** (1 Korin 2:9)

Laphuakpa in, sihding patau in, zing khuavak, sihna, lungzi-inna cihte koipen in han galkhat panin hong ngak hiam cih la in phuak hi. A laphuak sungah “Nungciang ading Kiginkholhna Sangpi” cih zong omsak hi. Mailam ah bang piangding cihzong theihmeel lohpi in, mailam a ding koici kiging thei ding hiam?

Kamphatna tawh, Laisiangtho in, vantungthu, leithakthu leh tawntung hunciangin nuntakzia ding kisinzia ding cihte hongpia gai hi. Tu quarter buppi sungpanin tua Kiginkholhna Sangpi pen hih leitung hipah a, i pilna sinna khempeuh tawh “mailam” a dingin kiging dending hihang.

Sang khatpeuhpeuh in thuhoih tampimah leh, zatpah theihding tatzia tampi mah hongpia thei ding hi. Mikhatin tua pilna khempeuh neikhin mahtaleh tawntung nunna taanleh bang phatum peuhmah ding hiam?

**Tukal sung tengin, khang tawntunga kihongden ding sangpi ah i sin tawntung ding thute i entel ding hi. Hongpai ding tua sangpi tunci-angin, hih leitungah i ngaihsut batlohthu tampi takte i sin i mu i teltak-ting hi.*

SUNDAY

December 20

Misite Omzia

Kum AD 1600 lai in Piacit laikungpu Blaise Pascal in mihing omzia ngaihsun phapha hi. A muhtel mahmah khat: mi khat kum bangtanvei a nungta zongin, a nuntak sung ahoih mahmah ta zongin, khatvei teiitei amah silel ding hi lel hi.

Tua banah, sihkhit ciang bangbang piangtalah, sihkhit ciang hun sauzaw thampek hi napi, sihma in hun tomno khatsung kinungta masa sese hi. Tua hi a, Pascal adingin, misite mailamah bangin ngak hiam cih muhkhiat kul a, tua kawmkal ah mi tampi in “nasep taan lawh liangin, minsiat lawhliang in nasem” gawp uh ahihhang, a sihkhit uhteh bangthu piangding cih peuhmah ngaihsun kha keiilo uhhi.

Pascal in thukhat mu hi. Tua pen, Laisiangtho in tamveipi a gengen, Zeisu hong hotkhiatna kamciam, amau' mailam panin a ngak gige kamciam hipah lel hi.

Anuai a munte simin. Bang lam-etna hongpia hiam? *John 6:54; John 3:16; 1 John 5:13; 1 Tim. 1:16; John 4:14; John 6:40; Jude 1:21; Titus 3:7.*

Tawntung nuntakna in Singlamteh sungah vangnei a: Singlamteh sungah bangmah dangin vangnei theilo a, tawntung nunna bekin neithe hi. Vannuai a bawlpa in “leitung bawl” (*Heb. 1:2*) a, “Pasian hangin eite piangin, hingin i gamtang” (*Sawl. 17:28*), ahih manin, Pasian in mihing' sung ah hong sunglut a, tua cilehsa in hong si ding a . . . bangding in maw? Eite lamgei khawngah silel in muatgawp ding maw?

Tuahaning, Laisiangtho thak pen tawntung nuntakna tawh ki-zeem a, na khempeuh a neipipa kiangah ki aapkik ding cih kamciam omhi. Kum awn tultampite in a kisiasate khempeuh puahphat nading in kicing zolo ding uhhi. Tawntung hun bekma in tuate khaikhin thei ding a, ciangtanh hun sangin ciangtanhlloh hun lianzaw a, cikmah hun nin kiciangtanh loding hi.

Pascal dik hi: hong pai ding huntawh etkak ciangin i hunte kiciangtanhlua hi. Hong ngak gige tawntung hun a ding a kiginglo peuhmah - haidaan.

Sihkhit ciangin thupiang dingte a lum aletin a genthei khat kiangah nabangcih hiam? Tuabang a thutel mello khat koici in huhthei ding nahi hiam?

MONDAY

December 21

Thaksuahna

“Amaute mit panin khitui khempeuh nulsak ding hi. Thuluisate maiming khinta ahih manin, sihna, dahna leh nasa a kahna cihte om nawnlo ding hi” (Mang. 21:4). Hih i leitung leh leitungthak in bangzah in kilamdang ding ci hiam, sihna, dahna leh nasakna om nawnlo hiven?

Christian khatin a lawmkhat kiangah, Zeisu tungtawnin lungdamthu lam-etna leh tawntung nuntakna pulak hi. Tua pa in bel thalnial pahhi. “Nungta tawntung maw?” Patau liangin, “kum 70, 80 zong haksalua khinzo hiven; tua hun haksa pite kua’n sausak lailai nuam ding ci nahia? Hell hipeuh” cihi. Hihpa in ngaihsutkhat bel nei ding a, ahihhang tawntung nuntak kamciampen hih leitung nuntak a kizomsuak lel ding a hihlohlam telcianlo hiding hi. Tua dan kua ut peuhmah ding? Atung a Laisiangtho munte in alui na khempeuh beimangkhin zo a, na khempeuh a thaksuak khin hi ci hi.

Anuai a munte in hongpai ding i omna munthak ding koici gen hiam?

2 Pet. 3:10–13 _____

Mang. 21:16 _____

Eite a ding a thupipen dotna in hibang hi: Hih mun thakah om theih na’ng bang kisam hiam? Koici tuntheih ding? Tua mun tawh kisai i hihna koici theih ding?

TUESDAY

December 22

Thei Nading Hi

“Vantung in sangkhat hi a; thukisinna munin vannuai hi a; a siapa in Pasion ahi hi. Tua sangkee pen Eden ah hong hi; hotkhiatna ngiimna zong kipicing sakzo a, pil sinna zong Eden huansung mahah kihong ding hi.”—Ellen G. White, *Education*, p. 301.

Midangte nabatleh bel nadotding tamlua ding hi. Mawhnava, thuakna, cinatna, sihna cihte banghang piang cikhawng dong kawikawi nuam ding hiteh. Leitung`thu mahmah zong thu thukpi dotding tam mahmah lelhi. A uphuai hetlo thuthuk tampite science tungtawnin kitelthei ta a hih hangbatphakloh zong tampi takmah omveve lai hi.

Leitung a niampenna pan van a sangpen dong, a tangthei a neupen khatpan kipan, van awng thawlsung a kikhung a lianpen vuklamte dong, eite ngaihsut zawhna in a phakzawhloh a lianzaw a thukzaw tampi takte, hih leitungah hun tomno sungbek i sinkhathei hi. Tualai tawntung hun i tun ciangin, thuthu tampitakte i theikhiana ding hi.

Anuai a munte in i nunsung i sinkhak dahna mawhna thuakna leh sihna cihte beisiang ding cih koibangin gen hiam?

1 Kor. 13:12 _____

1Kor.4:5 _____

Tu laitakin eite' ading akiseel khinkhian thuthukte, khatvei ciang ih thei nading cih kamciam omhi. Tu in a haksa mahmah thute tua niciangin telna ding cih lam-etna lianpi ahihmanin, Pasion phat ding lobuang a dang omlo hi. Tu'n i hihtheih dingpen upnatawh lenkip, Pasion`kamciamte muangngiungeu, i sansa khuavak nuntakpih in a tawpdong kipkho ding hihang. A lungdamhuai thu in “Khazih hongpiak vangliatna tawh na khempeuh hihthei” (*Fil. 4:13*) cih.

Na lungsim sungah bang dotna gik a omhiam? Ngaihsut haksalua nasak bangpeuh om hiam?

Mailam Hong Om Ding Sang

“Tuhun laitakin tomno sung lungkhamna kathuakte uh in kathuakna uh sangin nakpi takin a lianzaw tawntung minthanna sung hong tunpih ding hi. Banghanghiam cihleh, a kimuthei nate mitsuan kahikei uh a, a kimutheilonate mitsuan kahi uhhi.” (2 Kor. 4:17–19). **Hih munte in bang lam-etna hongguan naci hiam? Zeisu tungtawnin hong kamciamsa tawntungna bangteng khawng in hong ngak gige hihtuak hiam?** *Mang. 21:1, 2; Mang. 2:7; Mang. 7:14–17.*

Zeisu tungtawnin kamciam tampitak leh thuhoih tampitak mah hong kipia ahih teii hangin i maiah hong ngakte vai tawmcik bekma kidawksak kiukiau hi. A kitheitel penpen khatbel, tualai ah mawhna omnawn vetlo a hihmanin, nuntakna in thupi mahmah ding cih ahi hi.

Na i saknate, thuaknate, mawhna hangin kitom a hanciam keiikuute, tuate khempeuh hong paihkhiat siangsak dingin Zeisu hong pai hi a, leitung mahmah zong, Pasian in a bawlcillai mawhna lutmaa lai a bang lianin thaksuaksak kik ding hi. A hoihzaw in pua-hpha khinzo hi. Tua a lamdang thutampite kawmkal ah, Zeisu’ hong hotkhiatna hangin, Ama’khitte tungleh a khete tungah meima pawnte i mu tawntung thei ding hi.

“Eite muhna hong mialsak kidalna pen hong hepkhiatsak ding a, leitung’ hoihna, tuhunin microscope tawh i etliangte, tua ni ciangin i mit guaktangin i muthei ding hi. Tu hunin telescope i cih a gamla etna tawh i etliangte pen, mawhna’ guu hong kihepkhiatsak khit ciangin, leitung buppi ah ‘Topa Pasian’ hoihna’ vive hiding a, i pilna sin dingte hi tawntung ding hi. Science sangnaupang in piansakna tanghute simsuk ding a, kisiatna’ guu khatzong om nawnlo cihthu thei ding hi. Piansak na khempeuh sungpan awgingte a ngaih ciangin, dahna tawh thuumna awging omnawnlo tahi. A zai mahmah vannuai ah, piansaksate khempeuh sungah, laimal golpi tawh Pasian’ min kigelha, leitung, vantung leh tuiipiite sungah natna kici peuhmah omnawnlo hi”—EGWhite, *Education*, p. 303.

Tu leitungah nuntak haksa mahmah tawh a kibang nawnlo, leitungthakah tendeng nuntak ding daan geelsuk dih in. Na koici muh hiam? Na lamet khatpeuh a omkha hiam?

THURSDAY

December 24

Sia Lianpa

Tu quarter buppi sung i muhna ah, Khazih in leitungah Siapa khatin nasem cihthu ahi hi. A nasep kipatphetin, tatleh heekna khempeuhah, Ama' thu, Pa' thu, gupna' thu leh i maiah hong ngak gige thute hilh tawntung hi. (*Mate 5:2; Maku 4:2; Luka 19:47; John 6:59*).

Lungdamthu khatpeuh simpak lecin, Zeisu' thuhilhna na simkha pahding hi. Tu mahmah in zong, a thutungtawn in. leitungthak hong tungding cihthu hong hilh kinken hi. Ngaihsut ding khat panin, hih leitungah mawhna in vangikpi hong suanh gawp a, na khempeuh kiciangtanhlua mahmah cihtawh tehkaak lecin kibatloh daan.

“Mi khatpeuhin ‘Na awm a na liammaate bang ahi hiam?’ ci in a dot ciangin, ‘Ka lawmte’ innah a liam ka hihi” (*Zech. 13:6*) ciding hi. Bang genuam a’i tam?

“Tawntung hunte a paipai kawmin, Pasion leh Khazih minthanna kimu zel ding hi. Pilna a khan mahbangan, itna, zahtakna leh lungnopna khanghanhan ding hi. Pasion' thu tam sin semsem leh, Ama' omzia zahtakhuai semsem ding hi. Zeisu in, Satan tawh a kidona lianpi lakah hotkhatna tangthu hongin a lahkhiat takciangin, gup ngahte' lungsimah a lianpen ki aapna neinuam semsem in, a khamgawsemte ngaihsensem in tum dinguh a; a tultul a thenthen mipite in lungsim kipumkhatin phatna lapi sazuauzui ding uhhi.”

“Kidona lianpi vengta hi. Mawhna leh mawhnei omnawnlo hi. Vannuai buppi siangtho sinsen hi. Piansak khempeuh in lungsim kipumkhatin lungdam mahmahta uhhi. Na khempeuh a bawlpa kiang panin nuntakna, khuavak leh lungdamna ciangtanh omhetlo in hong luangsuk hi. A neupen na khatpan a golpen leitung, a gamtangthei, a gamtang theilonate khempeuh in, amau hoihna ciat uh tawh, Pasion in itna ahihlam tangko ding uhhi.”—EGWhite, *Kidona Lianpi*, p. 678.

I kisin ding thumanthutak khempeuh lakah, eite aiawh in Zeisu hong kipiakna lobuang i lungsim honghuupzo dang omlo hi. Tawntung hunsung khempeuh i sinciangin bangzahin thuk in kicing ding cih nangaihsun ngei maw? Tumahmahin, Zeisu in singlamteh tengah hong hihsaksate koibangin natelphasem theiding hiam?

Ngaihsutbeh Ding: EGWhite, **Education**, laimai 301-309 "The School of the Hereafter," **Kidona Lianpi**, laimai 662-678 "The Controversy Ended" simin.

"Ih kihtak mahmah humpineelkaite tuuno tawh lumkhawm in, tua lei thakah kilemna tawh kidim ding hi. Leithak singkungte in maam zeza in sang mahmah a, kisiatna themzong baanglo ding hi."

"Hih leitunglui innhoih i cihte in; leithak limlang gun leh lono hingsilsial, a huangdiaidai singkungte leh nuntakna tuinak, a taang khuapi leh puanpaaksilh lasa mite, leitung innte in a dem zawhloh, kuamah'n a ngaihsut zawhloh, kamtawh zong a genzawhloh van-innpi, hong phawksak hi. Gupngahte' inn na lungsimin geeldih lecin, a hoihpen dingin na geelzah sangin nakpi takin hoih zawthampek lai ding hi."—Ellen G. White, *Heaven*, pp. 133, 134.

"Mailamthu ding lungkhamluatna in, i innpi tungtang thuman thutakte panin Khalam hong lampialsak zawsop hi. Khazih in A Pa' inn sungah omna ding bawlkhol ding hi'ng ci in nungzuite kamciam pia hi. Pasion' kammal a sangtheite in vantungah inn a omthu awlmawh ding uhhi. Adik thuman mite' thaman pen, mihing' kammal in cinzolo hi. A mukha tebekmahin telding uhhi. A min thang Pasion' Paradise pen kuamah in lungsimin geelzolo hi." EGWhite, *Kidona Lianpi*, laimai 674, 675.

Kikupding Dotnate:

1. **Pascal thugente ngaihsun kik dih inla, tawntung a ding lunggulhna a nei mello mihingte e. Banghangin mihingte in tua-bang hithei hiam? Banghang tuabang lungsim neithe i aitam maw?**
2. **Tawntung nuntakna in, i upna thubulpi cih ngaihsun inla, tua omkeileh banghangin guaksuak-thei ding i hi hiam?**
3. **I leitungah thuthuk tampitakte ngaihsun in. Biology, geology, astronomy, physics, chemistry—na khempeuh kigawmkhawm ahih manin mipilte ngaihsut zahsangan buai huai ziazuzaw hi. Scientistte in "aneupen nuntakna" zong, neuhetlo ahihmanin gen in nei senawnlo uhhi. A piangthak khat peuh, muhthak khatpeuh a omkhakleh dotna tampitak hong piang pahzel zaw hi. Tuat hangin "Nungciang a saang" thute i telzawk na'ngin hong bangci huhthei ding hiam?**

MORNING WATCH 2020

OCTOBER	NOVEMBER	DECEMBER
1. Johan 16:27	1. James 2:14	1. Late 84:5
2. Rom 3:23	2. Rom 8:25	2. Late 121:7
3. James 5:8	3. Rom 6:18	3. Johan 8:36
4. Matthai 28:19,20	4. Johan 1:3	4. 2 Timoti 2:15
5. Late 86:5	5. 1 Korin 11:14	5. Sawltak 1:11
6. Marka 8:36	6. 2 Thess. 1:12	6. Johan 14:3
7. Matthai 10:8	7. 1 Korin 16:13	7. Late 119:115
8. James 2:20	8. Matthai 23:37,38	8. Luka 21:8
9. Late 9:1	9. Johan 15:20	9. 2 Johan 7
10. Mang. 19:9	10. Matthai 15:9	10. Late 8:4,5
11. 1 Korin 6:19,20	11. 1 Johan 2:5	11. Late 7:10,11
12. Rom 12:17	12. 1 Timoti 4:12	12. Rom 12:2
13. Paunak 3:27	13. 2 Timoti 2:15	13. Late 91:11
14. Mang. 22:12	14. Rom 3:22	14. Johan 8:44
15. Jude 20	15. Kolose 1:14	15. Late 31:14,15
16. Mang. 14:12	16. Late 31:24	16. 2 Timoti 6:15,16
17. Late 139:23	17. Luka 12:11,12	17. Thuhilhna 9:5,6
18. Hebru 12:2	18. Isaiah 8:20	18. 2 Korin 6:16
19. Malakhi 3:6	19. Late 40:7	19. Late 119:89
20. Johan 5:17	20. Sawltak 20:30	20. Mang. 16:14
21. Mikah 6:8	21. 1 Timothi 4:16	21. Hebru 4:16
22. James 4:7	22. Luka 9:24	22. Mang. 14:4
23. Paunak 3:26	23. Late 91:11	23. Luka 21:8
24. James 4:7	24. Mang. 2:10	24. Late 85:8
25. Hebru 11:6	25. Joshua 24:15	25. Mang. 20:6
26. Late 100:4	26. Isaiah 43:10,11	26. Mang. 17:14
27. Thkna 5:29	27. Rom 1:16	27. Late 96:13
28. Johan 16:27	28. Late 89:18	28. Zekhariah 13:6
29. Late 1:1, 2	29. Matthai 5:16	29. Mang. 21:3
30. Kolose 1:20	30. Late 126:5	30. Mang. 21:27
31. Rom 3:24		31. Mang. 22:4,5