

KHANGHAM SABBATH SCHOOL LAI SIANGTHO SINNA

Kamciam: Pasion' Tawntung Thuciam *The Promise: God's Everlasting Covenant*

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April, May June

2021

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A THUCIAM

1588 kumin, England mi nupi gai kha sagih pha khatin tuipi lam ensa in, Spain mite' Armada kici tembaw honpi 130 in, hiam a dimin pua in, amau' tuikulh la ding hong kuan nge-ingai a muh ciangin, lau mahmah ahih manin, anau bang suakkhia liang zawzen hi.

Tua bang lau manin nausuak pen, Thomas Hobbes kici-pa hi a, Europe gamsung ah gamvai thupilpen pa ahi hi. Tua hun lai-in England ah tualgal leh biaknalam gitlohna vive pi-ang ziazua ahih manin, Hobbes in zong, kumpi citak thahat omlohna ah, launa, patauhna, kiplohna, gal kidona leh sihna cih-te omkawikawi hi ci in laigelh hi. "Mi khempeuh gal kido" ahih manin, thuthak khat peuhmah om keileh, "tang omna, zawwna, gitlohna, ngongtatna leh khantomna" bek omding hi cih.

Koicih ding maw? Hobbes in bel: mi khempeuh in ukna aana khatbek sungah omgai leh, mi tampi' deihna tengpen mi khat khutnuai ah ki ukcip in omleh bek hoih ding hi cih. Hih ukzawhna pen, mi khatmah maw, kipawlna khat maw cih hi leh, minam tungah kiliatsakna leh lauhuaina khempeuh beisiang ding hi cih. Mihing hihtheihna khempeuh tetawh kilemna khek kuldin hi cihna ahi hi. Hobbes gennop mipite tungpan ukzawhna aana ngahna pen "**thuciam**" hipah lel hi.

Tua thuciam' deihna bulpi pen, Hobbes theihkhiat hi tuanlo hi. Kum tul tampilai pekin, Pasion in Israel mite tawh a bawl thuciam nangawn zong tualai mapek in omsa mah ahi hi. Hobbes deihna bangin thuciamna pen mihingte bawltawm thuciam hi a, vantung leitung a piangsak Vanglianpen Pasion hong piak thuciam tawh kibanglo hi. Banah, Hobbes thuciam in launa tungpan piang hi a, Pasion' thuciam in itnapan hong piang in, a puksa mihingte adingin, Singlamteh dongah Topa makaih zo hi.

Khazih in eite ading hong sepsak manin, Hobbes thuciam mah bangin, Pasion i it thukkik a, nautangte in vanglianpa kiangah a ki-aap mah bangun, eite'n zong, mawhna launate

khempeuh Pasion aap ding hi hang. Ngah ding khatpeuh lametna peuh tawh hizawlo a, Zeisu Khazih tungtawnin hong honkhia khinzo ahihman hizaw hi.

Koici bangin hong sepsak aitam? Kikhek tanghial mah hilel e: Khazih in ei'mawhnate la in, Ama' dikna ei hong pia a hihmanin, Pasion' maiah midik hong suaksak hi. Tua bangin eite pen mawhna tawh hong khenkhia ahih manin, Pasion tawh i kikhen nawnkei hi. Mi thatte, mi hukte, thudeihte, zuau gente, gutate, angkhual luate nangawn Pasion mahbangin midik hong suaksak hi. Tua ahih manin, hih Pasion silpiak lamdang mahmah penin, upna tungtawn bekin kingah ahi hi. Tua hang mahin "upna tawh dik kisakna" kici hi. Tua mi thatte, mihukte, thudeihte, zuaugente, gutate, angkhual luate zong, Zeisu tungtawn mahin, Pasion tawh kizom thei hi. Zeisu' sisan in mawh maisak bekhilo in; siangthosak, damsak leh puahphakik thei hi. Zeisu hangin i piangthak a, Amah hangin Pasion in A thukham siangtho eima sa lungtang tungah hong gelhsak hi. Mi thatte, mihukte, thudeihte, zuaugente, gutate, angkhual luate in amau sepngeite semnawnlo ding uhhi. I sung a om tua thukham in, i nuntakzia hong piangsak hi. Pasion in amau sungah a piaksate semkhia nuam uh a, tua utna in, Pasion' vangliatna hong ngahsak hi.

Tu quarter sung tengin, Pasion thuciam bang hiam cih i lim et mahmah ding uh hi. Mun tampi pan kikaikhawm himah taleh, hih sinnate in, Dr. Gerhard nasepna pan a nunung lamte hi a, Pasion thuciam kammalte a muhdan hi a: hihte in Kha thahatna, lametna leh pilna leh Hobbes in a theih ngei hetloh "Itna sungah launa omlo a, itna cingtak in launa beisak hi" (1 John 4:18) a cihthu i sin ding uhhi.

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NB: Tu Quarter Sabbath School Lesson pen MYUM pana leh MUC pana hong kilet gel kigawmtuah ahi hi.

LESSON 1**March 27 – April 2****BANG THU PIANG?****SABBATH NITAKLAM:****March 27****TUKALSUNG SIMDING:** *Late. 100:3; Sawl. 17:26; Pian. 2:7, 18-25; Pian. 1:28, 29; Pian. 3:15.***KAMNGAH:** “Pasian in, ‘Eima lim eimah hong sunin mihing bawl ni;’ ci in, Ama lim bangin mihing piangsak in, Pasian lim bangin mihing a piangsak hi; Amah in numei leh pasal a piangsak hi.” (*Piancil 1:26, 27.*)

Lai Siangtho sungah piansakna ciaptehna in lam-etna, lungdamna leh picinna hong lak hi. Piansakni sim in Pasian mah in “hoih hi” cih tawh khawl tawntung hi. Tua lai-in huihpi suangval, ziinling, kial leh natnate omlo ngelngel ding hi. Bang thu piang hiam?

Piansakna ni gukni in “hoih mahmah hi” cihtawh khawl hi. Tuani in Pasian in, Ama’ lim sun in: mihing bawl hi. Piancil ciamtehna sungah omlo pawlkhat om veve hi. Hihte in zong amau mun ciatah picing veve uhhi. Pasian limsun mahin a piangmah hi veve uhhi. Tuata lakah mi thatte, gutate, zuau gente, mi khemtheite cihte kihel hetlo hi. Bangthu piang hiam?

Tukal sinna pan piansakna i sinding uh a, Pasian in a piansakcil lai leh, tua khith ciangin a picing piansaksate tungah bangthu piang hiam cih sinding hihang. A tawpna ah quarter-bup sinna’ thubulphuhi: Pasian in na khempeuh a lemkihia hong sawkto ding hi.

Tukal enpak: Lai Siangtho in eite bulpi koici hilh? Pasian in mihingtawh a kizopnop dan? Sia leh pha theihna singkungin bang deihna nei hiam? Adam leh Eve a pukphetun bang lametna kipia hiam?

SUNDAY

March 28

SUMKUANG KICIANG DIUDEU . . .

“A kipatcilin Pasion in vantung leh leitung a piangsak hi” *Piancil 1:1.*

Scientist khat in Ni kimkotin leitung a paina, vanlai ah Ni paina lampi cihte a hilh laitakin, tennis satna khedap bulh nupi khatin, leitungen a peekpi khat hilel a, sumkuangpi khat in a nungzangah apuak hi ci hi. Mipilpa in zong ciamnuihna in, tua sumkuang e, bangtungah tuang hiam a cihleh, sumkuang dangkhat mah e, ci hi. Mipilpa'n zong ciamnui zomzel ding a kithawi leh, nupi nu in, a khutmee laksa in, “khawllel o, sumkuang vive kiciang diudeu hilel ei” cihsan hi.

Bangbang hitaleh, tua tangthu in mihing omhi cih hong lak hi gige a –vannuai omzia hong theisak hi gige hi. Eima teel hi hetlo in hih leitungah i om khak banghang hiam? Koibang in tung thei kha i hi hiam? A tawpna ah koilam manawh i hi hiam? Hih thute pen mite'n a dotnop penpen thute hi a, hih tengah i omtheih nathu teltakin gentheihna in, i nuntakzia i gamtatziate huzaap ding hi.

Anuai a munte simin: *Pian. 1:1; Late. 100:3; Isa. 40:28; Sawl. 17:26; Eph. 3:9; Heb. 1:2, 10.* **Khatsim in amau munciat panin, a tunga dotnate koici dawnkhak uh hiam? A kithukhatna bang na mu hiam?**

Piancil 1:1 ah a lungluthuai khatpen, Topa in Amah Piangsakpa ahihna honglak hi. Nial nading zong omtuanlo hi. Thumaan a ombangin hong pulakziau hilel hi. Upna tawh sangmaw, sanglo hilel bek hi. Upna bek mahtawh a kisang hi a, Piansak lai-in a vamu zong omhetlo hihang. Eimah hong kipiansak lai-in eimah zong omveve cihpeuhmah omtheilo hi. Midangte in piannabul nam tuamtuam genmahleh: tua thupiangte amukha khatzong i omhetkei uhhi.

Himah taleh Pasion in eite hong piangsakpa cih i upding deih a, uptheih na'ng teci tuamtuam zong honglak tu-anlo hi. I upthute thukip a hihna pawlkhatmah omveve ahihman in; eima thuthu tawh omtawm lel i hihlohna teci dingin, Piangsakpa in veina lianpi tawh ei hong piangsakin hiah ah hong koih ahihna gualsuk diudeu in.

PIANGSAKPA' LIMSUUN IN *Piancil. 1:27.*

Lai Siangtho sungah Pasion in mihing Pasal leh numei “Ama’ lim leh meel sun” in bawl ci hi (*Pian. 1:27*). Hih thu siksian inla anuai a dotnate dawng dih in:

1. Pasion in Ama’ lim leh meel sunin bawl cihin bang a cinuam hiam? Koibang danin “Ama’ lim leh meel sun” i hihiam?

2. Piancil ciamtehna bangin, Topa in “Ama’ lim leh meel sunin” a bawl mihing ahi lo, nadang a omkha hiam? A omkeileh, eite pianzia lim in, adang piansakte tawh bang hong kilamdangsak hiam? Bang pilna peuh nangahlawh hiam?

3. Piancil ciamtehna sungah Topa bawlsa khempueh lakpan mihing pen koibangin hong sehtuam hi nacisthei ding hiam? *Piancil 2:7, 18-25.*

Pasion’ thu mihing’ pau tawh i gen ciangin, **Kha** ahihna (John 4:24) leh vanglian ahihna i mangngilh ngeikei ding hi. I pumpi, lungsim leh kha tawh, Amah piangsakpa a hihna i pulak ding a, ei theihzawhloh thuthuk tampitak mah omlai cihzong phawk tawntung ding hihang. Lai Siangtho in i kha leh lungsim tawh kisaithu tampi takmah gen hi. Hihte pen i khangtosak thei lel hi. Mihing lungsimin Pasion tawh kizopna pen puahpha in hoihzaw semsem sakthei himahleh, piansaksa nadangte in a hihthei khollo lel uhhi.

Numei a piansakzia mahmah ngaihsun leng; pasal numei a nih mahun Pasion lim leh meel sunkhawm uh hi. A kibawllai lian in kuamah’n neuzawkna neilo uhhi. Pasion tektek mahin a kibang namkhat panin abawl hi. A kipatcil in a kikimin koihin, Amahtawh kizopna tuamvilvel neisak hi. Pasion tawh a kisutna pen Pasion’ minthanna ahiah theih nadingin hunhoih piakhawm hi.

“Pasion in Adam ading lawm pia hi. **Mipa** tawh a kituak amah a it ding “amah a huh ding” khat ka bawlsak ding hi ci hi. Tua bangin Adam’ nakguh panin **Eve** bawl a, a lutung ah pua in pasal a ukcip ding zong hi lo-a, khenuai a sikcip ding zong ahi lo, amah tawh kikim in a gei pan a dinpiah tawntung ding, itin acing akem dingin abawl hi.”—Ellen G. White, *Patriarchs and Prophets*, p. 46.

TUESDAY

March 30

PASIAN LEH MI KIKHAWLKHAWM *Piancil 1:28, 29.*

Lai Siangtho sungah Pasion in **mi** tungah a kampau masakpen lungngai in. Ama' nam mah zui-in tu leh ta nei thei dingin a thupia hi. Leitung mahmah pen amau-un puah ding, zo ding leh uk dingin zong thupia lai hi. Amau suansa singgahte nektheih dingzong thupia hi. Lai Siangtho genmah bangin, a Leitung pumpi uhtawh kizopna tuam vilvel neithei dingin Pasion in thupia masa penpen hi.

Piancil 1:28, 29 in Leitung nate tawh kisai Pasion muhna bang hong gen hiam? Tua a bawlsate khempeuhte lakah asia khatpeuh kihel a cikha hiam? Mihing masate' tangthu panin, piangsakna leh eite kizopna koibang omcih hong theisak nacithei hiam?

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Hih kammalte tungtawnin, Pasion in Mihing tawh kizopna hong kalsuanpih hi. Amau hopih in, thupia a, sepding bawl ding gen hi. Pasion' kammalte in thukip thukho vive pia hi. Pasion in ama' piangsaksa na khempeuhte tungah ukzawh-na nei dingin thupia hi.

Pian. 1:28 Pasion in Adam leh Eve thupha pia cihi. Bang a cihnopna hiam? Piangsakpa leh amau kikalang koibang kizopna neithei ding ci hiam?

Pasion' hoihna a thukkik thei ding pilna ciimna pia in, Amah tawh kikhawlkhawm dingin sawl hi. A **piangciil-naupangte** ahiah manun a **Piangsak-Pa** kepkhoina leh thupha tungah kinga ding uh ahi hi. Amau kisap khempeuh pia hi. Pasion piaksa tetawh kiphu hetlozaw hi. Amau leizawh vetloh ding pipi a khongngah uh ahi hi.

Pasal leh numei a piangsak tungtangthu i simciangin, mawhna omma a Pasion tawh a kizopzia uh, mawhna omkhit nangawnin zong i neihlai dingin Pasion in a deih kizopzia ding i muthei hi. Tuni sinna teng na sim kikkik ciangin, a puksa eite in, Pasion tawh i kizopzia ding koibang teng na mukhia in.

“Topa Pasion in mipa thupia a, Na ututin huan sung singkung gah khempeuh na nethei ding hi. Ahih hangin apha leh a sia theihna singkung gahpen na nekei ding hi. Na nekni in na si ding hi” a cihi.” *Pisan. 2:16, 17.*

Hih thukhunin Adam leh Eve suaktatakin teelsiamna a pia ahi hi. Piangsakpa pen a hoihlam pan maw, a sialampan maw kholhpih ding cihna ahi hi. Pasion in amau suahtakna pia cihzong hong theisak hi. Thumanloh theihna neithe i sakkei mawkleh, a cilkek in thuman ding khawng banghang in hilh sese kul ding hiam?

“Piancil 2 apatna lama kigelhteng khempeuh in aneu 16, 17 sung a dinmun ah makaih hi. A minam mailam thu khempeuh in hih vauna tungah kinga hi. Mihing in thudang tuamtuam tawh lungkaat ding hi lo hi. Pasion kammal bekma h lungsimah kepding ahi hi. Thukham tampitakmah khatsungah gawmkhawm in, *Yaweh* in a hehpihna lak hi. Hih thukham khatbek pen haksa lualo lel ahihna lakna in Topa in, a zailua mahmah phalna khatzong piamasa hi: “Na ututin huan sung singkung gah khempeuh na nethei ding uh hi” ci hi.”—H. C. Leupold, *Exposition of Genesis* (Columbus, OH: Wartburg Press, 1942), vol. 1, p. 127.

Adam leh Eve tegel thumang dingin sawlkawmin: Keimah in keima’ lim leh meel sunin note kong piangsak khinzo hi. Note nuntakna in Keitungah kinga a, Kei hangbekin taangin nungta nahi uhhi. Note hoih nading leh nopsak nadingin a kizam khempeuh (*inn leh lawm*) kongpia khinzo a, Kei nuai panin hih leitungbup ukna nei dingin kong koih khinzo hi. Keimah hong it in, tuabang kizopna nalunggulh uhleh; note’ Pasion ka hiding a, note zong Keima’ tate na hiding uhhi. Hih thukham khat liuleu nongzuihna uhtawh, i kizopna in thukip hongsuaksak ding hi.

Pasion tawh kizopna limlimpen, Ama’ deihna bang manding teelna bekma h in kipsakthei hi. Ama’ deihna nialna in, Amah kiangpan suahtakna a la ahi hi. Amah kizam salo cihna hiziau hi. Asia hong kisinsak hong theisak hi a, tua siatna in pukna, khattang omna, launa leh sihna hong tun hi.

Adam leh Eve tungah a piak thukham pen thumanna leh upna sinna ahi hi. A piangsakpa tungah thumaan peuhleh, akisap khempeuh a piaksa hi a, a nuam mahmah leitung khat zong a piakbeh lailai hi. Tuapi mah Pasion’ deihna nial in suahtakna lase ding uhhiam? A thupiakte tungah cihtak zawhna’ng upna kicing anei diam? Amau cihtakna leh upna pen a sia leh apha khentelna singkung tawh kisin hi. Tuabang dante nisimin i phukha hiam? Pasion’ thukham in Piancil 2:16, 17 sunga thukham tawh a kibatna bang om hiam?

THURSDAY
A KIZOPNA SUTAT

April 1

Mi i theihsa peuh kimuangkha a, theih nailohte muanglo thei hihang. Tua bangin Eve in zong Satan a muanloh ding ahi hi. Pasion talsikin langdona in amah khialsak ding hi. Eve a kidoptheih nadingin Satan in bangci kalsuan a, bang lampi hong tawn hiam? *Piancil 3:1-6.*

“Eve’ thukham palsatna in leimi innkuanbup adingin dahhuai leh lauhuai mahmah naven, ama’ deihteelna in a minamte ama’ mawhna thuaksak tuanlo hi. Eve sangin Adam in, Pasion thupiak telsitsetzaw hinapi, ngiimnapi tawh a nateel manin, mihing in lohtheihloh in sihna atung hizaw hi. Eve in khemthuak a, Adamin thuaklo hi.”—*The SDA Bible Commentary*, vol. 1, p. 231.

Tua bangin Pasion’ thukham palsat tanghial a hihmanin, mi leh Pasion kizopna hong kitat hi. Maitang kimu in kizopna pen, launa tawh Amah pialin taikhiat ciangdong hongtung hi (*Pian. 3:8-10*). Kikhawlhna kipawlna munpen, kipelhna kikhenna hongsuak hi. Mawhna hong omciangin siatna in anung hongzui-pah hi. Thukhat peuhmah a kibawl keileh mihingin tawntung a kisiacip ding hita hi.

Tuabang haksat hunin, Pasion in bang lametna kamciam hong pulak hiam? *Piancil 3:15.*

A lamdang Pasion’ kammal in gulpi leh numei kikal, numei’ suan leh ama’ suan kikal thu hong pulakkhia hi. Satan in numei’ suan khetul bekmah sukzan sakzobek ding a, numei’ suanin, Satan’ lutang sukzan sakzo ding cihthu hong pholakkhia hi.

Amau zawngkhal kawmkal ah, Adam leh Eve tegel in, **Mesiah** kamciam ngah uh a, amau dinmun kipuahphatsak dingin Pasion tektekin amau ading lametna pia hi. Tua Messiah kamciamna pen a nunungpen gualzawhna hi a, kician taktak mello himahleh, mawhna hang a khuamialna hong phadawm zawdeuh sak hi.

Piancil 3:9 simin. Pasion in Adam leh Eve kiangah “Koi ah om na hi uh hiam” ci in zong hi. Amau omna Pasion in thei mah e. Amau mawhsak zawlo in, mawhnei mihingin Amah zuat kikding adeihna hong lakna ahi hi. Mawhnei mi tungah a kampau masakpen zong, hong hehpihna leh itna tawh lametna hong pia ahi hi. Tuhunin zong Pasion in itna leh hehpihna tawh hong zonna peuh a omkha diam?

FRIDAY**NGAIHSUTBEH DING:**

Lai Siangtho in mawhnei nungtolhte zolkikna tawh kidim hi. Late. 95:7, 8; Isa. 55:1, 2, 6, 7; Luka 15:3-7; Luka 19:10. Mun dangah na muzo lai hiam?

EGWhite, *Patriarchs and Prophets* pan “Piansakna” lai. 44-51; “**The Temptation and Fall,**” lai. 52-62; leh “**The Plan of Redemption,**” lai. 63-70, simin.

“Gospel sermon khat om ngel hi. “**No kaw’h om?**” cih kammal thumte in bel, a mialna penpen mun tengmah vutlet a, a lawp mahmah thongkiate bilsung dong pha hi. Na Pasion in nang hong mansuah nuamlo hi; nang zong dingin hong paisuk a, a Tapa hong sawluk in, hong zong dingbek hi lo, a mangthangte gumkhia dingin hong paisuk hi.”—Charles Haddon Spurgeon, *The Treasury of the Bible* (Grand Rapids, MI: Zondervan Publishing House, 1962) Old Testament, vol. 1, p. 11.

KIKUPDING DOTNATE:

1. **Ahoih hong kempa Pasion pen mihing hong zongpa zong hilai ahih manin, tumah mah in Pa leh Khazih in hong itna pen koici bangin thukkik thei ding i hihiam? Topa’n zong koibang ciangciang lamen ding hiam?**
2. **Pasion tanghial in a bawl, munsang mahmah panin a kiasuk mihingin, hotkhiatna a kisapzia leh; Ama’ thuthu in piantheihna upna enkak dih in. Koi pen in banghangin lametna neitheizaw naci hiam?**
3. **Itna in mihing lungnop theih nadingin bangzah thupi hiam? Pasion tawh kizopna kip neihtawntung ding banghangin phamawh hiam? Mihingte lakah zong kizopna hoih a phatmawhna kikumun. (NuPa/tate, lawm/lawm, Pasal/Zi, nasemnu/pa cihte e)**

THUKHUPNA: Pasion in Ama’ lim leh meel sunin hong bawl ahih manin, Amah leh eite itna sungah kikhawlhna a omding kisas hi. Kizopna masa in mawhna hangin kitatsat khin mah taleh, hotkhiatna ngiimna tungtawnin, Pasion in hong puahpha kiknuam hi. Pasion tungah kinga lingleng bek i hihmah bangin, Amahtawh kikholkhopna hangbek mahin ei nuntakna in man neithe i pan ding ahi hi.

LESSON 2**April 3 - 9****THUCIAM MASA****SABBATH NITAKLAM:****April 3**

TUKALSUNG SIMDING: *Pian. 9:15; Isa. 54:9; Pian. 12:1-3; Gal. 3:6-9, 29; Pai. 6:1-8; Jer. 31:33, 34.*

KAMNGAH: “Tua ahih ciangin, tu in note in ka thumangin ka thuciamna na zuih uhleh, mite khempeuh lak panin note in Keima’ mi na hi ding uhhi. Bang hang hiam cihleh leitung khempeuh pen Keima aa hi” *Paikhiatna 19:5.*

Nung Sabbath pen mihingte pukna leh NulePa masa tegel mawhna tawh beiziau lel hi. Tukul a pen quarter buppi ateng tomlakna hi a, thuciam masate etsuksuk kawmin, tulai thumanin zong thuciam taktak ahi, **Calvary** Zeisu’ sisan tawh kibawl ahi, ei Christiante ading in i Topa’ tawh i thuciamna ahi hi.

Pasian in **Noah** leh a innkuante honkhia ding cih a thuciamna tawh i kipan ding hi. Eite adingin kamciam tawh a kidim **Abraham** tawh thuciamna zong i mu ding a; tua pan **Sinai** thuciamna in bangzah thupi cihte; a tawpna ah thuciam thak ensuk ding hihang a, tua thuciam in thuciam khempeuh kigawmtuahna ahi hi. Mailam kalsawnsawn ciangin hihthute a thukzawlai in sinding hi hang. Tukul a bel tawmcik khawng a sawk pak bek i hihi.

Tukul enpak: *Thuciam* a khiatna bang hiam? Thuciam bangteng tawh kibawl hiam? Pasian in Noah tawh a bawl thuciam bang hiam? Abraham tawh thuciamna sungah bang lametna omhiam? Upna leh sepna in mihingte thuciam tawpna ah bang hong hihsak thei hiam? Thuciam i cih in kithukimna mawkmawk maw ahih keileh sepkhop kul maw? “Thuciam thak” deihna bulpi bang hiam?

SUNDAY
THUCIAMNA BULPI

April 4

“Nang tawh thuciamna kabawl ding a, nang tampitak kong phasak ding hi.” *Piancil 17:2.*

“Hebrew laimal ‘thuciam’ ci in a kilet **berith** pen Liasiangtho-lui sungah 287 vei omhi. ‘Teci pang’ ‘a nunungpen kamciam’ zong kicithei hi. Abul taktak kithezolo hi taleh “pawl nih pen pawl khat suaksak” cihna hi. Mun tuamtuam ah kizangthei lel hi. Mileh mi, Pasion leh mi kikal cihbang kizang lelhi. Adiakin mileh mi kikal leh, biakna lam ahiehleh Pasion leh mi kikal ah kizang phadiak hi. Biak-nalam ahiehleh bel a thuthuk mahmahte adingin a limpua in kizang phadiak hi.”—*J. Arthur Thompson, “Covenant (OT),” The International Standard Bible Encyclopedia, revised edition (Grand Rapids, MI: William B. Eerdmans Publishing Company, 1979), vol. 1, p. 790.*

Mo kitenna thuciam bangin, Lai Siangtho thuciam sungah zong kizopna leh *geelkholhna* cihte kihelkhawmsak hi.

Geelkholhna sungah, thubulphuh thum omsak hi:

1. Pasion in a thuciam pen kiciamna tawh kipsak hi (*Gal. 3:16; Heb. 6:13, 17*).

2. Tua thuciam in Pasion’ thukham sawmte mangding cih mawhpuk nei hi. (*Thuhilhikikna 4:13*).

3. Tua Pasion thuciamte khempeuh a tangtun theih nading a lampi pen, Khazih in hong hotkhiat nading a geelsa lampi bekmah a hi hi. (*Isa. 42:1, 6*).

Pasion’ thuciam, thumanna leh hotkhiatna cih thuthumteng enpha in. Topa tawh nakikholhna ah hih thuthumte in koibangin nasem naci hiam? Nangma sungah hih thuthum teng in hong sepsakteng gualsuk in.

Lai Siangtho Lui sungah, sagawh biakpiakna in hotkhiatna ngiimna a bukim in hong theisak hi. Tua limte hangin, Israel pupate in hongpai ding Honpa tungah upna neitheh hizaw uhhi. A zehte uh khempeuh hangin, mawhneipa in mawhmaina leh suahtakna ngahthei hi. Tua thuciam hangin Khalam khantohna thupha – Pasion’ limmeel hong suunkik sakteh hi.

Mileh mi kikal thuciam bawlna tampi omkawmkal ah, *berith* cih kammalpen, Pasion leh mihing kikal thuciam bawlna ah kizang phadiak hi. Pasion in kua hi a, Amah leh kua kibang ding a, tua thuciamna in koibang kizopna hong neisakteh ding in i umhiam?

Monday
NOAH TAWH THUCIAM

April 5

“Nang tawh ka thuciamna kakipsak ding hi. Tembaw sungah nang nahongpai ding hi. Nang, na tapate, na zi leh na tapate’ zite tawh na paikhawm dinguh hi.” *Piancil 6:18.*

Lai Siangtho sungah **thuciam** cih kammal in, hih atung a munpanin hong kidawk masa pen a, tualai ah Pasion in, mawhna a kizeellua hih leitung suksiat ding a khentatna **Noah** kiangah gen hi. Tuiciin tawh susia ding himah taleh, a bawlsate nusia tuanlo ding cihzong hilh hi. Mihing a puk khit-phetin a thuciam bawl masakpen zong kipsaksuak lai ding zong cilai hi. Vanglian **“Keimah”** in Noah ading munmuang ahi hi. Thuciam a lenkip Pasion in, amau innkuan Pasion tawh kizomin a thumanna uhangin kemcing ding cih.

Noah tawh a thuciamna uh langkhat bekma hiam? Thuciam cih limlim khat sangin tamzaw limlim cih phawkin. Noah zong koibangin panghiam? Bang theihna na neihbeh thei hiam?

Pasion in tuiciin tungin leitung kisusia ding cih Noah kiangah gen hi. Noah leh a innkuan honkhia dingin thuciam pia hi. Pasion in ama’ thuciam lenkip keizen peuhmah leh Noah in a letkip pong hangin tuiciin in susia veve ding a hih-manin Noah ading zong vaisahpi khat ahi hi.

Noah tawh “thuciam” ka bawlding hi” Pasion in ci hi. Tua kammal in, na cih bangin hihna in vangneihna hi cihna hi. Lungsim khelthemthum a paupau hilo hi. Kipiakkhiatna tawh panngiat hi. A zenzenin Topa in Noah kiangah, “En in, leitung pen alauhuai mahmahin kisusia ding a, nangzong suakta ding maw suakta loding cih kitheilo hi. Tua a hih-manin, hibang, hibang bawl lecin, bang peuh hong piang diam, Ke’n bel thukip hong pia ngamlo hi ing” ci dingin ngaihsun in. Tua bang kammal peuhmah pen **thuciamna** sungah kizang ngei hetlo hi.

Mi pawlkhatin Noah’ tuiciin pen leitungbup huamzolo ci uhhi. Tua bang ahihleh, Pian. 9:15 sunga Pasion thuciam pen (Isa. 54:9), tuiciin a tunkik simin, Pasion in a thuciam palsat a hidiam? Pasion’ thuciam kipnawnlo cih nading zahin leitungbup a huam tuiciin tungngeilo hi. Ama kamciamte koibang ciang i muangzo thei diam?

TUESDAY

April 6

ABRAM' THUCIAM

“Nang thupha hong piate thupha kapia ding a, nang hong samsiate ka samsia ding hi. Nang thupha ngah bangun, thupha a ngah nadingun, leitung midang khempeuh in hong ngen ding uh-hi.” *Piancil 12:3.*

Piancil 12:1-3 sim inla, Abram tungah Pasion kamciamte amal amal in gualin.

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Pasion in Abram a kamciamte lakah, “nang thupha ngah bangun leitung mikhempeuh in ngahding” a cihpen ngaihsun in (Piancil 12:3). Bang a cihnopna hiam? Koi bangun, Abram hangin leitung innkuante'n thupha ngah dinguh hiam? Galati 3:6-9 enin. Hih kamciam masa sungah, Zeisu Messiah kamciam koi-bangun namuthei hiam? Gal. 3:29.

Abram tunga kipia kamciam masa sungah, Pasion in Abram tawh nai om mahmah ding nusialo dingin, thuciam bawlzah bangliang kammal zangliang in kamciam pia hi. Ki maituahin Pasion tawh a thuciamna uh zong omlai hi. (*Piancil 15:4-21, 17:1-14*). Tua tadih in Pasion in, mihing tawh kizopna kipmahmah khat neihpih hi. *Piancil 12:1-3* sungah “Ka hih ding hi” ci in kamciam phapha lai hi.

Tua banah, Abram in, sinna kammal khat ngah kiukiau a, **“Pai in”** ahi hi. Upna tawh tua thumang a (*Heb. 11:8*), kamciam thupha a tangtun nading hi lozaw hi. Tua a thumannna pen Pasion deihna ahi, itna hangin a kizopna uhpén upna tawh saanna ahi hi. Abram in Pasion kamciamte umkhinzo zaw, muangkhinzo zaw hi. Cihmah hunin a nusiat ngeiloh a innkuanpihte leh apu apate leitungte khempeuh nusia in; theih ngeilohna gamah pai ding hita hi. Ama' thumanhna leh upnate pen mihingte leh vanmite kiangah lakkhinzo hi.

Abram in kizopna sungah upna leh sepna omkhawm ci in honglak hilai hi. Upna in hong gum a, thumangin nasep hong semsak hi. Hotkhiat ding kamciam hong pia masa in; sepna in zuisak hi. Thumanhna lotawh thuciam sungah kizopna leh thupha hongpailo ding himah taleh, thumanhna pen, Pasion hong sepsaksa teng upna sungah thukkikna ahi hi. Tua upna in *1John 4:19* sunga upna mahbangin, Amah in hong itmasa a, e'n zong it thukkik i hilel hi.

Piancil 15:6 simin. Thuciam bulphuh zaw in hong kamciamte koibangun hong theisak naci hiam? Banghangin tua thuphate in eite adingin manphapen thei ding hiam?

WEDNESDAY
MOSES TAWH THUCIAM

April 7

Paikhiatna 6:1–8 sim inla a nuai a dotnate dawngin:

1. **Bang thuciamna gen ahihiam?** *Piencil 12:1–3.*
2. **Paikhiatna pen, Pasian' lampang bang thuciam a tang-tunsak nading ahi hiam?**
3. **Hihlai mite tawh a thuciam leh, tuiciin-ma a mite tawh a thuciamte koibangin kibang thei hiam?**

Israelte a paikhiat uhciangin, salpan suakta ahihmanun Sinai thuciam (*Pai. 20:2*) ngahpah uh a, mawhmai na'ng biak-piak zia ding khempeuh Pasian in vaihawmsak pah sitset hi. Adangte mahbangin hehpihna tawh a piakkhiat ahi hi.

Abraham tawh thuciam phapha a, tuasungah:

1. Pasian leh amite kizopna kip mahmah (*Piencil 17:7, 8 leh Pai. 19:5, 6 simkakin*).
2. Minamlan suak dinguh hi (*Piencil 12:2 leh Pai. 19:6 enkak in*).
3. Thumanhna ngen hi (*Piencil 17:9–14; 22:16–18 leh Pai. 19:5 simkakin*).

A thuluan enleng: Pasian in Israel honkhia, tua ciang a zuihdang thukham pia hi. Lungdam thuluandan zong tuamahbang ahi hi. Khazih in singlamteh tungah mawhna pan hong honkhia (*John 1:29; 1Cor. 15:3; Gal. 1:4*), tua ciangin a thukham hong guan hi (*Gal. 2:20; Rom. 4:25; 8:1–3; 1 Peter 2:24*).”—*The SDA Bible Commentary*, vol. 1, p. 602.

Paikhiatna 6:7 simin. Topa in, amaute Kamite hiding a, Keimah in amaute Pasian Ka hiding hi a cihna ah bangthukhat omhi naci hiam? Pasian ading amau; leh amau ading Pasian cikhkhat ngaihsun lecin. Pasian in amau tawh kizopna kip bek hi lo in: amau zongin Pasian tawh kizopna kip neisak nuam hi. Topa'n tuabang kizopna tuni eite tungah hong neinuam hiam? Paikhiatna 6:7 a masalam in nang leh Pasian kizopna bang honglak a, ahih keileh nang pen pawlpi laibu sungah min om maimai nahi lel hiam? Dotna masa pen himah nacihleh a hang thu gelh in.

THURSDAY

April 8

THUCIAM THAK (*Jer. 31:31-33*)

Hihlai ah kammalte pen Lai Siangtho Lui in “**thuciamna thak**” acihcih pen ahi hi. Hawlkhiatna pan a ciahkik uh ciangin, a saan dinguh Pasion’ thupha a gen ahi hi. Mundangte mah bangin thuciam a pia Pasion mah hizel a, ama’ hehpihna tungtawn mahin picingsak ding ahi hi.

A kammal zatte enin. Pasion in amaute’ pasal ding-bangin; amau’ lungtang sungah thukham ka gelhsak ding ci in, Abraham tawh a thuciam lai mahbangin, note Pasion ka hi ding a, Ka mite nahi ding uhhi ci hi. Tulai thukhenzum ah laidal tawh thukimna bawlbang lellel hi lo in, a thuthukzaw tampitakmah omlai hi.

Jeremiah 31:33 sim inla, Paikhiatna 6:7 tawh saikak lecin; Israel tawh a thuciam bawlina ah kammalte ahi hi. Tua munah a deihna bulpi in bang ahi naci hiam? Pasion in amite bangdingin deihsak hiam?

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Jeremiah 31:34 siminla, John 17:3 tawh enkak in. Hih kizopna kip pen Topa in bang tungah bulkipsak hiam?

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Jeremiah 31:31-34 sungah, thuciamna masate mah bangin hehpihna leh thumanna om- khawm hi. Pasion in a mawhna uh maisak ding a, amau tawh tengkhawmin a hehpihna luan ding hi. Mihingte in, kamngah bang mawkmawk hi lo in Pasion it takpi uh ahih manun, Pasion’ na sem nuam uh a, thumang nuam uhhi. Tua pen Pasion in mite tawh a kizopna ah a lunggulh-mahmah thubulpi ahi hi.

Lungtang tungah thukham gelhsak cih koibang in na tel hiam? Thukham in mite khut sung hongtungin, eimau lungsim ciat pulakkhiatna khat suaksak cihbang ahi diam? Bang dang omlai hiam?

FRIDAY

April 9

NGAIHSUTBEH DING: EGWhite lai, *Patriarchs and Prophets*, lai. 132–138 sungah “**Abraham in Canaan**,” leh *Prophets and Kings*, lai. 569–571 sungah “**The Prophets of God Helping Them**” simin.

“Pasian’ na hong semsak hakkol in a thukham ahi hi. Eden huan a hong piak thukham, Sinai ah pulakkik a, lungtang tungah hong gelhsak thukham thak in Pasian deihna bangin nasem dingin hong hencip hi. Eima’ ngaihsutna bangin om ding, eima deihbang hilel ding cileng pen, Satan in ama’ ngaihsutna hong guanpah lian ding hi. Tua ahih manin Pasian in a sang mahmah Ama’ deihna bangin eite hong puahpha ahi hi. Thuakzawhna leh pilvanna tawh Ama’ nasem dingin hong deih hi. Khazih in mihing in hong pianna a apuak hakkol mah ahi hi. “Nangma deihna bang hihna ah nuam kasa hi Topa aw, Nangma’ thukham ka lung sungah om hi” (*Late 40:8*) cih. “Keima ut bang a semding hilo in, kei hong sawlpa deihna bangin a sem dingin vantung pan ka hong paisuk hi” (*John 6:38*) cih. Pasian it a, amin thansaknopna leh a pukmite itna in, Zeisu hih leitungah sihna thuakngam dingin hong paisuksak hi. Hih thu in Ama’ nuntakna makaih hi. Tua thumah eite hong hawmsawn kik hi.”—EGWhite, *the Desire of Ages*, pp. 329, 330.

KIKUPDING DOTNATE:

1. **Pasian in Noah, Abram, Moses tawh a thuciamte Adam tawh a thuciampan a kizomsuksuak ahi diam? Athak khatpeuh ahi diam?** *Piancil 3:15; 22:18; Gal. 3:8, 16.*
2. **A mimal in thuciamna tawh kizopna in banghangin phamawh ci hiam? Kinai hetlopi zong thuciamna laidal khawng kineitheilel hi. Tuabang kizopna maimai ahi lo, koibang kizopna Pasian in amitetawh neinuam sese hiam? Banghang hiam?**
3. **Mo kiteenna thuciam tawh koibangin genteh thei ding ihi hiam? Mo kiteenna thuciamin koibang munah tukzolo theilai ding hiam?**

THUKHUPNA: Mawhna hong lut ciangin Pasian leh a bawlsa Nu leh Pa masate nupa, leitung innkuan kizopna suktansak hi. Tu in Pasian in tua kizopna pen thuciamna khat tawh puahpha dingin kithawi hi. Tua thuciamna penin, mo kitengte thuciamna mah bangin, Pasian leh mite kipiakkhatna ngen a, amau’ Piangsakpa mah suunkik dingin ngiim hi. Pasian mahin itna lianpi mah hong pia in, kizopna thuciam hong bawlpah hi. Hehpihna tawh hong kamciamasate bangin semin, Amah tawh hong kipawlkik sak hi.

LESSON 3*April 10 - 16***“KHANGSAWNTÉ TUNGAH”****SABBATH NITAKLAM****April 10**

TUKALSUNG SIMDING: *Piancil 3:6; 6:5, 11; 6:18; 9:12–17; Isa. 4:3; Mang. 12:17.*

KAMNGAH: **“Noah in Topa’ maipha mu hi”** *Piancil 6:8.*

Bacteria cih pen kungneu mahmah microscope tawh lo-in muh zawhloh kungte ahi hi. Tua bacteria mawkmawk khat pen, a zah tulkhat alianzaw-in enleng laikung’ mukcia bek phapan hi. Tua bacteria pen anleh tui, a lumna cihte amau deihbang lianin pialeng khangbaih mahmah hi. Pawl khatte, amah nihin kitamtawm in khangmai hi. Tua bangun a kitamtawmte khat in nai 24 sungah 18,000,000 pha man hi. Nai 48 sungin billion tampi phaman uhhi.

Tua bacteria-te khan mahbangin, mi pukkhit ciangin siatna in manlangtak mahin khang hi. Thatang lianmahmah, pilna sang mahmah leh khansau mahmah in mihingte in, Pasion nusia uh a, zualzangin mawhna namkim bawl in omuh hi. Bacteria pen nitang, lungza leh asa khawng tawh a kithah mah bangun, Pasion in zong leitungbup tuiciin tawh langdona susia in vengsak hi.

Tukal Enpak: **Pasion piansakte tungah mawhna in bang hih hiam? Noah omzia bangpeuh ahiahiam? Noah tawh thuciamna sungah bang thubulphuh om hiam? Tuiciin tunma in Noah tawh thuciamna sungah Pasion’ hehpihna koibangin kilangh hiam? Tuiciin khith Pasion’ thuciamna in zong, tawntung hong itna koibangin honglak hiam?**

SUNDAY

April 11

Mawhna Thuguipi *Piancil 6:5.*

Piansak lai-in Pasion in, na khempeuh “Hoih mahmah” hinapi (*Piancil 1:31*) Mawhna hong lut a, avekpi akilumlet gawp hi. Nate hoihmahmah nawnlo ta hi. Pasion in hohtak a gualh sitsetsa pen mawhna in buaisak gawp hi. Langdona in Noah khang hong phasuk in; siatna in mite valhtum hi. Lai Siangtho in siatna ciamteh khinlo ahieh hang, (*EGWhite, Patriarchs and Prophets, pp. 90–92*) mihingte mawhna leh langdona in, itna a kidim a lungduai mahmah Pasion nangawnin thuakzo nawnlo hi ci hi.

Banghangin siatna in khang mahmah thei hiam? A hang bel haksa kholkei lel. Tulai mite’n zong amau siatna ki-mu selo in: banghangin siatna khangnawh mahmah hiam cih dotna dong selo uh a, tuahang hilel hi.

Anuai a munte simsuk in. Athubulphuh gelhsuk in.
Mawhna Khanna zongkhia in:

1. *Piancil 3:6*
2. *Pian. 3:11–13*
3. *Pian. 4:5*
4. *Pian. 4:8*.....
5. *Pian. 4:19*.....
6. *Pian. 4:23*.....
7. *Pian. 6:2*
8. *Pian. 6:5, 11*

Piancil 6:5 leh 11 tepen kigelhmawklo hi. Tangthu khat neikhinzo uhi. Tuathu in thuak siatna tungsak hi. Mawhna lah suuksesem zaw hi. Mawhna in liamma bang, tem aat-khak meima bang a, ama’ thuthu in damkikzel meima tawh kibanglo hi. Donlo in koihcipkha leng, siatna hong tutdongin paisuakpah hi. Tuiciinma-in tuabang dinmun peuhmah kuamah’n ngaihsunkha vetlo uh hi. Tuhun ciangin tuabang dimun tungta hihang.

Pasion in mawhna a muhdah dingmah hi e; a sawtlo in-lah phiatsiang inteh. Thuman a dik Pasion ading bangmah manna omngeeilo tua mawhna khawng.

Lungdamthu panin, Pasion in mawhna beisiang sak-nuamta a, mawhneite honkhia nuam hi. Tua adingin thuciam-na hong pia ahi hi.

Tuiciin-ma in leitungbup siatna tawh kidim kawmkal ah, mipa Noah in, a kimkot a mite tawh kibanglo in thumaanah dingtang hi. A tunga Lai Siangtho mun en lecin, ama' omzia thu thum gen hi. Tua thu thum in a cihnopna nangma teldan in gelhsuk in.

1. "A thumaan mi"

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2. "Mawhbaanglo"

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3. "Pasian tawh ton"

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Topa gupnop mi a hihna bel dotdot kul nawnlo himai hi. Pasian' thu a mang a, a muang, Pasian tawh a kikhawlthei mi-khat ahi hi. Tua mahbangin, Pasian' deihna zong a tangtunpa ahih banah, Peter in zong "thuman thutak hilhpa" (2Pet. 2:5) a ci hi.

Piancil 6:8 simin. Noah leh Topa kizopna tawh kisai bangteng gen hiam?

Hehpihna cih kammal hihtengah hong kidawk masapen a, Lai Siangtho Thak sungah eite tawh a kiphu hetlo Pasian in mawhneite hong hehpihna acihpen mah tawh akibang ahi hi. Bangzahta in Noah in "Mawh baanglo" a "thumaan" taleh, mawhnei mi mah hi veve a, a phuthetloh Pasian hong hehpihna kisam veve hi. Hih dinmun ah Pasian' maipha a zong eite tawh ki lamdang tuanlo hi.

Noah zong eite mahbangin Pasian' hehpihna kisam veve cih telsa in, nangmah na kidot ding dotnate in; Noah bangin keimah "midik, mawh baanglo leh Pasian tawh tonkhawm" ka hi hiam?

TUESDAY

April 13

NOAH TAWH THUCIAMNA

“Nangtawh ka thuciam ka kipsak ding hi. Tembaw sungah nang na hong pai ding hi. Nang, natapate, nazi leh na tapate zite tawh na paikhawm ding uh hi.” *Piancil 6:18.*

Hih mun panin Lai Siangtho sungah Pasion leh mihing in thuciamna khat bawlin, thukim khawm hiziau cih hong kidawk masapen hi.

Himah taleh thu tampi tawh kizomlai hi. A masa in, mihing lam panin thumanhna omasa hi. Pasion in Noah leh a innkuante tembaw sungah hongpai ding cih. Amau mawhpunkte hih masa dinguh a, a hihkei vualehlah thuciam palsat hipahziau hi. A tawpna ah hamphatna lianpi leh gamh luah ding uh a: thuciamna a palsat uhlehlah, kisia paisuak ding hipah lel hi. Noah in, Topa aw, kei utke'ng cizenleh; ahieh keileh, Awleh, acihkhit ciang, lungsimkhel themthum kikleh e, amah leh a innkuante bang asuakuh tammaw?

Pasion in “ka thuciamna” hi ci hi. Thuciamna bawl ciangin a tawphahpi in bang ahi diam? Pasion in “i thuciamna” na cikha zenleh, bang kilamdanna om dingin i um hiam?

Hihbang hun laitakin, mihing leh Pasion kikapna in thahat mahmah cih i muthei hi. Noah tawh “ka thuciamna” bawl a, a hehpihna zong honglak hi. Mihingte pen amawhna sunguh panin honkhia nuam cihzong honglaklai hi. Tua thuciamna pen, mi kikim tuaktuakte “nasepkhopna” in a kibawl thuciamna tawh kibanglo hi. Mihingin a panpihna hangin Pasion “hamphatlawh” kicithei bek ding hi. Pasion in a itmite tawntung nuntak a ngah uhleh Pasion a hamphatlawh hi a, “*a gimna thaman mu in a lungdam hi*” (*Isa. 53:11*) ci hi.

Huihning tuihual kawmkalin mi khat gunkuang tung pan kiasuk dihdih ci ni. A dangkhat in gunkuang tung panin, a hotkhiat theih nading khatpeuhpeuh khiat ding ci hi. Tui sunga ompa ading pen a kivaihawmsak bangbang lenkip ding hiziau beklel hi. Pasion leh mi kikalah zong tuabang a hihna mun tammahmah hi.

Atung a gentehna inthuciamna sungah Pasion hong hehpihna omhi cih koibangin hong teltuamsak naci hiam? Tu mahmahin Pasion tawh nakizopna tuatungah omcih hong teltuamsak nacithei hiam?

“Hih pen, Kei leh note leh, note tawh a omkhawm nuntakna a nei khempeuh kikalah, mailam khang tawntungah thuciamna lim ahi hi. Meii sungah ka sakhituihup ka kaisak a, tua pen Kei leh leitung kikalah thuciamna lim hiding hi” *Piancil 9:12, 13.*

Leitungnate pawlkhat zong sakhituihup sangin a hoihzaw omlel hi. Naupangno i hihlai in vantung meii lakah meel tuamtuam anei kual ngiungeu a mu ngeilo kuamah omlo ding hi. Khangham te’n zong tua bang a muh ciangin hoihsa mahmah uh hi. Tuhun ciangin, kipawlna tuamtuamte in zong amau kipawlna ciaptehna in sakhituihup lim leh min a zang tampi om hi (*rainbow ci in Website sungah enin*). Tua color hoih nono in mi’ lungsim lawng mahmah cihna ahi hi. Tua zong Pasion’ ngiimna bulpi hipahlel hi.

Banghangan Pasion in sakhituihup lim cisese hiam?
Piancil 9:12–17.

Topa in, sakhituihup pen **“ka thuciamna”** hi ci hi (*Piancil 9:15*). Hih tengah thuciamna cih kammal azatpen, mun dangdang a zatnate sangin lungluthuai zawtham hi. Abraham tawh thuciamna leh Sinai *thuciamna* tetawh enkak leng, tua thuciamna tungtawnin a hamphatlawh ding a mimal in gen hetlo hi (*Noah nangawn*). Hih tengah Pasion in “nuntakna anei khempeuh” (*Pian. 9:15*) a cihna ah, “mailam khang tawntung mite” (*Pian. 9:12*) a cih. Pasion’ kammal in vannuaibup huam a, Topa thumang maw manglo maw cih om selo in, mi kim huam gai hi. Hih lai lianah bel *thuciamna* pen, Pasion leh mi-hing kikop in *thuciamna* bawlna hi hetlo leuleu hi.

Hih thuciamna in zong Pasion hehpihna koi bangin hong theisak hiam? Kua zaw in thuciamna pan zaw hiam? A hamphatlawh penpen ding kua hiam?

Hih thuciamna in eilampan sepding bangmah hong pia hetlo a, Pasion in tuiciin tawh leitung susia nawnlo ding cibek a hihteih hang, sakhituihup in Pasion’ thu i manh semsem theih nadingin koibangin lam honglak naci hiam? Vantung lamah sakhituihup i muh ciangin, bang mawhpauk nei na kisa zawsop hiam? Sakhituihup tungtawnin theihbeh ding bang teng omcih ngaihsun in.

THURSDAY
“NOAH BEKMAH SUAKTA”

April 15

“Mihing, ganhing, a bokvakte leh huihlak vasate, leitungah nuntakna anei peuhmah, amah in phiatkhia hi; leitung panin amaute kphiatkhia hi. Noah leh amah tawh tembaw sunghah om tengbek a suakta uh hi.” *Piancil 7:23.*

Lai Siangtho in **“a beibaang”** a cih tawh a kizawitawn kammal hih santakah kimu masapen hi. Tua mun sanah **“suakta”** a cihna kammal pen, mun dangdangah *a beibaang* a cihna tawh a kizawitawn pen kammal mah ahi hi.

“Note adingin leitungah **a omlai mi** a hingsak ding leh, note adingin a suakta mi tampi a kem dingin, note’ maiah Pasion in kei hongsaawl hi” (*Piancil 45:7*).

“Jerusalem ah mithahna teng a beisak ciangin, Zion ah **a omlai mi**, Jerusalem ah khang tawn tungin omdingin a kiciamtehsa mite khempeuh a siangtho kici ding hi” (*Isa. 4:3*).

“Tua ni ciangin Topa in . . . Ama’ mi **a omlaite** a ngahkik nadingin, a vangliatna zangkik ding hi” (*Isa. 11:11*).

Hih munte khempeuhah laimal **sah** leh **sawi** khempeuh in (*Piancil 7:23*) a **“suakta”** cih kammal tawh a kizomte vive ahi uhhi.

Piancil 7:23 leh a dang tehkaknate zong simin. Abeibaang tungtang nateldaan e leh? Abeibaang hihtheih nadingin a kimkotah bangthu piang masa hiam? Thuciamna in abei baangte tawh koibang kizawitawn thei ding hiam?

Tuiciin hunlai in Piangsakpa in leitung thukhenmangpa ahi hi. A kiim leh pam a leitung thukhennate in mihing’ nuntakna pan kipan nuntakna khempeuh suksiat tuak maw tuaklo cih dotna omsak phot hi. Kisusia keileh kua suakta ding a, kua beibaang thei ding hiam?

Hih tengah Noah leh ama innkuante ahi uhhi. Noah ading hotkhiatna in amah leh Pasion thuciamna hangmah hi a (*Piancil 6:18*), tua thuciamna zongpen Pasion’ hehpihna leh lainatna hang bekmah ahi hi. Amau sepnate zong phamawh mahmah napi in, Pasion in a sepsaksate hang bekmahin suakta ahi uh hi. Noah tawh thuciamna in ngetna bangpeuh neitaleh, Pasion tung bekmah ah lametna nei ahih manin, bangmah phamawh salo hi.

Hun nunung ciangin Pasion in a beibaangmi neiding cih thei gige in (*Mang. 12:17*), Noah’ tangthu tawh a kizawitotna leh a beibaangmi a hithei dingin bang theihbeh khawng i neithe di-am? Tua hun ciangin hong dingtangsakzo dingin, nisimin bang khentatna hoih hong neisak thei ding hiam?

FRIDAY

April 16

SIMBEH DING: EGWhite, *Patriarchs and Prophets* pan “**The Flood,**” pp. 90–104 leh “**After the Flood,**” pp. 105–110 te sim in.

“Sakhituihup zong, Pasion in tuiciin tawh leitung susia nawnlo ding cih muhtheih limlakna ahi hi. Tuiciin khitciangin leitung khuahunte ki lumletgawp a, mun a tamzaw ah leitung a kawtsak dingin guah hong zusak ahih manin, guahzu ding hong kithawi simin, mihing’ lungsim sungah launa patauhna khat om giauguau hi. Kha lungsim in bel Pasion in Amah hong kipulaakna muthei bilbel hi (*Rom. 1:20*). Tua hi a, thu-ummi adingin guah a zukleh vannuai kisusia ding cih hizawlo in thupha sangding cihlam in muzaw hi.”—*The SDA Bible Commentary*, vol. 1, p. 265.

KIKUPDING DOTNATE:

1. “**Tua hunlai in leitungmi khangzaizai in, leitung zong gamlawital bangin haam in, pasianpa zong siatna hangin hong khanglo hi. Enlil in zong tua siatnate azak ciangin pasiante kikhopna sungah hibangin pulak hi, ‘mihingte buaina in thua-kzawh ding hinawnlo a, babel hangin ihmutmut dingzong piang nawnlo hi’ ci hi. Tua ciangin pasiante in mihing beisiangsak ding thukim uhhi” cih.**—“*Tuiciin Tangthu*” *The Epic of Gilgamesh*, trans. N. K. Sanders (London: The Penguin Group, 1972), p. 108. **Hih tengpen Lai Siangtho tuiciin tangthu tawh enkak lecin.**

2. **Noah in a suanleh khakte vauna bek hi lo, Pasion’ thukhenna lakkhinzo hi. Tua vauna i a deihna pen, mihingte in hotkhiatna kisamuh a hihna theihsakna ahi hi. Hotkhiatna thumaante in banghangin minthang zakzak losese thei hiam? Pasion hong hotkhiatna ngiimna saan theih nading panin hong daaltan theithu pawlkhat gualsuk diudeu in.** *John 3:19; John 7:47, 48; John 12:42, 43; James 4:4.*

3.

THUKHUPNA: Tukul i sinna panin, Pasion in Noah tawh a bawl thuciamna tepen Lai Siangtho sungah thuciamna masapen cih i thei hi. Tua thuciamnate in, leimite Pasion in hong lainat a, hotkhiat hong sawmna cihte hong theisak hi. Pasion in Noah tawh a thuciamna kipsak phapha a, Noah inzong ki aap mah mah ahih manin, leitung siatna langdonate leh tuiciin hangin leitungbup a kisuksiatna panin, amah leh a innkuan teng ki suaktasak hi.

“Mei sung a sakhituihup limin mi khempeuh’ upna kipsak nading hi a, Pasion sungah kha muangtakin om nading, mihingte tungah Pasion itna leh lainatna hi a; Pasion in leitung tuiciin tawh suksiat sawm mahtaleh, Ama’ hehpihna in leitung tuamveve lai cihthu hong lahna ahi hi.”—EGWhite, *the Story of Redemption*, p. 71.

LESSON 4

April 17 - 23

TAWNTUNG THUCIAMNA**SABBATH NITAKLAM****April 17**

TUKALSUNG SIMDING: *Pai. 3:14; Pian. 17:1-6; 41:45; Dan. 1:7; Pian. 15:7-18; 17:1-14; Mang. 14:6, 7.*

KAMNGAH: “Nang leh nang khit ciang a na suan leh khakte tungah Pasion hih nading tawntung thuciam nadingin, Kei leh nang khit cianga na suan leh khakte tungah amau kang tawntung in ka thuciamna ka kipsak ding hi” *Piancil 17:7.*

Neulai in cisanat ahi a, pneumonia khawng ahi zongin natphat mahmah hun khawng i ciamteh laikha hiam? Zan thapai cisa in, i nuleh i pa bangpen ihmu hetlo in i lupnagei ah tutsa in lungkhamna lianpi tawh hong ensuk gige cikhawng i ciamtehlai hiam?

Tua mihingte mahbangin, Pasion in zong, tuiciin khit ciangin, mawhna tawh cina a, khalam khuamial sungah a omcip hih leitung lupnagei ah tutsa in hong engige dingin ngaihsun in. Tua hangin, hotkhiatna ngiimna teltakin nasepkhop theih nadingin, a thumaan Abram samkhia hi.

Tua bangin, Pasion in Abram tawh thuciamna khat bawlin, amah leh a suan a khakte in Pasion' hotkhiatna thu leh mawhna thaman a teltheih nadingin hilhcian hi. Topa in hih leitung don lo in nusiaplo ding hi. Tukul sung tengin thuciamna leh kamciamte i sinbehlai ding hi.

Tukul Enpak: Pasion' min bang hiam? A khiatna bang hiam? Pasion in Abram kiangah a gen Ama' minte a genna bangzah in kician hiam? Amah a kipulak nadingin bang min zang hiam? Abram' min pen banghangin Abraham ci in khelsak hiam? Min banghang in thupi hiam? Tua thuciamna tungah bang mawhpuaq peuh omhiam?

SUNDAY

YAHWEH LEH ABRAHAM THUCIAMNA

“Hih leitang na neih nadingin nangma tungah a hong pia dingin Chaldea gam Ur khua panin a hong paikhiatpihpa pen, Keimah na Topa ka hi hi a ci hi” *Piancil 15:7.*

Min pen khatveivei vanzuak ciaptehna tawh kibang phial hi. Lungsimsungah teng ngeungau in, tua min zakphetleh, amah tawh kinaihuai gamtatzia khatpeuh kiphawkvat pong hi. Anuai a minte: Albert Einstein, Martin Luther King Jr., Gandhi, Dorcas cihte e. A mimal in amau omzia gamtatzia neiciat uhhi.

Lai Siangtho hun lai-in, nisuahnam gamte ah min khiatna kithupisak mahmah hi. “Hebrew mite in, min peuhmah pen a neipa omzia, ahik keileh tua hun laitak khuahun paizia peuh pulakna in ngaihsun uh hi.”—*The SDA Bible Commentary*, vol. 1, p. 523.

Pasian in Abram tawh akizopcil lai-in, Ama’ min pen **YHWH** ci in hilh hi. Nangmah **“a hong paikhiatpihpa pen, Keimah YHWH ka hi hi a ci hi”** *Piancil 15:7.*

Tua min **YHWH** in Lai Siangtho Lui sungah 6828 veibang kidawk hi napi, thusim theihzawh lohkhath om khinkhian hi. “Tawntungpa” a cihna **hayah** tawh kinaih mahmah a, “om tawntung” “Amah omthei” “a Picing Pa” leh “a Nungta tawntung Pa” cih bangin khiatna nei hi. Hih minteng bangin Ama’ thu in omthei, a thumaanpa cihna lamah pai phadiak hi. Topa pen milimbiate pasian nuntakna neilote tawh enkak leng, a nungta Pasian, nuntakna Bulpi a hihna hong pulak hi.

Pasian mahmah in *Paikhiatna 3:14* sungah **“Keimah Ka hih”** cihhi. Hih min khiatnate in i Pasian pen hun ciangtanh omlo in a nungta, abeisa, tuhun leh mailam a ukpa ahihna pulak hi.

Yahweh in Pasian mintaktak ahi hi. **Ur** panin **Abram** a paikhiatpihpa pen Yahweh hi ci in *Piancil 12:1-3* sungah pulak hi. Pasian in Ama’ min pen Ama omzia, gamtatzia pulakna hi a, Ama’ min tungtawnin Ama kamciamte zong sinthei ding ahik manin, Abram in theisaknuam hi (*Late 9:10; Late 91:14*).

Yahweh, min nangaihsut a, nazakciangin, bang omzia gamtatzia nalungsimsungah hong kilangh hiam? Itna, hoihna, kepna maw? Launa, ukcipna leh thukham maw? Zeisu’ min na ngaihsut phetin bang hong phawksak pahsai hiam?

MONDAY
'EL SHADDAI

April 19

Abram kum sawmkua leh kua a phak ciangin, ama tungah Topa kilangh a, “Kei vanglian Pasion Ka hihi. Hoih takin gamta inla paubaang kei in” ci hi. *Piancil 17:1.*

Yahweh in Abraham kiangah tamveipi mah kilangh hi (*Piancil 12:1, 7; 13:14; 15:1, 7, 18*). Atunga Lai Siangtho mun ah zong, Yahweh in Abram kiang mahah “**Vanglian Pasion**” in na kilangh zel a, tua min pen, **Piancil** laibu leh **Job** laibu tegel bekin zang uh hi. “Vanglian Pasion” cih min pen “**El**” cih pen **Semite** mite Pasion cihna kammal ahi hi. Shaddai khatna pen kitelcian mello hinapi, “**Vanglian**” ci in let uhhi (*Isa. 13:6 leh Joel 1:15 enkak in*). Hih min a kizatna deihna bulpi in, mihingte thanemna leh gitnatlohna pen Pasion’ thahatna leh vangliatna tawh a et-kakna hihtuak pen hi.

Piancil 17:1–6 sim lecin, na khempeuh azaizaw in hong musak ding hi. Banghangin Pasion in Ama’ thahatna leh vangliatna Abram kiangah pulak nuam hiding hiam? Pasion’ thahatna leh vangliatna amuanlel ding banghangin kisamsak hiam? Aneu 6 simpha in.

A laimal ombang lianin Piancil 17:1-6 khialeng, Jehovah in Abram kiangah kilang in, “Keimah in **El-Shaddai** ka hihi; Hoih takin gamta inla, paubaang kei in; Nang tawh thuciam ka bawl ding a, nang tampitak kong phasak ding hi . . . Nang pen minam honpите’ pa na hi ding hi . . . Suan leh khak tampi kong neisak ding hi” a cih teng pen *Piancil 28:3* ah zong omkik hi. Tua lai ah **Isaac** in, “El-Shaddai” in Jacob thupha pia in, pungsak ding hi ci hi.

‘El-Shaddai’ kamciam dangkhat mah *Piancil 35:11ah; 43:14 leh 49:25* sungah kimu a, Pasion’ thupha piakna munte ahi hi. “**El**” in Pasion’ vangliatna, leh **Shaddai** in, a beitheilo hauhna tawh kidim, upna sungah a thumang mite thupha apiapa cihna ahi hi.

Lingpaak in min dangkhat neiphialmahleh zongnamtui veve ding hi cih thucipteh khat omngei a, minin thupilo hi cihnopna hihtuak hi. Tua a hihteh “Ginalo Pasion” “Thanem Pasion” cikhawng Topa’ min hi peuhmah leh koibang lametna leh khamuanna i neizo peuh mah tammaw? Tuni Lai Siangtho mun enkik in. “Vanglian Pasion” cih munah den a min nih gel guang dih lecin. Tua bang lellel Pasion in, eite mai ah hong kilangh peuhmah leh, eite muhna leh muanna in bang aci diam? Tua ‘El-Shaddai’ neite bang lametna hong pia thei hiam?

ABRAM PAN ABRAHAM AH *Piancil 17:4, 5.*

Pasian' minte in khalam thu tawh kizomsak himahleh Pasian cih tawh mawk tawpsaklo hi. Nisuahna lam gamte ah min peuhmah khatna neilo in mawk phuahlo hi. Numei khat *Mary, Susy* cih lel pen tuhun teh lamdanglua khollo hi. Tanglai Semites mite adingin, min phuah ding pen khalam vangikpi in kingaihsun hi. Tua Semitic mite min peuhmah khatna neileh kammal guicing diudeu vive hi a, Nu leh Pate in amau veina khat peuh a phuak uh ahi hi. *Daniel* bang pen "**Pasian in thukhenpa**": "*Joel* pen "**Yahweh in Pasian hi**" leh *Nathan* ahieh leh "**Pasian' Piak**" cihbang ahi hi. Thupitna khat peuhmah apua ngiat min vive ahieh manun, tua min in a puapa nuntakna ah thukhat peuhpeuh piangsakzo hamtang hi.

Anuai a munte simin. Koibang dinmun a genuam hiam? Banghangin a min uh kikhelsak sese hiding hiam?

1. *Piancil 32:28*
2. *Piancil 41:45*
3. *Daniel 1:7*

Thu khat panin, mi khat bang min tawh kizam cih i theihding pen haksa khollo lelta hi. Tua min in, ama tungah thukhat peuh piangsakthei, pianglosak lelpeuh hi. Mi khatkhawng "**mihai**" ahi a, "**melsia**" cihbang tawh, mi tampi in ci huankeei leh, tua bang kekkek in hong piang zawsop thei hi. Mi khat amin khelsak ahi a, min dangkhat peuh i vawh ciang in, tua min tawh kizawitawn khawngin amau leh amau hong kimu in hong gamtang thei dingin a minin huzaapzothei hi. Tua thu ngaihsun leng, Pasian in **Abram** cihpen **Abraham** a cihsaknop dingmah hilel hi. Abram cih pen "**Pa pahtawi**" cihna hi a, tua pen "**mi tampite' Pa**" cihna **Abraham** in khelsak hi. Pasian in a thuciamna kamciam a piaklai in "Keimah in suan leh khak tampi kong neisak ding hi. Nang sung panin minamte ka piangsak ding a, nang sung panin kumpite hong piangkhaia ding hi" (*Piancil 17:6*), a cih bangin, a min in thu tampi khelzo hi. Abraham in Pasian a muantheih nadingin a piansaktawm hi a, kum 99 a phakhin puteek in aciing pi-teek khat tawh kiteng talailai hi. Abraham upna khantoh theih nadingin a piansak ahi hi.

WEDNESDAY

April 21

THUCIAMNA CIALTE (*Piancil 12:1, 2*)

Hih mun nihte sungah Pasion' thuciam **cial thum** lakpan a cial masapen ahi hi. Pasion in Abram va naihzaw a, thu pia in, kamciam khat pia hi. Tua bangin Pasion in a va naihna pen lainatna leh Ama' hehpihna tawh thuciamnaa ngah masabel dingin Abraham teel hi. A *thupiakna* sungah Pasion pummuanna kihel hi (*Heb. 11:8*). A *kamciam* (*Piancil 12:1-3, 7*) pen Abram leh suanh akhakte adingin a tuampiakpen sungah, leitungmi khempeuh huam hi (*Piancil 12:3, Gal. 3:6-9*).

Abram tawh Pasion thuciamna cial nihna in Piancil 15:7-18 sungah omhi. Cial khatna a thute koimunah kimu theilai hiam?

Pasion in Mi a naih na? Aneu?.....

Thumang dingin mi hong sam? Aneu?.....

Pasion Kamciam? Aneu?

Acialnihna ah, Topa in Abram kiangah ganhing phelkhapte kikal ah kilangh hi. Ganhing thumteng kigo in kiphelkham a, a langnih in koih in a kikal mun awngsak hi. Vasate zong go hi napi phelkhamlo hi. Thuciamna sung lutding peuhmah, tua gan kiphelkhamte kikal panin pai in lut ding a, Pasion hong vaihawmsaksa teng thumanna tawh sangin kamciam piakna ahi hi.

Abraham tawh thuciamna bawl a cial thumna leh a nununpen hun laitakin bang thupiang omhiam?*Piancil 17:1-14.*

Abraham min khatna pen Pasion in mi khempeuh a hotkhat nading deihna leh sepdan dingteng ahi hi. "Minam tapi" a cih ciangin **Jew** mi leh **Gentile** mite zong huam hi. Lai Siangtho Thak in bel Abraham suan leh khak taktakte pen Messiah kamciam a ummi, Abraham bang upna a neimi cizaw hi (*Galati 3:7, 29*). Abraham tungtawnin, mihing a omzahzah, bang minam peuh hitaleh, Topa in honkhia nuam hi. Tuni in zong bangmah kilamdanna omtuanlo hi.

Vantungmi khatna thupuak Mangmuhna 14:6, 7 sim in. Vantungmi in Abraham thuciamna tawh a kizawitawn bang thu gen hiam? A thupuakte koi bangin kibang naci hiam?

“Topa in Abraham tungah a ciansa thu a tunsak theih nadingin, ama khit a atate leh a innkuanpihte in thuman leh thutangan nasepna tawh, Topa thupiakte a zuihtheih nadingin a hilh dingin amah ka teel hi.” *Piancil 18:19.*

I sinsa khempeuh sung panin, thuciamna pen hehpihna hangin, Pasion in ei septheihloh teng hong sepsakna cih i thei khinzo hi. Abraham thuciamna sungah paulam theihding omlo hi. Pasion in hong hehpihna tungtawnin Abraham leh ama vanneih bangbang tawh, leitung khempeuh ah hotkhiatna tangko dingin teel hi. Pasion' thuciamnate a picintheih nadingin Abraham in deihna tawh sangin thumanna leh upna tawh a sepkhiat ding kisam hi. Abraham lam panin thumanhna a omkeileh, Pasion in amah zang theilo hi. *Piancil 18:19* in hehpihna leh thukham akizopna gen hi. A hehpihna tawh kam hong a, Abraham pen Topa' thu a mangdingpa leh a innkuante zong a mang sak dingpa hi cih. Upna leh sepna zong hih tengah kipawlkhawm hi (*James 2:17*).

Piancil 18:19 sungah kammal a nunung lamteng ngaihsunpha in. Abraham thumanna tawh kisai bang gen hiam? Thumanhna hangin gupna ngah i hih samloh hang, hihtengah banghangin kithupisak hiam? Thumanhna lotawh thuciamna a picingthei ding hiam?

Thuciamna hangin thupha pen, a kisamteng i hihloh in bangmah hamphatna omtheilo ding hi. Tua dinmunte in thuciamna bawl na'ngin kisampah a hihlohhang, itna, upna leh thumanhna tawh i thukkek ding ahi hi. Pasion leh mihingte kikalah kizopna pulakna ahi hi. Pasion in a mite ading a kamciamteng a picintheih nadingin thumanna mah a bulpipen ahi hi. Thumanlohna tawh thuciamna palsatna pen kipawlkhopna tungah cihtaklohna ahi hi. Thuciamna a kipalsat ciangin hong piak ding lampan kipalsat hizawlo a, picinsak ding lampan kipalsat hizawden hi.

Topa tawh na kikholhna ah, thumanhna a phatmawhzia na mukha hiam? Nangma phuutkhakna pan ahi a, Lai Siangtho pan ahi zongin, thumanlohna hangin tua thuciamna leh a kamciamte picinsak zawhlohna a om hiam? A om leh bangteng hi a, cihdam nadingin bang teng thupi ding naci hiam?

FRIDAY

April 23

NGAIHSUTBEH DING: EGWhite, *Patriarchs and Prophets* pan “**The Call of Abraham**,” pp. 125–131; *The Acts of the Apostles* pan “**Jew and Gentile**,” pp. 188–200, simin.

Sakhituihup in Pasion leh Noah kikal thuciamna ahi hi. Pi-ancil 17:10 sim inla, Abraham tawh a thuciamna banghiam zongin. Vun aatsak hi: (1) Abraham suanh leh Gentile a khentelna (*Eph. 2:11*), (2) Jehovah’ thuciamna kipkho sakding(*Pian. 17:11*), (3) lungsim sianthosak nading (*Paik. 10:16*), (4)Upna tawh dik kisakna lak (*Rom. 4:11*), (5) Lungsim vun aatna limlak ding (*Rom. 2:29*) (6) Christiante ki tuiphumna hilh ding (*Col. 2:11, 12*).”—*The SDA Bible Commentary*, vol. 1, pp. 322, 323.

Sakhituihup in leitung beidong mahin Pasion kamciam limkipkho hi tawntung ding a, vun aatna bel kipkholo ding hi. Paul genna bangin, Abraham in Pasion kiangpan upna tungtawnin dik kisakna a ngahna lakna in vun-aat hi (*Rom. 4:11*). Tua bangin kum zalom tampitak sung tawntung vun-aatna in thukham zuihna in kiptawntung hi. Lai Siangtho Thak hun hong tun ciangin vun-aatna in a thupitna omnawnlo hi. Vun-aatna munah, Zeisu Khazih sungah upna, upna hangin thumanhna in nuntakna hong puahphatsak hi. Galati 5:6; 6:15 leh 1Corinth 7:18, 19.

KIKUPDING DOTNATE:

1. **Upna leh sepna a kizopna kikum dih vo. Khat omlo in a dangkhat guak omthei ding hiam? A omtheih-keileh, banghang, koibang hiam?**
2. **“Abraham mah bangin mi tampi zia-et thuak uhhi. Pasion in vanpan in mai kimu in hopihkha hetlo uh ahihang, a thubu leh amau ading a vaihawmsakte tawh hopih tawntung hi. Leitung hauhtheihna minthantheihna cihte nusia in, sum-bawlana kipawlnate sanggam unaute tawh kikhenlawh liangin; pumpi nialna, haksatna leh ki piakkhiatna cihte thuakkha ding uhhi.**

Pasion in amau septheih ding nasep nei hi; lamnuam leh lawmte tawh kikholh lelana in, tuathu picinsak na’ng khaktan thei hi. Mihingte huzaap mawkmawkte pan kihep ding, Pasion’ huhna bekmah ngaingamh ding, Pasion bekmah suangin muang dingin Amah hong kipulaak hi.”—Ellen G. White, *Patriarchs and Prophets*, pp. 126, 127.

THUKHUPNA: Pasion in Amah tawh kikhawltuam dingin Abraham samkhia hi. Amah hangin leitung bupin hotkhiatna angahtheih nading ngiimna ahi hi.

LESSON 5*April 24 - 30***KAMCIAM TATE****SABBATH NITAKLAM****April 24**

TUKALSUNG SIMDING: *Piancil 15:1-3; Isa. 25:8; 1Cor. 2:9; Mang. 22:1-5; 1Pet. 2:9; Pian. 11:4; 12:2.*

KAMNGAH: “Leitung bei dongin note ka hong ompih tawtung ding hi.” *Mate 28:20.*

Pa in kumsawm apha a tanu tawh tuipigei ah tawlngak hun la uhhi. Nikhat tuipi sungah tui a pek vualeh, tuipeksiam mahmah uh hinapi, tuinawl tawh hong kigamla vat uhhi. Pa in bel tuihual zui in amau pata tuithuklam tungphei cih thei in, a tanu sam a: “**Mary** aw, tui nawlah huhna ngen dingin vapai ningin, na tawl mahmah ciangin na nunglam in pekin. Tua hileh sun thapai zong tui tungah nunglam in ki omzo hi. Hong paikik ding hi’ng aw” cih.

“A sawtlo in mizongte leh gunkuante tuipi tungah tua nu zongin hong pai ngeingai uh hi. Tuinawl panin mi a zasimte in, lung himawh mahmahsa in tua nu ngakin om uh hi. Nai 4 sungbang khit ciangin tua nu tui tungah anunglam in laam-hithiatpen mizongte in tuinawlpan gamlapipek ah mu uh a, cidam takin tuinawl hong tun thei uhhi. Amah lunghihmawh tuak khollo lel hi. “Pa in, nunglam tawh sun thapai kilaamzo lel hi, kei hong paikik ding hi’ng hongci ahih manin tua bangin ka na ngak a, amah hong paikik cih ka thei hi” ci hithiat lel hi. —H. M. S. Richards, “When Jesus Comes Back,” *Voice of Prophecy News*, March 1949, p. 5.

Tukal Enpak: Banghangin Topa in Amah Abram’ lum kici sese hiam? Leitungmi khempeuhin Abraham tungtaw-nin koibangin thupha sang ding uh hiam? Thuciamna kamciamte lakpan a koipen lianpen ding hiam?

**SUNDAY
NA LUUM**

April 25

“Hih thute khit ciangin mangsungah Topa’ thu Abram’ kiangah hongtung a: ‘Abram aw, lau kei in, Keimah in lauhuaina panin nang ka hong hu ding a, na thaman lian mahmah ding hi’ aci hi.” (*Gen. 15:1*).

Piencil 15:1–3 simin. Tuathu a kipiakna athu kizoppih teng ngaihsun in. Banghangin Topa in Abram kiangah “Laukei in” cimasa hiding hiam? Abraham lau nading bang om aitam?

Topa in Abram kiangah “Keimah Na Lum” Kahi hi acihpen lungngai phadiak ding hihang. Mimal kammal a zat ciangin amimal in kizopna nei cihna ahi hi. Pasion in mimal khat simin hong kizoppih a, eite zong tua mahbangin hong kizoppih hi.

Lai Siangtho sungah **“Lum”** cih kammal akizat masakpenna mun hipah a, Pasion in Amah a kipulakna kammal ahi hi. Lai Siangtho laikungpu dangte in zongbel mundangdang ah zang uhhi (*Thuhilhikikna 33:29; Late 18:30; Late 84:11; Late 144:2*).

Pasion in Amah ngiatpen mikhat’ ading lum a kicih ciangin bang acihnopna hiding hiam? Abram tungbekah a cih mawleh, tulai eite tungah zong hi lo ding maw? Tua kamciam eite ading i cingam tammaw? I pumpi hong kisukhalo ding cihna ahi tam? Koibangin Pasion khawng lum hithei ding hiam? Nang teldan e leh?

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“Khazih in thu phamawh hun ciang hong don vat bek hi lo a, Nu in ta a lainatna sangin khauh zaw in hong lainat hi. I Honpa in mihing thuaksiatna temah ahi dahna, kosiatna, pampaihna, nialna, simmawhna leh sihna ngiat tawh hongtan ngiat hi. Pasion’ tate patauhna hongmu gige hi. Ama’ kepna sungah hong lungmuangsak ding hi. Leimi thanemna lel in, Pasion kiang i zuatna’ng lampi hong khakzolo hi. Pasion tawh eite kikal ah hong palai dingin Amah’n sihna dongin thuak khinzo hi.”—Ellen G. White, *Sons and Daughters of God*, p. 77.

Rolando a kicipa pen, mihing mitmuh in Topa nungzui citak khat ahi hi. Tua laitak, lamet lohpi in sivat hi. Pasion in ama’ lum hinapi abangci mawk hiam? Pasion in eite’ lum cih penin khatna dang a neilai diam? Telgen dih vo. Pasion in bang panin hong dal dingin hong kamciam ahi diam? (*1 Cor. 10:13*) simlai in.

MESSIAH KAMCIAM: Khen 1

“Nang leh na suan leh khakte hangin leitung minam khempeuh in thupha ngah ding uhhi.” *Piancil 28:14.*

“Khazih tawh na kipawl nak uh leh Abraham’ suante na hita uh a, Pasion hong khap thute a ngah ding na hi uhhi.” *Galati 3:29.*

Na suan leh khakte hangin leitung minam khempeuh in thupha ngahlawh ding cih, Topa in khatvei sangin tamzaw ciphapha hi (*Piancil 12:3; 18:18; 22:18*). Thuciamna khempeuh lak panin hih thuciamna pen thupipen leh adangte zong tua thuciamna mahin picing-sak ding ahih manin, tua thuciamna suut phapha hi. Thukhat panin tua thuciamna in Jew minam hong piankhiatna zong hipah a, tua minam mahin *“leitung minam khempeuh”* kiangah Pasion hotkhiatna tangthu a hilh dingin Topa in a deihna ahi hi. Himahleh, Abraham suanleh khak panin hong piangkha *“leitung minam khempeuh”* mawhna thaman Singlamteh tungah a piaksakpa Zeisu Khazih hang bekin tua kamciamte in picing ding hi.

Tuiciin khit phetin Topa thuciamna, leitung tuiciin tawh susia nawnlo ding cih kamciamte ngaihsun dih in. Zeisu sungah hotkhiatna omlo hileh, tua thuciamna in bang phattuumna hong pia thei peuhmah ding hiam? Khazih hangin tawntung nuntakna kamciam omkei peuhmah leh tua thuciamna in bang phattuumna omding hiam?

Abraham suanleh khakte tungtawnin “leitung minam khempeuh” in thupha sangding cihpen nang teldan gendih in. Bang a cihnopna hiam?

Pasion’ kamciam khempeuh lakah leitung **Honpa** kamciamna mah kamciam lianpen ahi hi. Tua thuciamna sungah a sepding akisam khempeuh leh geelna khempeuhah, tua Honpa mah a bulpi ahi hi. **Jew** mileh **Gentile** mi khempeuh in Honpa tawh akipawl manin Abraham’ innkuan taktak, kamciam bangin gamhluah ahi uhhi (*Galati 3:8, 9, 27-29*). Tua bangin siatna, natna leh thuaksiatna cihte omkik nawnlo in nuntak tawntung ding kamciamna ahi hi. Tua sangin lianzaw kamciamdang na theikha hiam?

Mawhna leh thuaksiatna om nawnlohna leitungah tun-theih nadingin eite hong zolzo kamciam ahi hi. Eite pen tuabang ding mahin hong kipiangsak khinsa hi a, eima dinmunlui mah aki lungguhkhik i cithei diam?

TUESDAY

April 27

MESSIAH KAMCIAM: Khen 2

“Lungnopna i ngahtheih nadingin gamlapi ah khualzin kul hi”—Thomas Browne.

Atung a kampau pen en lecin, AD 1600 kiim a kipau ahi hi. Thukim maw thukimlo? 1Thessalonian 4:16–18 leh Mangmuhna 3:12 simbeh in.

Augustine in zong mihing omzia agelhna ah: “Eite nuntakna pen anuam hetlo vive tawh a kidim nuntakna hi a- i piampilimin minam ginalo hipah malam hihang. Phawk masak dingin, Adam’ tate khempeuh in, alauhuai, theihlohna kuam sungah khialhna vive tawh kidim, khuamialcip tuikhuk sungah nasep gimna khitui leh launate paninkuamah suakta zolo in omcip i hi uhhi. Man neingiatlo leh aguuhang lungsim natna, haksatna, lungkhamna, launa cihte: kilemlohna, galdona leh kilangpanna, guktakna, kiluhna; thumaanlohna leh kisaktheihna, hazatna leh lunggulhna, tual kithah ngongtatna, gitlohna, thukham neihlohna, a siangtholote ah zummawhna, zualzangna, numei buanin tat siatna; biakna langdo in mawhna, thu-um kineihna tawh Pasion simmawhna, vengte langkhatah mawhna, khemna, zuau teci pana, mineihsa tungah ngongtatna; zumkong mangkong pan thumaanlo thukhentatna cihbangan simzawhloh natna siatna tampi takte tawh i leitung kidim pikpek in, ki-awlmawhlo lailai hi.”—Augustine of Hippo, *City of God*, Gerald G. Walsh, S. J. trans. (New York: Doubleday & Co., 1958), book 22, chap. 22, p. 519.

Augustine’ kammalte pen tuma kum tul leh zanga (1500) vallai in apau hi napi; tulai khuapilante sungah tam mahmah hi. Tuata lakpan mite suakta nuammahmah napi, bangmah kikhel zolo lel hi.

Kamphatna tawh, hun haksa mahmah kawmkal ah, i mailam khuavak hi. Tua pen Pasion in, Zeisu Khazih hong sawl a, anuntakna, asihna, athawhkikna leh eite siampilianpa a sepna hangin Abraham leh leitung minam khempeuh adingin thuciamna sungah hong kamciam khempeuh picingin thupha sang ding hihang.

Augustine kammalte enin. Leitung a dahhuaizia nangma ngaihsut bangin gelh dih in. Tua ciangin Lai Siangtho enkik inla, Pasion in Zeisu Khazih sungah bang hong kamciam hiam zong in. (Isa. 25:8, 1Cor. 2:9, Mang. 22:2–5). Tua kamciamte muang in. Nang a hisak in. Tua hileh thuciamna in bang hiam cih natelzo pan ding hi.

A VANGLIAN A THAHAT MINAM

Pasian in Abraham a kamciam lai-in leitung minam khempeuh amah hangin thupha sang ding cihbek hi lo a, amah zong “**a vanglian a thahat minam**” suaksak ding cilai hi (*Piancil 18:18; 12:2, leh Pian. 46:3*). Tua nangawn piteek ta neih hun khengsa tawh a tengpa tungah kamciam ahi hi. Abraham in suan leh khak gen thadah tapa khat zong a neih lohpi in tua kamciam pia hi.

Ahih hang tua kamciam Abraham nuntak sungin picing nailo hi. **Isaac** leh **Jacob** in zong mukha nailo uhhi. Pasian in Jacob tungah tua kamciam mah ciampaha lai a, **Egypt** gam pan tua thu picing ding (*Piancil 46:3*) ahihna zong hilhlai hi. Jacob in amuhpah lohhang, Egypt gam pan mah in hong picing hi.

Banghangin Topa in Abraham suanhte kekkek minam tuamin bawlsawm sese hiding hiam? Topa in hih minam pen gam tuam khatin koih nuam ahilel diam? Hih minam hong pianna in bang deihna nei hiam? Paikhiatna 19:5, 6; Isa. 60:1-3 leh Thuhilhkikna 4:6-8 sim inla, nang muhdan gelhsuk dihin.

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Lai Siangtho sungah bel Pasian in, Israel’ teci panna tawh leitung minamte hupnuam hihtuak a, amau pen Pasian’ thupha a saan manun lungnuam, cidam in a siangtho ding ci hi. Tua bang minam bekmahin Piangsakpa deihna leh a thupha piakkhiatte lakkhi-azo bek ding cihna ahi hi. Leitung mipite khempeuh Pasian mantaktak a bia dingin kaizawn ding cihna hi (*Isa. 56:7*). Tua bangin leitung mi khempeuh pen Israel leh, amau Pasian; Leitung Honpa Mesiah cihte kiang lamah hong kikaikhawm ding cih a deihna ahi hi.

“Israel mite in Pasian khapsa gam khempeuh luah ding uh hi. Pasian maan biak ding leh ana sep ding a nial minamte neihsa khempeuh kisutsiang ding hi. Ahih hang, Israel in Pasian omzia pulakin mi khempeuh Pasian kiang zuatpih ding deih hi. Leitung buppi ah lungdamthu tangko ding zong deihlai hi. Biakpiakna a neih kawmkawmun, minamte maiah Khazih laamsang ding uh a, amu khempeuh nungta ding cih zong deih hi.”—Ellen G. White, *Christ’s Object Lessons*, p. 290.

Topa in Israel tungtawnin a sepnop thute leh tuhun i pawlpite tungtawnin a sepnop thute a kibatna namuthei hiam? Na muh leh bangteng ahi thei diam? 1Peter 2:9 simin.

THURSDAY

April 29

“NA MIN KONG LIANSAK DING HI”

“Thupha angah dingin minam lian khatin nang hong bawlin, thupha hong pia in, namin kong liansak ding hi.” *Pi-ancil 12:2.*

Pi-ancil 12:2 sim lecin, Pasion in Abraham’ min liansak ding kamciampia cihteh minthangsak cihna hi. Topa in mawhnei khat lel bangzahin thumang taleh banghangin tua cibawl nuam ahi diam? Min lian kua in kiphu hiam? (Rom. 4:1–5, James 2:21–24). Pasion in Abraham pen ama’ angsung adingin minliatna aneisak hiam? Tua sang athuthukzaw peuh ahi hiam?

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Pi-ancil 11:4 leh Pi-ancil 12:2 simkakin. A kilamdanna lianpi bang hiam? Khatin “sepna tawh hotkhiatna” leh khat leuleu in “upna tawh hotkhiatna” a hih theihna gentel in.

Hotkhiatna pen Khazih in eite hong sepsakna bekma h i ci tazongin- Pasion’ hehpihna a ngah eimahmah sepkiat hong kul veve hi. I sepding i bawlding omveve a; suakta takin teelsiam kul hi. Khanggui tangthu, Khazih leh Satan kidona cihte pen eitung-tawn ahi hi. Tua galdona sungah vanmite leh leimite khempeuh in apiangthu engige uh hi (*1 Cor. 4:9*). Kua peuh i hi a, bang peuh i gen a, bang peuh i semzongin, eima’ muhban ciangbek tawh hi a, tua mah in vannuai bup banin linglawngsak zoveve hi. Kampau luheek leh lungsimpuaktawh Topa’ min i thangsak thei a, Topa ading a maizumhuai zong i bawlthei hi. Tua hi a, Topa in Abraham kiangah namin kong liansak ding hi a cih ciangin, leitung mite hong pahtawina banglelpeuh hi loding hi. Pasion’ maiah minliatna pen, gamtatna, upna, thumanna, kiniamkhiatna, midangte itna cihte hi a; lampi dangdang tawh leitungmite hong pahtawi mawkmawkna pen, leitungin a zon ding min liatna taktak hi lozaw hi.

Leitungmi Pasal Numei min lian neite enpha lecin, kineihsiamte, gamvai nasemte, limsuai siamte, mihaute cih bang vive ahi hi. Hih mite a minthangsak pen bang ahi hiam? Abraham vangliatna tawh enkak dihin. Leitung in vanglian a saknate bangzah in siathuai hi na cih theih lawh diam? Leitungmi muhna in, vangliatna taktak koibangin huzaapzo thei hiam?

NGAIHSUTBEH DING: EGWhite, *Patriarchs and Prophets* pan “**Abraham in Canaan**” pp. 132–144 leh “**The Test of Faith**,” pp. 145–155, cihte simin.

“Abraham thuak zia-etna zong neulo hi. A kingente zong piakkhiatna neu hihetlo hi. Hinapi tua sapnate ziakai hetlo in dawng pah hi. Khapsa gamthu zong bangmah dongse nawnlo hi. Pasion in a cikhkit nakleh, a nasempa in mang ding; leitungah nuam a sakpen namunin, Pasion in adeihsak namun peuhpeuh ahi hi”—*Ellen G. White, Patriarchs and Prophets, p. 126.*

Abram in Canaan a lut lianin, Topa hong kilangh a, ama’ khualzin gamvakna munteng pen a suanh akhakte luah ding leitang ahihna pulak hi (*Piancil 12:7*). Pasion in tua kamciam tamveipi mah suutkikkik hi (*Piancil 13:14, 15, 17; 15:13, 16, 18; 17:8; 28:13, 15; 35:12*). Tua khit kum zalii bang ciangin tua kamciammah, Topa in **Moses** tungah pulakkik leuleu (*Piancil 15:13, 16*) a, Egypt gam panin paikhia in bawngnawi leh khuazu a luanna gamah paipih ding cihi (*Pai. 3:8, 17; 6:8*). Pasion in khatvei mah **Joshua** kiangah tua kamciam pulak leuleu hi (*Joshua 1:3*). David hun in tangzai takin tangtung himah taleh picingzo nailo hi (*Piancil 15:18–21; 2Samuel 8:1–14; 1Kumpi 4:21, 1Khang. 19:1–19*).

Hebrew 11:9, 10, 13–16 simleuleu in. Hih tengah pen Abraham leh a dang Pupa khempeuh in Canaan pen limpi khatmah in umuh a, Pasion gupsa mite’ inn hong hilkhholna hi ci in sangtek uhi. Mawhna sungah bel innkip lokip omtheilo hi. Nuntakna in khualzin banglel a, “meilum tawlkhathung kai in a mangthangpak tawh kibang lel hi” (*James 4:14*). Khalam a Abraham suanhte hihna dungzui in, “eite adingin hih leitungah akip khuapi omlo ahih manin, hong piang laiding khuapi azong ihi hi” (*Heb. 13:14*). Mailam thu in kipkho mahmah ahih manin, hih a kipkholo a muat leitungah eite hong lungmuangsakzo hi.

KIKUPDING DOTNATE:

1. **Pasion in leitungthak khat hong kamciamna in eimau Christian nuntakna koibangciang hong sukhazo hiam?** (*Mate 5:5; 2Cor. 4:17, 18; Mang. 21:9, 10; 22:17*).
2. **“Vangliatna maan taktak cihpen, Pasion’ deihsa leh a thukham pum zuihsa pan hong piang hilel hi.”**—*SDA Bible Commentary*, vol. 1, p. 293.

CINGTOM: Kamciamte! Thu-um mi tading bangzah manpha hiam! Picing takpi ding hiam? Upna in, Aw leh cipeuh hi.

LESSON 6

May 1 - 7

ABRAHAM' SUAN

SABBATH NITAKLAM

May 1

TUKALSUNG SIMDING: *Ezek. 16:8; Thuhilhikna 28:1, 15; Jer. 11:8; Piansil 6:5; John 10:27, 28; Gal. 3:26-29; Rom. 4:16, 17.*

KAMNGAH: “Pasian in a hong teelkhiat minam, kumpi siampi pawl, a siangtho minam, Pasian’ mite nahi uh a, khuamial sung panin a lamdang mahmah ama’ khuavak sungah a hong samkhiapa’ nasepna a lamdangte genkhia dingin, Pasian in a hong teel mite na hi uh hi.” (*1 Peter 2:9*).

Khuanu khatah, suangmanpha zuakpa tawlet panin et ciangin, anai pen 08:45 in khawl hi. Khua sung mi tampi takte in hun theih na’ngin tuantai a enzel uh ahi hi. Tua ni zingsangin nasem mi tampitak in, tua tawlet panin nai a etuh ciangin nai 9 satna’ng minute 15 bang samlai buang e ci uh a; sangnaupangte in zong asang paina lampi vuah tuantai enuh a, minute 15 neilai hang e ciciat uhhi. Tua nai a khawl manin, tua ni zingsangin mi tampi takmah ziakaikha uhhi.—*C. L. Paddock, God’s Minutes (Nashville, TN: Southern Publishing Association, 1965), p. 244, adapted.*

Israel mite ginatlohna tawh kituak tabuang ey mataw. Topa in Israel pen “leitung laizang ah” koihi hi (*Ezek. 5:5*). Afrika, Europe leh Asia gamte kikal lei dinmun lianah om uh hi. Leitung khempeuh adingin khalam “**nai**” ahih ding uh ahi hi.

Israel in, suangmanpha zuakpa tawlet a naikhawl mah tawh kibang hi. Sup siangna bel hi naikei sam e. Tu hun in Pasian in a beibaang mi citakneilai hi. Tukul i sinna in, akhang akhangin Israel mitaktak ahi eite mahmah zong hong hilh nuam ahi hi.

Tukul Enpak: Topa in Israel tawh bang thuciamna kamciam bawl hiam? Amau dinmun e leh? Tua minam in tua kamciam tungah bangzah in kipding uhham? A thumanloh uh ciangin bang piang hiam?

“MI KHEMPEUH TUNGSI AH”

“Note pen Topa note Pasion tungah a siangtho mi na hi uhhi: leitungmi khempeuh sung panin ama’ mi ahi dingin Topa Pasion in hong teel na hi uhhi.” *Thuhilhikikna 7:6.*

Tua vai in bel dotna venglel hi: Topa in Hebrew mite pen leitungah *atuamvilvel* in Pasion aiawh dingin a teelngiat ahi hi. *“A tuam-vilvel”* cih kammal pen, **segulah** pan kiletkhia hi a, *“neihsa van manpha,”* leh *“sehtuam”* khawng a cihna ahi hi. A thupi penpen i theih dingin, hih teelkhatna pen Pasion nasepna hi a, a hehpihna hong lahna ahi hi. Mihingte lakah tua hehpihna tawh a kiphu khatbeek zong omzo hetlo hi. Omlo mah ding hi. Hehpihna in kiphu lopi in a kipiakhia hizaw hi.

Ezekiel 16:8 simin. Topa in Israel a teelna koibangin hong hilhcian hiam?

“Banghangin Yahweh in Israel teelse hiam? Tuabel thusim khat ahi hi. Amah in mi citawm ngeina lianlua nei khollo vang neikhollo lel hi. Tua bang teelna ngah theihna’ng mimal siamna zong neituan khollo hi. Ateelding penbel Pasion bekma ahi hi. A teel theihna hangthu bel Pasion’ itna hi lel bek hi. A hang thu bulpipen bel, Pasion in Israel **itin teel** a, apupate hun panin kamciam khinzo hi. Yahweh’ itna leh dikna hang bekin kiteelkhia ahi hi. **Yahweh** vangliatna tawh Egypt sal panin kikhahkhia hi. Hihbang thuteng hangin amah pen asiangtho tuam leh keptuam minam ahihlam kitei taken. Tua ahih manin themcikkhat bek a sawiphial zongin a zumhuai mahmah mawhna hiding hi.”—*J. A. Thompson, Deuteronomy (London: Inter-Varsity Press, 1974), pp. 130, 131.*

Pasion’ geelnasa ombangin, Israel mite peuhmah pen kumpinam leh siampinam ahi uhhi. A gilo hih leitungah, amaute kumpite, lungsim leh kha lamah mawhna a zogawp dingte ahi uhhi (*Mang. 20:6*). Siampite hi uh a, thungetna, phatna leh biakpiakna tawh Topa kiang naih dinguh hi. Leitungmite leh Pasion kikal ah palaite ahihmah bangun, siate thuhilhite leh kamsangte hi a, etteh takcing a siangthote, vantung biakna maan a lakkhia mite hiding uhhi.

Tuni Lai Siangtho mun en lecin, “leitung mihing khempeuh sung panin”cihi. Tua kammalte in kiniamkhiat theihna leh kiphatsak theihna kammalte hi uh a, bang a cihnopna hidingin nangaihsun hiam? Koibang danin “mi khempeuh tungsi ah” om thei ding uh hiam? Ei pawlpi in zong tua lungsim i puazo ding hiam? Koi bangin maw?

MONDAY

May 3

LEITANG PIAKNA *Piancil 35:12.*

Pasian' mi, Israel mite tungah leitang pia ding cih kamciam pen, **Abraham** tungah kiciam masapen a, tuakhit **Isaac** leh **Jacob** tungah kisuut suksuk hi. Joseph in a sih kuanin akam vaikhakna ah suutkik hi (*Pian. 50:24*). Pasian in Abraham kiangah, asuanhte in tuagam alakma in "**kum zalii**" paiphot ding hi cih (*Piancil 15:13, 16*). Tua kamciam a tangtun hun pen **Moses** leh **Joshua** hunlai ahi hi. Moses in tua thu a suutna ah: "En-un, note maiah leitang ka koihzo hi: pai unla . . . luah-un" (*Thuhilhikik 1:8*).

Thuhilhikikna 28:1, 15 simin. Bang thu peuh kipulak hi-am? Thuciamna picinna khat in leitang kipia hi. Thuciamna cih zong mawhpuak neilai hi. Israelte in bang mawhpuak nei uh hi-am?

Thuhilhikikna 28 apatna lam tengah, Israel in Pasian' thu a manvua leh, a saandinguh thupha kigualsuk hi. A zom teng ah, azuihkei vualeh atungding samsiatna teng gualsuk leuleu hi. Hihbang samsiatna tepen avekpi ahikei zongin a tamzaw pen amau mawhna hanguh hilel hi. "Leitung pumpi deihna khaici a vawhleh sihna ngahding" cih (*Gal. 6:8*). Tui bangin, amah guak nusia leng, a maitang akikim masiah peuhmah luang suksuk mai a: nai bangin, khawlo in abei mateng paipaille: singkung bangin koihlel leng khangkhangin ama' gah ding gahlel: tua bangin, mawhna in zong ama maitang kikumdong zong, aluanna'ng lampi zong, agah ding mah gah in, "na khempeuh a tawpna in sihna" hi lel hi (*Rom. 6:21*).—*The Pulpit Commentary: Deuteronomy, H. D. M. Spence and Joseph S. Exell, eds. (Peabody, MA: Hendrickson Publishers, 1890), vol. 3, p. 439.*

Kamciam leitang tawh kisai in, tua kamciamna in kimawkci-am hetlo hi. Thuciamna' phel khatmah hiveve hi. Israel in zong ama' mawhpuak tengmah aguicinsak keileh, tua kamciamte a mawkna suak ding hi. Topa'n kiciantakin agenna ah, thumang kei uhleh, tua leitang amau khut sung pan kilakik ding hi. *Siampi laibu 26:27-33* simin.

Christiante in, vanthak leh leitunghak khapsa gamte i lamen hi. Hebrew mite ading gam akhap mah bangin eite zong vanthak leithak hong khapsa ahi hi. A kibanlohna ah, tua mun i tunkhit nakleh taanngai nawnlo in neisuak ding hihang (*Daniel 7:18*). Tualai tun theih nading dinmun pawlkhatbel omlai hi. Tua dinmunte bangteng hiding hiam? A diakin upna bektawh hotkhi-atna ah bangteng tawh kizom ding hiam?

TUESDAY
ISRAEL LEH THUCIAMNA

May 4

“Ahih hangin amaute in ka thu hong manglo in a bil uh hong ngatlo uh a, agitlohna lungsim uh azui tentan uh hi. Hih thuciamna a zuih dinguh thu ka piak hangin, hong nial veve uh ahih manun, tua sunga thute avekpi in ka tungsak ding hi.” *Jeremiah 11:8.*

I Lai Siangtho mun enin. Topa in “hih thuciamna sunga om thu khempeuh” tungsak ding cihi. *A sia mahmah thu khat a gen hi gige hi!* Tua thuciamna in thupha vive hi napi, laimai langkhat neilai hi. Noah tangthu sungah kimuthei pah hi. Pasion in thupha lamdang mahmah Noah kiangah kamciam a- kisiatna pan suahtakna hi a, Noah in tua thuphate a ngah theih nadingin a thumanna kisam hi. Thu mangkei lehlah thuciamna laimai langkhat a omteng ama tungah tungpah ding hi.

Atungia Lai Siangtho mun pen Piancil 6:5 tuiciin masang leitung omzia tawh enkak in. Aki zawitawn hiam? I lungsimte kepciat ding a thupitna bangteng hong gen hiam?

Israel mite’ khangtangthu pen bel lampialna vive kisuut suk-suk mai a, thukhenna thuak zel, kisikkik zel, thuman hun nei zel uhhi. Kumpi David leh Solomon hun sung bekmah khapsa gampen hoih takin kemzo uhhi.

Israel mite lampialna Jeremiah ciaptehna bang endih in. “Mi khatin a zi ma henla, tuanu in zong amah nusia in, mi dangkhat’ zi vasuakleh, a pasal masa in tua nu lakik thei ding ahi hiam? Tua gamteng a ninsak khin suak ding hi lo ahi hiam? Nang pen numei paktat suak in mi tampi tawh na ki ngai khinzo napi in, tu in kei kiang hong zuankik na hi hiam? Thumaanlo zi in a pasal a nutsiat bang in, Israel mite aw, no zong kei tungah nong thumaan kei uh hi” (*Jer. 3:1, 20*).

Hih thu in tangthu pawlkhat hong phawkkiksak a: Pasion tawh thuciamna pen, sumbawlte bangin atam zuakzo penpen khawngin thupha sangding cihbang hi hetlo hi. Thuciamna sungah kipiakkhiatna zong kihelngiat a, siangtho kiteenna thuciamna mahbang hi a, Topa in zong tuamah deihngiat hi.

Israel’ lampialna bulpi in thumanlohna hipaklo a, Topa tawh mimal kizopna palsatuh ahih manun, thumanlohna tungsuak in, thukhenna dong thuaksuakkha uhhi.

Christiante adingin mimal kizopna in bang hangin phamawh hiam? Pasion tawh i kizopna dikkeileh, mawhna sung hong tungsak in thumanlohna koibangin suakthei hiam? Pasion tawh kizopna hoih leh thuk neinuam ing aci khat koibangin na hanthawn thei ding hiam?

WEDNESDAY
A BEIBAANG

May 5

Israel' lampialna, Pasion' thukhenna, a kisikkikna cihte theihmawh bawl inla, anuai a mun tengin bang lametna neisakzaw hiam?

Isaiah 4:3.....
Micah 4:6, 7
Zephaniah 3:12, 13

Israel adingin Pasion' geelsa khempeuh thumanlohna in susia mah taleh, beisiang sitset sam lo hi. Kiakte lakah, pak hong momlai sam hi. Lai Siangtho Lui kamsang tampitak mahin, a thumaan abeibaang tethu, Pasion in paklom khop bangin Ama' kiangah khawm ding hi. Pasion in acitak a beibaang cih a omsak sese mahbangin Israel mite zong tuamah bangin omsak hi. Tuate pen "Ka minthanna a genthang ding" (*Isa. 66:19*) a cihte ahi uhhi. Amau hangun a citak midangte in zong "Topa Kumpipa a bia ding" (*Zech. 14:16*) in hong kikhawm ding uhhi. A dinmun uh bangzah in kisia mahleh, Pasion in a lampialte kawmkal ah a citakmi, "Pasion' sapna ah a citak mi" neilai veve hi (*2 Pet. 1:10*).

A minambup et ciangin pukkhin himah taleh, amau hihtheih zahin thuciamna ah kipkho in a ding tentan pawlkhat om veve hi (*1Kumpi 19:14-18*). A minampihte tawh gam sung pan hawlkhiat ciangdong thuakkhawm veve lel uh a, ahih hang thuciamna kamciamte a mau a' hiding a, tawntung nuntakna ahi hi.

John 10:27, 28 simin. Zeisu in bangci hiam? Ama' kampaute lakah kamciamte leh tanglai Israelte' lampialna enkak dihin. A beibaang omtaktak ahihna namukha hiam?

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Kum tawmno khat lai in, numei khat in Christian upna nusia a, adiakdiak in ama' mawhna leh lampialna, pawlpi makaite' kineihkhemna cihte amuh hang ahi hi. "Hihte bel Christian taktak hi peuhmah kei e" ci in ama' upna anusiat theih nading paulam in zang hi. Tuni sinna na siksian manin tua nu paulap in Koi bangin bulneilo hi cithei ding na hiam?

THURSDAY
KHALAM ISRAEL

May 6

Tanglai Israel in bangzahta in khialmah taleh, Topa in Ama' tungah acitak nasemmi na nei veve lai hi. Topa in khalam Israel abawl dingthu Lai Siangtho Lui in lamen mahmah hi. Tuatē pen Jew leh Gentile thu-ummite, leitungbup ah lungdamthu atangko ding mite ahi uhhi. Welcome maw Pawlpi masate aw.

Galati 3:26–29 simin.

1. **Aneu 29 ah Paul in bang kamciamna gengen hiam?**
2. **Mikhat kamciam gamluah ahihtheihna bulpi in bang hiam?** (*Gal. 3:26*).
3. **Banghangin Paul in numei pasal, minam leh mimal kideidanna susia hiam?**
4. **“Khazih sungah Pumkhat” cihin bang khatna nei hiam?**
5. **Rom. 4:16, 17 simin. Galati 3:26–29 sunga Paul kammalte koibangin hong telsak zawdeuh thei hiam?**

Khazih mahmah in Abraham' tapa hon gsuahna hangin, thuciam bangin gamluahpa ahi hi. Kituiphumna tawh Khazih sanggam unau i suak a, Ama hang mahin, Abraham tungah kamciam tezong i tangthei hi. Pasion in Abraham tungah a kamciam khempeuh Khazih hangin eite'n i tang theikha a, eima minam, numei pasal hang hi-hetlo Pasion hong hehpihna leh upna hang bekmah in hong piakkhi-at ahi hi.

“Abraham leh a suanhte tungah gamhpiakpen Canaan gambek hi lo a, leitungbup hizawsop hi. Tua ahih manin sawltakpa in ‘Abraham leh a suante in leitung luah ding hi acih pen, Pasion' thukham azuihmanuh hi lo in, upna hangin Pasion in mi hoihin a sahang ahi hi’ (*Rom. 4:13*). Tua pen Lai Siangtho in zong Abraham tungah kamciamteng pen Khazih hangin picing cihi. Thu-um mi in ‘a siangeilo, a ninngelo, a mual ngeilo tawntungna’ a cihte gamhluah hi uh a (*1Peter 1:4*), tua in samsiatna tawh akipelh leitungthak ahi hi.”—*Ellen G. White, Patriarchs and Prophets, p. 170*. Hih kamciamte pen Khazih leh misiangthote leitungthakah a tenkhopuh ciangin tangtung ding hi. (*Daniel 7:27*).

NGAIHSUTBEH DING: EGWhite, *Prophets and Kings* pan “**The Vineyard of the Lord,**” pp. 15–22; “**Hope for the Heathen,**” pp. 367–378; leh “**The House of Israel,**” pp. 703–721, simin.

“Pasian in minam, beh, nampi namneu cihte bangmah khenlo hi. Minamkimte Ama piansak hizaw hi. Piansakna leh hotkhiatna sungah innkuan khat i hilel uhhi. Khazih in kideidanna khem peuh usia dingin hongpai hi a, biakinn sung mun deina teng liipkhia in, kha khempeuh in Pasian’ mai ah luttheih na’ng thu hong pia hi. Hong itna in zai, thuk leh kicing in munkhempeuh apha hi. Satan’ khemna sungah lamkhialte tua itna in domto a, sakhituihup kamciamin a tuamcip, Pasian tokhompan batphakna mun tun hi. Khazih sungah Jew, Greek, sal, misuakta cihbang omtuanlo hi.”—Ellen G. White, *Prophets and Kings*, pp. 369, 370.

1Peter 2:9, 10 sim inla, Peter in pawlpi ading dinmun 4 agenteng zongin. A tamzaw pen Lai Siangtho Lui sung Israelte dinmun vive hi a: *Paikhiatna 19:6* leh *Isaiah 43:20*. Hih dinmun tengin Pasian tawh kizopna koi bangin pulak na ci hiam? Gentehna in “*teeltuam minam*” cihpen, Pasian in tuhun tulai in pawlpi hong teeltual hi.

KIKUPDING DOTNATE:

1. **Tanglai Israel siampite sagawh biakpiakna in Messiah kawh hi. Tulai kumpi nam leh siampinam ahi pawlpi in bang “biakpiakna” neih kul hiam? *1 Peter 2:5.***
2. **Pasian in Israel pen minamdangte lakpan a siangtho minam ahi dingin tuamkoih hi. Leitung buppi ah hotkhiatna thu tangko sawn ding uhhi. Tulai pawlpi zong tua mahbang ahi hi. Leitungah lungdamthu tangko ding kawmkal ah Leitung panin koibangin tuamkoih thei ding hiam? Israelte phutkhaak leh Zeisu gentehna in koibangin hong telzawsakthei ding hiam?**
3. **Tanglai Israel lak panin Pasian in a beibaangmi nei hi. Elijah leh tua hun in a beibaangte ngaihsun in (*1Kumpite 19; aneu 18 simpha diakin*). A nungtolh pawlpi mite laksangin, Leitung-mite lak panin, Pasian tungah cihtak ding banghangin baihzaw thamthei hiam?**

THUKHUPNA: Singlamteh masang ahi a, khitciang ahi zongin Pasi-an’ Israelmi taktak cihte pen, upna Israel hi a, kha tawh ahi a, Pasi-an thuciamna sungah ahi zongin anungta uh ahi hi. Tua bangte pen Pasian aiawh taangmite hi a, Leitungah hotkhiatna thupha puak ding uh ahi hi.

LESSON 7

May 8 - 14

SINAI THUCIAMNA**SABBATH NITAKLAM****May 8**

TUKALSUNG SIMDING: *Thuhilhkik. 1:29-31; Hosea. 11:1; Mang. 5:9; Thuhilhkik. 29:10-13; Pai. 19:5, 6; Rom. 6:1, 2; Mang. 14:12; Rom. 10:3.*

KAMNGAH: “Egypt mite tungah ka bawlna leh, muvanlai in a kha tawh note apuak bangin note hong pua in keima kiangah kong paipihna na mukhin uh hi.” *Paikhiatna 19:4.*

Unau sagih lakpan pasalno khat accident kha in zatopi ah kipaipih hi. A innah bangmah kicing ngei mahmah lo hi. Bawngnawi hai khatpeuh a dawnkhak leh hibek hi. Tua zong hai dim ahieh naupang nih in hawmkul lai-a, a dawn masa peuhpeuh in tam a dawnluat lohding kidop kul hi. Tua naupang zato ah hoihtakin a ki-koih khit ciangin, a siamanu in manhai (glass) golpi khat a dimin bawng nawi hong puak hi. Duh mahmahna tawh tawlkhat a etkhit ciangin, a inn a omzia teng phawkkha a, ‘bangzah dawnding kahi hiam’ ci in dong hi. Siamanu amit vak kuau a, ‘Dawn o, avekpi in dawn o!’ ci hi.”—*H. M. S. Richards, “Free Grace,” Voice of Prophecy News, June 1950, p. 4.*

Hih pasalnopa bangin, tanglai Israel teleh, tulai eite zong hot-khiatna tuikhuk pan avekpi in i dawnding ahi hi. Israel in akum zalomphial saltanna pan a suahtakna pen, Pasian hehpihna lianpi hang hibek hi. Tuamah bangin eite zong mawhna sung panin Pasian hehpihna mahin hong suahtak hi.

Tukal Enpak: Topa in Amah leh Israel kizopna koibang limtawh lak hiam? Paikhiatna leh Sinai tangthu in mimal hot-khiatna tawh koibangin kizawitawn thei hiam? Sinai ah thukham in bang thubulpi nei hiam?

SUNDAY
MUVANLAI' KHA TUNGAH

May 9

Israel in minam khatin ding kawmin Egypt dawibiakna sungah kum zatampi kidiah uh a, Pasion leh ama' deihna ahoinnate thei nawn mello uhhi.

Topa in ama' lamah koibangin kaikik zo ding hiam?

A kipatna in Topa in ama' itna siangtho Israel tungah lak a, nalamdang lian mahmahte tawh honkhia hi. Zawlhel bangin itna tawh Israel hel masa a, thuciamna dawng dingin sam hi. Pasion in Sinai panin ama' hehpihna deih takin hilhin phawkkiksak hi.

**Topa in Egypt pan Sinai ciangdong Israel a tonpihia gen-
tehna nih, bangteng hiam?**

Pai. 19:4; Thuhilhik. 32:10-12

Thuhilhik. 1:29-31; Hosea 11:1

**Hih thugentehnate in Pasion hong lainatna koibangin
hong hilh hiam?**

Hih gentehnate in mihingte thanemna ah Pasion in lainat mahmah cih hong lak hi. *Late 103: 13, 14.* Muvanlai leh NuPa in ata pua cih gentehna tegel pen, Pasion in eite hong don cihnopna ahi hi. Lungnem, panpih, kemcing, thaguan in khangcing dingin hong lamen hi.

“Muvanlai pen anote nakkeplua cih minthang liang hi. Mualsang dawnah teng uhhi. A note leen a hilh nadingin a nungzangah pua in mualsangdawn kahtopih in Sinai mual sangin asangzaw mualsang dawnah puato a, tualai panin kuamthuk sungah khiasuk hi. Muvanlai no in ngeeklualai in lengthei nailo ahihleh, muvanlai apa in, tua muno kiat khiangsuk in anungzangah khawlsak in, mualsangdawn a buu omna ah ciahpih kik hi. Tua mah bangin Topa in ‘Egypt panin hong paikhiat pih Keimah ka hi hi’ ci hi.”—George A. F. Knight, *Theology of Narration (Grand Rapids, MI: William B. Eerdmans Publishing Company, 1976), p. 128.*

**Pasion in eite hong lainatzia leh eite khatleh khat i ki
lainatzia enkak dih in.**

**Ama' hong lainatna in midang i lainat theih nading hong
huh thei diam?**

**Nangma phutkhak nasamah bangin, Pasion in angkhual
hetlo in hong lainatna gen ding nanei hiam? Nangma phutkhak
sate panin gentehna pia inla, nangeina uh panin zong pilna la in.**

MONDAY

HOTKHIATZIA DING PULAKNA

“Israel mite tungah, ‘Kei pen Topa ka hihi. Egypt mite’n a nasepna uh panin, note kong paikhiatpih ding hi. Amau sal hihna panin note kong khahkhia ding a, a thahat ka khut zanin thukhenna naseplian tawh note kong honkhia ding hi. Keima mi dingin note kong la ding a, kei pen note Pasion ka hi ding hi. Egypt mite’ sila hihna panin, note a hong paikhiatpih pa, Topa na Pasion uh ka hihna, note in na thei ding uh hi.” *Paikhiatna 6:6, 7.*

Atunga munte simin: Pasion in mihing tawh a thuci-amna bawlna ah bang dinmun ah ding a, keimah cih kammal bangzahvei omkha hiam?

Egypt’ sal panin Israel a suahtakna leh Noah innkuam tuiciinpan a suahtakna tangthu tegel pen, Moses laibugelhte lakah a thupipente ahi uhhi. Anihtuakun hotkhiatna pilna hong musak hi. Aettehtak penpen in Paikhiatna tangthu hipen hi. Pasion in Moses tungtawnin Israel mite kiangah “Kong gum ding hi” (*Pai. 6:6*) a cihciangin, Amah in “Keimah in tankhiapa na sanggampa ka hihi” a cihna ahi hi.

“Tankhia cih kammal pen (*Pai. 6:6*) innkuan khat sungah leiba leh thudang tuamtuam hang in sila a suakleh tankhiakik cihna ahi hi. Israel in leitungah tankhia ding mi bangmah neilo himah taleh, Pasion in amau sanggam taktak tankhiapa ahi hi.”—*Bernard L. Ramm, His Way Out (Glendale, CA: Regal Books Division, G/L Publications, 1974), p. 50.*

Pasion in hong leikik hong tankik cih thu, a mite sal panin tankik cih koibangin natel hiam? Man bangzah hong pia hiam? Eite’n bangzah man hongci hiam? (*Maku 10:45, 1Tim. 2:6, Mang. 5:9*).

Paikhiatna 3:8 sungah Pasion in Israel honkhia dingin hong “tuaksuk” ci hi. Hebrew pau sungah Pasion in mihing a hotkhiatna a genna kammal ahi hi. Pasion in vantungah teng a, eite leitung ah; tua ahiah manin, Pasion in eite hong tanh dingin “hong tuaksuk” a hong honkhiatheih ahi hi. Thu maan thutak in cileng, Zeisu hong tuaksuk, hong nungta, thuaksia, si in thokik ahiahman bekma in hong honkhiazoh theih hi. “Tua **Thu** mihing hong suak in kote lakah teng a” (*John 1:14*) a cih pen, Pasion hong tuaksuk in hong hotkhiatna pulakna khatmah ahi hi.

TUESDAY
SINAI THUCIAMNA

May 11

Paikhiatna laibu in asim mi peuhmah thupiang thum tawh lunglutsak zo hi. Mualpi mahbang in, Paikhiatna, thuciamna bawlna leh mualbulzaang tengah biakbuk lamna cih bangteng ahi hi. Paikhiatna 19 pan 24 sungah, thum teng lak pan **Everest** mual bangin a sangpen om hi. Paikhiatna 19 pan 24 sung tengin a thupiangteng leh a kizopna teng honglak hi.

Avekpi na sim zawh kei phial leh zong, anuai a kigualsuk diu-deu thupiangteng beek enin:

1. Topa in Israel a hotkhiatkhit Sinai mualbul hong tung uh a giahphual sat (*Pai. 19:1, 2*).
2. Pasion in Israel tawh thuciamna khat geelna bawl (*Pai. 19:3-6*).
3. Israel in zong thuciamna lungkim in sang. (*Pai. 19:7, 8*).
4. Thuciamna a saan manin a kipuahphatna teng (*Pai. 19:9-25*).
5. Thukham sawm pulakkhiatna. (*Pai. 20:1-17*).
6. Moses in thuciamna ah Palaipa (*Pai. 20:18-21*).
7. Thuciamna a deihna bulpiteng genkhiatna (*Pai. 20:22 pan Pai. 23:22 dong*).
8. Thuciamna kipsakna (*Pai. 24:1-18*).

Hih thuciamna in hotkhiatna ngiimna sungah a thupipen mun pan pang hi. Lai Siangtho sung ah thuciamna kibawl a li veina hi a (*Adam, Noah, Abraham khitciang a kibawl*), a masa thumte sang in a kicianzaw pekin biakbuk sung pan hong kipulak hi. Tua pan kipan biakbukpi in leitengah hotkhiatna thu pulakkhiatna bulpi hong suak hi. Topa in Israel pen Egypt sal pan honkhia khinzo hinapi, pumpi sal hihna pan suahtakna sangin, a lianzaw suahtakna lianpi telsak nuamlai hi. Sal taktak hong hisak ahi mawhna sungpan honkhia nuam a, tua pen Messiah hong kipiakkhiatna hangbek hiding a, biakbuk nasepna in zong alim leh aliimte hong hilhkhinzo hi. Pasion in amaute salpan a hotkhiat khitphetin, thukham piapah a, biakbuk zong lamsakpah hi. Tua biakbuk in hotkhiatna ngiimna teng alahna hi a, thuciamna i a deihna maantaktak pen hipah hi. Apuksa mihing adingin thuciamna in hotkhiatna ahih buang keileh thua thuciamna in a mawkna suak ding hi. Eden ah hong ciam masa a, tuakhit Sinai panin zong hong ciam pha kik lai hi.

Pasion leh Israel kikalang banghangin thuciamna kizam sese thei hiam? (*Pai. 29:10-13*).

WEDNESDAY
PASIAN LEH ISRAEL

May 12

“Note in ka thu mangin ka thuciamna na zuih uh leh mite khempeuh lakpanin note pen keima’ mi na hi ding uh hi, Leitung khempeuh keima’ aa hi a, note pen keima si-ampi nasep asem minam leh minam siangtho na hi dinguh hi. Israel mite tungah hi thute nagen ding hi” (*Paikhiatna 19:5, 6*).

Hi takah Topa in Israelte tawh Ama’ thuciam ding teng pulak hi. Thu khatah, Topa’n amau sam a, ahiah hang amau’ teeltawmna lo peuhmah tawh tangtung saktuanlo hi. Amau un zong mapang khawm ding uhhi. Egypt pan a suahtakna uh zong amau mapankhop hangmah hi a: Topa’n amau’ kongkhak khuam nihte tungah sisan nuh ding asawl bangin nuhkei le uh, suakta tuanlo ding uhhi. Mapang hipah lel hi.

Topa in, “Note utleh utlohthu hi lo, note pen keima’ ading neihtuam leh siampinam hihloh phamawh” cihetlo hi. Tua bangin Topa’n nasemlo, Lai Siangtho in zong cilo hi.

Paikhiatna 19:5, 6, atung a pen sim kikin. Topa in upna hangin hotkhiatna agen na koici tel hiam? Topa’ thu man lelna in hehpihna tawh hotkhiatna hi lo sakzo hiam? A nuai a munte in tel theihna’ng hong bangci huh theih diam? Rom. 3:19-24; 6:1, 2; 7:7; Mangmuhna. 14:12.

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.....

“Ei thumanna lel inbel hong honkhia zolo hi; hotkhiatna pen Pasion hong piakkhong hi a, upna tawh saan ding ahi hi. Himah taleh hotkhiatna in thuman na’gah ahi hi”—Ellen G. White, *Steps to Christ*, p. 61.

Topa’n Israel ading asepsak nopte ngaihsun lecin: Egypt pan a lamdang mahmahin honkhia bek hi lo in, Ama’aituam neihsa, leh siampinam hisak nuamlai hi. A hotkhiatna tung-tawn kizopna bulphuh in, (*Egypt saldinmun ah tawmvei bek leh zompaisuak ding*) Topa in, Khalam, pilna lam leh lungsim lam khangto sakin tanglai Leitung ading nalamdang hisak nuam hi. Tuata khempeuh pen minam tuamtuanke kiangah lungdamthu tangko nading geelna vive ahi hi. Amau mapan nadingpen thumang ding hipeuh hi.

Eite mimalin khatsimin i phutkhak thute lakah tuni sinna tawh a kituak khatpeuh a omkha thei diam?

THURSDAY

May 13

KAMCIAMTE, KAMCIAMTE (*Paikhiatna. 19:8*)

Etpak in bel, hoihlel e. Topa'n amite honkhia, kamciamte pia, amau zong thukimuh: Topa hong nget khempeuh ka hih ding uhhi. Tua bangin kithalawh ahiam?

A nuai-a teng simin. Israel in thuciamna azopna uh koibangin hong lak hiam?

Rom. 9:31, 32

Rom. 10:3

Hebrew 4:1, 2

Pasian in hong nget peuhpeuh pen, upna tungtawnin i kizopna tungah tuang ding hi. Sepna in upna bulphuh hi. Sepna bilbel pen, bangzah i lawp a, bangzah siangtho a, bangzahin tam taleh, a siangtho Pasian' maiah saantacking hizo peuhmahlo hi. Israel hunlai in hitheilo, tulai ei hunah zong hithei tuanlo hi.

Lai Siangtho in sepna vive gengen hinapi, bang hangin sepnapien Pasian' maiah saantacking theilo hiam? (*Isa. 53:6; Isa. 64:6; Rom. 3:23*).

.....

Hebrewte leuleu in amau thumanna hangin hotkhiat ngah kisa mikmek uh a, hotkhiatna gah ahiah phawzkolo uhhi. Thukham zuihna tawh dikna zong uh a, upna hang a Pasian' dikna zong zaw khalo uhhi. Sinai thuciamna in thukham' thute a picing dildel in pia a- tuazong, thuciam masa khempeuh mahbangin hehpihna tawh thuciamna mah ahi hi. A khawnkhang in hongluang hong hehpihna in lungsim hong khelsakzo a, thumanna ah hong lutpih hi. I buaipihzaw penin, thuman nopna hizawlo a, a thumanzia, thumang taktak ahi lo khat in a minambupun gamta uhhi.

Rom. 10:3 a nununglam lim sim in. Paul in bang gen nuam hiam? Amau dikna peuh a pibawl nuamte tungah bangthu piang hiam? Tua in koibangin mawhna lam leh langdona lam hong manawhpih thei hiam? Eima nuntakzia ki en ni. Tua mahbang kigamta hi lo hiam?

FRIDAY

May 14

NGAIHSUTBEH DING: Ellen G. White, *Patriarchs and Prophets* pan “**The Exodus,**” lai. 281-290; “**From the Red Sea to Sinai,**” lai. 291-302; “**The Law Given to Israel,**” lai. 303-314, sim in.

“Biakna thukham om angin nuntaknopna hangin eima thahatna tawh thukham zuih kisawm pah ahih manin, khalam saltanna hong piangsak hi. Khazih Zeisu sungah upna hangin hehpihna tawh thuciamna ahi Abraham thuciamna nuai ah omna bekin lametna hong pia hi. Abraham in lametna a nei sak lungdam thu mahin, tulai eite zong lametna hong neisak hi. Abraham in zong eite’ upna hong pia, hong picingsakpa Zeisu mah manawh hi.”—*Ellen G. White Comments, The SDA Bible Commentary, Vol. 6, p. 1077.*

“Egypt ah saltanlai in, Israel tampitak mahin, Pasian’ thukham thei nawnlo phial in, lawki dawi biakna ngeina peuh tawh helzau gawpgawp uhhi. Pasian in Sinai ah hong makaih a, Ama’ aw ngiat tawh A thukham genkhia hi”—*Ellen G. White, Patriarchs and Prophets, p. 334.*

KIKUPDING DOTNATE:

1. **Thuciamna sungah kizopna in Israelte khalam leh taksalam suahtakna koibangin pia thei hiam?** (*Siampi. 26:3-13; leh Thuhilhikikna 28:1-15enkakin*).
2. **Paikhiatna 19:5, 6 simkik in. “Leitung khempeuh keima’ aa hi” cih Topa’ kammal lungngai in. Hih mite tawh thuciamna bawl ding khawngpeuh banghangin hihbang kampau hiding hiam? Sabbath nateldan khawng leh hihte akinaihna peuh a omkha diam?**
3. **Pasian in hong hehpihna bekma tawh mawhna hong maisak cih i theihsa ahi hi. Pasian hong hehpihna in thu-um thumang nuntakna koibangin hong pia thei ding hiam?**

THUKHUPNA: Pasian in Sinai mualah thuciamna abawlpah pen hehpihna thuciamna ahi hi. A kicing mahmah hehpihna lakin, Egypt sal pan a lamdang suahtakna zong apiak khit teh, amau’ suahtakna a khantoh theih nadingin thuciamna ah lutpih leuleu hi. Israel in tua thuciamna kipsak sam hinapi, itna taktak tawh zuikhalo uhhi. Amau’ tangthu a tawpna lamah, tua thuciamna omzia telcian nawnlo in sepna tungtawn in hotkhiatna thalawh ding lamah hong pial uhhi. Israel mite angin a lamdang hehpihna awlmawhlohna tawh khialkha peuhmah keini ei.

LESSON 8

May 15 - 21

THUCIAMNA THUKHAM**SABBATH NITAKLAM****May 15**

TUKALSUNG SIMDING: *Pai. 19:6; Isa. 56:7; Heb. 2:9; Thuhilhkikna 4:13; 10:13; Amos 3:3; Pian. 18:19.*

KAMNGAH: “**TOPA note Pasion pen Pasion ahih lam thei un; amah a muanhuai Pasion hi-a, amah it-in a thupiak a zuite tungah ama itna thukhun khang tulkhat dongin a kiplet hi.**” (*Thuhilhkik. 7:9 ZIV*).

Late 23 ah a thupipen kammal in Pasion in hong tunpih nopna mun ahi hi. Aneu 3 ah David in “lampi maan ah kei hong kha hi” ci hi. Pasion’ lungsim siangtho ahih manin, Amahin cikmah hun in hong lampialpihlo ding hi. I nuntak sungteng lampi muanhuaina ah hong tonpih ding hi.

A muanhuai “thumaan lampi” in bangteng hiam? Laphuak dangkhat in a thungetna sungah “Nangma thupiakna lampi ah kei hong paipih in, tua ah nuam kasa hi” (*Late 119:35*) ci hi. “Na thupiak khempeuh maan mahmah hi” (*Late 119:172*). Mihingte hoihloh kawmkalah Pasion thupiak thukham in lungmuanhuai hi. Tukul sinna pen Pasion thukham leh Sinai thuciamna ki bulphuh hi.

Tukul Enpak: Israel’ teelna in bang khatna nei hiam? Israel’ teelna leh eite teelna a kizawitawn hiam? Thuciamna sungah thukham in bangzah thupi hiam? Thuciamna in hong mawk tun theih ding hiam? Thumanna in thuciamna sungah banghangin mapang in kihelthei hi ding hiam?

SUNDAY**ISRAELTE KITEELNA** (*Thuhilhikikna 7:7*)

Jew ngeina sungah, thuciamna bawl ding pen minam dangte'n nial uh ahieh manun Israelte kipia hi ci in hilh uhhi. Tua vai ah Lai Siangtho siksian ding om khollo ahieh hang, Topa in Hebrew mi bang thu peuh tawh teel taleh, amau kiphulua, kilawmlua cih hi hetlo a, Topa hoihna mah tawh a teel ahi hi. Pasi-an hehpihna a saan theih nading leh Ama' mi a hih nadingun, amau' hoihna themcikbeek zong omhetlo hi. Amimal inzong tawmcik, saltang minam hilailai, gamvai leh galvai ah thanem lua uhhi. Tua banah ngeina leh biakna lamah, akihelzau, lungsim zawngkhal, leh kuama huzaap zong a nei mello mite ahi uhhi. Israel akiteelna bulpipen bel, alamdang mahmah Pasi-an' hehpihna leh itna hang hibek hi.

Tua bang kawmkal ah, hih kiteelna tawh kisai in, kidophuai thukhat in, upna lamah telkhialhna om nuam mahmah hi. Pasi-an in banghangin Israel teel hiam? A hotkhiat nopman maw, mi dangte'n nial a mangthang ding cih kawmkal a? Midangte kiangah thupuak dingin a teel maw leh? A nuai a munte in hih dotnateng dawn nadingin hong huhthei diam?

Paikhiatna 19:6
Isaiah 56:7
Hebrew 2:9

Ei Seventh-day Adventist in, tulai hun adingin Israelte mah i kicinuum a, hotkhiat dingbek hi lo in, hotkhiatna thu leh vantungmi thumte thupuak pen leitungah a puaksawn dingte i kici nuam hi. Kuaman a genhetloh thute i nei i umhi ci hihang. Tanglai Israelte zong tuamah bang ahi uhhi. Israel a kiteelna pen, Hebrew minam in pawltuam vilvel in omtuam ding deihna hi hetlo, hotkhiatna thu pen amau aituam kholtuam ding cihna zong hivetlo hi. Mi khempeuh adingin Khazih hong si cih i upleh bel (*Heb. 2:9*), Topa'n Israel apiak hotkhiatna zong leitungbuppi apiak hi cih i upkul hi. Israel in hotkhiatna tangko ding ahiehna hong kilangsak hi. Tua mah bangin i pawlpi in zong ahieh kul hi.

Na pawlpi sungah na mapanna enpha in. Ei hong sapna nasep koibangin tangzaisak thei ding ihi hiam? Pawlpi nasepna khawngah nangma septuak mahmahte nangawn sem mello khawngin omkha na hiam?

MONDAY
HONG HENKOPTE

May 17

“Thupiak sawmte ahi, note hih dingin hong thupiak, ama’ thuciamna note tungah hong gen a, amah in suangpek nih tungah tuate a gelh hi.” (*Thuhilhkikna 4:13*).

Thuciamna pen hehpihna hang bekma in Pasion hong ciamsak hi a, eima phatna leh hoihna themcik zong om vetlo, Pasion hong piakkhong ngiat ahih manin, tua hehpihna pen thuman loh theihna license khawng hi mawkmawklo hi. Thukhat pan, thuciamna leh thukham kipawlkhawm a; kikkenkhia theilo hi.

Atung a thute simpha in. Thuciamna leh thukham kizopna bangzahin kipkho hiam? Thukham in thuciamna sungah bul kiphut cih koibangin hong kilak hiam?

Thuciamna na ngaihsut ciangin, thukham zong a kihel kha cih thu in ngaihsuthuai hi. Thu dang tampite banglelin ngaihsun hileng, a kizopna ah thukham pawlkhat leh daai pawlkhat kaih kul ngel ding hi. Kiteenna, kilawmtatna, nasep khopna khawngte daaikaih, thukham cikhawng omse keileh bangtan sawt kipzo ding cih theihsa hilel hi. Pasal in lawmngaihikik ding khentat in, ahih keileh, alawmpa in midang khawng huhgawp cihbang; nasep khopna ah, lawm khat theihloh kal in lawm dangkhat sambek cihbang hiziazua ding hi. Hih bang gamtatna pen thukham thukhun cihte pal-satna vive ahi hi. Thukham neihlohpi khawngin hih kipawlnate bangtan kipkho thei ding hiam? Tua ahih manin daaikaih kul a, giibawl in, thukham bawlkul hi. Tua bang bekin kizopna kipkho theipan ding hi.

Kammal nam tampi lakpan thukham (*Late 78:10*), gam ukna (*Late 50:16*), teci panna (*Late 25:10*), thupiak (*Late 103:18*), Topa’ thu (*Thuhilhkik 33:9*) cihbang kammal tuamtuamte in kinai mahmah uh a, a cihnopna zong thuciamna tawh kinai mahmah tek hi. Thuciamna kammalte (*Jer. 11:3, 6, 8*) sungah Pasion’ thukham, gam ukna, teci panna leh thupiakte ci hi. Pasion in Israel tawh a thuciamna sungah thu tampi kihel a, tuate in Amah leh Amite kizopna kip a omtheih nading cihna ahi hi. Tuhun zong bang kilamdang tuanse hiam?

Kinai mahmahin na kizoppih mi khat ngaihsun in. Tua na kizopna uh pen thukham, ciangtanh, thukhun cih om keilel henla, nang zong na hihnop bang hihthei ciphot lecin. Hih pa pen na it mahmah pa hi a, tua itna bekin na thute uh khensat ding cileng, daai, thukham banghangin kisam veve hiam? Kikum dihun.

TUESDAY

May 18

THUACIAMNA SUNGAH THUKHAM (*Paikhiatna 10:12, 13*)

Thukham na ngaihsut ciang bang na phawk masa pen hiam? Palik uliante, mawtaw license, thukhenmangte leh thong peuh ahi hiam? Ahih keileh, khalna, thukhun, nulehpa hong ukna leh dan piakna cihpeuh na phawkkha hiam? Ahih keileh om dimdiamna, kituak dimdiamna, mun kipna cihte maw? Ahih keileh . . . itna mawle?

Hebrew laimal **torah** pen “*thukham*” in kilet a, “*hilhna, makaihna*” cikhawng ahi hi. Pasion hong makaihna ah lungsim, mipi, kizopna leh biakna lamah kizang phadiak hi. Pumpi leh khala-mah a picing nuntakna i neihtheih na’ngin, Pasion in a mite tungah ngaihsutna hoihnono hong guan hi. Laphuakpa in “nopsakna pen Topa’ thu sung bekmah hi a, sun leh zanin ama’ thu a ngaihsun mi ahi hi” (*Late 1:2*) a ci hi.

Thukham aike’h **torah** simleng, hong thuhilhna Moses ciaptehnate pen Israelte’ thuciamna sungah mapang pahpah a, a zai mahmah hong thuhilhate zong hoihsa ciat hihang. Thukham in Israel mite nuntakzia, khaiciinna, gam ukna, mipi kizopna leh biakpiakna ah daupaisak mahmah hi.

Pasion in Israel ading thuhilhna tampi apiak pen banghang hiding hiam? (*Thuhilhikik. 10:13.*) **Tua thuhilhna tengin banghangin amau ading “hoih” zawthei ding hiam?**

Thuciamna sungah akihel mi khempeuh in nuntakna thak a neihtheih nadingun, “thukham” in a mapanpih hi. A kihel mite tungah thukham in Pasion’ deihna laktel a, upna tawh a thukhamte leh Ama’ deihnate picing takin mangthei dingin panpih hi.

Thuciamna om bang linlianin mapang peuhleh, minam dangte lampi zuithei ngei hetlo ding cihna ahi hi. Mihingte’ thukham, kisapnate, lunggulhnate, mipivai, gamvai leh sumbawlana cihte bektawh nungta theilo ding uhhi. Pasion ading a siangtho minam, kumpi leh siampinam, paulam zongzonglo a Pasion’ thu manhna hangin Pasion’ neihtuam minam, amau nuntakna sungah Pasion’ thuciamna apulak khiate hi tawntung ding uhhi.

Tanglai Israel mah bangin, Seventh-day Adventists in zong, genkholhna tungtawnin Christian nunzia thuhilhna tampi-takmah ngakhin hihang. Hih thuhilhna khawngte pen ei adingin supna gawtna khawngin i ngaihsut sangin, Pasion hong piak ngaihsutna hizaw hi i cithei ding hiam? Israel mite mahbangin tua Pasion hong piak ngaihsutna hoihte khawng gam ki ukna khawngin i heikha thei ding hiam? (*Rom. 9:32*).

WEDNESDAY

May 19

PASIAN THUKHAM A KHO-NA

Pasian' thuciamna sungah thukham kihel ahihmanin, Pasian' omzia taktak bang thumaan hong kihilh hiam? *Mala-chi 3:6, James 1:17.*

Pasian' *thukham* pen kamgen leh lai kigelh Ama' **deihna** ahi hi (*Late 40:8*). Ama' nunzia ciamtehna hi a, thuciamna sungah hong kihel manin, Pasian pen a kipkhopa leh muanhuaipa cihna ahi hi. Ama' hong vaihawmsakte khempeuh theikhin zolo phi-almah leng, Amah muanhuai cih i thei veve hi. Ama' vannuaibup in uknakhat nuai ah omgai lel hi. Tua in eite khamuanna leh suahtakna taktak hong guan hizaw hi.

"Pasian a belhhuaina leh a muanhuaina in, Amah thukham Pasian ahihna hang hizaw hi. Ama' deihna leh A thukham in kipumkhat hi. Pasian in adik pen adik mah ci in kizopna hoihpen mah piangsak hi. Pasian' thukham in, ukcip cihbang, kikhel themthum cihbang omlo hi. Vannuai ah a kipkho penpen ahi hi."—*Walter R. Beach, Dimensions in Salvation (Washington, D.C.: Review and Herald Publishing Association, 1963), p. 143.*

Pasian' thukham in mawhna pan hong honkhia zolo ahihleh, banghingin thuciamna sungah mapang dingin bawl hiam? (*Amos 3:3 enin*).

Kizopna icih in thukimna leh lung kituakna kizam hi. Pasian pen leitung abawlp a bek hi lo a, lungsim ukpa zong hi a, abawlsate lungnop nadingin thukham kizam, amah thei in a nuntak ding uh kizam hi. A thukham in Ama' deihna pulak a, Ama' ukna thukham ahi hi. Tua in thuciamna sungah ciangtanh leh mawhpunkte ahi hi. A ngiimna bulpi zong hotkhiat na'ng hi lo a, thukham 1-4 dong pen Pasian tungah eima' mawhpunkte hi a, 5-10 dong pen mi leh mi mawh kipuakte ahi uhi. Thukhat pan, Pasian in a thuciam' tate lungnuam takin a nuntak theih na'ngun, nundan hong hihna ahi hi. Israel mite in nundan dangdang khawng a neihkhakloh nadingun kidaalna zong ahi hi. Ama' deihna leh nunzia tawh kituakin hong hehpihna tawh, thum mite hong kikhelsak ding ngiimna ahi hi.

Na kiimkot enin. Thukham neilote na muthei hiam? Nangma nunna ah zong, Pasian'thukham na palsat manin kisiatna pawlkhat tuakkha hi lo na hiam? Hih bang khawngte in Pasian' thukham a hoihna kipsakzaw a, Pasian tawh kizopna ah zong thukham in mapang mahmah cilo na hiam?

Anuai a munte simpha in. A ki thukhatna uh khatin bang hi a, thuciamna tawh kisai bang hong hilh hiam?

Piancil 18:19

Piancil 26:4, 5

Paikhiatna 19:5

Siampi 26:3

Pasian in, Abraham' thu mang ahihna kiciantak in "ka sawlna, ka thupiakna, ka ngeina kip leh ka thu zui hi" (*Piancil 26:5*) ci hi. Tua mahbangin Pasian in a thuciamna ah mapang khempeuh tua nunzia neisaknuam hi. Sinai thuciamna a kicing dildel in Lai Siangtho in a genteng pen, tua a thuciamna in a deih bulpi ahi thumanna leh nunzia ahi hi.

Paikhiatna 19:5 in, "ka thu na man **uhleh.** . .ci hi. Thuciamna hong piakzia bel nialhuai lo hi: hehpihna hang bek, thalawh hi lo, piakkhong ahih manin, ngah mawkmawk theilo uhhi. A ut uhleh nial thei, hehpihna zong nial thei, kamciamte zong nungheisan thei uhhi. Hotkhatna tawh a kizom thuciamna in deihteelna paakhialo hi. Topa in mite peuhmah zawhthawhthu in honkhia ngeilo a; zawhthawhthu in thuciampihlo hi. Mi kim tungah a khawnhongin pia a, mikim in sang dingin zol hi. A sangmi peuhmahin zuih kul a, thuciamna thuphate thalawh hizawlo in, thupha a saanna uh pulakna hizaw hi. Israel in thumang ding a, kamciamte thalawhna hi lo in, kamciamte amau tungah apicin theihna'ng hizaw hi. Topa' thupha piak mite ahih manun, a thumang hizaw hi. Thumanhna in thupha thalawh zolo a, thumanh manin Pasian in thupha pia a; thumanna in, upna hangin thupha saang cih teci panna piangsak hizaw hi.

"Note nungta in, nuamsa in na luah nadinguh leitangah sawtpi na nuntak nadingun, Topa na Pasian in note hong thupiakna lampi khempeuh na tawnding uh hi."(Thuhilhikik 5:33). Topa in Israel tungah, ka thu na manh uh leh thupha na thalawh ding uh a, hih thuphate in amau ngah ding kilawm hi acihna hiam? Ahih keileh: Thu na man uhleh, tua thumanna in, thupha Kongpiak theih na'ng lampi hong honsak ding hi acihna hiam? Tua tegel kilamdanna koibang hiam?

FRIDAY

May 21

NGAIHSUTBEH DING: EGWhite, *The Desire of Ages* pan “**Controversy,**” pp. 607, 608; leh *Patriarchs and Prophets* pan “**The Law and the Covenants,**” pp. 363–373, simin.

Matthew 22:34–40 in (1) Pasion thuciamna sungah thukham omna munleh akhiatna hong hilh (2) Thuciamna in kizopna namkhatmah ahinna zong honglak hi.

“Mi khatin Pasion’ thukham azuihtheih nadingin, Khazih’ thahatna leh hehpihna hangin ama lungtang sungah itna om masa phot ding hi (*Rom. 8:3, 4*). Itna kihello thumanna in mannei vetlo hi. Itna a om nakleh mi khatin, Pasion deihna leh thukham sung a kipulakte tawh kituakin nungta lel ding hi.”—*The SDA Bible Commentary*, vol. 5, p. 484.

“A thukham siangtho sungah, nuntakpih ding thukhamte hong pia a; hunbei dongmah hih thukham malneupen zong kip ding a, mihing tungah a nget ngei tengmah ngen gige ding hi. Khazih in thukham picingsak ding leh pahtawi dingin hong pai hi. Pasion itna leh mihingte itna tungah ki phut gige a, mihingte sepding bawlding thupiakte vive ahinna hong lak hi. Ama’ nunzia sung mahah Pasion thukham mang in lim hoih hong lak khin hi. Mualtung thuhilhna ah zong, a puatham gamtat bek hi lo in pilna, theihciamna leh lunglut takin sepna hong lakzo hi”—*Ellen G. White, The Acts of the Apostles*, p. 505.

KIKUPDING DOTNATE:

1. Itna khau in launa khau sangin Pasion lamah hong kai dingin banghangin hatzaw thei ding hiam?
2. “Na Topa Pasion, na lungsim khempeuh, na kha khempeuh leh na thahatna khempeuh tawh it in” (*Mate 22:37*) cih thukham in banghangin amasa leh a lianpen hithei hiam?
3. Simone Weil in, “Kithutuakna i kisam masapen hi” ci hi. (*Quoted in Russell Kirk, The Roots of American Order [Washington, D.C.: Regnery Gateway, 1992], p.3*). Tuni i sinna tawh a kituak munte ah, a diakin thukham tawh kisai in, ama’ kammalte nang teldan koibang hiam?

THUKHUPNA: Pasion’ thukham in thuciamna sungah kihel hi. Hehpihna tawh thuciam taktak ahi hi. Hehpihna in cikmahin thukham paaikhia ngei lo hi. Hehpihna a saangkha mite pen, thukham hangin hong piangkha thute hang hizaw hi.

LESSON 9**May 22–28***THUCIAMNA LIM****SABBATH NITAKLAM****May 22**

TUAKALSUNG SIMDING: *Pian. 2:2, 3; Pai. 20:11; 16; Heb. 4:1–4; Pai. 31:12–17; Thuhilhikik. 5:14.*

KAMNGAH: “**A tawntung thuciamna in amau khangin Sabbath tangin, Israel mite in Sabbath kem ding uh hi.**” (*Paikhiatna 31:16.*)

Ni sagih Sabbathni pen siktukilh khet bangun kip a, tatsatlo in kaal simin i piampilna bulpi hong phawksak tawntung hi. Manlah mahmah in tai kawikawi, sumzuak sumzong, paisuk paito kawikawi khit ciangin Sabbath hong tungkik leuleu in, piansakna bulpi hong phawksak hi. Pasion in na khempeuh bawl a, Amah tawh kipan i hih manin, na khempeuh kipatna hong phawksak tawntung hi.

Tatsatlo in Sabbath in paipai in hong tungzel a, vannuai bup leh eima nuntakna hong sukha denkeei hi. Tua te khempeuh in eimah hong bawlpa, hiah hong omsakpa “a kipatcil in” van leh lei a bawlpa hong phawksak tawntung a, Christian upna bulpi lakpan Nisagih Sabbathni pen nialtheih ahilohna hong phawksak hi.

Tukalsungin hih ciaptehna limpen Sinai thuciamna tawh kizomin sinding hihang.

Tukal Enpak: **Sabbath pen koipan hong kipan hiam? Sinai masiahin zong Sabbath omkhin cih bang thupiang in hong lak hiam? Thuciamna lim sungah kihelthei dingin bangun Sabbath kiphusak hiam?**

**SUNDAY
A BULPI**

May 23

“*Tanglai Jew mite Sabbath*” cih bangzah vei i zangei hiam? Jew mite ommapek in tua Sabbath omkhin ahihna Lai Siangtho sungah kician mahmah lel hi. A bulpi pen piansakna kal sung tengmah hipah hi.

Piancil 2:2, 3 leh Paikhiatna 20:11 simin. Sabbath’ bulpi kitel sitset kiciansitset in koi ah koih uhhiam?

Piancil 2:2, 3 in “**ni sagih Ni**” Sabbath cilianlo a, (*Paikhiatna 16:26, 29* in ci masapen) himah taleh, “**a ni sagihni in tawlnga hi**” (*Piancil 2:2*) ci veve hi. **Tawlnga** cih kammal (Hebrew pau **shabat**) pen ei pau in **Sabbath** ahi hi (*Hebrew pau Shabbat zong ci hi*). “Sabbath pen *Piancil 2:2, 3* in pulak vetlo ahih hangin, laikngpu in tua Sabbath ni-in Pasian tawlnga, thupha pia, siangthosak cih thu kiciansak mahmah hi”—*G. F. Waterman, The Zondervan Pictorial Encyclopedia of the Bible (Grand Rapids, MI: Zondervan Publishing House, 1975), vol. 5, p. 183.*

Piancil 2:2, 3 in a thupaidan limlim tawh Sabbath pen Pasian hong piak leh mihing ading thupha saanni ahihna pulakkhia hi. *Maku 2:27* sim lecin, Zeisu in Sabbath pen “**mihing**” adingin kibawl hi ci hi. Jew mite ading bek cilo hi.

Pasian in bang hangin ni sagih Ni tawlnga sese hiam? Ama ading kul hiam? Ama’ tawlingakna in bang deihna nei hiam?

Mi pawlkhat in piansak khitchiang Pasian a tawlingak kul hi peuh cimawkmawk uh himahleh, Pasian’ tawlingakna taktak pen mihing ading tawlingak lim hong lak hibek hi. Mihing in bel ni guk nasem ding a, ni sagih Sabbath ni tawlnga ding hi. Theologian **Karl Barth** in, piansak khit a Pasian a tawlingak pen “*hehpihna thuciamna*” hi a, mihingte zong “amah tawh tawlingakhawm dingin hong sam hi” ci hi—*Church Dogmatics, vol. 3, part 1 (Edinburgh, Scotland: T&T Clark Ltd., 1958), p. 98.*

Pasian in, piansakna a zawhkhith ciangin, mipa leh minu pen, Amah tawh tawlingakhawm dingin itna tawh sam hi. Ama’ meel-lim suunin abawlsa ahih manin, Amah tawh kikholh ding ut hi. Tua kikholhna zong kipsuak saknuam hi. Mi a puk pan kipanin, Honpa tawh, kal khat khatvei ta kikhawlkha bek uh hi.

Mi khatin, Na Sabbath tanna in Topa tawh kikholhna ah bang phattuumna hong pia hiam ci’n hong dong leh, na bangci dawn ding hiam?

MONDAY
SINAI MA-IN SABBATH

May 24

Topa hong thupiakin hihbang ahi hi, “Zingciang pen a thupi tawngak ni, Topa adingin Sabbath siangtho ni ahi hi. Na em dingte uh em in, Na huan dingte uh huan unla, a om laiteng zingsang ciangdong koih un” Paikhiatna 16:23.

Israel mite Sinai atunma sehnal gam sungah Manna moh a kipiakna Paikhiatna 16 sung a tangthute hoihtakin lungngai in:

1. Nisimin tua ni khamkhop dingbek tawm ding a, a ni gukni in a zahnih tawm ding hi.
2. Sabbath ni-in manna moh kipialo hi.
3. Sabbath ni ading pen ni gukni in tawmkhol leh kisia tuanlo hi napi, a nidangte tawmkhol leh kisia hi.

Sinai ah thukham a kipiak mapekin, hih thupiang in Sabbath sianthona koibangin honglak hiam? Paikhiatna 16:23–28.

“Sabbath pen ni sagih ni a hihna, Topa in Israel a piaklai leh, Pasion’ thupiakna mah tawh mite in ni sagih ni a tawngakna uh pen, piansaklai a Sabbath mah kawh hi cih pen khial hetlo hi.”—*G. F. Waterman, the Zondervan Pictorial Encyclopedia of the Bible, vol. 5, p. 184.*

Paikhiatna 16 sungah Sabbath min a lawh masakna sangin a lungluthuai zawlai thudang zong omlai hi. Anuai ate endihni:

1. **Sabbath ni ading kiginni pen koipen hiam?**
2. **Sabbath ni zong koi ni pen hiam?**
3. **Sabbath koipan hong pai hiam?**
4. **Sabbath ni pen bangci bangni ding hiam?**
5. **Sabbath in antanni ding hiam?**
6. **Sabbath in Pasion tungah cihtakna etna ahi hiam?**

Tuni sinna sung a Sabbath ni pen, Paikhiatna 16 sunga Sabbath tawh kituak nasa thei hiam?

TUESDAY
THUCIAMNA LIM

May 25

“Tua ahih ciangin, a tawnutung thuciamna in amau khang tawntungin Sabbath tangin, Israel mite in Sabbath kemanding uhhi. Niguk sungteng Topa in vanleh lei bawl a, a ni sagih ni in tawlna a, a tha dimkiksak hi. Keimah leh Israelte kikal ah, hih Sabbath ni pen lim khat hi tawntung ding hi.”

Paikhiatna 31:16, 17.

Lai Siangtho in Sabbath pen li vei sitset mah **“Lim”** hi ci hi (*Pai. 31:13, 17; Eze. 20:12, 20*). “Lim” cih limlim pen “gentehna” hi lo a, gentehna pen kibatpih a nei, limpua, limla, phawkkiksak cihbang ahi hi (*khuttum bang pen thahatna cihna ahi hi*). Lai Siangtho in Sabbath pen “lim” a cihna in apualam ciaptehna hi a, a kician thupuak pulakna ahi hi. Tua lim *amah ngiat* in thuciamna tawh bangmah zong kisai khollo zaw bilbel hi. Sabbath in “Kei leh note kikalah lim hi tawntung ding hi” ci hi (*Paikhiatna 31:13*); Pasion bekmah in ci thei hi.

Bang hangin Topa in Sabbath pen thuciamna limin zang hiding hiam? Pasion in hong hotkhiatna ciaptehna pen bangci bangin Sabbath peuh hithei ding hiam? Sepna tawh hotna ngah kihilo a, thuciamna sungah a thupipen zong hehpihna hangin hotkhiatna hinapi, Sabbath in tua hotkhiatna ciaptehna ahih sese zong bangcidan hiding hiam? (*Piancil 2:3, Heb. 4:1-4*).

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Sabbath tawh kisai a lungluthuai mahmah khatin, Sabbath pen hehpihna hangin hotkhiatna lim kici a, Jew te’n zong, Sabbath pen Messiah hong tatna ciaptehna ci in sang uhhi. Sabbath sungah Messiah hong tatna ciamkhol thei cih mu uhhi. Tatkhiatna in hehpihna hangbek cih zong i theitel a, Sabbath, tatkhiatna leh thuciamna cihte kizopna zong tel mahmah hihang (*Paikhiatna 5:13-15*). Ngaihsun pak leng zong, Sabbath in Pasion hong hotna lim hi a, sepna tawh hotkhiatna lim hivetlo hi.

Sabbath ni in “tawlna” cih pen na koici tel hiam? Sabbath ni-in na koici tawlnagak hiam? “Lim” khat ahih nadingin na koici tuamkoih hiam? Nang hong thei mi khatin nang hong muh ciangin Sabbath pen nang adingin ni tumdang cih hong muhsakthei uh diam?

“Keima Sabbath ni-in note na tawlinga ding uhi. Keimah in note a hong siangthosak ka hihna na theih nadingun, na khang tawntungun keimah leh note kikalah lim khat hiding hi.” *Paikhiatna 31:13.*

Sabbath' thu *Paikhiatna 31:12-17* sungah kicing phadiak a, tua laiah biakbuk lamdingdan leh biakpiak dingdan teng kicing dildel hi (*Pai. 25:1-31:11*). Sabbath in a pualam' "lim" - muhtheih a pualam leh atawntungin Pasion leh amite kikal lim hi a, tua bangdan pen hih tengah pulak masakna mun ahi hi. A lungluthuai mahmah thuthak namnih hong piang hi:

1. Sabbath in *theihnelna lim*
2. Sabbath in *siansuahna lim*

Theihnelna lim ahihna ngaihsun in. Hebrewte in theihna a cih uh ciangin, lungpilna, kizopna leh lawpna zong hel uh hi. **“Thei”** cih ciangin thu khat theipong, mi khat theipong cih hi lo a, tua mi tawh a mimal kizopna mahmah kiptakin nei cihna zong ahi hi. Topa thei cih zong, Amah tawh mimal kizopna kip nei in ama' na “*semin*” (*1Khang. 28:9*), “*kihta*” (*Isa. 11:2*) in, “*um*” (*Isa.43:10*), “*muangin zong*” (*Late 9:10*) leh “*a min a sam*” (*Jer.10:25*) cihbang ahi hi.

A tunga thute hoihtak simpha in. Topa “thei” cih pen koibang dan hiding cih teltheih nadingin hong huhthei diam?

Sabbath in siansuahna lim hihna ah kician mahmah hi. Topa in A mite “siansuah” cih hong lak a (*Siam. 20:8*), zong “siangthosak” (*Thuhilhkik 7:6*) hi.

Siansuahna pen, Pasion hotkhiatna, itna leh hong tatna nasep zahmah in thupi mahmah hi. Diksakna (*thumaansakna*) leh siansuahna tegel pen Pasion sepna vive hi: “Keimah Topa in note kong siangthosak hi” (*Siam. 20:8*) cih. Tua hi a, Sabbath in Pasion pen hong siangthosakpa ahihna limkhat ahi hi. “Sabbath pen Pasion in Piangsakpa ahih lim ahih banah hong siangthosakpa ahihna lim zong ahi hi”—*Ellen G. White, Testimonies for the Church, vol. 6, p. 350.*

Sabbathni leh a siansuahna thu siangthosak a cih pen ngaihsun in. Sabbath tanna in hih tengah bang sepna nei thei hiam? Topa in eite hong sianthosak nadingin koibangin Sabbath zangthei hiam?

THURSDAY
SABBATH PHAWKDEN

May 27

“Sabbath ni na sianthosak ding phawk in” *Paikhiatna*
 20:8.

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Sabbath pen mite'n a phawkden ding **“lim”** ahi hi. Phawk cih kammal in zong thu tampi huam leuleu hi. Amasa in nunglam heikik in abeisa hun *phawkkikna* hi. Sabbath in piansakna hong phawksak a, Nipi kal khat simin hong tung Sabbath ni in Pasion tawh kikhawlhkhopna hong neisak hi.

Phawk ding thupiakna in tuhun zong huamsuaklai hi.” *Phawk*” dingbek hi lo (*Pai. 20:8*) a; *“awlmauh”* in *“kemcing”* ding hilai hi (*Thuhilhkik 5:12*). Sabbath in tuhunin thupi mahmah hi.

Sabbath in mailam zong hong hihkhol lai hi. Sabbath kepcing ding a phawkdenpa in, a mailam thute ah kamciam, hauhna leh hamphatnate tawh kidim hi. Thuciamna sungah Topa tawh kizopna kip nei hi. Thuciamna in Pasion leh mihingte kizopna hi cih thei i hihmanin, Sabbath in i kizopna thahatsakin kipsak semsem hi.

Piansakna leh piangsakpa phawka ah, Pasion in hehpihna hangin hong piak hotkhiatna zong i phawkzel ding hi (*Thuhilhkik 5:14*). Tua mun ah, Sabbath zong, Egypt pan suahtakna lim khat mah hi a, Pasion hong suahtaksakna lim mah hi veve hi. Piansakna leh piankiksakna zong tonkhawm hi. A masa in anunung omsak hi. Sabbath in Pasion pen leitung piangsakpa leh eite hong honpa ahihna limkhat ahi hi.

“Sabbath siangthosakna tawh Ama'mite hihna lak ding hi. A thubu in Sabbath pen thukham a kemcing mite aki khentelna cih. Thukham a kemcing mite in Satan leh Pasion kidona lianpi sungah, Pasion' lamah pangding uhi”—*Ellen G. White, Selected Messages, book 2, p. 160.*

Topa' nasem khat hihna tawh a tunga pen en in. “Pasion' thukham a kemcing mite” hihna, thukham dangdangte sang, bangin hong laktel thei hiam?

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NGAIHSUTBEH DING: EGWhite, *Testimonies for the Church*, vol. 6, pp. 968-970, pen *The SDA Bible Commentary*, vol. 7 sung pan; “**The Observance of the Sabbath,**” pp. 349–351, leh; *Patriarchs and Prophets* “**From the Red Sea to Sinai,**” pp. 295–297, simin.

Thukham sawm pen, Pasion-mihing leh, mihing-mihing kizopna bulpiteng ahi hi. Thukham teng alaizang ah Sabbath thukham om hi. Tua in Sabbath’ Topa pen hihzawhna vang leh a neipa ahihna kaw k hi. Muhdan nam nih enni:(1) Pasion ahihna: Yahweh (Topa) Piangsakpa (*Pai. 20:11; 31:17*) leh munkip a neipa; (2) Neihna leh hihzawhna vang – “vantungte leh leitung, tuipi leh asung omteng khempeuh” (*Pai. 20:11; 31:17*). Hih muhdan nam nih sungah, Sabbath thukham in gam khempeuh huam seal bangdan hi a, tua lai nisuahna lam gamte thukimna laibawlte bang ahi hi. Tua lai amau thukimna laibawlte a laizang ah (1) pasian ahihna (*pagan pasian*) (2) ama’ neihna gam mun teng leh hihzawhna (*a leitang ngiat ciangtanh*).

“Hong siangthosak Khasiangtho in Pasion’ seal a neite leh tawngak ni a neite khentel sitset hi. Haihkhiatna hong tun ciangin, sapi ciaptehna kician takin hong lak ding hi. Tua in Sunday kepcingna ahi hi . . . Pasion in ni sagih ni Ama’ Sabbath in kipsak hi (*Pai. 31:13, 17, 16 pan lakik*). .

Hih khentelna in a citak leh a citaklo mite kikal gamgii hi. A taltang tung vuah Pasion’ seal a deih mite in thukham lii na Sabbath kemcing uh hen.”—EGWhite, *the SDA Bible Commentary*, vol. 7, pp. 980, 981.

KIKUPDING DOTNATE:

1. Siampi 19:30 simin. Biakbuk leh Sabbath a kizopna ngaihsunin. Sabbath in limkhat ahihna phawk inla, tua kizopna in bangzah in ngaihsuthuai hiam?

2. Nangleh nang kidong o: Sabbath tanna in Topa tawh kikhawhna hong thahat saktuam beek hiam? Hong thahatsak keileh bang kikhel ding nei nahiam?

THUKHUPNA: Sabbath in thuciamna lim khat hi a, hotkhiatna a picinsiang dong huamto hi. Piansaklai hun zong, hehpihna thuciamna lim in hong phawkkiksak a, atawpna piankiksakna, Pasion in na khempeuh a thakbawl ding zong hong theisaklai hi.

LESSON 10

*May 29–June 4

THUCIAM THAK**SABBATH NITAKLAM****May 29**

TUKALSUNG SIMDING: *Jer. 31:31–34; Mate 5:17–28; Hos. 2:18–20; Isa. 56:6, 7; Heb. 8:7, 8; Heb. 10:4; Mate 27:51.*

KAMNGAH: “**En-un, Topa in kong cih inah, Israel minamte leh Judah minamte tawh thuciamna thak khat ka bawl ni hun hong tung ding hi.**” (*Jeremiah 31:31.*)

Khatvei, Cartoon laibu khat sungah, nasep makaipi khat in adang nasep makaipi tampi mai ah ding thingthiang hi. A khut sungah savan kuang khat tawi a, midangte kiangah lak hi. Tua kuang tungah laituian tawh **Thak** kici laimal pen angtang takin kaw k a, a bawl thak cihnopna ahi hi. Makaipa in, “Kuang tungah ‘*Thak*’ cih pen a thak ahi hi.” Kuang tunga Thak cihpen a bawl thak hi a, asung a teng pen a ngeiteng mah ahi hi a cihnopna hi.

Thuciam thak zong tua bangin cih theih ahi hi. Tua thuciam’ bulpi, eite’ lametna bulpi, a hong pianzia cihte khempeuh pen thuciam lui sunga omteng vive mah ahi hi. Mi-hingte luahsuk thanemna leh gitnatlohna khempeuh tungah Pasion’ hong itna, lainatna leh hehpihna hang bekin hong bawl thuciam ahi hi.

Tukal Enpak: Thuciam lui leh thak kibatna bang om hiam? Thukham in thuciamna sungah koibang in mapang hiam? Kua tawh thuciamna kibawl hiam? Hebrew in “a hoihzaw thuciamna” a cih pen bang cihnopna hiam? (*Heb. 8:6*). **Thuciamna leh vantung biakbuk kizopna bangpeuh om hiam?**

EN UN, TUA NITE HONG TUNGDING HI . . .

Jeremiah 31:31–34 sim inla, hih dotnate dawngin:

- 1. Thuciamna kua in hanthawn hiam?**
- 2. Kua' thukham kipulak hiam? Bang thukham hiam?**
- 3. Pasion in a mite tawh a kizop nopdan tang bangzahna in kipulak hiam?**
- 4. Pasion in a mite ading asepsak koi pen in tua thuciam piankhiatna bulpi hiam?**

Thuciam thak cih zong pen, Sinai mualah Israel tawh a ciam thuciam lui tawh kilamdang lua khollo hi. Sinai thuciamna pen lui lua in model out zong hituanlo hi. A buaina-pi pen tua thuciam ki palsatzo hi (*Jeremiah 31:32*).

A tunga dotna teng a dawwna pen tua tang liite mahin dawng pah a, “thuciam lui” muhdan tampi tak mah thuciam thak sungah kihelkik hi. Thuciam thak cih pen a ki “puahtak thuciam” ahi hi. A masa pen picinsakna, tangtunsakna ahi hi.

Jeremiah 31:34 a tawpna lam bulpuh lecin, Topa in Ama' mite mawhna ka maisak ding hi ci hi. Ama' thukham eite lungtang sungah gelh ding ci ahih hang, tua i lungtang tunga kigelh thukham palsatna ahi mawhna hong maisak ding ci leuleu hi. Hih tegel kikingkalhlua isa hiam? I sak keileh, bang hang? Rom. 2:15 in, amau lungtang sungah thukham om khin a cih pen bang cihnopna hiam? (Matt. 5:17–28).

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Tuni a Lai Siangtho sim dingte na sim ciangin, thuciam thak sungah Thukham sawm, a diakin Sabbath thukham kiphiansiangta cih upna pen koi bangin na hilhcian thei ding hiam? Tua munte ah hih bangthu a om theih nading thu khatpeuh om hiam? A om khakleh, thukham in kip tawntung ahihna thu koi bangin kihilhian thei ding hiam?

MONDAY
LUNGTANG NASEP

May 31

Khanglam gam a beikuan, Babylon ah a kisalmat madi-akin Pasion in kamsang Jeremiah zangin “*thuciam thak*” pulak hi. Lai Siangtho sungah a gen masakpenna ahi hi. Saklam gam Israel nam sawmte a kisiat dinglai (*Jeremiah masang kum 150 laipek*) in, thuciam dang khatmah kipia a, tua pen Hosea tawh ahi hi (*Hosea 2:18-20*).

Hosea 2:18-20 sim in. Jeremiah 31:31-34 sunga Topa’n a mite kiang a gen thute tawh saikak in. A kibatna bang hi a, thuciamna in a deihna bulpi leh omzia bang ci hiam?

Pasion in a mite ading thuciamna ageel laitakin amau langdona leh uplohna hangun hun bei toto a, kamsangte sawlin Ama’ tungah a thumaan mite tawh hih thuciamna in cikmahin khawlo ding cih gensak hi. Bangzahta in thumaanlo in lampial, langdo in thumanglo ahieh uh hang, Topa’n amau lakah thuciamna tawh lutin thumangdingin kisikkik dingin Ama’ thuciamna tawh zollai hi.

Anuai a munteng sim in. Thuciam dang a gen tuanloh hang, thuciam thak tawh kipawl bang thu pawlkhat kihel hiam?

Ezek. 11:19

Ezek. 18:31

Ezek. 36:26

Topa in “Keimah in Topa ka hihlam a thei lungtang” vaihawm ding hi (*Jer. 24:7*). Amah in, “amau suang lungtang lakkhiatsak in satak lungtang ka guan ding” (*Ezek. 11:19*) a, “lungtang thak” leh “lungsim thak” ka pia ding hi (*Ezek. 36:26*) ci hi. “Note sungah Keima’ kha kong guan ding hi” (*Ezek. 36:27*) zong cilai hi. Hih bangteng pen Pasion in, thuciam thak a bul a patna ahi hi.

Mi khatpeuh in, “Lungtang thak deih ing, ka lungtang sungah thukham gelh nuam ing, Topa a thei lungtang deih ing, ngah theih ding dan zong thei tuan ke’ng” ci leh bangci na dawn ding hiam?

TUESDAY

June 1

THUCIAM LUI LEH THAK

“Ama’ na a sem ding, Topa’ min a it ding, ama’ nasem a suak dingin Topa pawlin gamdang mite, Sabbath ni tangin a siasaklo ka thuciamna hoihtak alenkip mi peuhmah, —ka mual siangtho ah paipih in, Keima’ thungetna inn sungah ka lungdamsak ding a, amaute meihal biakna leh ka biakna tau tungah ka sang ding hi; ka inn pen mi-khempeuh ading thungetna inn kici ding hi” (*Isa. 56:6, 7*).

Jeremiah in thuciam thak pen “Israel innkuan tawh” bawl ding ci hi (*Jer. 31:33*). Hih thu in cilehsa Abraham’ suan, Jew sisan a piangte bekmah in thuciamna kamciam sang ding cihna maw? Hilo e! Lai Siangtho Lui hun lai-in zong tua bang hi tuanlo hi. Hebrew minambup tungah thuciamna kamciam kipia mah hi. Khatpeuh helloh nei tuanlo hi. Jew leh Gentile khempeuh huamsak a, amau thukimna dungzui in tua thuciamna sungah lut thei uhhi. Tu hun tawh kilamdang tuanlo hi.

Atung a Isaiah kammal sim in. Topa’ na a sem nuamte ading bang thu om hiam? Tua lai a Pasion in a sawlte leh tulai a hong sawlte in kilamdanna a nei hiam?

Wednesday sinna in thuciam thak pen “*hoihzaw*” cimah taleh, thuciam lui leh thuciam thak a bawl na ah kilamdanna bangmah omtuanlo hi. Hotkhiatna pen hehpihna mah tawh hong piapa tua Pasion mah hi a (*Pai. 34:6; Rom. 3:24*): Amite’ upna tungtawnin mawhmaina kamciam hong pia Pasion (*Jer. 31:34, Heb. 8:12*); Jew leh Gentile kuakua hileh, upna sungah Pasion tawh kikhawl nuam a (*Jer. 31:33, Heb. 8:10*), Pasion in a lungtang sungvuah thukham ka gelhsak ding hi a ci Pa mah ahi hi.

Lai Siangtho Thak sungah, Jewte in, hehpihna tungtawn mahin Zeisu Khazih leh lungdam thu sang uh hi. (*Rom. 11:7*) sungah lungsim “khauh” a cihte hiphial mah tale uh, tawlp i khat sungmah “a beibaang, hehpihna tawh a teel” (*Rom. 11:5*) mite ahi uhhi. Tua laitak mahin, thu-umlo i cihcih Gentile mite in lungdam thu hong sanguh a, Pasion’ mi taktak, minam deidan omlo (*Rom. 11:13–24*) thu-um mite hong suak uhhi. Gentile pen “tua hunlai in Khazih tawh kikhen uh a, Pasion’ teel Israel minamte hi loin, a pualam mite na hi uhhi. Pasion in A mite tungah piakding a ciam thute zong angah ding na hikei uhhi” (*Eph. 2:12*) a cihte pen Khazih’ sisan in huai hi. Khazih in minam leh beh deidan omlo in “thuciam thak” (*Heb. 9:15*) hong khung hi.

WEDNESDAY

June 2

“A HOIHZAW THUCIAMNA” (*Heb. 8:6*)

Zanni in thubulphuhte sungah thuciam lui leh thakin kilamdanna neikhollo cih mukhin hi hang. A taw-phahpi penbel eite bangmah mannei ngeeilopi upna hangin hehpihna tawh Pasion in mawhna hong maisak in, hong honkhia cih thu ahi hi. Tua mawhmaisakna hangin, Ama sungah ki pumpiak in Amah tawh kizopna upna leh thumanhna i neithehi hi. Bang-bang hitaleh, Hebrew laibu in “a hoihzaw thuciamna” cihi. Bang a cihnopna hi a, thuciam khat sangin a dangkhat koi bangin hoihzaw thei ding hiam?

Thuciam lui in a guallelh theihna “thanemna” koiah om hiam? (*Heb. 8:7, 8*).

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Thuciam lui in buaina nei hizawlo a, mihingte in upna-tawh tua thuciam ana pomkhakloh manuh hizaw hi (*Heb. 4:2*). A lui in Zeisu siampilian nasepnate gan sisan tawh limlasak a, a thak in Zeisu kibulphuh pah ahih manin hoihzaw hibek hi. Thuciam lui in a pulak hotkhiatna pen a thak pulak mah tawh akibang ahi hi. Athak sungah bel, Pasion in mihing hong itna a lianzaw leh a picingzaw in hong pulak hi. Lai Siangtho Lui in a gengen lim leh liimte khempeuh pen, mawhbanglo Zeisu’ sihna, lei biakbukah siampilante in a limpuak bangin a sepna sungah picingsak ahih manin a thakin a hoihzaw limlim ahi hi (*Heb. 9:8-14*).

Tu’n bel alim, liim leh gentehnate khempeuh munah, Zeisu mahmah i nei a, eite’ mawhna hangin a sisan hong bua a (*Heb. 9:12*, eite adingin siampilianpa zong ahi hi (*Heb. 7:25*). Hotkhiatna a kibang veve ahih hang, Ama’ sung a hong pulakna picingzaw a, thuciam thak in thuciam lui sangin hoihzaw limlim hi.

Hebrew 8:5 leh Hebrew 10:1 simin. Laikungpu in thuciam lui biakbuk nasepnate a pulakna ah bang kammal zang hiam? Tua kammal a zat manin, thuciam thak a hoihzawkna koibangin i telzaw thei hiam?

Hih thu ngaihsun in: Khazih’ nuntakna, sihna, leh eite aiawhin siampilianpa a sepnate theihcianna in, leitung biakbuk sunga sagawh biakpiakna lelte sangin, banghangin Pasion hong telzawsak thei hiam?

THURSDAY

THUCIAM THAK SIAMPIPA

Hebrew laibu in Zeisu pen van biakbuk ah eite Siampilianpa ahihna kip takin gen hi. Khazih in thuciam thak Siampilianpa ahihna pen Lai Siangtho Thak sungah Hebrew laibu ah kicianpen hi. A kituakpak khawng hi hetlo hi. Khazih' vantung nasepna pen thuciam thak tawh akizopna thuthukpi ahi hi.

Lai Siangtho Lui biakbuk nasepnate in thuciamna lui thumaante hong hilh hi. Biakpiakna tawh hong palaisak hi. Ganhingte go a, a sisan tawh siampite in palai hi. Hihte khempeuh pen Zeisu sungah hotkhiatna limte vive ahi hi. Amaute sungah hotkhiatna omtuanlo hi.

Hebrew 10:4 simin. Hih ganhingte sihna sungah bang hangin hotkhiatna omlo hiam? Hotkhiat nadingin ganhing sihna banghangin kicing zolo hiam?

Hih biakpiaknate leh siampi palaina a kizom hi a, Khazih sungah picing uhhi. Thuciam thak ah sisan in Zeisu hong piak penmah hipah hi. Khazih' sisan in thuciam thak kipsak a, Sinai thuciam pen "**lui**" sakin beisak hi. Biakpiakna taktak pen khatvei leh a tawntung adingin hong pia hi (*Heb.9:26*). Khazih khatvei si a, gangawh kul nawnlo ta hi. Leitung biakbuk nasep khempeuhin a nasep uh khinzota uhhi.

Matthew 27:51 sim in. Zeisu sihlai in Leitung biakbuk sung puandaal kikeekthu gelh hi. Leitung biakbuk nasepnate kilaihzo ahihna hih thu in koibangin hong telzawsak naci hiam?

Sagawh biakna leh siampi nasepna kizom a, Levi mite in mipite aiawh in, biakbukpi sungah sagawh biakna piaksak uh a, palai sepsak uhhi. Biakpiakna a zawh uh ciangin, a nasep azo hipeuh uhhi. Na khempeuh Zeisu sungah a picin khit ciangin, tu in Ama' sisan ngiat tawh van biakbuk ah na hong sepsak gige hi (*Heb. 8:1-5*). Hebrew laibu in Zeisu vantungah Siampilian sem cih gen pha a, Ama' sisan ngiat tawh eite palai hong sepsak (*Heb. 9:12*) cih. Hih pen thuciam thak sungah eite' lametna leh kamciamte thubulphuh ahi hi.

Zeisu in, Ama' sisan tawh nang adingin vantungah na hong sepsak gige cih na theih ciangin na nuamna koibang ahi hiam? Tua in hotkhiatna tawh kisai lungmuanna leh khamuanna bangzah hong piazo ding hiam?

FRIDAY

June 4

NGAIHSUTBEH DING: “Nungzuite tawh khomun leh lengtui a dawnkhop lai-un, Khazih in amau’ honkhiapa ahih ding kamciam hi. Ama hangin Pasion’ tate leh gamhluah ahihtheih na’ngun, thuciam thak pia hi. Hih thuciam hangin vantung thupha in leitung nuntak lai leh vantung nuntak zong amau a hiding hi. Hih thuciamna ah sepdingteng Khazih sisan tawh kipicingsak hi. Tua banah neekkhop pawu zong, a puksa mihing peuhmah, a mimalin kiheltheih dingin, nungzuite tungah Topa in pia hi.”—Ellen G. White, *the Desire of Ages*, p. 659.

“Hih kilemna thuciamna pen, a kisik mawhnei mi, mawhna nusia peuhmah adingin, mawh maisakna’ng hehpihna kicing hi cihpenin lungsim hong sukha pen hi. Khasiangtho in zong Pasion’ hehpihna tungtawn hotkhiatna pen lungdam thu hi ci in hong hilh hi. Topa in “A mawhna a khialhna uhah amaute ka hehpih ding a, tua bangin phawkin ka nei nawnkei ding hi” (*Heb. 8:12*) cih. Pasion in mawhneite a hehpihna tawh thumaan nusia hiam? Hi lo; Pasion in mawhneite gimsaklohna tawh a thukham nuaisiah theilo hi. Thuciam thak sungah thumanna nuntakpih kul hi. Mawhnei in kisik in amawhna pulak leh, mawhmaina ngah ding hi. Khazih ama’ ading aki piakhiatna hangin mawhmaisakna a ngahthei hi. A kisikkik mawhnei khempeuh adingin thukham hong kalh khempeuh Khazih in hong lohsak khinzo hi”—Ellen G. White, *God’s Amazing Grace*, p. 138.

KIKUPDING DOTNATE:

1. **Thukham i lungtang tungah hong kigelhsakna in bang hamphatna hong pia thei hiam? Suang tungah kigelh leh lungtang kigelh, koipen mangngilh ding baihzaw naci hiam?**
2. **Mi a pukpan kipanin hotkhiatna limlim Zeisu sungbekmah hi a, ahunzui in aki pulakkhiatna kibanglo hibek hi. Thuciamte zong tuamah bang ahi diam?**
3. **Tuni sinna sungah EGWhite kammal anihna enin. Thuciamna in a kalh “apicing thumanna” acihpen bang a cihnopna hiam? “Apicing thumanna” aneizopa khatbek pen kua hiam? Tua thumanna in thukham hongkalhte koibangin hong lohsak hiam?**

THUKHUPNA: Thuciam thak in lianzaw, kicingzaw in a hoizaw hotkhiatna ngiimna pulakna ahi hi. Tua sungah a kihel mi peuhmah upna tawh kihel uhhi. Tua upna in lungtang tungah a kigelh thukham thumanna piangsak hi.

LESSON 11

*June 5–11

THUCIAM THAK BIAKBUK**SABBATH NITAKLAM****June 5**

TUKALSUNG SIMDING: *Pai. 25:8; Isa. 53:4–12; Heb. 10:4; Heb. 9:14; Heb. 8:1–6; 1 Tim. 2:5, 6.*

KAMNGAH: “**Pasian sapsa mite in a ciansa tawntung thupha a ngah theih nadingun, Khazih in thuciam thak hong vaihawm ahi hi.**” (*Hebrew 9:15.*)

Khamial zan khat, vanpi vom bekbak, khuamial bikbek sungah, Frank in khuapi lampi dung khatah paipai hi. Tawlkhat khit ciang, a nungah khesuan ging khat za a, mi khatin a nung zui gige ahih lam hong thei hi. Tua mipa’n hong pha in “laikhenpa Frank na hia?” hong cih.

“Himah ing. Hong koici theih na hia?”

“Nang lian hong thei ke’ngin, na sanggampa thei mahmah ing. Khuamial lakah na omdan, na lampai dan, na pumpi omzia cihte kibang lua mahmah ahih manin, a sanggampa hi ngelding cih umin, amah’n zong sanggam a neihlam hong gengei ahih man hi e” ci kik hi

Hih tangthu in, Israel biakbuk nasepna hong telsak mahmah hi. Lai Siangtho in zong alim, a liim leh pumpi kibang aci hi. A lim leh aliimte in zong amau tawh kisai peuhmah kicing takin kawkkhol khin uhhi. A sihna, vantungah siampilian a sepnna cihte kicing takin hong lak hi.

Tukal Enpak: **Banghangin Pasian in Israelte biakbuk lamsak nuam sese hiam? Khazih in eite aiawhin nasem cih biakbuk in koi bangin hong hilh hiam? Zeisu in eite aiawhin vantungah bang sem hiam?**

**SUNDAY
KIZOPNATE**

June 6

“Keimah in note lakah omna ka bawl ding a: Keimah in note kong kih kei ding hi. Keimah note lakah omin, note’ Pasion ka hi ding a, note, keima’ mite na hi ding uh hi.” *Siam. 26:11, 12.*

Thu kician mahmah khatin: thuciam lui sung ahi a, thuciam thak sung ahi zongin, Topa in, a mite tawh itna sungah kinai takin kizopna adeih ahi hi. Kizopna a neihtheih nadingin ahoihzaw kammal akisam ahi hi. Thuciam in tua kizopna thukhun picingsak hi. Kizopna in thuciam lui leh thuciam thakah thupi hi. Ahi zongin tua kizopna a om theih nadingin khat le khat kiho-tuahna, khat le khat thu kizakna, kikawmna cihte kisas hi; a diakdiakin mawhna tawh a kidim, a khial thei, muanlahna tawh a kidim mihing in Pasion tawh kizopna kisas hi. Tua hangin Amahmah in lampi hong bawl a; Amahmah in mihingin hong kilang ahih manin mihingte in Amah tawh kizopna hoih nei thei ihi hi.

Pai. 25:8 sim in. Pasion in biakbuk lam dingin Israelte sawl hi. Topa in bang hangin biakbuk lam dingin sawl hiam?

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Thuciamna sungah ahun amunzui in, kizopna phamawh mahmah hi. Kizopna a om theih nadingin, kisaanna, kihona, thukikupna cihte mawhnei, a puksa mite ading phamawh mahmah hi. Topa’n tua thu thei gige in, Amah—in-amaute zong Ama’ mite hiding ci hi (*Siampi Laibu 26:11, 12*). Hih tengah thubul teng en in. A kizop nadinguh kician mahmah hi.

Siampi. 26:11, 12 leh Paik. 25:8 sim inla tawlkhat ngaihsun in. A thubulphuh tuamtuanpanin, Topa in amau tawh kizop nading zongzong ahihna thute gualsuk in.

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Topa in “note kong kih kei ding hi” acih thu ngaihsun in. Tua biakbuk in apuksa leimite Topa’ maiah saantak a cin theih nading bang hi a, thuciam bawlina ah zong bangzahin thupi thei hiam?

June 7

MONDAY**MAWHNA, BIAKPIAKNA, LEH SAANNA** (*Heb. 9:22*)

Lai Siangtho Lui hun lai-in mawhneipa in mawhna pan a suahtak na'ngin sagawh biakpiakna kikalh hi. Israel mite sagawh biakpiakzia a kim dildel in Siampi 1 pan 7 sungah om hi. Biakpiakna a tuamtuamte sungah sisan zatdan, paihdan ngeina tuamtuam tampi om hi. Tua biakpiakna zeh sungah sisan panmun in Israel mite khempeuh a kipumkhatsak penpen khat ahi hi.

Mawhnei mipa in, thuciam sungah kizopna khatpeuh leh a thukham khatpeuh palsat hi a, ama' aiawh in ganno khatpeuh tawh sagawh biakna a piak ciangin, Pasion tawh a kizomphakik thei ahi hi. Sagawh biakna leh a zehte pen, Pasion in mawhna sawpsiang na'ngin a kalh ahi hi. Tuata in mawhneipa siansuahna hi a, mawhna themcik khat peuh pen, sisan thehna tawh biakbuk sungah paipih a, Pasion tawh mimal kiho in thukimna picing bawlkikin kizompha-kik sak thei hi.

A tunga thute in, zanni sinna tawpna ah dotnate telphat na'ng koibangin hong huhthei ding hiam? Sagawh biakna sungah kamsang genkholhthu bangpeuh om khinkhian hiam? *Isa. 53:4-12, Heb. 10:4.*

Lai Siangtho Lui sagawh biakpiakna pen mawhna pan suahtak na'ng Pasion kalh ahi hi. Tuata in amawhna hangin sih dingbek amanawh mawhneipa pen, a mawhna kimaisak in, Pasion tawh kizomphakik thei dingin khelsakzo hi. A kigo gan khempeuh in genkholhna khattek tawh kizom hi. Ganhing a om keileh, mihing mawhna phel nadingin, aiawh omlo, picinglo pah hi. Hebrew laibu laikungpu in, "bawngtal sisan leh keel-sisan in mawhna siangsakzo ngeilo hi" (*Heb. 10:4*) ci hi. Tua hi a, gangawh biakna pen Pasion-Mihing ahi Pasion sila khatin leitung mawhna aitingin sihlawh ding cih lametna hong pia hi. Tua bang lampi tawh mawhneite kimaisak in Topa in sang a, thuciam sungah kizopna kikipsak hi.

Lai Siangtho Lui hun lai-in biakbuk sungah gangawh biakna pia dingin kiseh in. Ganno khawi pen amau hun lai a naseppi, ngeina leh nuntakzia ahihna zong phawk inla, tuata khempeuh in mawhna bangzah mantam cih koibangin hong phawksak hiam?

TUESDAY
AI-AWHNA

June 8

“A siahuai tuhun sung panin eite a hong suahtaksak nadingin, eite’ Pasion’ deihna tawh kizui in, i mawhna hangin tua Zeisu Khazih Amahmah hong kipiatawm hi.”
Galati 1:4.

Lai Siangtho Thak thubulphuhpi pen Zeisu in leitung mawhna adingin kipiakhia in mawhmai na’ng biakna hong piaksak cihthu kician mahmah hi. Tua thumaanin hotkhiatna ngiimna buppi bulphuh ahi hi. Khazih sisan in mawhna phel cih thu a nial mi peuhmah in Christian lungtang leh kha a nial ahi hi. Sisan baanglo singlamteh in hong gumtheilo hi.

Tuni Lai Siangtho mun panin hih dotnate dawng dih in: Zeisu in a si dingin a kipia hiam? Kua adingin si hiam? Ama’ sihna in bang picingsak hiam?

Ai-awhna pen hotkhiatna ngiimna bulpi ahi hi. I mawhna hangin sihna tawh i kiphu hi. Khazih in hong itluat manin “hong kipia tawm” (*Galati 1:4*) hi. Eite kiphut sihna ah Amah si hi. Mawhneite aiawh in hong sihna hangin, thumaan lianpi khat hong luangkha theita hi. Ei lametna ahi puahphatkikna, suahtakna, mawhmaisakna, paradise ah tawntung nuntakna cihte khempeuh in Zeisu hong kipiakkhiat a hong sepsakna panin i ngahtheih ahi hi. Tualo peuhmah tawh upna in a mawhna ahi hi. I lametna leh muanna khawng ngasa lim tung peuh ahikha diai aw. Hotkhiatna cih limlim sisan hang, Zeisu’ sisan hang vive ahi hi.

Anuai a mun teng simin: *Mate 26:28, Eph. 2:13, Heb. 9:14, 1Pet. 1:19.* Sisan tawh kisai bang hong gen hiam? Hotkhiatna sungah sisanin bang panmun nei hiam?

“Muanlahna tawh, nang pen mawhneipipi santakcinglo Pasion in hongsanglo ding cih khawng patau in na lungsim khalau sakding Pasion’ deihna hi lo hi. Nangin ‘mawhnei ka hihlam ka thei a, hotkhiat na’ng kiphut nading hoihna bangmah neilopi; Pasion maiah leitung mawhna a puakhia Tu-uno’ sisan sawpsiang dingin ka ki aap hi. Kei hihtheihtawp ahihi’ cithei hi teh”—*Ellen G. White, The Faith I Live By, p. 100.*

Atunga Ellen White kammalte sim in. Nangma tel-danin gelhkik in. Nang a hisak in. Launa leh natna khempeuh zong hel inla, bang kamciam om thei hiam cih zong gelhin. Thuciam thak sungah sisan in bang hong lamensak thei hiam?

THUCIAM THAK SIAMPI LIAN

Pasian in A mite lakah a om theihna leitung biakbukin gangawh biakna kibulphuh ngiat hi. Tua gante sihna bek tawh bel nasep zo nai samlo hi. Siampite in biakbuk sungah nasem uh a, a kigo ganno tungtang biakpiakna bawlsak hi.

Tua nasepte pen Khazih sep dingteng i a liim, a limpuate ahi uh hi. Tua a liim leh a limte in ganhing a sihna tawh tawp nailo ahih mahbanging, Khazih nasepna zong singlamteh tungah sihna bek tawh tawp nailo hi.

Hebrews 8:1-6 thungetna tawh sim pha in. Hih tengin bangteng gencih teltheih nadingin Topa huhna ngen in. Tua khith ciangin, Topa' thupuak bangteng hiding cih nangma phawk bangin gelhsuk in. Thuciam thak bangzah hong teltuamsak na ci hiam?

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Thuciam lui sungah, leitung biakbuk, siampite leh a nasepte a om mah baging; thuciam thak sungah zong van biakbuk, van siampi leh van siampi nasep cihte om veve hi. Limpua, a lim leh a liim khempeuh (*Heb. 8:5*) in a thak sungah a taktak hita ding uhhi.

Eite hong aiawh lei ganno ahih mahbanging, mawh baanglo Zeisu i nei gige hi; ganhing sisan munah zong Zeisu' sisan i nei a; mihing khut tawh kibawl biakbuk mun ah, Topa' bawlsa biakbuk taktak (*Heb. 8:2*) i nei a, a sungah Zeisu in **Siampi Lian** hong sepsak gige hi. Hih teng lungsim sung teng sakin "a thupi mahmah hih hotkhiatna thudonlo in i om leh suahtakna omthei ngeilo ding hi" (*Heb. 2:3*) ci in Paul in gen hi.

Ngaihsun O: Zeisu in eite ading mawh baanglo in nungta a, si in, tu'n vantungah omin, biakbuk sungah nang ading nasem gige hi. Hihteng khempeuh pen a lipkaphuai mahmah mawhna thaman pan hong gup na'ng hi. Zing khawng ciangin hih thute gen huai nasak mi kiangah gen ding geelin. Tuni sinnate siksian in kiging khol in.

THURSDAY

June 10

VANTUNG NASEP (*Heb. 9:24*)

Hebrews 9:24 sungah Khazih in ama' pumpi biakpiakna in a piak khit ciang, eite adingin vantung ah a nasepte simpha dih in. A thupi mahmah khat, a tawpna lamah Khazih in eite adingin Pasion' maiah hong dinsak a cihna mun hiphadiak hi.

Bang a cihnopna hiam. Eite mawhnei a puk mite; Pasion' maitang mu le'ng a kangtum lel ding lei mite; Pasion' thukham siangtho palsat in mawhna tawh kidimin a kisia eite lellel in; Pasion' mai ah hong dinsak ding palai khat i nei hi. Eite aiawh in Pa' maiah ading **Palai** i nei hi. Khazih in hih leitungah a omlai in bangzahin it thei a, maisakthei, hehpihthei cih zong ngaihsun in. *Tua pa mahin eite aiawh in vantungah palai hong sepsak hi.*

Lungdam thu khat mah, Zeisu in eite mawhna thaman hong piaksak banah Amah teekmah in singlamteh tungah hong kisuan (*1Pet.2:24*) a, tu'n bel Pasion' maiah dingin vantung leh leitung, mihing leh Pasion' kikalah Palaina hong sepsak hi. Zeisu in Pasion' leh Mihing hi a, (*mawh baanglo Mihing*) ahieh manin, mawhna hangin hong piang Pasion' leh mihing kikal ah kawhawmpi kantan in **lei** hong dawhsakzo hi. A thupipenpen phawkden ding thu in, mihing tampi lakpan **Mihing** khat, eite thuak haksatna, natna satna leh mawhzolnate hong theihpih ding (*Hebrew 4:14, 15*) khatin Pa' maiah hong thumsak khat inei hi.

“Pasion khatbek oma, Pasion leh mite a hong kilemkik sak thei Khazih Zeisu Khatbek a om hi; Mi khempeuh a tankhia dingin tua Zeisu hong kipia tawm a, a hun lian laitakin a hong kipiakna pen Pasion in mi khempeuh a hotkhiat nopna thu a kilatna ahi hi” (*1 Tim. 2:5, 6*). **Hih teng panin Zeisu a piak panmun nih bangteng hi a, tuate in leitung biakbuk koici danin hong musak hiam?**

Thuciam thak hangin thupiang thak pen, Zeisu hangin, a kisik mawhneite in Pasion' maiah a dinsak ding aiawh khat nei uh a, amau in cikmah in a thalawh zawhloh ding thalawhsak hi. Tua in dikna picing Pasion' maiah hong dingsakzo dikna, tua dikna bekmah ahi hi. Zeisu in tua Ama' dikna picingpi tawh, thuaksiatna hong thuak a (*Heb. 2:10*), Pasion' maiah dingin, eite'n mawhna leh mawhna tungah gualzawhna hong ngetsak a, tuate lo tawh eite in lametna i neih keileh, tu leh thukhenni in zong i neizo tuankei ding hi.

Mihing hi a, mawhzolna a thuakngeipa, vantung Pasion' maiah a dingpa tungah ki-aap in thungen in. Nang mimal ading bang khiatna nei hiam? Bang lametna tawh tha hong pia thei ding hiam?

FRIDAY

June 11

NGAIHSUTBEH DING: “Vantungah a lianpen vanmi in zong kha mangthang tanh zolo hi. Cherubim leh seraphimte in piansaksa ahih mahbangun, Pasion piaksa ciangtanh minthanna ciangbek nei hi. Pasion tawh hong kilemkik sakthei ding pen, Pasion mah tawh a kikim palaipa bekma in picing-sak thei hi. Amah in Pasion min pahtawi a, mihing’ dinmun panin Pasion tawh kimuhtheih na’ng akiphupa hi a, apuksa leitungin Pasion a musakpa zong ahi hi. Mihing aiawh in a dingpa in mihing hihna mah neihkul a, a aiawh mihingte tawh zong kizopna zong nei in, Pasion’ mi muanhuaipa hi a, Pasion dinmun zong nei ahih manin, leitungah Pasion hong pulak in, Pasion leh mihing kikal ah Palai zong hong sempah hi”—Ellen G. White, *Selected Messages*, book 1, p. 257.

“Zeisu in: Mite maiah Keimah nong pulak uh leh, Ke’n zong note pen Pasion leh vanmi siangte’ maiah kong pulak ding hi. Note in leitungah Keima tecite na hi ding uhhi. Keimah in zong vantungah note’ palai ka hi ding hi. Pa in note mawh nei omzia uh enlo ding a, Keima kicinna tawh kituamin hong mu ding hi. Vantung thupha hong luan theih na’ng palai ka hi ding hi. Kei kong kipiakkhiatnate hong pulaksak mite pen, hotkhiat mite’ minthanna leh nopsakna sungah a mapang mite ahi ding uhhi.”—Ellen G. White, *the Desire of Ages*, p. 357.

KIKUP DING DOTNATE:

1. **Rom. 5:2; Ephet 2:18, leh Ephet 3:12 simin. Zeisu tungtawnin Pa kiang i tun theih na’ng bang lampi hong hilh hiam?**
2. **EGWhite kammal a nihna pen enin. Palai khat i dinmun koici gen hiam? Pa in eite hong et ciangin, eite mawhna baang nunna mulo zaw in, Khazih picinna hong muhsak zaw hi. Tua thute lawmte tawh kikumun.**
3. **Tukal sung sinna sungpanin, a nuai a dotnate dawngin. Khazih in van biakbuk sungah omhi. Bang hih hiam?**

THUKHUPNA: Thuciam lui biakpiaknate a thak tawh kila-hi zo hi; lei biakbuk ah mawhnei siampimah in gan go in biakpiakna a neihna munah, tu in eite in a picing biakpiakna Zeisu i neita hi. Van biakbuk Pa’ maiah eite hong pulak a, tua in thuciam thak kamciam bulpi ahi hi.

LESSON 12

*June 12-18

THUCIAM UPNA**SABBATH NITAKLAM****June 12**

TUKALSUNG SIMDING: *Galati 6:14; Rom. 6:23; 1John 5:11, 13; Rom. 4:1-7; Siampi. 7:18; Siampi 17:1-4; Rom. 5:1.*

KAMNGAH: “Upna hangin Pasion tawh a kipawlttheite beknungta ding hi. Thukham hangin kuamah in Pasion tawh kipawlttheihna a ngahlohna thu tel tak-in hong kilang hi” (*Galati 3:11.*)

Khazih Pianma kum 700 kiimlai in, lagui phuakpa **Homer** in **Odyssey** a kici, galsim hatpa **Odysseus** tangthu, *Trojan* gallai in **Troy** khua a sim khit ciangin, a pianna gam **Ithaca** ah ciahkik nading kumsawm a sawt khualzinna tangthu ahi hi. A lampi saulua mahmah ahih manin, tembaw kisiatna, lehdona, huihpi, sapi gilo leh adang haksatna tampi in a lampi pan hong khakin nawngkai sak hi. A tawpna ah Odysseus in thuaksia lua ta ci in, pasiante in, ama innkuanpihte kiangah tungsak ta uhhi. Ama’ mawhnate adingin a thuaksiatna kicing mahmah talel e ci uhhi.

Odysseus mahbangin, eite zong innlam zuanin saupi khual i zin hi. A thupipen khatin, eite Odysseus tawh i kibatlohna in, i lamzan(manlang) nadingin “*thuaksiatna kicing*” ngeilo hi. I mawhna teng kithoih na’ngin, khualzin na’ng van-tung leh leitung kikal pen gamla lua hi. Inn i tunleh, Pasion’ hong hehpihna hang bekmah hi ding hi.

Tukal Enpak: Banghangin hotkhatna hong piakhong hiam? Banghangin Pasion tawh kikimpa bekin hong honkhia thei sese hiam? Upna ettehhuai pa Abraham khawng e leh bangci? Dikna pen hong “kithun” ahih keileh, hong “kipia” cihin bang cinuam hiam? Eima singlamteh sungah koibangin kamciam leh lametna i neitheidi ding hiam?

SUNDAY
CALVARY KAWKNATE

Lai Siangtho Lui hun lai, Moses thuciamna sunga hotkhiatna leh Lai Siangtho Thak sunga thuciam thak hotkhiatna in kilamdanna nei tuanlo hi. Lai Siangtho Lui maw thak ahi a, thuciam lui maw thakte pen, upna hang bekin hotkhiatna ahi hi. Thu dangdang, sepna khawngpeuh tawh hileh, hotkhiatna pen, Piangsakpa in hong piakloh phamawh, eima thalawhtawm hilel ding hi. Mawhna a siat-huaina atel mellote khawng bekin, Pasian in hong guploh phamawh hi e ciding uhhi. Tua bang hi vetlo, eimah in thukham palsatna abaa i hi zawsop hi. Eima leibaa lohzo i hih manin; eite aiawh in Zeisu in hong lohsak hi.

“Vantung Mangpipa tanghial in mihing’ dinmun aiawh hong sihtheihna, mihingte in a telphat uh ciangin, hotkhiatna hong tangzai ding a, Calvary akawkte in, Christian lungtang sungah lungnema, sianthona leh lawpna hong guansak ding hi. Pasian leh Tuuno pahtawinate in amau’ lungtang sung leh a muukte ah dim ding hi. Calvary phawkna a nei mite’ lungtang sungah, kiliansak in kiphatsakna cihbang om ngeilo hi. Kha mangthang khat tat nadingin i leitung hauhna khempeuh zong kicing zolo hi. Mawhnei mi adingin singlamteh tungah sihna a thuakngampa Khazih hong itna peuhmah a kua in tehzo ding hiam? Hih itna in tehphak hilo, tawp ngeilo hi.

“Khazih in a hong itna pen sihna sangin khauhzaw ahihna hong lakkhin hi. Mi hotkhiat na’ng a nasep khinzo hi. A lauhuaipenpen khuamial ukte vangliatna zong nawk lai ding himah taleh hong itna in khang semsem hi. A Pa’ maitang seelna zong thuakzo a, a Kha gimlua ahih manin, ‘*Ka Pasian, Ka Pasian aw, bang hangin hong nusia na hiam*’ ci in tau hi. A khutin hotkhiatna hong puak hi. Mihing kitat na’ng man teng hong piaksak a, a Kha’ gim tawpna ah, a piansaksate ading thupha kammal ahi ‘**A zozo hi**’ ci in kiko hi.

“Calvary phawkna in i diipngek hong bun hi. Hih thute hangin lawpna na neihzawh leh mawh maisakhuai na hi ta hi. Khazih, a hoihpenpa, mawh baanglopa in thuaksia in si a, leitung mawhna puakhia cih pen ngaihsut phakloh thute ahi hi. Hong itna a sauna, a zaina, a sanna, a thukna cihte kuamahin the zolo hi. Athuk mahmah Honkhiapa hong itna hoih takin ngaihsun inla, nalungsim dimsak lecin, na kha hong tuisak ding a, nang itna hong pua-phatsak in, sangsak ding a, napumpi buppi hong bawlhthaksak ding hi.”—Ellen G. White, *Testimonies for the Church*, vol. 2, pp. 212, 213.

EGWhite kammalte hangin thungen in. Na lungsim sungah tengsak inla, Galati 6:14 zong simin, Khazih singlamteh sungah koi bangin vanglian thei ding cih zong in.

MONDAY

June 14

THUCIAM LEH MAWHMAISAK-BIAKPIAKNA

“Na pu na pate uh nuntakzia bangmahin a kimanglo nuntakna panin hong suahtaksak nadingin, Pasion in note’ man dingin a piak pen, a man a kiamthei ngun leh kham bang hilo a, tuuno bangin paubaanna a omlo, a manpha mahmah Khazih, biakna in hong kipiakna tawh Pasion in note hong suaktasak hi.” *1Pet. 1:18, 19.*

Peter in hong kilei a cih pen bang a cihnopna hiam?

Peter in singlamteh tunga Khazih in sihna tawh hong thoih a, **“tan”** a cih ciangin, tanglai in salte suahtak nadingin, tanaute in man piaksak cih i phawkkul hi. Tua mahbangin, eite’ mawhna leh a thaman panin Khazih in Calvary ah eite aiawh in sihna leh a *“sisan manpha”* tawh hongtan hi. Hihte khempeuh in thuciamna tawphahte vive hi uh a: tuate lotawh, thuciamna in a mawkna ahi hi. Pasion in tuate lotawh hong tatna a deihna bulpi picing saklo a, tua abulpi in, tawntung nuntakna ahi hi.

Hih Lai Siangtho munte simin: *Rom. 6:23; 1John 5:11, 13.* **Bang thupuak neikhawm tek uh hiam?**

I taankhitsa tawntung nuntakna pen Zeisu bekmah in hong ngahsak kikthei hi. A beitheilo dikna tawh a kidim Piang-sakpa bekin eite’ thukham palsatna leibaa hong loh saktei hi. Tua pen mawhna hangin i palsatna zai mahmah cihna ahi hi. Tua hi a, mong neilel, a kiplo piansak mite in eite mawhna thaman hong piaksakthei hileh, Pasion’ thukham a phatmawh zia bangzah hilel ding hiam? Pasion tawh a kikim, kawmtawm a hilo nuntakna neidenpa, tua pa bekmahin, eite’ thukham palsatna pan tatkik na’ng hong kisiik leibaa hong lohsak thei hi. Hici bang tawh thuciamna kamciamte picing uh a; tu mahmah in tawntung nunna kamciam hong neisak; mawhna leh sihna panin hong tankhia hi.

Naupang khat in, limsuaihte lakna innpi sungah, lai-tui adim mutpuakkhat lawnin kitamsak in, lim kisuaite kisiasak gawp ding cini. Tua limte in awn tampi man hi; a Pa/Nu in aneihsa khempeuh a zuak zongin tua leibaa lohzo nailo ding hi. Hih thu na ngaihsut ciangin, mawhna hangin kilemlohna bangzahin siahuai hiam cih na ngaihsun thei hiam? Koibangin kilemkik thei ding a, banghangin Topa bekin tua leibaa lohzo thei bek hiam?

TUESDAY

June 15

ABRAHAM' UPNA: Khen 1

“Amah in Topa muang hi; tua ahih manin ahi ding bangin gamta hi ci in Topa in ciamteh hi.” *Piancil 15:6.*

Hih mun pen Lai Siangtho buppi ah a deihhuai pen mun ahi hi. Lai Siangtho bang lian biakna ahi, upna hang bekin dik kisakna hi a, **Paul in Rom** sungah a guan mapekin omkhin zo hi. Eden pekpan kipan hotkhiatna in tuabang ngiat in hong pai ahi hi.

Hih tengah Abraham upna bangzah lian cih pen hong telsak mahmah pah a, a pumpi in ta neihtheih na'ng lametna bangmah omlo pipi, Pasion-kamciam' tapa lamen teta hi. Tua in eima pumpi in bangmah hih zolo cih theitel in upna, pumpi kipum-aap upna, Topa tungah avekpi in aap in upna, thuman-na in a piansak upna ahi hi. Hihbang pen Abram upna hi a, **“dikna”** in kisimsak hi.

Banghangin Lai Siangtho in dikna in “kisimsak” aihke'h “kipia” ci sese hiam? Abram mahmah Pasion' maiah “dik” ngiat mawle? Pasion in amah dikna a piakkhit phetin amah'n tua thu tawh a kilehbulh in bang peuh hihkha hiam?

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Abram nunna in upna leh thumang nuntakna himah taleh, a picing upna leh picing thuman nabel hikhollo hi. Tua kawmkal ah thanemna vive lakkhia hi. Tuabang mi na theihngei a om hiam? Theihding a thupi in: hong honkhia dikna pen, hong kipia, hong kithun cihding ahi hi. Mawhna tampitakte lakmah in, Pasion' mai ah *midik* hong kici hi. Eimah lian i siantholoh hang, Pasion in a siangtho in hong mu cihna ahi hi. Abram tawh zong tua mahbang hi a, **“Abraham upna”** (*Rom. 4:16*) sungah hong pai khempeuh tungah zong tuamah bangin hihding hi.

Rom. 4:1-7 simin. Piancil 15:6 sung a kammal Paul in a zatkik pen enin. Tua munte bulphuh in thungen ki-aap inla, Nang ading bang hong genuam nacih bangbang gelhsuk in.

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WEDNESDAY

June 16

ABRAHAM' UPNA: Khen 2

Piencil 15:6 enrik leng, laikhatdan tuamtuan in *sim-sak* cih Hebrew pau in **hasab** pen “theihpih” “pia” leh “hisak” cihbang ahi hi. Tua kammal mah Moses laibu dangte sungah zong omhi. Mi khatpeuh, na khatpeuh, ama’ hihlohna munah “ahi in kisimsak” cihbang ahi hi. Piencil 31:15 ah Rachel leh Leah in, amau unau pen, a pa in lengla bangin “sim, ngaihsun, hisak” cih thei uhhi ci hi. Levi mite piak sawm a khat peuhmah pen ancilna pan a piang an a hihloh hangin an mahbangin “sim, ngaihsun, hisak” (*Gam. 18:27, 30*) ci hi.

Gan gawh biakpiakna ah simsakna pen koibangin pulak hiam? *Siampi 7:18, 17:1-4.*

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King James Version in **hasab** pen **thun** cihhi. Thunuama biakpiakna sa pen, a nithum ni dong a kinek keileh, a manphatna beita a, a piapa a’ ci in zong kiciamtehlo (*hasab*) ding hi (*Siam. 7:18*). Siampi. 7:18 sungah biakpiakna pen mawhneipa phattuum nadingin a kiciamteh hi a (*Siam. 17:1-4*) tawh enkak leng, Pasion’ maiah dikna tawh ding hi cihhi. Pasion in mawhneipa pen mawhneipipi mah midik in sim hi.

Hih thumaan siksian inla, i mawhnate enlo sa in, Pasion’ maiah midikin hong kisim hi. A cihnopna nangma tel bangin gelhsuk dih in.

Midik in hong kisimna pen, eite sepzawhna hang hi lo a, Khazih in eite adingin hong sepsak sate upna hangbek hi a, tua pen “upna hangin dik kisakna” ci in kiciamteh hi. Ahih hangin tua eima upna in hong diksak theilo a; i upna pen tua dikna hong ngahsakna ahi hi.

Hih pen Christian biakna i hoihna, thuthuk leh vang ahi hi. Khazih nungzuite ahi eite Christiane’ upna khempeuh in hih thu sungah zungkha hi. Upna hangin, eite pen Pasion’ maiah midik in hong kisim hi. Tuata pen; thumanna, kisiansuahna, sianthona, tatzia hekzia puahphatna leh itna cihte in hih thumaan panin hong selkhia ding hi.

Christian a suaknuam khatin “thumaan zo kei lua ing” a cihleh koibangin dawn nasawm hiam?

THURSDAY
KAMCIAMTE TUNGAH TAWLNGAKNA

June 17

Khatvei **Cardinal Bellarmine** kicipa, Catholic pawlpi a langdo denpa in, a nuntak sung khempeuh Pasion hong piak dikkisakna hangbekin sianthosakna hi aci denpa ahi hi. A sihkuan ciangin, mite in misiangthote' dikna leh singlarnteh tungah a kikhaina cihte a muhtheih dingin hong paipih uhhi. Bellarmine inbel "lakhia boleh, Khazih hoihna muan ding hoihzaw hi" cihsan ziau hi.

Mi tampi takin a sihkuan uh ciangin, a nungram uh en-kik zel uh in, amau gamtatnate pen a mawkna ahihna, a siangtho Pasion kiangpanin hotkhiatna khawng kithalawh zolo a, Khazih dikna a kikap danuh cihte mukhia uhhi. Thuciamna buppi pen Pasion kamciam kibulphuh hi a, tuhun ading kamciam, i nuntakna hong hoihzawsak thei ding hi.

Anuai a Lai Siangtho munte sim inla, Pasion tawh na kizopna a khangtosak, a kipsak leh a thahatsak theite bangteng hiam, dawng in:

Late 34:8 **Pasion' hoihna koibangin ciam thei ding nahiam?**

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Mate 11:30 **Khazih hong sepsakna in koibangin i van hong zangsak thei hiam?**

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Rom. 5:1 **Siansuahna leh kilemna koici kizop hiam?**

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Phil. 2:7, 8 **Khazih thuakna sungpan bang i meetlawh hiam?**

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Thungetna tawhnanuntakna ki en-kik inla anuai a dotnate dawng in. Pasion tawh kakizopna hong khangsak ding bang kasem a, bangteng in susiathei zaw hiam? Ka kikhel ding bang omhiam?

FRIDAY

June 18

NGAIHSUTBEH DING: “Mawhneipa in diktanna a ngah theihna’ng lampi in upna bekma ahi hi. Upna tungtawnin Khazih’ dikna Pasion kiangah kengthei a, Topa in zong a Tapa’ thumanna pen mawhneipa adingin simsak hi. Khazih dikna pen mihing ginatlohna mun kilaihsak a, Pasion in zong sangin, maisak, siansuah hi. Mawh kisik, thu-um kha pen a dikin ciamteh in a Tapa a it bang lianin it hi. Tua in upna pen dik-kisakna in kisim i cihcih pen ahi hi”—Ellen G. White, *Selected Messages*, book 1, p. 367.

“Kisikna leh upna tawh Khazih Honpa in sang leng, Topa’n mawhna hong maisak a, thukham palsatna mawhna daan hong paihsak hi. Mawhneipa in Pasion’ maiah midik in ding thei a; Amah vantungah maipha kipia in Khasiangtho hangin Pa leh Tapa tawh kikhawl theita hi.”

“Nasep i khitding khat omlai a, tua in nundan mainawtna ahi hi. Kha pen thumaanin hong siansuah hi. Tua zong upna mah tawh kipicing sak hi. I nundante hong puahphat saktei Khazih hehpihna pen upna tungbek tawnin kisang thei hi.”—EGWhite, *Selected Messages*, book 3, p. 191.

KIKUPDING DOTNATE:

1. **Upna nungta leh upna si koici khentel thei ding hiam?**
(James 2:17, 18). **Paul in upna nungta koici gen hiam?**
(Rom. 16:26).
2. **Eima sungah dikna bangmah om hetlo napi’n, hong kipia dikna hangin hotkhiat i hi a, eite sep leh bawlte in bangmah man neilo lel hi a ci mi khat, na koici dawn kik ding hiam?**
3. **“Pasion in a Tapa hang bekma hin hong sang hi a, gamtat hoihna peuhmah pen mawhmaisak itna hangin hong piangkha ahi hi. Ei’a hi lo a, hotkhiatna sungah i kihel theih nadingin hoihna bangmah neilo hihang. Mawhneipa in, ama’ gamtat hoih khawng pen hotkhiatna nget nadingin zangtheilo ding hi”—Ellen G. White, *Selected Messages*, book 3, p. 199. **EGWhite kammalte phawk inla, Christian nunna ah gamtat hoih banghangin phamawh hiam?****

THUKHUPNA: Thuciam lui, thuciam thak: Thukham palsatna leibaa Zeisu in hong lohsak manin Pasion’ maia midik in kid-ding theita hi.

LESSON 13

*June 19–25

THUCIAM THAK NUNTAKNA**SABBATH NITAKLAM****June 19**

TUKALSUNG SIMDING: *1 John 1:4; John 5:24; Rom. 3:24, 25; 2 Cor. 5:21; 1 John 4:16; Mang. 2:11; Mang. 20:6, 14; Mang. 21:8.*

KAMNGAH: “**A nungta maimai bek hilo in, nuntakna cing-taak a neihtheih nadingun a hong pai ka hihi.**” (*John 10:10*).

Tu quarter bup thuciamna i sin uh a, a tel baihpén leh a kicianpen dingin kizem a, a thubulpi bel Pasion in *Mawhna panin hih bangin Kong honkhia ding hi* a cihna ahi hi.

Hong piang hamphatna bel, thuciam kamciam ahi lei thaka-tawntung nunna hi a, tuhun in tua thuciam pan thupha lamet pah ding hi lo hi. Topa in ei nuntakna hong don mah-mah a; a hoihpén hong deihsak hi. Thuciamna cih pen, nang hiteng hong bawl inla, ke'n tuabang teng hong pia ning ci a kithalawhna hi lo hi. Thaman pen piakkhong hi a, tua thuciam sungah upna tawh a lut mi peuhmah tu leh a tawntungin kizopna hoih neiden dinguh hi.

Tukal sinna pen, thuciamna gah nunung pen hi a, tu le tu a thupha, Pasion kamciamsa Ama' hehpihna hangin ei lungsim sungah hong tungsuk in, kongkhak hong kiuh i zak ciangin, kihonthei hi. Tukal sung panin thupha tampitak mah mukha ding hihang. Ahih hang hihte pen a kipatna hipan a, cikmah in tawpngeilo ding hi.

Tukal Enpak: **Banghangin lungdam ding? Tua kamciamna bang bulphuh in lamén ngam ding? Mawhna pan hong suaktasak thuciamna in abang hi peuhmah hiam? Lungtang thak in bang a cihna hiam?**

June 20

**SUNDAY
LUNG DAMNA**

“Note lungdamna a cingtaak theih nadingin, hih lai ka hong gelh uh hi” 1 John 1:4.

John laigelhte sim in. Kammal ngeinate mah tawh, thuciamna mite hamphatna lianpi pen, lungdamna hong kamciam ci hi.

Christiante in, lawpna bekpen upna hi lo kici tawntung a, lawpna khengsuak in a taktak ban ding i cihcih ahi hi. Lawpna, thanopna leh omzia neikei mawkleng lah mihing kihi-lo zel ding hi. Lawpna pen nialtheih zong hi tuanlo a; telsiam ding kizam, kul leh kizam bangin, mun i piaktheih ding leh kep siam ding kizam hi. Tua lawpna nial mawkleng mihing i hihna a nial ki hi ding hi (*A kual khat a bem cihloh ding*). Hihlai ah lawpna bek hi lo, lungdamna hi a, tuate cingtaak ding hi. Lawpna pen nial luatloh ding himai lomaw?

A tunga Lai Siangtho munte apatna lam simphakik in. John in Christian masate tungah amau lungdamna a cingtaak theih nading lametna tawh bang lai gelh hiam?

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John pen 12 lakah khat hi a, Khazih in a leitung nasep kum thum leh alang akipatna ngiat panin a om ngiatpa; Zeisu’ nasep lamdang khempeuh ah teci hi (*Mel kilamdanna, Gethsemane leh singlamteh ah amah om hi*). Mitmuh teci ahiah manin, tua thu gen dingin kilawm mahmah lel hi.

Kidop ding khatah, amah kibunphuh zawlo a; Zeisu in nungzuite ading a sepsak amauteng leh Pasion tawh kikhohlna hoih a neihtheih nading ahi hi. Zeisu in, Topa tawh kikhohlna kip i neihtheih nadingin lampi hong honsak khinzo hi. Tua kikhohlna kip in lungdamna hong omsak hi. John in, a gen Zeisu’ tangthu pen thumaan thutak ahiam theisak nuamlai hi (*amah’n lawng, mu, sin in za-ngiat hi*). Tua ahiah manin amaute’n zong, hong it a, a Tapa sihlawh liangin hong kipia Pasion tawh lungdamin kikhohlna sungah lutsak nuam mahmah hi.

Thu khat panin, John in ama’ theih teci a pang ahi hi. Nang leh Zeisu na kikhohlna teci pan ding na nei hiam? Mi khat in Topa sungah a lungdam theih nadingin, John genbang in, nang, bang genthei ding na hiam?

MONDAY
MAWH BAANGLO

June 21

“Tu in Khazih Zeisu tawh kipawl in, a nungta mite pen mawhna thukhenna tawh kipelh uh hi.” Rom. 8:1.

Nungakno khat khasiathuai takin kithat napi, a that pen kithei zolo hi. Palikpa in, thaang khat hong kam a, microphone neucik khat tuanu’ hanah va koih hi. Kha tampi khit, nitak khat, tangvalno khat tua hanah hong pai-in kapkawmin tua nungakno kiangah mawhmaina ngen hi. Palikpa zong, tua pa kammal mahtawh mithah mawhna ngawh theipah lian hi.

Tua tangvalpa hanah pai dingin kuan sawl hiam? Mawhna lo, bangdang hiding?

Tua mahbangin eite’n zong, i sepkhiat khat pen, tua tangvalno mahbangin siahuai lualo dingin ngaihsun thei hi hang. Mawhnei vive hi hang, i maizum mahmah dingte, bawluhai i sakloh pipi mah kibawl tantan hi.

Zeisu’ sisan leh thuciam thak adingin lungdam unla, kuamah mawhna zumna sungah ki omcip zolo hi. Tuni Lai Siangtho mun mahbangin eite lang khatah thukhenna om nawnlo hi. Thukhen Mangpipa in mawhnei hong ci nawnlo a, mawhbaang kisakloh theih nadingin hong koih hi.

Hih munte in Rom. 8:1 tel phat nading bang hong huh thei hiam? John 5:24; Rom. 3:24, 25; 2 Cor. 5:21.

Thuciamna sungah kikhohlkhopna kamciamte lakpan khatin, mawhna vangikpi nuaiah ki omom nawnlo pah hi. Thuciamna sisan hangin, ei – Pasion tawh kikhohl ding a teelte in, upna, kisikna, thumanna lam i teelzawc ciangin, vangikteng hong zaangpah hi. Satan in eite pen migilo, misia, mawhnei a Pasion’ maiah santaaklo ci in i bil pan hong huau ciangin, Zeisu in gam lakah, Satan tawh a kimaituah laibang hipah hi. Lai Siangtho sungpan a hoihpen munin Rom. 8:1 ahi hi. Tua pen mawhna in eite pumpi hong sukha zolo cihnopna zong hituanlo a, thuciamna sungah Topa tawh kizopna kip i neih manin, mawhna hangin thukhenna nuaiah om nawnlo cihna ahi hi. Zeisu in eima leibaa hong piaksak a, Pasion’ maiah Ama’ sisan suangin hong dinsak in, eima mawhna mun ah, Ama’ dikna hong pulaksak hi.

Na mawhna ombangbang hong kimaisakna in, nangma nuntakna sungah bang ki lamdanna piangsak hiam? Tua in nang tungah hongmawh midangte tungah na gamtatzia ding bang hong hilh hiam? Tua mite tawh na kikhohlhna bangzah hong huzaap zo hiam?

TUESDAY

June 22

THUCIAM THAK LEH LUNGTANG THAK

“Na upna hangun note lungsim sungah Khazih hong tengin, itna thu ah zungthuk kha in bulkip na neihteih na’ngun thu ka ngen hi. Tua hileh note in Pasian’ mi ahi midangte khempeuh tawh Khazih hong itna bangzah takin sau in zai a, bangzah takin thukin sang ahihiam cih na thei khawm ding uhhi. Note in Khazih hong itna thei in, Pasian thu a cingin na theih nadingun,” (*Eph. 3:17-19*).

Tu quarter sinna masate sung pan, thuciam thak pen Topa in i lungtang sungah a thukham hong koihna (*Jer. 31:31-33*) ahi hi. A thukham bek hi lo, tuni sinna teng mahmah ah, Khazih in hong hihsak vive hi a, Amah leh a thukham in kizomkip hi. Khazih thukham in i lungsim sungah a om ciangin, Khazih zong i lungsim sungah hong teng a, tua ciangin thuciamna hangin hamphatna dangkhat ngahbeh leuleu hang a tua pen lungtang thak ahi hi.

Banghangin lungtang thak i kisam hiam? Lungtang thak aneite bang kikhel uh hiam?

Tuni Lai Siangtho mun simkik in. Paul in itna bulphuh in thugen a, “zungthuk kha in bulkip nei ding” hong ci hi. Hih kammalte in kipkhona leh itna sungah om tawntung ding hong ci hi. I upna in Pasian itna leh midangte itna sungah a zungkhak keileh a mawkna ahi hi (*Mate 22:37-39, 1Corinth 13*). Tua itna in awngthawlp i sungpan hong luangkha hi lohi. Zeisu tungtawnin i ngah khak Pasian’ itna a lengkik sak ihi bek hi. Tua panin i nundan hong kikhel a, lungtang zong kikhel in, mithak, ngaihnutna thak, lunggulhna thak leh ngiimna thak hong neisak hi. I lungtang hong khelsak a, midang hong itsakna pen, Pasian’ hong itna a lengkiksak bek i hi hi. Paul in “Pasian’ hoihna tawh kidim” a cih mahbangan a vekpi ahikei phial zongin alanglang beek acihnopna ahi hi.

1 John 4:16 simin. Ephet 3:17-19sunga Paul laikhak tawh koici kizop ding hiam?

Tuni Lai Siangtho munte simpha in. Nang tungah tua kamciamte a picin theih na’ngin bang na hihkul hiam? “Pasian’ hoihna tawh kidim” theih nading bangteng kikhel ding na hiam (*Eph. 3:19*)? Na kikhel dingteng gualpha in. Nangma ading leh a piantheihleh na khanpihte ading zong gualun. Khat leh khat koibangan kihuh ding na vua leh?

WEDNESDAY

THUCIAM THAK LEH TAWNTUNG NUNTAKNA

“Keimah in thawhkikna leh nuntakna ka hi hi; Kei hong ummi peuhmah a sih hangin nungta ding hi.” *John 11:25, 26.*

Tawntung nuntakna in hun nih nei hi. **Tu laitak** hunin thu-um mite’n tua tawntung nunna ciamkha uh a (*John 10:10*), tua sungah leitung nuntak sung mahmah adingin kamciam tampi takmah hong pia hi.

Mailam hun a bel tawntung nuntak hun hi a, pumpi mahmah tawh thawhkikna (*John 5:28, 29; John 6:39*). Mailam hun ading hipan mah taleh, na khempeuh in manphatna a neisak amah hi a, Christian khempeuh in a lam-etuh ahi hi. **Tuni Lai Siangtho mun simkik in. Zeisu in bang ci hiam? Tawntung nunna koiah om maw? Amah a ummite siphial mahleh nungta ding cih kammal na koici tel hiam?** *Mangmuhna 2:11; 20:6, 14; 21:8.*

Eite, si mah taleng, Zeisu in, hih sihna pen ihmutna hi cibek a, thu-ummite tawmvei sung a tawngakpakna hibek a, thawhkikni ciangin khanglo kikding hi. Khazih hong paikik ciangin, Ama’ sung a simate sihtheihlohna silhin thokik ding a, a nungta laite mitphiatkal in sihtheihlohna kisilhsak ding uhhi. Khazih neihsa ahi asite leh anungta laite khempeuh in, a kibang thawhkikna pumpi nei ciat ding uhhi. Pasion’ mite tawntung nunna in tualai pan kipan ding hi. Eite in hanah a beisuak ding i hikei a, a bei theilo nuntakna tawh nuntakna thak i ngah ding uhhi.

“Khazih in ei tawh pum khat i suaktheih nadingin sakhath hongsuak phot hi. Tua pumkhatna in eite han pan hong paikhiasak ding a, Khazih thahatna lelbek hi lo in, upna hangin, Ama’ nunna in eite nunna hongsuak hi. Khazih pen Ama’ dinmun taktak mu in, a lungtang sungah a sang mite in, tawntung nuntakna a nei uhhi. Khazih in Kha tawh eite sungah hong teng a; upna tungtawnin lungtang sungah a sangte in, tawntung nunna kipatna ahi hi”—EGWhite, *The Desire of Ages*, p. 388.

Tawntung nunna pen koibangin nopsaklawh thei ding nahi hiam? Thukhat pan, tua kamciamin nang bang hong sep-sak hiam? Tawntung nunna kamciam in na nisim nunna sungah bang hamphatna om cih gelhsuk dihin. Hih lametna leh kamciamna pen, a it mahmah a si misi nei khat kiangah koibangin hawmsawn thei ding na hi hiam?

THURSDAY

June 24

THUCIAM THAK LEH SAWLNA

“Note pai unla, midang khempeuh Keima nungzui suak sakin, Pa’ min, Tapa’ min, Khasiangtho’ min tawh tui sungah na phum un. Note tungah ka hong gen thute khempeuh a zuih nadingun na hilh un. Hun bei dongin note tawh ka hong omkhawm ding hi.” *Mate 28:19, 20.*

Africa khanglam pan laikungpu **Laurens Van Der Post** in, leitung khempeuh ah mihingte pen, “A mawkna vangikpите” adingin nasep hahkat ngeingai uhhi cih. Mihingte in nuntakna a khongin ngah ahieh lamuh thei napi in, bangci hih ding cih thei mello uh a, hong piakkhong a deihna bulpi zong thei mello uhhi. Tua thu in, mikhat kiangah laibu tuamtuan tawh akidim laibusaal khat kipia a, laisim nuamlote bek kipaisak in, laibu teng pen mei-tawhna peuh in a zang tawh kibang hi. Na manpha pipi tua bang a phengzatna in bangzahin siahuai hiam!

Thuciam thak Christiante adingin, hahkat ngeingai a kul hihetlo hi. Amaute bang hi lo in, a kikhailum a thokik Honpa, mi khempeuhin tawntung nunna a neihtheih na’ngin, amau mawhna hangin a sipa lungdam thu atheite in lungdamna nei uhhi. *Mate 28:19, 20* sunga kiciantakin hong sapna ngaihsun leng; thu-ummi peuhmah in **sawlna** (*mission*) leh nuntak sungteng sepding ahi Zeisu Khazih lungdamna thu leitung khempeuhah puak ding thupiak anei uhhi. Hamphat dan! Leitungah i sepleh bawl khempeuh a tamzaw hih leitung-tawh beikhawm lel ding hi. Ahieh hang, mi tungah i lungdam thu tangkote in a tawntungin kipkho ding hi.

Tuni Lai Siangtho munte sungpan zongin. Zeisu in, mi khempeuh mapangin sep ding bang hong vaikhak hiam? Khazih in hong thupiakna i sepzawh nadingin bang thahatna hong piakding hong kamciam hiam?

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Thuciam thak Christiante ading thu kician sawlna khat Topa in hong pia hi. Kuakua i hi a, koibang nunna i nei, bangzah ciangtanh i hiphial zongin mun khat teitei mapang thei hi hang. Na khatpeuh nasem khin hiam? Nasepbeh theilai ding hiam? Na khan bupun koibangin nalianzaw tawh mapang thei ding cih kikum un.

NGAIHSUTBEH DING: EGWhite, *The Great Controversy* sungpan “**God’s People Delivered,**” pp. 635–645; *Steps to Christ* sungpan “**Rejoicing in the Lord,**” pp. 115–126, **simin.**

“Pasian’ Tapa Siangthopa in, a thuak dingin ama’ mawhna leh dahna bangmah neilo a: mite’ dahnateng a thuaksak hibek hi; tua mawhna khempeuh ama’ tungah kisuan mikmek hi. Pasian’ hong lainatna tungtawnin mihing tawh hong kizom a, mihingte aiawh in mawhnei bangin thuakding hong kipia hi. Eite’ mawhna hangin akihong kuam thukpi ensuk in, mihing leh Pasian kikal ahalsak tua kuamthuk kantan in lei hong dawhsak hi”—Ellen G. White, *Bible Echo and Signs of the Times*, Aug. 1, 1892.

“Sanggam aw, na hih bangin mawhneipi mahin hong pai in. Na mawhna vangik Zeisu suan inla, upna tawh Ama’ hoihna muangin. Hong hehpih lai-in hong pai in; na mawhna pulak inla, lungsim kitamin hong pai lecin, Pasian in hong maisak ding hi. Hun dang zongzong ke’n. Tu in hehpihna tawh hong sapna aw ngai inla, sihna pan thokhia dingin Khazih in khuavak hong pia nuam hi. Hun i neih khempeuh muh nailoh mailam leitung thak tawh kizom hi. Hong hehpihna hong piak lai-in kiphatsakna leh uplohna tawh nial nawnkei in. Tua bangin na nial leh ‘*anlak hun khengta, khuakhal hun lah beita, eite’n lah gupngah khalo*’ ci in na tau ngaungau kha ding hi”—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 353.

KIKUP DING DOTNATE:

1. “**Eite khempeuh vannuai tawh i kizom gige hi,**” ci in Francisco José Moreno in gelh hi: “***pilna zong i neikei a, thahatna zong i neikei hi; lungmuanna omlo hi. Launa bek i thalawh hi***” ci hi.—*Between Faith and Reason: Basic Fear and the Human Condition* (New York: Harper & Row, Publishers, 1977), p. 7. ***Eph3:17–19*** tawh saikak in. Aki lamdanna uh kikum dihun.
2. **Zeisu a ummite Pasian in lungdamna hong kamciam hi. Lungdamna leh lungnopna a kibang hiam? I lung nuam tawntung ding maw? Ahih keileh, Christian nuntakna ah bang kisam ahia? Zeisu’ nuntakzia in hih dotnate na dawntheih nading koibangin hong huh thei ding hiam?**
3. (*Eph. 3:19*) **Sunga “Pasian’ thu a cingin thei” cih pen kikum kik un. Bang acih nopna hiam? Eima nunna ah ki phukha thei ding maw?**

THUKHUPNA: Thuciamna cihpen theology peuh himawkmaw lo hi; Khazih in eite hong hotkhiat nadingin, hong kizop-pihna, tuhun leh hong paikik ni-ciangan, a lamdangin hong hamphat sak nading cihte ahi hi.

MORNING WATCH 2021

APRIL

1. 2 Peter 1:5-8
2. 2 Peter 1:3
3. **James 1:4**
4. 1 Timothy 6:11
5. 1 Korin 15:10
6. Ephesians 2:4-7
7. 2 Peter 3:18
8. Psalm 84:11
9. 2 Korin 9:8,9
10. **Paunak 4:18**
11. Late 61:1-3
12. Paunak 9:10
13. Thuhilhna 7:12
14. Paunak 2:3-5
15. Paunak 3:21-23
16. Exodus 31:3
17. **James 3:13**
18. Job 37:14-16
19. Matthai 25:21
20. Kolose 4:6
21. Efesa 5:15,16
22. 2 Korin 9:6,7
23. Paunak 24:5
24. **3 Johan 11**
25. Rom 12:10
26. Joshua 1:7
27. 1 Timothy 4:12
28. 1 Thesaloni 1:7,8
29. Peter Masa 3:3,4
30. Piansil 18:19

MAY

1. **1 Korin 6:19,20**
2. Piansil 1:26
3. Late 139:14
4. Thuhilhna 7:29
5. Hebrews 10:22
6. Paunak 20:29
7. Thuhilhna 9:10
8. **Isaiah 55:2**
9. Marka 6:31
10. 1 Korin 3:16
11. 3 Johan 2
12. Piansil 2:8-15
13. Sawltak 17:25
14. Thuhilhna 11:7
15. **Johan 4:13,14**
16. Piansil 2:2,3
17. 1 Korin 10:31
18. Thuhilhna 5:18
19. Paunak 6:9
20. Thuhilhna 12:12
21. Paunak 31:21
22. **Filipi 4:5**
23. Daniel 1:19-20
24. 2 Timothy 1:7
25. Paunak 10:27
26. Late 119:165
27. Paunak 17:22
28. Paunak 16:24
29. **Late 16:8,9**
30. Late 103,2,3
31. Matthai 11:28

JUNE

1. Thuhilhna 12:1
2. 1 Khang. 16:10
3. Matthai 25:23
4. Paunak 3:13
5. **Late 119:14-16**
6. Late 144:15
7. Thuhilhkik. 6:24,25
8. Paunak 29:18
9. Isaiah 1:19
10. Matthai 7:12
11. Thuhilhna 3:12
12. **Thuhilhna 12:13**
13. Late 37:3
14. 1 Timothy 6:6
15. Late 13:6
16. Late 100:4
17. Solomon 2:15
18. 1 Johan 4:12
19. **Late 40:3**
20. Late 111:2-4
21. Isaiah 32:17
22. Paunak 15:13
23. Paunak 31:26
24. 1 Johan 4:7
25. 1 Peter 3:10
26. **Isaiah 26:3**
27. Late 112:6,7
28. Johan 20:15
29. Isaiah 43:1
30. Rom 8:28